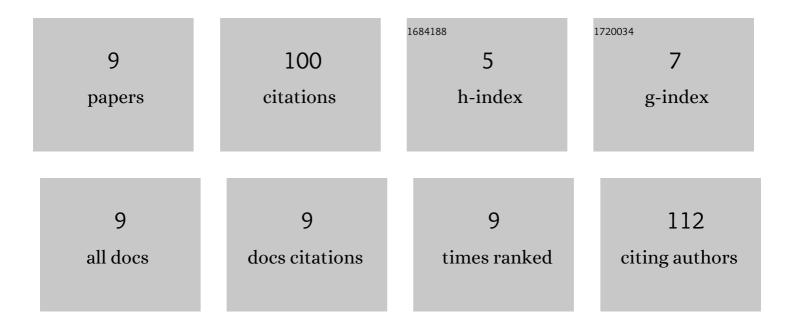
## **Pol Grootswagers**

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3281397/publications.pdf Version: 2024-02-01



| # | Article   | IF  | CITATIONS |
|---|---|-----|-----------|
| 1 | Perspective: Vegan Diets for Older Adults? A Perspective On the Potential Impact On Muscle Mass and Strength. Advances in Nutrition, 2022, 13, 712-725.   | 6.4 | 39        |
| 2 | Dietary Intakes of Vegetable Protein, Folate,and Vitamins B-6 and B-12 Are Partially Correlated with<br>Physical Functioning of Dutch Older Adults Using Copula Graphical Models. Journal of Nutrition,<br>2020, 150, 634-643.  | 2.9 | 24        |
| 3 | Vitamin B-6 intake is related to physical performance in European older adults: results of the New<br>Dietary Strategies Addressing the Specific Needs of the Elderly Population for Healthy Aging in Europe<br>(NU-AGE) study. American Journal of Clinical Nutrition, 2021, 113, 781-789. | 4.7 | 15        |
| 4 | A novel oral nutritional supplement improves gait speed and mitochondrial functioning compared to standard care in older adults with (or at risk of) undernutrition: results from a randomized controlled trial. Aging, 2021, 13, 9398-9418.  | 3.1 | 8         |
| 5 | A 4-week exercise and protein program improves muscle mass and physical functioning in older adults<br>– A pilot study. Experimental Gerontology, 2020, 141, 111094.  | 2.8 | 6         |
| 6 | Nutritional concerns later in life. Proceedings of the Nutrition Society, 2021, 80, 339-343.  | 1.0 | 4         |
| 7 | Relative Validity and Reliability of Isometric Lower Extremity Strength Assessment in Older Adults by<br>Using a Handheld Dynamometer. Sports Health, 2022, 14, 899-905.  | 2.7 | 4         |
| 8 | Calcifediol supplementation to reduce pulse pressure in a limited sample of vitamin D deficient older adults with elevated parathyroid hormone levels. Clinical Nutrition Experimental, 2019, 24, 77-82.  | 2.0 | 0         |
| 9 | Nutrition and Exercise to Maintain Physical Functioning During Ageing. Healthy Ageing and Longevity, 2021, , 275-298.   | 0.2 | 0         |