

Thomas A Fergus

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3197403/publications.pdf>

Version: 2024-02-01

110
papers

4,428
citations

156536

32
h-index

145109

60
g-index

110
all docs

110
docs citations

110
times ranked

4796
citing authors

#	ARTICLE	IF	CITATIONS
1	Metacognitive beliefs about uncontrollability relate most strongly to health anxiety among US-based non-Latinx White primary care patients: Comparing strength of relations with US-based non-Latinx Black and Latinx primary care patients. <i>Clinical Psychology and Psychotherapy</i> , 2022, .	1.4	1
2	Metacognitive beliefs and emotional eating in adolescents. <i>Eating and Weight Disorders</i> , 2021, 26, 2281-2286.	1.2	2
3	Development and validation of the Multidimensional Cognitive Attentional Syndrome Scale (MCASS).. <i>Psychological Assessment</i> , 2021, 33, 489-498.	1.2	3
4	Individual differences in emotion regulation prospectively predict early COVID-19 related acute stress. <i>Journal of Anxiety Disorders</i> , 2021, 81, 102411.	1.5	27
5	Associations between self-absorption and working memory capacity: A preliminary examination of a transdiagnostic process spanning across emotional disorders. <i>Journal of Anxiety Disorders</i> , 2021, 83, 102457.	1.5	0
6	Multidimensional Inventory of Hypochondriacal Traits: An Examination of a Bifactor Model and Measurement Invariance Between Those With and Without a Self-Reported Medical Condition. <i>Assessment</i> , 2020, 27, 206-215.	1.9	3
7	Factor Structure and Incremental Utility of the Distress Tolerance Scale: A Bifactor Analysis. <i>Assessment</i> , 2020, 27, 297-308.	1.9	14
8	Development and initial validation of the COVID Stress Scales. <i>Journal of Anxiety Disorders</i> , 2020, 72, 102232.	1.5	759
9	Testing the Italian version of the Cyberchondria Severity Scale and a metacognitive model of cyberchondria. <i>Clinical Psychology and Psychotherapy</i> , 2020, 27, 581-596.	1.4	22
10	COVID stress syndrome: Concept, structure, and correlates. <i>Depression and Anxiety</i> , 2020, 37, 706-714.	2.0	474
11	The closed response style and posttraumatic stress: Examining the interaction between experiential avoidance and cognitive fusion among women experiencing sexual trauma.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2020, 12, 627-634.	1.4	5
12	Intolerance of Uncertainty Moderates the Relation Between the Choice to Access Health Information and Post-Choice Distress Among Individuals Prone to Health Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2020, 34, 70-79.	0.2	3
13	The combination of health anxiety and somatic symptoms: a prospective predictor of healthcare usage in primary care. <i>Journal of Behavioral Medicine</i> , 2019, 42, 217-223.	1.1	6
14	Executive attention moderates the effect of trait anxiety on hyperarousal symptoms. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 311-321.	1.9	0
15	Factor Structure and Incremental Validity of the Original and Modified Versions of the Difficulties in Emotion Regulation Scale. <i>Journal of Personality Assessment</i> , 2019, 101, 598-608.	1.3	21
16	The Concept of Health Anxiety. , 2019, , 1-18.		6
17	Cognitive and Behavioral Mechanisms of Health Anxiety. , 2019, , 43-64.		1
18	Examining the Whiteley Index-6 as a screener for DSM-5 presentations of severe health anxiety in primary care. <i>Journal of Psychosomatic Research</i> , 2019, 127, 109839.	1.2	15

