Susana Vale

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

56	1,443	22	37
papers	citations	h-index	g-index
57	1,679	3.3	4.18
ext. papers	ext. citations	avg, IF	L-index

#	Paper	IF	Citations
56	Adherence to 24-hour movement guidelines among Portuguese preschool children: the prestyle study. <i>Journal of Sports Sciences</i> , 2020 , 38, 2149-2154	3.6	10
55	Variations in accelerometry measured physical activity and sedentary time across Europe - harmonized analyses of 47,497 children and adolescents. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 38	8.4	71
54	School-based soccer practice is an effective strategy to improve cardiovascular and metabolic risk factors in overweight children. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 807-812	8.5	3
53	Association Between Moderate and Vigorous Physical Activity and Gross Motor Coordination in Preschool Children. <i>Journal of Motor Learning and Development</i> , 2019 , 7, 273-285	1.4	4
52	TV in bedroom, outdoor playtime and obesity status among preschool girls. <i>Science and Sports</i> , 2019 , 34, 222-227	0.8	
51	Relationship Among Changes in Sedentary Time, Physical Activity, and Body Mass Index in Young Schoolchildren: A 3-Year Longitudinal Study. <i>Pediatric Exercise Science</i> , 2018 , 30, 426-432	2	1
50	Parental education and perception of outdoor playing time for preschoolers. <i>Motriz Revista De Educacao Fisica</i> , 2017 , 23,	0.9	1
49	Motor fitness and preschooler children obesity status. <i>Journal of Sports Sciences</i> , 2017 , 35, 1704-1708	3.6	4
48	Screen time between Portuguese and Brazilian children: a cross-cultural study. <i>Motriz Revista De Educacao Fisica</i> , 2017 , 23,	0.9	1
47	Association between sedentary behavior time and waist-to-height ratio in preschool children. <i>American Journal of Human Biology</i> , 2016 , 28, 746-8	2.7	11
46	Effects of 6-month soccer and traditional physical activity programmes on body composition, cardiometabolic risk factors, inflammatory, oxidative stress markers and cardiorespiratory fitness in obese boys. <i>Journal of Sports Sciences</i> , 2016 , 34, 1822-9	3.6	29
45	Impact of a school-based intervention to promote fruit intake: a cluster randomized controlled trial. <i>Public Health</i> , 2016 , 136, 94-100	4	8
44	Physical Activity, Obesity Status, and Blood Pressure in Preschool Children. <i>Journal of Pediatrics</i> , 2015 , 167, 98-102	3.6	32
43	Step based physical activity guidelines for preschool-aged children. <i>Preventive Medicine</i> , 2015 , 70, 78-82	4.3	24
42	Influence of different behavioural factors and obesity status on systolic blood pressure among pre-school children. <i>Annals of Human Biology</i> , 2014 , 41, 506-10	1.7	
41	The independent associations of sedentary behaviour and physical activity on cardiorespiratory fitness. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1508-12	10.3	93
40	Normative functional fitness standards and trends of Portuguese older adults: cross-cultural comparisons. <i>Journal of Aging and Physical Activity</i> , 2014 , 22, 126-37	1.6	35

(2012-2014)

39	from de Azorean Physical Activity and Health Study II. <i>Journal of Physical Activity and Health</i> , 2014 , 11, 917-21	2.5	4
38	Parental education and physical activity in pre-school children. <i>Child: Care, Health and Development</i> , 2014 , 40, 446-52	2.8	15
37	Relationship of milk intake and physical activity to abdominal obesity among adolescents. <i>Pediatric Obesity</i> , 2014 , 9, 71-80	4.6	19
36	Physical activity guidelines and preschoolers obesity status. <i>International Journal of Obesity</i> , 2013 , 37, 1352-5	5.5	25
35	Cardiorespiratory fitness is negatively associated with metabolic risk factors independently of the adherence to a healthy dietary pattern. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013 , 23, 670	-4: 5	13
34	Cardiorespiratory fitness and TV viewing in relation to metabolic risk factors in Portuguese adolescents. <i>Annals of Human Biology</i> , 2013 , 40, 157-62	1.7	8
33	Associations between body mass index, waist circumference and body shape index with resting blood pressure in Portuguese adolescents. <i>Annals of Human Biology</i> , 2013 , 40, 163-7	1.7	62
32	Cross validation of ROC generated thresholds for field assessed aerobic fitness related to weight status and cardiovascular disease risk in Portuguese young people. <i>American Journal of Human Biology</i> , 2013 , 25, 751-5	2.7	3
31	Waist circumference percentiles for Portuguese children and adolescents aged 10 to 18 years. European Journal of Pediatrics, 2012 , 171, 499-505	4.1	17
30	Milk intake is inversely related to body mass index and body fat in girls. <i>European Journal of Pediatrics</i> , 2012 , 171, 1467-74	4.1	28
29	Sedentary behavior and physical activity are independently related to functional fitness in older adults. <i>Experimental Gerontology</i> , 2012 , 47, 908-12	4.5	138
28	Association between dairy product intake and abdominal obesity in Azorean adolescents. <i>European Journal of Clinical Nutrition</i> , 2012 , 66, 830-5	5.2	27
27	Prevalence of overweight, obesity, and abdominal obesity in a representative sample of Portuguese adults. <i>PLoS ONE</i> , 2012 , 7, e47883	3.7	45
26	The association between cardiovascular disease risk and parental educational level in Portuguese children. <i>International Journal of Environmental Research and Public Health</i> , 2012 , 9, 4311-20	4.6	7
25	Metabolic syndrome, physical activity and cardiac autonomic function. <i>Diabetes/Metabolism Research and Reviews</i> , 2012 , 28, 363-9	7.5	43
24	Comparisons between inverted body mass index and body mass index as proxies for body fatness and risk factors for metabolic risk and cardiorespiratory fitness in Portuguese adolescents. American Journal of Human Biology, 2012, 24, 618-25	2.7	3
23	Influence of body fat and level of physical activity on rate-pressure product at rest in preschool children. <i>American Journal of Human Biology</i> , 2012 , 24, 661-5	2.7	7
22	High levels of C-reactive protein are associated with reduced vagal modulation and low physical activity in young adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012 , 22, 278-84	4.6	12

