

Melinda J Neve

List of Publications by Year in descending order

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Version: 2024-02-01

100
papers

4,899
citations

147566

31
h-index

106150

65
g-index

105
all docs

105
docs citations

105
times ranked

7120
citing authors

#	ARTICLE	IF	CITATIONS
1	Effectiveness of Lifestyle Interventions in Child Obesity: Systematic Review With Meta-analysis. <i>Pediatrics</i> , 2012, 130, e1647-e1671.	1.0	416
2	Effectiveness of web-based interventions in achieving weight loss and weight loss maintenance in overweight and obese adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , 2010, 11, 306-321.	3.1	405
3	Health interventions for the prevention and treatment of overweight and obesity in adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , 2015, 16, 376-392.	3.1	315
4	Effectiveness of interventions targeting physical activity, nutrition and healthy weight for university and college students: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 45.	2.0	277
5	Impact of Dietary and Exercise Interventions on Weight Change and Metabolic Outcomes in Obese Children and Adolescents. <i>JAMA Pediatrics</i> , 2013, 167, 759.	3.3	193
6	Reproducibility and comparative validity of a food frequency questionnaire for Australian adults. <i>Clinical Nutrition</i> , 2014, 33, 906-914.	2.3	160
7	The Comparative Validity and Reproducibility of a Diet Quality Index for Adults: The Australian Recommended Food Score. <i>Nutrients</i> , 2015, 7, 785-798.	1.7	148
8	Measuring Effectiveness of Dietetic Interventions in Child Obesity. <i>JAMA Pediatrics</i> , 2006, 160, 906-22.	3.6	147
9	Physical Activity, Sedentary Behavior, and Diet-Related eHealth and mHealth Research: Bibliometric Analysis. <i>Journal of Medical Internet Research</i> , 2018, 20, e122.	2.1	131
10	Dropout, Nonusage Attrition, and Pretreatment Predictors of Nonusage Attrition in a Commercial Web-Based Weight Loss Program. <i>Journal of Medical Internet Research</i> , 2010, 12, e69.	2.1	125
11	A systematic review of eHealth behavioral interventions targeting smoking, nutrition, alcohol, physical activity and/or obesity for young adults. <i>Preventive Medicine</i> , 2017, 99, 197-206.	1.6	108
12	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , 2017, 11, 330-343.	0.7	107
13	Self-Monitoring of Dietary Intake by Young Women: Online Food Records Completed on Computer or Smartphone Are as Accurate as Paper-Based Food Records but More Acceptable. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 87-94.	0.4	91
14	Young adult males' motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 93.	2.0	89
15	A 12-Week Commercial Web-Based Weight-Loss Program for Overweight and Obese Adults: Randomized Controlled Trial Comparing Basic Versus Enhanced Features. <i>Journal of Medical Internet Research</i> , 2012, 14, e57.	2.1	88
16	Enhancement of Self-Monitoring in a Web-Based Weight Loss Program by Extra Individualized Feedback and Reminders: Randomized Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e82.	2.1	87
17	Diet Quality, Measured by Fruit and Vegetable Intake, Predicts Weight Change in Young Women. <i>Journal of Obesity</i> , 2013, 2013, 1-10.	1.1	82
18	Impact of dietary macronutrient distribution on BMI and cardiometabolic outcomes in overweight and obese children and adolescents: a systematic review. <i>Nutrition Reviews</i> , 2014, 72, 453-470.	2.6	82

