

# Jamy D Ard

## List of Publications by Year in descending order

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135  
papers

14,140  
citations

76294

40  
h-index

19726

117  
g-index

151  
all docs

151  
docs citations

151  
times ranked

17015  
citing authors

#	ARTICLE	IF	CITATIONS
1	2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults. Journal of the American College of Cardiology, 2014, 63, 2985-3023.	1.2	2,477
2	2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults. Circulation, 2014, 129, S102-38.	1.6	2,114
3	2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk. Circulation, 2014, 129, e2.	1.6	1,508
4	2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk. Journal of the American College of Cardiology, 2014, 63, 2960-2984.	1.2	1,010
5	Comparison of Strategies for Sustaining Weight Loss<sub>title</sub>The Weight Loss Maintenance Randomized Controlled Trial<sub>title</sub>. JAMA - Journal of the American Medical Association, 2008, 299, 1139.	3.8	661
6	Effects of Comprehensive Lifestyle Modification on Diet, Weight, Physical Fitness, and Blood Pressure Control: 18-Month Results of a Randomized Trial. Annals of Internal Medicine, 2006, 144, 485.	2.0	494
7	Effects of Diet and Sodium Intake on Blood Pressure: Subgroup Analysis of the DASH-Sodium Trial. Annals of Internal Medicine, 2001, 135, 1019.	2.0	475
8	Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. Circulation, 2017, 135, e96-e121.	1.6	469
9	Prevalence of obesity in the United States. Obesity Reviews, 2005, 6, 5-7.	3.1	329
10	Weight Loss During the Intensive Intervention Phase of the Weight-Loss Maintenance Trial. American Journal of Preventive Medicine, 2008, 35, 118-126.	1.6	274
11	Reducing Consumption of Sugar-Sweetened Beverages Is Associated With Reduced Blood Pressure. Circulation, 2010, 121, 2398-2406.	1.6	222
12	Executive summary: Guidelines (2013) for the management of overweight and obesity in adults. Obesity, 2014, 22, S5-39.	1.5	219
13	Effect of lifestyle modifications on blood pressure by race, sex, hypertension status, and age. Journal of Human Hypertension, 2005, 19, 21-31.	1.0	195
14	Reductions in dietary energy density are associated with weight loss in overweight and obese participants in the PREMIER trial. American Journal of Clinical Nutrition, 2007, 85, 1212-1221.	2.2	194
15	Reduction in consumption of sugar-sweetened beverages is associated with weight loss: the PREMIER trial. American Journal of Clinical Nutrition, 2009, 89, 1299-1306.	2.2	188
16	DASH (Dietary Approaches to Stop Hypertension) Diet Is Effective Treatment for Stage 1 Isolated Systolic Hypertension. Hypertension, 2001, 38, 155-158.	1.3	154
17	Twenty-First Century Behavioral Medicine: A Context for Empowering Clinicians and Patients With Diabetes. Diabetes Care, 2013, 36, 463-470.	4.3	134
18	Effects of PREMIER Lifestyle Modifications on Participants With and Without the Metabolic Syndrome. Hypertension, 2007, 50, 609-616.	1.3	107