21	Prevalence of the Portuguese population attaining sufficient physical activity. <i>Medicine and Science in Sports and Exercise</i> , 2012 , 44, 466-73	1.2	118
20	Reference curves for BMI, waist circumference and waist-to-height ratio for Azorean adolescents (Portugal). <i>Public Health Nutrition</i> , 2012 , 15, 13-9	3.3	9
19	Ability of different measures of adiposity to identify high metabolic risk in adolescents. <i>Journal of Obesity</i> , 2011 , 2011, 578106	3.7	11
18	The importance of physical education classes in pre-school children. <i>Journal of Paediatrics and Child Health</i> , 2011 , 47, 48-53	1.3	8
17	Comparison of different VO(2max) equations in the ability to discriminate the metabolic risk in Portuguese adolescents. <i>Journal of Science and Medicine in Sport</i> , 2011 , 14, 79-84	4.4	23
16	Evaluation of physical activity programmes for the elderly - exploring the lessons from other sectors and examining the general characteristics of the programmes. <i>BMC Research Notes</i> , 2011 , 4, 368	3 ^{2.3}	3
15	Prevalence of overweight and obesity among Portuguese youth: a study in a representative sample of 10-18-year-old children and adolescents. <i>Pediatric Obesity</i> , 2011 , 6, e124-8		80
14	Relationship of objective measurement of physical activity during school hours and BMI in preschool children. <i>Pediatric Obesity</i> , 2011 , 6 Suppl 2, 37-8		6
13	Central fat influences cardiac autonomic function in obese and overweight girls. <i>Pediatric Cardiology</i> , 2011 , 32, 924-8	2.1	33
12	Metabolic risk factors, physical activity and physical fitness in Azorean adolescents: a cross-sectional study. <i>BMC Public Health</i> , 2011 , 11, 214	4.1	26
11	Benefits of achieving vigorous as well as moderate physical activity recommendations: evidence from heart rate complexity and cardiac vagal modulation. <i>Journal of Sports Sciences</i> , 2011 , 29, 1011-8	3.6	15
10	Influence of cardiorespiratory fitness and parental lifestyle on adolescentscabdominal obesity. <i>Annals of Human Biology</i> , 2011 , 38, 531-6	1.7	5
9	Prevalence of overweight and obesity among Portuguese preschoolers. <i>Archives of Exercise in Health and Disease</i> , 2011 , 2, 65-68		2
8	The relationship of cardiorespiratory fitness, birth weight and parental BMI on adolescentscobesity status. <i>European Journal of Clinical Nutrition</i> , 2010 , 64, 622-7	5.2	9
7	Sitting time and body mass index, in a Portuguese sample of men: results from the Azorean Physical Activity and Health Study (APAHS). <i>International Journal of Environmental Research and Public Health</i> , 2010 , 7, 1500-7	4.6	22
6	Compliance with physical activity guidelines in preschool children. <i>Journal of Sports Sciences</i> , 2010 , 28, 603-8	3.6	85
5	Metabolic syndrome and physical fitness in a sample of Azorean adolescents. <i>Metabolic Syndrome</i> and Related Disorders, 2010 , 8, 443-9	2.6	15
4	Associations between sleep quality with cardiorespiratory fitness and BMI among adolescent girls. <i>American Journal of Human Biology</i> , 2010 , 22, 473-5	2.7	30

LIST OF PUBLICATIONS

3	Influence of muscle fitness test performance on metabolic risk factors among adolescent girls. <i>Diabetology and Metabolic Syndrome</i> , 2010 , 2, 42	5.6	21
2	Vigorous physical activity and vagal modulation in young adults. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2009 , 16, 705-11		23
1	Preschool children physical activity measurement: importance of epoch length choice. <i>Pediatric Exercise Science</i> , 2009 , 21, 413-20	2	96