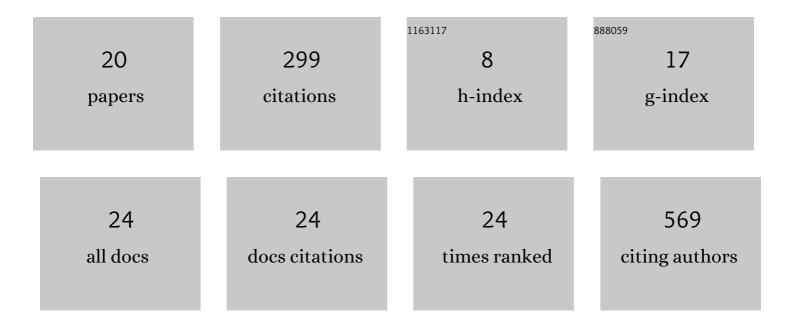
## Silvia Varela

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3288654/publications.pdf Version: 2024-02-01



SILVIA VADELA

#	Article	IF	CITATIONS
1	Upper versus lower body resistance exercise with elastic bands: effects on cognitive and physical function of institutionalized older adults. European Geriatric Medicine, 2022, 13, 907-916.	2.8	2
2	Effects of Nordic walking in people with Parkinson's disease: A systematic review and <scp>metaâ€analysis</scp> . Health and Social Care in the Community, 2022, 30, .	1.6	4
3	Effects of including core strengthening exercise as part of a comprehensive rehabilitation programmes on people with lower-limb amputation: a pilot study. International Journal of Therapy and Rehabilitation, 2021, 28, 1-10.	0.3	1
4	Questionnaires for assessing self-perceived physical fitness: A systematic review. Experimental Gerontology, 2021, 152, 111463.	2.8	1
5	Exercise for Nonagenarians: A Systematic Review. Journal of Geriatric Physical Therapy, 2020, 43, 208-218.	1.1	6
6	Impact of a five-month detraining period on the functional fitness and physical activity levels on active older people. Archives of Gerontology and Geriatrics, 2020, 91, 104191.	3.0	10
7	Motor Development and Health-Related Fitness in Trisomy X: A Case Report. Pediatric Physical Therapy, 2020, 32, E59-E63.	0.6	1
8	Mejora de la coordinación en niños mediante el entrenamiento propioceptivo. Apunts Educacion Fisica Y Deportes, 2019, , 22-35.	0.2	2
9	Self-Paced Cycling Improves Cognition on Institutionalized Older Adults Without Known Cognitive Impairment: A 15-Month Randomized Controlled Trial. Journal of Aging and Physical Activity, 2018, 26, 614-623.	1.0	11
10	Effects of Water-Based Exercise Training on the Cognitive Function and Quality of Life of Healthy Adult Women. Journal of Physical Activity and Health, 2017, 14, 899-904.	2.0	11
11	Influence of cognitive impairment on fall risk among elderly nursing home residents. International Psychogeriatrics, 2016, 28, 1975-1987.	1.0	20
12	Treadmill training combined with water and land-based exercise programs: Effects on Parkinson's disease patients. NeuroRehabilitation, 2016, 39, 295-299.	1.3	6
13	Efectos del ejercicio fÃsico y pautas básicas para su prescripción en la enfermedad de Alzheimer. Revista Andaluza De Medicina Del Deporte, 2016, 9, 32-40.	0.1	2
14	Effects of a long-term aerobic exercise intervention on institutionalized patients with dementia. Journal of Science and Medicine in Sport, 2016, 19, 293-298.	1.3	66
15	Effects of two different intensities of aerobic exercise on elderly people with mild cognitive impairment: a randomized pilot study. Clinical Rehabilitation, 2012, 26, 442-450.	2.2	83
16	The Senior Fitness Test as a functional measure in Parkinson's disease: A pilot study. Parkinsonism and Related Disorders, 2012, 18, 170-173.	2.2	20
17	Correlation between the Yale Physical Activity Survey (YPAS) and a submaximal performance-based test: A study in a population of elderly Spanish women. Archives of Gerontology and Geriatrics, 2012, 55, 31-34.	3.0	16
18	Validity of a combined fibromyalgia (FM) questionnaires to asses physical activity levels in Spanish elderly women: An experimental approach. Archives of Gerontology and Geriatrics, 2011, 52, e56-e59.	3.0	5

#	Article	IF	CITATIONS
19	Batteries assessing health related fitness in the elderly: a brief review. European Review of Aging and Physical Activity, 2008, 5, 97-105.	2.9	19
20	Effects of High Intensity Training on Elderly Women: A Pilot Study. Physical and Occupational Therapy in Geriatrics, 2008, 27, 160-169.	0.4	2