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19	The Effect of the PREMIER Interventions on Insulin Sensitivity. <i>Diabetes Care</i> , 2004, 27, 340-347.	4.3	93
20	Options for basing Dietary Reference Intakes (DRIs) on chronic disease endpoints: report from a joint US-/Canadian-sponsored working group. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 249S-285S.	2.2	89
21	Angiotensinogen genotype and blood pressure response in the Dietary Approaches to Stop Hypertension (DASH) study. <i>Journal of Hypertension</i> , 2001, 19, 1949-1956.	0.3	83
22	Evaluation of Dietary Patterns and All-Cause Mortality. <i>JAMA Network Open</i> , 2021, 4, e2122277.	2.8	80
23	Weight-Loss Strategies for Prevention and Treatment of Hypertension: A Scientific Statement From the American Heart Association. <i>Hypertension</i> , 2021, 78, e38-e50.	1.3	79
24	Research Needs to Improve Hypertension Treatment and Control in African Americans. <i>Hypertension</i> , 2016, 68, 1066-1072.	1.3	78
25	Weight Maintenance 2 Years after Participation in a Weight Loss Program Promoting Low-Energy Density Foods. <i>Obesity</i> , 2006, 14, 1795-1801.	1.5	75
26	Associations of dietary fat with albuminuria and kidney dysfunction. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 897-904.	2.2	71
27	Associations of neighborhood area level deprivation with the metabolic syndrome and inflammation among middle- and older- age adults. <i>BMC Public Health</i> , 2014, 14, 1319.	1.2	71
28	Weight Loss and Maintenance Related to the Mechanism of Action of Glucagon-Like Peptide-1 Receptor Agonists. <i>Advances in Therapy</i> , 2021, 38, 2821-2839.	1.3	70
29	Predictors of Long-Term Weight Loss in Adults With Modest Initial Weight Loss, by Sex and Race. <i>Obesity</i> , 2012, 20, 1820-1828.	1.5	69
30	Developing an Intervention to Address Physical Activity Barriers for African-American Women in the Deep South (USA). <i>Women's Health</i> , 2013, 9, 301-312.	0.7	64
31	Dietary Interventions and Quality of Life: A Systematic Review of the Literature. <i>Journal of Nutrition Education and Behavior</i> , 2014, 46, 90-101.	0.3	63
32	The Effects of Dietary Patterns on Quality of Life. <i>Journal of the American Dietetic Association</i> , 1999, 99, S84-S89.	1.3	60
33	Safety and Effectiveness of Longer-Term Phentermine Use: Clinical Outcomes from an Electronic Health Record Cohort. <i>Obesity</i> , 2019, 27, 591-602.	1.5	60
34	Use of the Nominal Group Technique (NGT) to understand the perceptions of the healthiness of foods associated with African Americans. <i>Evaluation and Program Planning</i> , 2010, 33, 343-348.	0.9	51
35	Effectiveness of a Total Meal Replacement Program (OPTIFAST Program) on Weight Loss: Results from the OPTIWIN Study. <i>Obesity</i> , 2019, 27, 22-29.	1.5	51
36	Effects of Individual Components of Multiple Behavior Changes: The PREMIER Trial. <i>American Journal of Health Behavior</i> , 2007, 31, 545-560.	0.6	46

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37	Design considerations and rationale of a multi-center trial to sustain weight loss: the weight loss maintenance trial. <i>Clinical Trials</i> , 2008, 5, 546-556.	0.7	46
38	Calorie restriction in overweight older adults: Do benefits exceed potential risks?. <i>Experimental Gerontology</i> , 2016, 86, 4-13.	1.2	46
39	Psychosocial predictors of weight regain in the weight loss maintenance trial. <i>Journal of Behavioral Medicine</i> , 2014, 37, 1155-1168.	1.1	45
40	Race and Region Are Associated with Nutrient Intakes among Black and White Men in the United States. <i>Journal of Nutrition</i> , 2011, 141, 296-303.	1.3	43
41	Hypertension Improvement Project (HIP): study protocol and implementation challenges. <i>Trials</i> , 2009, 10, 13.	0.7	40
42	Self-efficacy as a Predictor of Weight Change and Behavior Change in the PREMIER Trial. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 314-321.	0.3	40
43	One-year follow-up study of blood pressure and dietary patterns in dietary approaches to stop hypertension (DASH)?sodium participants. <i>American Journal of Hypertension</i> , 2004, 17, 1156-1162.	1.0	39
44	Comprehensive Lifestyle Modification and Blood Pressure Control: A Review of the PREMIER Trial. <i>Journal of Clinical Hypertension</i> , 2004, 6, 383-390.	1.0	38
45	Physical Activity May Facilitate Diabetes Prevention in Adolescents. <i>Diabetes Care</i> , 2009, 32, 9-13.	4.3	38
46	Dietary fried fish intake increases risk of CVD: the REasons for Geographic And Racial Differences in Stroke (REGARDS) study. <i>Public Health Nutrition</i> , 2016, 19, 3327-3336.	1.1	38
47	The Impact of Cost on the Availability of Fruits and Vegetables in the Homes of Schoolchildren in Birmingham, Alabama. <i>American Journal of Public Health</i> , 2007, 97, 367-372.	1.5	35
48	Race and region have independent and synergistic effects on dietary intakes in black and white women. <i>Nutrition Journal</i> , 2012, 11, 25.	1.5	35
49	COVID-19, Obesity, and Structural Racism: Understanding the Past and Identifying Solutions for the Future. <i>Cell Metabolism</i> , 2021, 33, 234-241.	7.2	35
50	Disparities in Treatment Uptake and Outcomes of Patients with Obesity in the USA. <i>Current Obesity Reports</i> , 2016, 5, 282-290.	3.5	34
51	Acceptability of Sodium-Reduced Research Diets, Including the Dietary Approaches to Stop Hypertension Diet, among Adults with Prehypertension and Stage 1 Hypertension. <i>Journal of the American Dietetic Association</i> , 2007, 107, 1530-1538.	1.3	33
52	Overall and minority-focused recruitment strategies in the PREMIER multicenter trial of lifestyle interventions for blood pressure control. <i>Contemporary Clinical Trials</i> , 2010, 31, 49-54.	0.8	33
53	Behavioral Transitions and Weight Change Patterns Within the PREMIER Trial. <i>Obesity</i> , 2011, 19, 1609-1615.	1.5	33
54	Impact of 5-Year Weight Change on Blood Pressure: Results From the Weight Loss Maintenance Trial. <i>Journal of Clinical Hypertension</i> , 2013, 15, 458-464.	1.0	31

