

Silvia Varela

List of Publications by Year in descending order

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Version: 2024-02-01

20
papers

299
citations

1163117

8
h-index

888059

17
g-index

24
all docs

24
docs citations

24
times ranked

569
citing authors

#	ARTICLE	IF	CITATIONS
1	Upper versus lower body resistance exercise with elastic bands: effects on cognitive and physical function of institutionalized older adults. <i>European Geriatric Medicine</i> , 2022, 13, 907-916.	2.8	2
2	Effects of Nordic walking in people with Parkinson's disease: A systematic review and meta-analysis. <i>Health and Social Care in the Community</i> , 2022, 30, .	1.6	4
3	Effects of including core strengthening exercise as part of a comprehensive rehabilitation programmes on people with lower-limb amputation: a pilot study. <i>International Journal of Therapy and Rehabilitation</i> , 2021, 28, 1-10.	0.3	1
4	Questionnaires for assessing self-perceived physical fitness: A systematic review. <i>Experimental Gerontology</i> , 2021, 152, 111463.	2.8	1
5	Exercise for Nonagenarians: A Systematic Review. <i>Journal of Geriatric Physical Therapy</i> , 2020, 43, 208-218.	1.1	6
6	Impact of a five-month detraining period on the functional fitness and physical activity levels on active older people. <i>Archives of Gerontology and Geriatrics</i> , 2020, 91, 104191.	3.0	10
7	Motor Development and Health-Related Fitness in Trisomy X: A Case Report. <i>Pediatric Physical Therapy</i> , 2020, 32, E59-E63.	0.6	1
8	Mejora de la coordinaci3n en ni±os mediante el entrenamiento propioceptivo. <i>Apunts Educacion Fisica Y Deportes</i> , 2019, , 22-35.	0.2	2
9	Self-Paced Cycling Improves Cognition on Institutionalized Older Adults Without Known Cognitive Impairment: A 15-Month Randomized Controlled Trial. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 614-623.	1.0	11
10	Effects of Water-Based Exercise Training on the Cognitive Function and Quality of Life of Healthy Adult Women. <i>Journal of Physical Activity and Health</i> , 2017, 14, 899-904.	2.0	11
11	Influence of cognitive impairment on fall risk among elderly nursing home residents. <i>International Psychogeriatrics</i> , 2016, 28, 1975-1987.	1.0	20
12	Treadmill training combined with water and land-based exercise programs: Effects on Parkinsonâ€™s disease patients. <i>NeuroRehabilitation</i> , 2016, 39, 295-299.	1.3	6
13	Efectos del ejercicio f3sico y pautas b3sicas para su prescripci3n en la enfermedad de Alzheimer. <i>Revista Andaluza De Medicina Del Deporte</i> , 2016, 9, 32-40.	0.1	2
14	Effects of a long-term aerobic exercise intervention on institutionalized patients with dementia. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 293-298.	1.3	66
15	Effects of two different intensities of aerobic exercise on elderly people with mild cognitive impairment: a randomized pilot study. <i>Clinical Rehabilitation</i> , 2012, 26, 442-450.	2.2	83
16	The Senior Fitness Test as a functional measure in Parkinsonâ€™s disease: A pilot study. <i>Parkinsonism and Related Disorders</i> , 2012, 18, 170-173.	2.2	20
17	Correlation between the Yale Physical Activity Survey (YPAS) and a submaximal performance-based test: A study in a population of elderly Spanish women. <i>Archives of Gerontology and Geriatrics</i> , 2012, 55, 31-34.	3.0	16
18	Validity of a combined fibromyalgia (FM) questionnaires to asses physical activity levels in Spanish elderly women: An experimental approach. <i>Archives of Gerontology and Geriatrics</i> , 2011, 52, e56-e59.	3.0	5

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19	Batteries assessing health related fitness in the elderly: a brief review. <i>European Review of Aging and Physical Activity</i> , 2008, 5, 97-105.	2.9	19
20	Effects of High Intensity Training on Elderly Women: A Pilot Study. <i>Physical and Occupational Therapy in Geriatrics</i> , 2008, 27, 160-169.	0.4	2