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19	Feasibility and preliminary efficacy of the "HEYMAN"™ healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , 2017, 16, 2.	1.5	78
20	Recruitment and retention of young women into nutrition research studies: practical considerations. <i>Trials</i> , 2014, 15, 23.	0.7	64
21	Associations between Dietary Intake and Academic Achievement in College Students: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2017, 5, 60.	1.0	64
22	Effectiveness of Interventions and Behaviour Change Techniques for Improving Dietary Intake in Young Adults: A Systematic Review and Meta-Analysis of RCTs. <i>Nutrients</i> , 2019, 11, 825.	1.7	64
23	Effectiveness of brief nutrition interventions on dietary behaviours in adults: A systematic review. <i>Appetite</i> , 2018, 120, 335-347.	1.8	62
24	Weight Management Interventions Targeting Young Women: A Systematic Review. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2013, 113, 795-802.	0.4	51
25	Fruit and Vegetable Intake Assessed by Food Frequency Questionnaire and Plasma Carotenoids: A Validation Study in Adults. <i>Nutrients</i> , 2015, 7, 3240-3251.	1.7	50
26	Physical activity policies and practices of childcare centres in Australia. <i>Journal of Paediatrics and Child Health</i> , 2011, 47, 73-76.	0.4	49
27	Nutrition Interventions for Prevention and Management of Childhood Obesity: What Do Parents Want from an eHealth Program?. <i>Nutrients</i> , 2015, 7, 10469-10479.	1.7	48
28	What are the health implications associated with the consumption of energy drinks? A systematic review. <i>Nutrition Reviews</i> , 2013, 71, 135-148.	2.6	44
29	The effect of weight management interventions that include a diet component on weight-related outcomes in pregnant and postpartum women: a systematic review protocol. <i>JBIC Database of Systematic Reviews and Implementation Reports</i> , 2015, 13, 88-98.	1.7	40
30	Lifestyle behaviors and related health risk factors in a sample of Australian university students. <i>Journal of American College Health</i> , 2020, 68, 734-741.	0.8	39
31	Weight Change in a Commercial Web-Based Weight Loss Program and its Association With Website Use: Cohort Study. <i>Journal of Medical Internet Research</i> , 2011, 13, e83.	2.1	39
32	Which behaviour change techniques within interventions to prevent weight gain and/or initiate weight loss improve adiposity outcomes in young adults? A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2020, 21, e13009.	3.1	38
33	Consuming High-Carotenoid Fruit and Vegetables Influences Skin Yellowness and Plasma Carotenoids in Young Women: A Single-Blind Randomized Crossover Trial. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2016, 116, 1257-1265.	0.4	36
34	Efficacy of Standard Versus Enhanced Features in a Web-Based Commercial Weight-Loss Program for Obese Adults, Part 2: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e140.	2.1	36
35	Evaluation of a commercial web-based weight loss and weight loss maintenance program in overweight and obese adults: a randomized controlled trial. <i>BMC Public Health</i> , 2010, 10, 669.	1.2	33
36	Is Skin Coloration Measured by Reflectance Spectroscopy Related to Intake of Nutrient-Dense Foods? A Cross-Sectional Evaluation in Australian Young Adults. <i>Nutrients</i> , 2018, 10, 11.	1.7	33

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37	eHealth interventions targeting nutrition, physical activity, sedentary behavior, or obesity in adults: A scoping review of systematic reviews. <i>Obesity Reviews</i> , 2021, 22, e13295.	3.1	33
38	A review of maternal overweight and obesity and its impact on cardiometabolic outcomes during pregnancy and postpartum. <i>Therapeutic Advances in Reproductive Health</i> , 2021, 15, 263349412098654.	1.3	32
39	Changes to dietary intake during a 12-week commercial web-based weight loss program: a randomized controlled trial. <i>European Journal of Clinical Nutrition</i> , 2014, 68, 64-70.	1.3	31
40	Weight expectations, motivations for weight change and perceived factors influencing weight management in young Australian women: a cross-sectional study. <i>Public Health Nutrition</i> , 2016, 19, 275-286.	1.1	31
41	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Health Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 39.	1.0	31
42	Are Psychological Distress and Resilience Associated with Dietary Intake Among Australian University Students?. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4099.	1.2	30
43	Higher diet quality in university students is associated with higher academic achievement: a cross-sectional study. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 321-328.	1.3	30
44	Effectiveness of gender-targeted versus gender-neutral interventions aimed at improving dietary intake, physical activity and/or overweight/obesity in young adults (aged 17-35 years): a systematic review and meta-analysis. <i>Nutrition Journal</i> , 2020, 19, 78.	1.5	29
45	Latent Class Analysis of Multiple Health Risk Behaviors among Australian University Students and Associations with Psychological Distress. <i>Nutrients</i> , 2021, 13, 425.	1.7	28
46	A scoping review of risk behaviour interventions in young men. <i>BMC Public Health</i> , 2014, 14, 957.	1.2	27
47	Video Consultations and Virtual Nutrition Care for Weight Management. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 1213-1225.	0.4	27
48	Cost evaluation of providing evidence-based dietetic services for weight management in adults: In-person versus eHealth delivery. <i>Nutrition and Dietetics</i> , 2018, 75, 35-43.	0.9	27
49	Predictors of Food Insecurity among Australian University Students: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 60.	1.2	27
50	Participants in an online weight loss program can improve diet quality during weight loss: a randomized controlled trial. <i>Nutrition Journal</i> , 2014, 13, 82.	1.5	25
51	Be Positive Be Health: Development and Implementation of a Targeted e-Health Weight Loss Program for Young Women. <i>Telemedicine Journal and E-Health</i> , 2016, 22, 519-528.	1.6	25
52	Fruit, Vegetable and Dietary Carotenoid Intakes Explain Variation in Skin-Color in Young Caucasian Women: A Cross-Sectional Study. <i>Nutrients</i> , 2015, 7, 5800-5815.	1.7	24
53	A systematic review of SNAPO (Smoking, Nutrition, Alcohol, Physical activity and Obesity) randomized controlled trials in young adult men. <i>Preventive Medicine</i> , 2015, 81, 221-231.	1.6	24
54	Interventions including a nutrition component aimed at managing gestational weight gain or postpartum weight retention: a systematic review and meta-analysis. <i>JBIC Database of Systematic Reviews and Implementation Reports</i> , 2019, 17, 297-364.	1.7	24