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55	Effects of Calorie Restriction in Obese Older Adults: The CROSSROADS Randomized Controlled Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2017, 73, glw237.	1.7	31
56	Using Formative Research to Develop a Worksite Health Promotion Program for African American Women. <i>Women and Health</i> , 2008, 48, 189-207.	0.4	30
57	Patient and physician characteristics associated with the provision of weight loss counseling in primary care. <i>Obesity Research and Clinical Practice</i> , 2014, 8, e123-e130.	0.8	30
58	Body Image as a Mediator of the Relationship Between Body Mass Index and Weight-Related Quality of Life in Black Women. <i>Journal of Women's Health</i> , 2011, 20, 1573-1578.	1.5	29
59	Dietary Restraint and Disinhibition Do Not Affect Accuracy of 24-Hour Recall in a Multiethnic Population. <i>Journal of the American Dietetic Association</i> , 2006, 106, 434-437.	1.3	28
60	Obesity in the US: what is the best role for primary care?. <i>BMJ, The</i> , 2015, 350, g7846-g7846.	3.0	27
61	Efficacy and safety of liraglutide 3.0 mg for weight management are similar across races: subgroup analysis across the SCALE and phase II randomized trials. <i>Diabetes, Obesity and Metabolism</i> , 2016, 18, 430-435.	2.2	27
62	A Study of the Relationship between Food Group Recommendations and Perceived Stress: Findings from Black Women in the Deep South. <i>Journal of Obesity</i> , 2015, 2015, 1-7.	1.1	26
63	Weight loss and improved metabolic outcomes amongst rural African American women in the Deep South: six-month outcomes from a community-based randomized trial. <i>Journal of Internal Medicine</i> , 2017, 282, 102-113.	2.7	26
64	Informing Cancer Prevention Strategies for African Americans: The Relationship of African American Acculturation to Fruit, Vegetable, and Fat Intake. <i>Journal of Behavioral Medicine</i> , 2005, 28, 239-247.	1.1	25
65	Elements of the Metabolic Syndrome: Association with Insulin Sensitivity and Effects of Ethnicity. <i>Metabolic Syndrome and Related Disorders</i> , 2007, 5, 77-86.	0.5	25
66	Unique Perspectives on the Obesogenic Environment. <i>Journal of General Internal Medicine</i> , 2007, 22, 1058-1060.	1.3	25
67	Effects of individual components of multiple behavior changes: the PREMIER trial. <i>American Journal of Health Behavior</i> , 2007, 31, 545-60.	0.6	25
68	Effect of Group Racial Composition on Weight Loss in African Americans. <i>Obesity</i> , 2008, 16, 306-310.	1.5	24
69	Cultural characteristics of African Americans: implications for the design of trials that target behavior and health promotion programs. <i>Ethnicity and Disease</i> , 2007, 17, 548-54.	1.0	24
70	Sex hormone changes during weight loss and maintenance in overweight and obese postmenopausal African-American and non-African-American women. <i>Breast Cancer Research</i> , 2012, 14, R141.	2.2	23
71	Use of phentermine-topiramate extended release in combination with sleeve gastrectomy in patients with BMI 50 kg/m <sup>2</sup> or more. <i>Surgery for Obesity and Related Diseases</i> , 2019, 15, 1039-1043.	1.0	23
72	Physical Function and Strength in Relation to Inflammation in Older Adults with Obesity and Increased Cardiometabolic Risk. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 949-957.	1.5	22

