

# Pol Grootswagers

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3281397/publications.pdf>

Version: 2024-02-01

9  
papers

100  
citations

1684188

5  
h-index

1720034

7  
g-index

9  
all docs

9  
docs citations

9  
times ranked

112  
citing authors

#	ARTICLE	IF	CITATIONS
1	Perspective: Vegan Diets for Older Adults? A Perspective On the Potential Impact On Muscle Mass and Strength. <i>Advances in Nutrition</i> , 2022, 13, 712-725.	6.4	39
2	Dietary Intakes of Vegetable Protein, Folate, and Vitamins B-6 and B-12 Are Partially Correlated with Physical Functioning of Dutch Older Adults Using Copula Graphical Models. <i>Journal of Nutrition</i> , 2020, 150, 634-643.	2.9	24
3	Vitamin B-6 intake is related to physical performance in European older adults: results of the New Dietary Strategies Addressing the Specific Needs of the Elderly Population for Healthy Aging in Europe (NU-AGE) study. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 781-789.	4.7	15
4	A novel oral nutritional supplement improves gait speed and mitochondrial functioning compared to standard care in older adults with (or at risk of) undernutrition: results from a randomized controlled trial. <i>Aging</i> , 2021, 13, 9398-9418.	3.1	8
5	A 4-week exercise and protein program improves muscle mass and physical functioning in older adults – A pilot study. <i>Experimental Gerontology</i> , 2020, 141, 111094.	2.8	6
6	Nutritional concerns later in life. <i>Proceedings of the Nutrition Society</i> , 2021, 80, 339-343.	1.0	4
7	Relative Validity and Reliability of Isometric Lower Extremity Strength Assessment in Older Adults by Using a Handheld Dynamometer. <i>Sports Health</i> , 2022, 14, 899-905.	2.7	4
8	Calcifediol supplementation to reduce pulse pressure in a limited sample of vitamin D deficient older adults with elevated parathyroid hormone levels. <i>Clinical Nutrition Experimental</i> , 2019, 24, 77-82.	2.0	0
9	Nutrition and Exercise to Maintain Physical Functioning During Ageing. <i>Healthy Ageing and Longevity</i> , 2021, , 275-298.	0.2	0