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55	How big is a food portion? A pilot study in Australian families. <i>Health Promotion Journal of Australia</i> , 2015, 26, 83-88.	0.6	22
56	Supporting women of childbearing age in the prevention and treatment of overweight and obesity: a scoping review of randomized control trials of behavioral interventions. <i>BMC Women's Health</i> , 2020, 20, 14.	0.8	22
57	Recruiting and retaining young adults: what can we learn from behavioural interventions targeting nutrition, physical activity and/or obesity? A systematic review of the literature. <i>Public Health Nutrition</i> , 2021, 24, 5686-5703.	1.1	21
58	Impact of self-help weight loss resources with or without online support on the dietary intake of overweight and obese men: The SHED-IT randomised controlled trial. <i>Obesity Research and Clinical Practice</i> , 2014, 8, e476-e487.	0.8	20
59	Determinants of eating behaviours in Australian university students: A cross-sectional analysis. <i>Nutrition and Dietetics</i> , 2020, 77, 331-343.	0.9	20
60	Can a web-based food record accurately assess energy intake in overweight and obese women? A pilot study. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 140-144.	1.3	19
61	Behavioural factors related with successful weight loss 15 months post-enrolment in a commercial web-based weight-loss programme. <i>Public Health Nutrition</i> , 2012, 15, 1299-1309.	1.1	18
62	eHealth interventions targeting nutrition, physical activity, sedentary behavior, and/or obesity among children: A scoping review of systematic reviews and meta-analyses. <i>Obesity Reviews</i> , 2021, 22, e13331.	3.1	17
63	Associations between Unhealthy Diet and Lifestyle Behaviours and Increased Cardiovascular Disease Risk in Young Overweight and Obese Women. <i>Healthcare (Switzerland)</i> , 2016, 4, 57.	1.0	16
64	The Feasibility and Preliminary Efficacy of an eHealth Lifestyle Program in Women with Recent Gestational Diabetes Mellitus: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7115.	1.2	16
65	Can dietary intake influence perception of and measured appearance? A Systematic Review. <i>Nutrition Research</i> , 2015, 35, 175-197.	1.3	15
66	Be Healthe for Your Heart: A Pilot Randomized Controlled Trial Evaluating a Web-Based Behavioral Intervention to Improve the Cardiovascular Health of Women with a History of Preeclampsia. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5779.	1.2	15
67	Young Men's Preferences for Design and Delivery of Physical Activity and Nutrition Interventions: A Mixed-Methods Study. <i>American Journal of Men's Health</i> , 2017, 11, 1588-1599.	0.7	14
68	Feasibility and Preliminary Efficacy of the Eating Advice to Students (EATS) Brief Web-Based Nutrition Intervention for Young Adult University Students: A Pilot Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 905.	1.7	14
69	Effectiveness of Nutrition Interventions in Vending Machines to Encourage the Purchase and Consumption of Healthier Food and Drinks in the University Setting: A Systematic Review. <i>Nutrients</i> , 2020, 12, 876.	1.7	14
70	An 8-Week Web-Based Weight Loss Challenge With Celebrity Endorsement and Enhanced Social Support: Observational Study. <i>Journal of Medical Internet Research</i> , 2013, 15, e129.	2.1	14
71	Public, official, and industry submissions on a Bill to increase the alcohol minimum purchasing age: A critical analysis. <i>International Journal of Drug Policy</i> , 2014, 25, 709-716.	1.6	13
72	Are women with a recent diagnosis of preeclampsia aware of their cardiovascular disease risk? A cross-sectional survey. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2018, 58, E27-E28.	0.4	13