#	ARTICLE	IF	CITATIONS
19	Reducing Test Anxiety in School Settings: A Controlled Pilot Study Examining a Group Format Delivery of the Attention Training Technique Among Adolescent Students. <i>Behavior Therapy</i> , 2019, 50, 803-816.	1.3	7
20	Factor Structure and Further Validation of the 20-Item Short Form of the Obsessive Beliefs Questionnaire. <i>Assessment</i> , 2019, 26, 984-1000.	1.9	4
21	The Metacognitions Questionnaireâ€™30: An Examination of a Bifactor Model and Measurement Invariance Among Men and Women in a Community Sample. <i>Assessment</i> , 2019, 26, 223-234.	1.9	27
22	The Interactive Effect of Happiness Emotion Goals and Emotion Regulation Self-Efficacy on Anxiety and Depression. <i>Journal of Cognitive Psychotherapy</i> , 2019, 33, 97-105.	0.2	4
23	Tolerance of negative emotion moderates the amplification of mental contamination following an evoking task: A randomized experimental study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 59, 72-78.	0.6	2
24	The Whiteley Indexâ€™6: An Examination of Measurement Invariance Among Self-Identifying Black, Latino, and White Respondents in Primary Care. <i>Assessment</i> , 2018, 25, 247-258.	1.9	12
25	Assessing State Mental Contamination: Development and Preliminary Validation of the State Mental Contamination Scale. <i>Journal of Personality Assessment</i> , 2018, 100, 281-291.	1.3	10
26	Somatic symptom severity among primary care patients who are obese: examining the unique contributions of anxiety sensitivity, discomfort intolerance, and health anxiety. <i>Journal of Behavioral Medicine</i> , 2018, 41, 43-51.	1.1	14
27	Examining associations between thought-action fusion and state mental contamination following an in vivo thought induction task. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2018, 17, 16-22.	0.7	9
28	How dual-faceted disgust relates to state mental contamination in religious individuals. <i>Mental Health, Religion and Culture</i> , 2018, 21, 139-152.	0.6	5
29	Metacognitive Beliefs Predict Greater Mental Contamination Severity After an Evoking Source. <i>Frontiers in Psychology</i> , 2018, 9, 1784.	1.1	1
30	Moving toward a metacognitive conceptualization of cyberchondria: Examining the contribution of metacognitive beliefs, beliefs about rituals, and stop signals. <i>Journal of Anxiety Disorders</i> , 2018, 60, 11-19.	1.5	48
31	Executive Control Deficits Potentiate the Effect of Maladaptive Metacognitive Beliefs on Posttraumatic Stress Symptoms. <i>Frontiers in Psychology</i> , 2018, 9, 1898.	1.1	7
32	Refinement of anxiety sensitivity measurement: The Short Scale Anxiety Sensitivity Index (SSASI). <i>Psychiatry Research</i> , 2018, 269, 549-557.	1.7	36
33	Hell anxiety as non-pathological fear. <i>Mental Health, Religion and Culture</i> , 2018, 21, 867-883.	0.6	9
34	Examining incremental explanatory power in accounting for worry severity: negative metacognitive beliefs uniquely predict worry severity following a worry episode. <i>Anxiety, Stress and Coping</i> , 2018, 31, 514-525.	1.7	5
35	Secure Attachment to God Uniquely Linked to Psychological Health in a National, Random Sample of American Adults. <i>International Journal for the Psychology of Religion, The</i> , 2018, 28, 162-173.	1.3	22
36	The attention training technique causally reduces self-focus following worry provocation and reduces cognitive anxiety among self-focused individuals. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 61, 66-71.	0.6	18

