

Vita Dikariyanto

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3312368/publications.pdf>

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6
papers

87
citations

1684188

5
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1872680

6
g-index

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all docs

6
docs citations

6
times ranked

98
citing authors

#	ARTICLE	IF	CITATIONS
1	Short sleep and social jetlag are associated with higher intakes of non-milk extrinsic sugars, and social jetlag is associated with lower fibre intakes in those with adequate sleep duration: a cross-sectional analysis from the National Diet and Nutrition Survey Rolling Programme (Years 1â€“9). <i>Public Health Nutrition</i> , 2022, 25, 2570-2581.	2.2	12
2	Whole almond consumption is associated with better diet quality and cardiovascular disease risk factors in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008â€“2017. <i>European Journal of Nutrition</i> , 2021, 60, 643-654.	3.9	14
3	Almond snack consumption improves endothelial function in adults with moderate risk of cardiovascular disease: a randomised, controlled, parallel trial. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	1
4	Snacking on whole almonds for 6 weeks improves endothelial function and lowers LDL cholesterol but does not affect liver fat and other cardiometabolic risk factors in healthy adults: the ATTIS study, a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 1178-1189.	4.7	34
5	Snacking on Whole Almonds for Six Weeks Increases Heart Rate Variability during Mental Stress in Healthy Adults: A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 1828.	4.1	7
6	Tree nut snack consumption is associated with better diet quality and CVD risk in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008â€“2014. <i>Public Health Nutrition</i> , 2020, 23, 3160-3169.	2.2	19