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73	Postpartum Women's Perspectives of Engaging with a Dietitian and Exercise Physiologist via Video Consultations for Weight Management: A Qualitative Evaluation. <i>Healthcare (Switzerland)</i> , 2018, 6, 8.	1.0	13
74	University Students Purchasing Food on Campus More Frequently Consume More Energy-Dense, Nutrient-Poor Foods: A Cross-Sectional Survey. <i>Nutrients</i> , 2021, 13, 1053.	1.7	12
75	Impact of preconception, pregnancy, and postpartum culinary nutrition education interventions: a systematic review. <i>Nutrition Reviews</i> , 2021, 79, 1186-1203.	2.6	11
76	Effectiveness of interventions and behaviour change techniques for improving physical activity in young adults: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2021, 39, 1754-1771.	1.0	11
77	<scp>VITAL</scp> change for mums: a feasibility study investigating tailored nutrition and exercise care delivered by video consultations for women 3â€“12 months postpartum. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 337-348.	1.3	10
78	Image-Based Dietary Assessment and Tailored Feedback Using Mobile Technology: Mediating Behavior Change in Young Adults. <i>Nutrients</i> , 2019, 11, 435.	1.7	10
79	A cross sectional study investigating weight management motivations, methods and perceived healthy eating and physical activity influences in women up to five years following childbirth. <i>Midwifery</i> , 2017, 49, 124-133.	1.0	9
80	Investigating the Efficacy and Cost-Effectiveness of Technology-Delivered Personalized Feedback on Dietary Patterns in Young Australian Adults in the Advice, Ideas, and Motivation for My Eating (Aim4Me) Study: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e15999.	0.5	9
81	Intake of specific types of fruit and vegetables is associated with higher levels of skin yellowness in young women: A cross-sectional study. <i>Nutrition Research</i> , 2018, 56, 23-31.	1.3	8
82	A Brief Web-Based Nutrition Intervention for Young Adult University Students: Development and Evaluation Protocol Using the PRECEDE-PROCEED Model. <i>JMIR Research Protocols</i> , 2019, 8, e11992.	0.5	8
83	What is the nutritional value of food and drinks sold in vending machines at an Australian university? A food environment audit study. <i>Nutrition and Dietetics</i> , 2020, 77, 550-552.	0.9	7
84	On-campus food purchasing behaviours and satisfaction of Australian university students. <i>Health Promotion Journal of Australia</i> , 2021, , .	0.6	7
85	Perceptions of carotenoid and melanin colouration in faces among young Australian adults. <i>Australian Journal of Psychology</i> , 2018, 70, 85-90.	1.4	6
86	Is There an Association between Health Risk Behaviours and Academic Achievement among University Students?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8314.	1.2	6
87	Current practice, perceived barriers and resource needs related to measurement of dietary intake, analysis and interpretation of data: A survey of Australian nutrition and dietetics practitioners and researchers. <i>Nutrition and Dietetics</i> , 2021, 78, 365-373.	0.9	5
88	Do modifiable risk factors for cardiovascular disease post-pregnancy influence the association between hypertensive disorders of pregnancy and cardiovascular health outcomes? A systematic review of observational studies. <i>Pregnancy Hypertension</i> , 2022, 27, 138-147.	0.6	5
89	Optimising Cardiometabolic Risk Factors in Pregnancy: A Review of Risk Prediction Models Targeting Gestational Diabetes and Hypertensive Disorders. <i>Journal of Cardiovascular Development and Disease</i> , 2022, 9, 55.	0.8	5
90	Participant characteristics and reach of a commercial web-based weight loss program. <i>Nutrition and Dietetics</i> , 2010, 67, 267-274.	0.9	4

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91	Efficacy of Web-Based Weight Loss Maintenance Programs: A Randomized Controlled Trial Comparing Standard Features Versus the Addition of Enhanced Personalized Feedback over 12 Months. Behavioral Sciences (Basel, Switzerland), 2017, 7, 76.	1.0	4
92	Be Healthe for Your Heart: Protocol for a Pilot Randomized Controlled Trial Evaluating a Web-Based Behavioral Intervention to Improve the Cardiovascular Health of Women With a History of Preeclampsia. Frontiers in Cardiovascular Medicine, 2019, 6, 144.	1.1	4
93	Eating Behaviors and Diet Quality: A National Survey of Australian Young Adults. Journal of Nutrition Education and Behavior, 2022, 54, 397-405.	0.3	4
94	Evaluation of a Type 2 diabetes risk reduction online program for women with recent gestational diabetes: a randomised trial. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 35.	2.0	3
95	Rural versus urban women: An examination of anthropometry and body composition. Australian Journal of Rural Health, 2019, 27, 70-77.	0.7	2
96	Do disparities exist between national food group recommendations and the dietary intakes of contemporary young adults?. Nutrition and Dietetics, 2021, 78, 524-534.	0.9	2
97	Are health behaviors associated with academic performance among tertiary education students? A systematic review of cohort studies. Journal of American College Health, 2022, , 1-13.	0.8	2
98	Efficacy of dietary interventions in individuals with substance use disorders for illicit substances or illicit use of pharmaceutical substances: A systematic review. Journal of Human Nutrition and Dietetics, 2021, 34, 981-993.	1.3	1
99	Response to: Self-Directed Interventions to Promote Weight Loss: a Systematic Review of Reviews. Journal of Medical Internet Research, 2014, 16, e178.	2.1	1
100	Effectiveness of maternal dietary interventions for improving mother and infant health outcomes. JBI Database of Systematic Reviews and Implementation Reports, 2018, 16, 1929-1938.	1.7	0