#	ARTICLE	IF	CITATIONS
37	A Pilot Study of a 4-Week eHealth-Based Protocol of the Attention Training Technique Component of Metacognitive Therapy Among Patients With Anxiety Disorders. <i>Journal of Cognitive Psychotherapy</i> , 2018, 32, 140-152.	0.2	2
38	The Cognitive Attentional Syndrome is Associated With Sleep Difficulties in a Community Sample. <i>Behavioral Sleep Medicine</i> , 2017, 15, 410-420.	1.1	8
39	Cyberchondria: Examining relations with problematic Internet use and metacognitive beliefs. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1322-1330.	1.4	77
40	Examining the incremental contribution of metacognitive beliefs beyond content-specific beliefs in relation to posttraumatic stress in a community sample.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2017, 9, 723-730.	1.4	16
41	Self-construal and gender interact to cause social evaluative concerns. <i>Personality and Individual Differences</i> , 2017, 109, 51-55.	1.6	56
42	Examination of an experimental manipulation of intolerance of uncertainty on obsessive-compulsive outcomes. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2017, 15, 64-73.	0.7	9
43	Health anxiety and medical utilization: The moderating effect of age among patients in primary care. <i>Journal of Anxiety Disorders</i> , 2017, 51, 79-85.	1.5	13
44	Cognitive fusion, experiential avoidance, and their interactive effect: Examining associations with thwarted belongingness and perceived burdensomeness. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 35-41.	1.3	23
45	Examining the ethnoracial invariance of a bifactor model of anxiety sensitivity and the incremental validity of the physical domain-specific factor in a primary-care patient sample.. <i>Psychological Assessment</i> , 2017, 29, 1290-1295.	1.2	4
46	The Interactive Effect of Attention to Emotions and Emotional Distress Intolerance on Anxiety and Depression. <i>Journal of Cognitive Psychotherapy</i> , 2017, 31, 91-100.	0.2	7
47	Main and Interactive Effects of Mental Contamination and Tolerance of Negative Emotions in Relation to Posttraumatic Stress Symptoms Following Sexual Trauma. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 274-283.	0.7	16
48	The Attention Training Technique: A Review of a Neurobehavioral Therapy for Emotional Disorders. <i>Cognitive and Behavioral Practice</i> , 2016, 23, 502-516.	0.9	41
49	Negative mood regulation expectancies moderate the association between happiness emotion goals and depressive symptoms. <i>Personality and Individual Differences</i> , 2016, 100, 23-27.	1.6	21
50	Examining the specific dimensions of distress tolerance that prospectively predict perceived stress. <i>Cognitive Behaviour Therapy</i> , 2016, 46, 1-13.	1.9	6
51	Intolerance of uncertainty and attentional networks: Unique associations with alerting. <i>Journal of Anxiety Disorders</i> , 2016, 41, 59-64.	1.5	20
52	Addressing Psychometric Limitations of the Difficulties in Emotion Regulation Scale Through Item Modification. <i>Journal of Personality Assessment</i> , 2016, 98, 298-309.	1.3	73
53	Does cyberchondria overlap with health anxiety and obsessive-compulsive symptoms? An examination of latent structure and scale interrelations. <i>Journal of Anxiety Disorders</i> , 2016, 38, 88-94.	1.5	76
54	The interactive effect of cognitive fusion and experiential avoidance on anxiety, depression, stress and posttraumatic stress symptoms. <i>Journal of Contextual Behavioral Science</i> , 2016, 5, 1-6.	1.3	136

#	ARTICLE	IF	CITATIONS
55	The combination of health anxiety and somatic symptoms: Specificity to anxiety sensitivity cognitive concerns among patients in primary care. <i>Psychiatry Research</i> , 2016, 239, 117-121.	1.7	7
56	Emotional Distress Intolerance, Experiential Avoidance, and Anxiety Sensitivity: The Buffering Effect of Attentional Control on Associations with Posttraumatic Stress Symptoms. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 320-329.	0.7	29
57	Examining the Specific Facets of Distress Tolerance That Are Relevant to Health Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2015, 29, 32-44.	0.2	17
58	I Really Believe I Suffer From a Health Problem: Examining an Association Between Cognitive Fusion and Healthy Anxiety. <i>Journal of Clinical Psychology</i> , 2015, 71, 920-934.	1.0	26
59	The Contribution of Health Anxiety to Retrospectively-Recalled Emergency Department Visits within a Sample of Patients in Residential Substance Abuse Treatment. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 1-8.	1.9	14
60	Examining the Symptom-Level Specificity of Negative Problem Orientation in a Clinical Sample. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 153-161.	1.9	26
61	Anxiety sensitivity and intolerance of uncertainty as potential risk factors for cyberchondria: A replication and extension examining dimensions of each construct. <i>Journal of Affective Disorders</i> , 2015, 184, 305-309.	2.0	64
62	Attentional control as a prospective predictor of posttraumatic stress symptomatology. <i>Personality and Individual Differences</i> , 2015, 81, 124-128.	1.6	35
63	The potentiating effect of disgust sensitivity on the relationship between disgust propensity and mental contamination. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2015, 6, 114-119.	0.7	20
64	Uncertainty, god, and scrupulosity: Uncertainty salience and priming god concepts interact to cause greater fears of sin. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2015, 46, 93-98.	0.6	13
65	Problematic Internet Use and Internet Searches for Medical Information: The Role of Health Anxiety. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2014, 17, 761-765.	2.1	81
66	The Social Interaction Anxiety Scale (SIAS) and the Social Phobia Scale (SPS): A comparison of two short-form versions.. <i>Psychological Assessment</i> , 2014, 26, 1281-1291.	1.2	17
67	Personal Uncertainty Strengthens Associations Between Scrupulosity and Both the Moral Appraisals of Intrusive Thoughts and Beliefs that God is Upset with Sins. <i>Journal of Social and Clinical Psychology</i> , 2014, 33, 51-74.	0.2	3
68	The Combination of Health Anxiety and Somatic Symptoms: Examining Associations With Health-Related Beliefs and Gender Differences. <i>Journal of Cognitive Psychotherapy</i> , 2014, 28, 274-286.	0.2	2
69	Health-Related Dysfunctional Beliefs and Health Anxiety: Further Evidence of Cognitive Specificity. <i>Journal of Clinical Psychology</i> , 2014, 70, 248-259.	1.0	35
70	Are "Not Just Right Experiences" (NJREs) Specific to Obsessive-Compulsive Symptoms?: Evidence that NJREs Span across Symptoms of Emotional Disorders. <i>Journal of Clinical Psychology</i> , 2014, 70, 353-363.	1.0	22
71	The Validity and Specificity of the Short-Form of the Obsessive Beliefs Questionnaire (OBQ). <i>Journal of Psychopathology and Behavioral Assessment</i> , 2014, 36, 318-328.	0.7	25
72	The attention training technique, self-focused attention, and anxiety: A laboratory-based component study. <i>Behaviour Research and Therapy</i> , 2014, 61, 150-155.	1.6	34