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73	A Study of a Culturally Enhanced EatRight Dietary Intervention in a Predominately African American Workplace. <i>Journal of Public Health Management and Practice</i> , 2010, 16, E1-E8.	0.7	21
74	Family Functioning and Weight Loss in a Sample of African Americans and Whites. <i>Annals of Behavioral Medicine</i> , 2010, 40, 294-301.	1.7	20
75	Longitudinal association of measures of adiposity with serum antioxidant concentrations in postmenopausal women. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 47-53.	1.3	20
76	Perception of others' body size influences weight loss and regain for European American but not African American women. <i>Health Psychology</i> , 2009, 28, 414-418.	1.3	19
77	Body Image and Quality of Life in a Group of African American Women. <i>Social Indicators Research</i> , 2010, 99, 531-540.	1.4	19
78	Racial influences associated with weight-related beliefs in African American and Caucasian women. <i>Ethnicity and Disease</i> , 2007, 17, 1-5.	1.0	19
79	Perceptions of African-American culture and implications for clinical trial design. <i>Ethnicity and Disease</i> , 2005, 15, 292-9.	1.0	17
80	Fear of physical response to exercise among overweight and obese adults. <i>Qualitative Research in Sport, Exercise and Health</i> , 2011, 3, 174-192.	3.3	16
81	A Proposed Framework for Identifying Nutrients and Food Components of Public Health Relevance in the Dietary Guidelines for Americans. <i>Journal of Nutrition</i> , 2021, 151, 1197-1204.	1.3	16
82	Diet and blood pressure: Applying the evidence to clinical practice. <i>American Heart Journal</i> , 2005, 149, 804-812.	1.2	15
83	Physical Activity Patterns During Weight Maintenance Following a Low-energy Density Dietary Intervention*. <i>Obesity</i> , 2007, 15, 1226-1232.	1.5	15
84	A new model for developing and executing culturally appropriate behavior modification clinical trials for African Americans. <i>Ethnicity and Disease</i> , 2003, 13, 279-85.	1.0	15
85	Association between body image disparity and culturally specific factors that affect weight in Black and White women. <i>Ethnicity and Disease</i> , 2007, 17, S2-34-9.	1.0	15
86	Impact of participant and interventionist race concordance on weight loss outcomes. <i>Obesity</i> , 2013, 21, 712-717.	1.5	14
87	Comparison of an alternative schedule of extended care contacts to a self-directed control: a randomized trial of weight loss maintenance. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 107.	2.0	14
88	Effects of a Reimbursement Incentive on Enrollment in a Weight Control Program**. <i>Obesity</i> , 2007, 15, 2733-2738.	1.5	13
89	Caregiver perceptions of the food marketing environment of African-American 11-year-olds: a qualitative study. <i>Public Health Nutrition</i> , 2013, 16, 2231-2239.	1.1	12
90	Calorie Restriction in Overweight Seniors: Response of Older Adults to a Dieting Study: The CROSSROADS Randomized Controlled Clinical Trial. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2014, 33, 376-400.	0.4	12

