

# Joseph T Ciccolo

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3296437/publications.pdf>

Version: 2024-02-01

48  
papers

1,936  
citations

331670

21  
h-index

265206

42  
g-index

48  
all docs

48  
docs citations

48  
times ranked

2495  
citing authors

#	ARTICLE	IF	CITATIONS
1	Acute affective response to a moderate-intensity exercise stimulus predicts physical activity participation 6 and 12 months later. <i>Psychology of Sport and Exercise</i> , 2008, 9, 231-245.	2.1	481
2	Effects of Acute Exercise on Mood and Well-Being in Patients with Major Depressive Disorder. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 2032-2037.	0.4	213
3	Exercise and Post-Traumatic Stress Disorder in Military Veterans: A Systematic Review. <i>Military Medicine</i> , 2016, 181, 953-960.	0.8	110
4	Is strength training associated with mortality benefits? A 15 year cohort study of US older adults. <i>Preventive Medicine</i> , 2016, 87, 121-127.	3.4	96
5	A Review of TV Viewing and Its Association With Health Outcomes in Adults. <i>American Journal of Lifestyle Medicine</i> , 2008, 2, 250-259.	1.9	93
6	The Benefits of Exercise Training for Quality of Life in HIV/AIDS in the Post-HAART Era. <i>Sports Medicine</i> , 2004, 34, 487-499.	6.5	88
7	Comparing Psychosocial Predictors of Physical Activity Adoption and Maintenance. <i>Annals of Behavioral Medicine</i> , 2008, 36, 186-194.	2.9	85
8	Preferences for exercise as a treatment for depression. <i>Mental Health and Physical Activity</i> , 2016, 10, 68-72.	1.8	79
9	Muscular Grip Strength Estimates of the U.S. Population From the National Health and Nutrition Examination Survey 2011-2012. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 867-874.	2.1	69
10	Moderate intensity exercise as an adjunct to standard smoking cessation treatment for women: A pilot study.. <i>Psychology of Addictive Behaviors</i> , 2010, 24, 349-354.	2.1	48
11	Acute effects of moderate intensity aerobic exercise on affective withdrawal symptoms and cravings among women smokers. <i>Addictive Behaviors</i> , 2011, 36, 894-897.	3.0	47
12	Randomized controlled trial testing an internet physical activity intervention for sedentary adults.. <i>Health Psychology</i> , 2013, 32, 328-336.	1.6	47
13	Exercise and mental health of people living with HIV: A systematic review. <i>Chronic Illness</i> , 2017, 13, 299-319.	1.5	43
14	Effect of exercise training on the ability of the rat heart to tolerate hydrogen peroxide. <i>Cardiovascular Research</i> , 2003, 58, 575-581.	3.8	39
15	Exercise Videogames, Physical Activity, and Health: Wii Heart Fitness: A Randomized Clinical Trial. <i>American Journal of Preventive Medicine</i> , 2019, 56, 501-511.	3.0	38
16	Direct and indirect effects of exercise on posttraumatic stress disorder symptoms: A longitudinal study. <i>General Hospital Psychiatry</i> , 2017, 49, 56-62.	2.4	37
17	Resistance Training as an Aid to Standard Smoking Cessation Treatment: A Pilot Study. <i>Nicotine and Tobacco Research</i> , 2011, 13, 756-760.	2.6	29
18	Feasibility of Resistance Exercise for Posttraumatic Stress and Anxiety Symptoms: A Randomized Controlled Pilot Study. <i>Journal of Traumatic Stress</i> , 2019, 32, 977-984.	1.8	29