#	ARTICLE	IF	CITATIONS
73	The Moderating Role of Experiential Avoidance in the Prospective Relationship Between Anxiety Sensitivity and Anxiety. <i>Cognitive Therapy and Research</i> , 2014, 38, 465-471.	1.2	24
74	Intolerance of uncertainty and personality: Experiential permeability is associated with difficulties tolerating uncertainty. <i>Personality and Individual Differences</i> , 2014, 58, 128-131.	1.6	19
75	An examination of the incremental contribution of emotion regulation difficulties to health anxiety beyond specific emotion regulation strategies. <i>Journal of Anxiety Disorders</i> , 2014, 28, 394-401.	1.5	57
76	Emotion regulation and obsessive-compulsive symptoms: A further examination of associations. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 243-248.	0.7	56
77	Mental contamination and scrupulosity: Evidence of unique associations among Catholics and Protestants. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 236-242.	0.7	10
78	The Cyberchondria Severity Scale (CSS): An examination of structure and relations with health anxiety in a community sample. <i>Journal of Anxiety Disorders</i> , 2014, 28, 504-510.	1.5	94
79	Examining a purported association between attachment to God and scrupulosity.. <i>Psychology of Religion and Spirituality</i> , 2014, 6, 230-236.	0.9	11
80	Testing a Hierarchical Model of Distress Tolerance. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2013, 35, 495-505.	0.7	53
81	Repetitive Thought and Health Anxiety: Tests of Specificity. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2013, 35, 366-374.	0.7	30
82	Intolerance of Uncertainty and Uncertainty-Related Attentional Biases: Evidence of Facilitated Engagement or Disengagement Difficulty?. <i>Cognitive Therapy and Research</i> , 2013, 37, 735-741.	1.2	20
83	The Interactive Effect of Worry and Intolerance of Uncertainty on Posttraumatic Stress Symptoms. <i>Cognitive Therapy and Research</i> , 2013, 37, 742-751.	1.2	48
84	Anxiety sensitivity and intolerance of uncertainty: Evidence of incremental specificity in relation to health anxiety. <i>Personality and Individual Differences</i> , 2013, 55, 640-644.	1.6	63
85	Cyberchondria and Intolerance of Uncertainty: Examining When Individuals Experience Health Anxiety in Response to Internet Searches for Medical Information. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2013, 16, 735-739.	2.1	121
86	The cognitive attentional syndrome: Examining relations with mood and anxiety symptoms and distinctiveness from psychological inflexibility in a clinical sample. <i>Psychiatry Research</i> , 2013, 210, 215-219.	1.7	40
87	Experiential Avoidance as a Moderator of the Relationship Between Anxiety Sensitivity and Perceived Stress. <i>Behavior Therapy</i> , 2013, 44, 459-469.	1.3	78
88	Thought control moderates the relation between autogenous intrusions and the severity of obsessional symptoms: Further support for the autogenous reactive model of obsessions. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2013, 2, 9-13.	0.7	5
89	Experiential Avoidance and Negative Emotional Experiences: The Moderating Role of Expectancies About Emotion Regulation Strategies. <i>Cognitive Therapy and Research</i> , 2013, 37, 352-362.	1.2	26
90	A comparison of three self-report measures of intolerance of uncertainty: An examination of structure and incremental explanatory power in a community sample.. <i>Psychological Assessment</i> , 2013, 25, 1322-1331.	1.2	30

