

# Vita Dikariyanto

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3312368/publications.pdf>

Version: 2024-02-01

6  
papers

87  
citations

1684188  
5  
h-index

1872680  
6  
g-index

6  
all docs

6  
docs citations

6  
times ranked

98  
citing authors

#	ARTICLE	IF	CITATIONS
1	Snacking on whole almonds for 6 weeks improves endothelial function and lowers LDL cholesterol but does not affect liver fat and other cardiometabolic risk factors in healthy adults: the ATTIS study, a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 1178-1189.	4.7	34
2	Tree nut snack consumption is associated with better diet quality and CVD risk in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008–2014. <i>Public Health Nutrition</i> , 2020, 23, 3160-3169.	2.2	19
3	Whole almond consumption is associated with better diet quality and cardiovascular disease risk factors in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008–2017. <i>European Journal of Nutrition</i> , 2021, 60, 643-654.	3.9	14
4	Short sleep and social jetlag are associated with higher intakes of non-milk extrinsic sugars, and social jetlag is associated with lower fibre intakes in those with adequate sleep duration: a cross-sectional analysis from the National Diet and Nutrition Survey Rolling Programme (Years 1–9). <i>Public Health Nutrition</i> , 2022, 25, 2570-2581.	2.2	12
5	Snacking on Whole Almonds for Six Weeks Increases Heart Rate Variability during Mental Stress in Healthy Adults: A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 1828.	4.1	7
6	Almond snack consumption improves endothelial function in adults with moderate risk of cardiovascular disease: a randomised, controlled, parallel trial. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	1