#	ARTICLE	IF	CITATIONS
19	Higher chronic psychological stress is associated with blunted affective responses to strenuous resistance exercise: RPE, pleasure, pain. <i>Psychology of Sport and Exercise</i> , 2016, 22, 27-36.	2.1	25
20	YMCA Commit to Quit. <i>American Journal of Preventive Medicine</i> , 2012, 43, 256-262.	3.0	24
21	Is exercise used as medicine? Association of meeting strength training guidelines and functional limitations among older US adults. <i>Preventive Medicine</i> , 2014, 66, 1-5.	3.4	24
22	The Role of Resistance Training in the Prevention and Treatment of Chronic Disease. <i>American Journal of Lifestyle Medicine</i> , 2010, 4, 293-308.	1.9	23
23	High intensity resistance training improves sleep quality and anxiety in individuals who screen positive for posttraumatic stress disorder: A randomized controlled feasibility trial. <i>Mental Health and Physical Activity</i> , 2019, 16, 43-49.	1.8	20
24	Exercise behavior and gender-related differences in posttraumatic stress disorder symptoms. <i>Psychology of Sport and Exercise</i> , 2017, 33, 18-23.	2.1	17
25	Physical activity counseling in overweight and obese primary care patients: Outcomes of the VA-STRIDE randomized controlled trial. <i>Preventive Medicine Reports</i> , 2016, 3, 113-120.	1.8	13
26	Measurement of Motivation States for Physical Activity and Sedentary Behavior: Development and Validation of the CRAVE Scale. <i>Frontiers in Psychology</i> , 2021, 12, 568286.	2.1	13
27	Association Between Self-Reported Resistance Training and Self-Rated Health in a National Sample of U.S. Men and Women. <i>Journal of Physical Activity and Health</i> , 2010, 7, 289-298.	2.0	10
28	A transdisciplinary approach to the selection of moderators of an exercise promotion intervention: baseline data and rationale for Colorado STRIDE. <i>Journal of Behavioral Medicine</i> , 2013, 36, 20-33.	2.1	10
29	Effects of resistance exercise on the HPA axis response to psychological stress during short-term smoking abstinence in men. <i>Addictive Behaviors</i> , 2014, 39, 695-698.	3.0	10
30	Association Between Physical Activity, Depression, and Diabetes in Urban-Dwelling People Living with HIV. <i>Journal of the Association of Nurses in AIDS Care</i> , 2017, 28, 838-848.	1.0	10
31	Internet-based physical activity interventions. <i>Current Cardiovascular Risk Reports</i> , 2008, 2, 299-304.	2.0	9
32	Acute effects of resistance exercise in a depressed HIV sample: The exercise for people who are immunocompromised (EPIC) study. <i>Mental Health and Physical Activity</i> , 2017, 12, 2-9.	1.8	9
33	Aerobic Capacity Testing With Inactive Individuals: The Role of Subjective Experience. <i>Journal of Physical Activity and Health</i> , 2013, 10, 271-279.	2.0	7
34	Efficacy of resistance training as an aid to smoking cessation: Rationale and design of the Strength To Quit study. <i>Mental Health and Physical Activity</i> , 2014, 7, 95-103.	1.8	7
35	Mediators of physical activity between standard exercise and exercise video games.. <i>Health Psychology</i> , 2019, 38, 1107-1115.	1.6	7
36	The challenges of translating an efficacious smoking cessation program, Commit to Quit, to the community setting of YMCAs. <i>Translational Behavioral Medicine</i> , 2013, 3, 47-58.	2.4	5

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37	Acute effects of resistance exercise on affect, arousal, and urge to drink in temporarily abstinent young adult hazardous drinkers. <i>American Journal on Addictions</i> , 2016, 25, 623-627.	1.4	5
38	Muscular strength is associated with self-esteem in college men but not women. <i>Journal of Health Psychology</i> , 2016, 21, 3072-3078.	2.3	5
39	Behavioral Interventions to Enhance Smoking Cessation. <i>American Journal of Lifestyle Medicine</i> , 2015, 9, 92-104.	1.9	4
40	Reduction in HbA1c with Exercise videogames among participants with elevated HbA1c: Secondary analysis of the Wii Heart Fitness trial. <i>Diabetes Research and Clinical Practice</i> , 2019, 154, 35-42.	2.8	2
41	Psychological Distress and Risky Sexual Behavior in a Sample of Men Who Have Sex with Men in the United States. <i>Journal of the Association of Nurses in AIDS Care</i> , 2019, 30, 691-698.	1.0	2
42	Resistance training for Black men with depressive symptoms: a pilot randomized controlled trial to assess acceptability, feasibility, and preliminary efficacy. <i>BMC Psychiatry</i> , 2022, 22, 283.	2.6	2
43	Walk Texas! 5-A-Day Intervention for Women, Infant, and Children (WIC) Clients: A Quasi-experimental Study. <i>Journal of Community Health</i> , 2008, 33, 297-303.	3.8	1
44	Effects of resistance training on depression and cardiovascular disease risk in black men: Protocol for a randomized controlled trial. <i>Mental Health and Physical Activity</i> , 2019, 17, 100299.	1.8	1
45	Perceptions of the Heart-Rate Guide. <i>Perceptual and Motor Skills</i> , 1998, 87, 315-320.	1.3	0
46	Self-reported Physical Activity Among Young, Middle-aged, And Older Adults With And Without Disability. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 654.	0.4	0
47	Sociodemographic Characteristics of Male and Female Activity Monitor Users - A Cross-Sectional Study. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 1087-1088.	0.4	0
48	Physical Activity Behaviors and Physical and Mental Health in Community Dwelling People Living with HIV. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 983.	0.4	0