

# Mohamed Romdhani

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3216516/publications.pdf>

Version: 2024-02-01

24  
papers

1,389  
citations

759190

12  
h-index

794568

19  
g-index

25  
all docs

25  
docs citations

25  
times ranked

1624  
citing authors

#	ARTICLE	IF	CITATIONS
1	40-min nap opportunity attenuates heart rate and perceived exertion and improves physical specific abilities in elite basketball players. <i>Research in Sports Medicine</i> , 2023, 31, 859-872.	1.3	4
2	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2022, 52, 933-948.	6.5	78
3	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. <i>Sports Medicine</i> , 2022, 52, 1433-1448.	6.5	45
4	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletes' Sport Classification and Sex on Training Practices. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1242-1256.	2.3	16
5	Total Sleep Deprivation and Recovery Sleep Affect the Diurnal Variation of Agility Performance: The Gender Differences. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 132-140.	2.1	17
6	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: Insight from the ECLB-COVID19 multicenter study. <i>Biology of Sport</i> , 2021, 38, 9-21.	3.2	255
7	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey. <i>Biology of Sport</i> , 2021, 38, 495-506.	3.2	124
8	The effect of post-lunch napping on mood, reaction time, and antioxidant defense during repeated sprint exercise.. <i>Biology of Sport</i> , 2021, 38, 629-638.	3.2	24
9	Does lunar cycle affect biological parameters in young healthy men?. <i>Chronobiology International</i> , 2021, 38, 933-940.	2.0	9
10	Listening to motivational music during warming-up attenuates the negative effects of partial sleep deprivation on cognitive and short-term maximal performance: Effect of time of day. <i>Chronobiology International</i> , 2021, 38, 1052-1063.	2.0	13
11	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4329.	2.6	100
12	Caffeine Use or Napping to Enhance Repeated Sprint Performance After Partial Sleep Deprivation: Why Not Both?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 711-718.	2.3	12
13	Benefits of Daytime Napping Opportunity on Physical and Cognitive Performances in Physically Active Participants: A Systematic Review. <i>Sports Medicine</i> , 2021, 51, 2115-2146.	6.5	33
14	Biological Responses to Short-Term Maximal Exercise in Male Police Officers. <i>American Journal of Men's Health</i> , 2021, 15, 155798832110409.	1.6	8
15	The Effect of Experimental Recuperative and Appetitive Post-lunch Nap Opportunities, With or Without Caffeine, on Mood and Reaction Time in Highly Trained Athletes. <i>Frontiers in Psychology</i> , 2021, 12, 720493.	2.1	7
16	COVID-19 Home Confinement Negatively Impacts Social Participation and Life Satisfaction: A Worldwide Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6237.	2.6	301
17	Improved Physical Performance and Decreased Muscular and Oxidative Damage With Postlunch Napping After Partial Sleep Deprivation in Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 874-883.	2.3	30
18	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study. <i>PLoS ONE</i> , 2020, 15, e0240204.	2.5	214

#	ARTICLE	IF	CITATIONS
19	Sleep deprivation affects post-lunch dip performances, biomarkers of muscle damage and antioxidant status. <i>Biology of Sport</i> , 2019, 36, 55-65.	3.2	34
20	Diurnal napping after partial sleep deprivation affected hematological and biochemical responses during repeated sprint. <i>Biological Rhythm Research</i> , 0, , 1-13.	0.9	12
21	The effect of caffeine, nap opportunity and their combination on biomarkers of muscle damage and antioxidant defence during repeated sprint exercise. <i>Biology of Sport</i> , 0, , .	3.2	3
22	FIFA World Cup 2022: What can we learn from the inspiring Tokyo 2020 Olympic Games held in COVID-19 times?. <i>Biology of Sport</i> , 0, , .	3.2	15
23	Lockdown Duration and Training Intensity Affect Sleep Behavior in an International Sample of 1,454 Elite Athletes. <i>Frontiers in Physiology</i> , 0, 13, .	2.8	22
24	Ramadan Observance Exacerbated the Negative Effects of COVID-19 Lockdown on Sleep and Training Behaviors: A International Survey on 1,681 Muslim Athletes. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	13