#	ARTICLE	IF	CITATIONS
91	The Intolerance of Uncertainty Scale. <i>Assessment</i> , 2013, 20, 555-564.	1.9	20
92	The Affective and Cognitive Dimensions of Health Anxiety Are Associated With Different Orientations to Health Threat. <i>Journal of Cognitive Psychotherapy</i> , 2012, 26, 34-42.	0.2	1
93	An Examination of the Latent Structure of the Difficulties in Emotion Regulation Scale. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2012, 34, 382-392.	0.7	195
94	Short Forms of the Social Interaction Anxiety Scale and the Social Phobia Scale. <i>Journal of Personality Assessment</i> , 2012, 94, 310-320.	1.3	53
95	Terror management theory and scrupulosity: An experimental investigation. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2012, 1, 104-111.	0.7	6
96	Assessing psychological inflexibility: The psychometric properties of the Avoidance and Fusion Questionnaire for Youth in two adult samples.. <i>Psychological Assessment</i> , 2012, 24, 402-408.	1.2	44
97	Attentional control moderates the relationship between activation of the cognitive attentional syndrome and symptoms of psychopathology. <i>Personality and Individual Differences</i> , 2012, 53, 213-217.	1.6	65
98	Searching for Specificity Between Cognitive Vulnerabilities and Mood and Anxiety Symptoms. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2011, 33, 446-458.	0.7	36
99	The Short Health Anxiety Inventory and Multidimensional Inventory of Hypochondriacal Traits: A Comparison of Two Self-Report Measures of Health Anxiety. <i>Cognitive Therapy and Research</i> , 2011, 35, 566-574.	1.2	24
100	Intolerance of Uncertainty Moderates the Relationship Between Catastrophic Health Appraisals and Health Anxiety. <i>Cognitive Therapy and Research</i> , 2011, 35, 560-565.	1.2	44
101	Reactions to trauma research among women recently exposed to a campus shooting. <i>Journal of Traumatic Stress</i> , 2011, 24, 596-600.	1.0	11
102	Do Symptoms of Generalized Anxiety and Obsessive-Compulsive Disorder Share Cognitive Processes?. <i>Cognitive Therapy and Research</i> , 2010, 34, 168-176.	1.2	47
103	Is worry a thought control strategy relevant to obsessive-compulsive disorder?. <i>Journal of Anxiety Disorders</i> , 2010, 24, 269-274.	1.5	13
104	Shame- and guilt-proneness: Relationships with anxiety disorder symptoms in a clinical sample. <i>Journal of Anxiety Disorders</i> , 2010, 24, 811-815.	1.5	157
105	Disease phobia and disease conviction are separate dimensions underlying hypochondriasis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 438-444.	0.6	48
106	The Social Thoughts and Beliefs Scale: Psychometric Properties and its Relation with Interpersonal Functioning in a Non-Clinical Sample. <i>Cognitive Therapy and Research</i> , 2009, 33, 425-431.	1.2	21
107	The Disgust Propensity and Sensitivity Scale—Revised: An examination of a reduced-item version. <i>Journal of Anxiety Disorders</i> , 2009, 23, 703-710.	1.5	86
108	Reexamining the domain of hypochondriasis: Comparing the Illness Attitudes Scale to other approaches. <i>Journal of Anxiety Disorders</i> , 2009, 23, 760-766.	1.5	26

#	ARTICLE	IF	CITATIONS
109	The Fear of Positive Evaluation Scale: Psychometric properties in a clinical sample. <i>Journal of Anxiety Disorders</i> , 2009, 23, 1177-1183.	1.5	70
110	Factor Structure and Incremental Utility of the Multidimensional Cognitive Attentional Syndrome Scale (MCASS): A Bifactor Analysis. <i>Journal of Psychopathology and Behavioral Assessment</i> , 0, , 1.	0.7	0