

# Asier Mañ±as-Bote

## List of Publications by Year in descending order

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Version: 2024-02-01

32  
papers

858  
citations

566801

15  
h-index

500791

28  
g-index

35  
all docs

35  
docs citations

35  
times ranked

1138  
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of COVID-19 Confinement on Physical Activity and Sedentary Behaviour in Spanish University Students: Role of Gender. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 369.	1.2	108
2	Sedentary behaviour, physical activity, and sarcopenia among older adults in the TSHA: isotemporal substitution model. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 188-198.	2.9	77
3	Frailty is associated with objectively assessed sedentary behaviour patterns in older adults: Evidence from the Toledo Study for Healthy Aging (TSHA). <i>PLoS ONE</i> , 2017, 12, e0183911.	1.1	77
4	Role of objectively measured sedentary behaviour in physical performance, frailty and mortality among older adults: A short systematic review. <i>European Journal of Sport Science</i> , 2017, 17, 940-953.	1.4	63
5	Reallocating Accelerometer-Assessed Sedentary Time to Light or Moderate- to Vigorous-Intensity Physical Activity Reduces Frailty Levels in Older Adults: An Isotemporal Substitution Approach in the TSHA Study. <i>Journal of the American Medical Directors Association</i> , 2018, 19, 185.e1-185.e6.	1.2	63
6	The Force-Velocity Relationship in Older People: Reliability and Validity of a Systematic Procedure. <i>International Journal of Sports Medicine</i> , 2017, 38, 1097-1104.	0.8	56
7	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7067.	1.2	53
8	Associations between sedentary time, physical activity and bone health among older people using compositional data analysis. <i>PLoS ONE</i> , 2018, 13, e0206013.	1.1	43
9	Unsupervised home-based resistance training for community-dwelling older adults: A systematic review and meta-analysis of randomized controlled trials. <i>Ageing Research Reviews</i> , 2021, 69, 101368.	5.0	39
10	Can Physical Activity Offset the Detrimental Consequences of Sedentary Time on Frailty? A Moderation Analysis in 749 Older Adults Measured With Accelerometers. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 634-638.e1.	1.2	28
11	Dose-response association between physical activity and sedentary time categories on ageing biomarkers. <i>BMC Geriatrics</i> , 2019, 19, 270.	1.1	25
12	Calibration and Cross-Validation of Accelerometer Cut-Points to Classify Sedentary Time and Physical Activity from Hip and Non-Dominant and Dominant Wrists in Older Adults. <i>Sensors</i> , 2021, 21, 3326.	2.1	23
13	Association of accelerometer-derived step volume and intensity with hospitalizations and mortality in older adults: A prospective cohort study. <i>Journal of Sport and Health Science</i> , 2022, 11, 578-585.	3.3	22
14	Short- and Long-Term Effects of Concurrent Strength and HIIT Training in Octogenarians with COPD. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 105-115.	0.5	21
15	“Fat but powerful” paradox: association of muscle power and adiposity markers with all-cause mortality in older adults from the EXERNET multicentre study. <i>British Journal of Sports Medicine</i> , 2021, 55, 1204-1211.	3.1	17
16	Relative sit-to-stand power cut-off points and their association with negatives outcomes in older adults. <i>Scientific Reports</i> , 2021, 11, 19460.	1.6	17
17	The Impact of Movement Behaviors on Bone Health in Elderly with Adequate Nutritional Status: Compositional Data Analysis Depending on the Frailty Status. <i>Nutrients</i> , 2019, 11, 582.	1.7	15
18	Compositional Influence of Movement Behaviors on Bone Health during Aging. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 1736-1744.	0.2	15

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19	Which one came first: movement behavior or frailty? A cross-lagged panel model in the Toledo Study for Healthy Aging. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2020, 11, 415-423.	2.9	14
20	Resting Oxygen Uptake Value of 1 Metabolic Equivalent of Task in Older Adults: A Systematic Review and Descriptive Analysis. <i>Sports Medicine</i> , 2022, 52, 331-348.	3.1	14
21	Mortality from mental disorders and suicide in male professional American football and soccer players: A meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 2241-2248.	1.3	13
22	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. <i>BioMed Research International</i> , 2021, 2021, 1-8.	0.9	11
23	Breaking Sedentary Time Predicts Future Frailty in Inactive Older Adults: A Cross-Lagged Panel Model. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 893-900.	1.7	10
24	Health-Related Factors in Rural and Urban Mexican Adolescents from the State of Jalisco: The HELENA-MEX Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8959.	1.2	8
25	Relationship between Physical Performance and Frailty Syndrome in Older Adults: The Mediating Role of Physical Activity, Sedentary Time and Body Composition. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 203.	1.2	8
26	Prospective Changes in the Distribution of Movement Behaviors Are Associated With Bone Health in the Elderly According to Variations in their Frailty Levels. <i>Journal of Bone and Mineral Research</i> , 2020, 35, 1236-1245.	3.1	7
27	Physical activity moderates the effect of sedentary time on an older adult's physical independence. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 1964-1970.	1.3	4
28	Differences among Sociodemographic Variables, Physical Fitness Levels, and Body Composition with Adherence to Regular Physical Activity in Older Adults from the EXERNET Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3853.	1.2	2
29	Fat-Fit Patterns, Drug Consumption, and Polypharmacy in Older Adults: The EXERNET Multi-Center Study. <i>Nutrients</i> , 2021, 13, 2872.	1.7	1
30	Body Dissatisfaction and Its Association with Health-Related Factors in Rural and Urban Mexican Adolescents from the State of Jalisco. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12215.	1.2	0
31	Response to Comment on "Resting Oxygen Uptake Value of 1 Metabolic Equivalent of Task in Older Adults: A Systematic Review and Descriptive Analysis" <i>Sports Medicine</i> , 2022, , 1.	3.1	0
32	Association between Physical Activity Guidelines and Sedentary Time with Workers' Health-Related Quality of Life in a Spanish Multinational Company. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6592.	1.2	0