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91	Impact on weight and physical function of intensive medical weight loss in older adults with stage II and III obesity. <i>Obesity</i> , 2016, 24, 1861-1866.	1.5	12
92	Relative fat mass assessment estimates changes in adiposity among female older adults with obesity after a 12-month exercise and diet intervention. <i>Annals of Medicine</i> , 2022, 54, 1160-1166.	1.5	12
93	Examining the Association Between Body Mass Index and Weight Related Quality of Life in Black and White Women. <i>Applied Research in Quality of Life</i> , 2012, 7, 309-322.	1.4	11
94	Cultural Perceptions of Weight in African American and Caucasian Women. <i>American Journal of Health Behavior</i> , 2013, 37, 3-13.	0.6	10
95	Longitudinal association of anthropometric measures of adiposity with cardiometabolic risk factors in postmenopausal women. <i>Annals of Epidemiology</i> , 2014, 24, 896-902.	0.9	9
96	Nutrition Interventions for Obesity. <i>Medical Clinics of North America</i> , 2016, 100, 1341-1356.	1.1	9
97	Risedronate to Prevent Bone Loss After Sleeve Gastrectomy: Study Design and Feasibility Report of a Pilot Randomized Controlled Trial. <i>JBMR Plus</i> , 2020, 4, e10407.	1.3	9
98	Changes in adiponectin:leptin ratio among older adults with obesity following a 12-month exercise and diet intervention. <i>Nutrition and Diabetes</i> , 2022, 12, .	1.5	9
99	Sex, Weight Status, and Chronic Kidney Disease Among African Americans. <i>Journal of Investigative Medicine</i> , 2013, 61, 701-707.	0.7	8
100	Dietary Quality Assessed by the HEI-2010 and Biomarkers of Cardiometabolic Disease: An Exploratory Analysis. <i>Journal of the American College of Nutrition</i> , 2019, 38, 640-647.	1.1	8
101	Association of Sex or Race With the Effect of Weight Loss on Physical Function. <i>JAMA Network Open</i> , 2020, 3, e2014631.	2.8	8
102	Dietary contributors to glycemic load in the REasons for Geographic and Racial Differences in Stroke study. <i>Nutrition</i> , 2015, 31, 708-715.	1.1	7
103	Impact of Participant and Interventionist Race Concordance on Weight Loss Outcomes. <i>Obesity</i> , 2013, 21, 712-7.	1.5	7
104	Skin in the game: Does paying for obesity treatment out of pocket lead to better outcomes compared to insurance coverage?. <i>Obesity</i> , 2017, 25, 993-996.	1.5	6
105	Similar weight loss and maintenance in African American and White women in the Improving Weight Loss (ImWeL) trial. <i>Ethnicity and Health</i> , 2021, 26, 251-263.	1.5	6
106	Racial and ethnic representation among a sample of nutrition- and obesity-focused professional organizations in the United States. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1869-1872.	2.2	6
107	Risedronate use to attenuate bone loss following sleeve gastrectomy: Results from a pilot randomized controlled trial. <i>Clinical Obesity</i> , 2021, 11, e12487.	1.1	6
108	Changes in Cardiometabolic Risk Among Older Adults with Obesity: An Ancillary Analysis of a Randomized Controlled Trial Investigating Exercise Plus Weight Maintenance and Exercise Plus Intentional Weight Loss by Caloric Restriction. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022, 122, 354-362.	0.4	5

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109	Fruit and vegetable pricing by demographic factors in the Birmingham, Alabama, metropolitan area, 2004-2005. <i>Preventing Chronic Disease</i> , 2010, 7, A78.	1.7	5
110	Association of Obesity Phenotypes with Electrocardiographic Markers of Poor Outcomes in the General Population. <i>Obesity</i> , 2019, 27, 2076-2083.	1.5	4
111	Factors Associated with Weight Loss Maintenance and Weight Regain Among African American and White Adults Initially Successful at Weight Loss. <i>Journal of Racial and Ethnic Health Disparities</i> , 2022, 9, 546-565.	1.8	4
112	Health belief model perceptions, knowledge of heart disease, and its risk factors in educated African-American women: an exploration of the relationships of socioeconomic status and age. <i>Journal of National Black Nurses' Association: JNBNA</i> , 2006, 17, 13-23.	0.4	4
113	Component Analysis and Initial Validity of the Exercise Fear Avoidance Scale. <i>American Journal of Health Behavior</i> , 2013, 37, 87-95.	0.6	3
114	Perspective: Impact of the National Academy of Sciences, Engineering, and Medicine Report on the Process for the 2020 Dietary Guidelines Advisory Committee. <i>Advances in Nutrition</i> , 2021, 12, 1051-1057.	2.9	3
115	Vitamin D and calcium-sensing receptor polymorphisms differentially associate with resting energy expenditure in peripubertal children. <i>Journal of Bone and Mineral Metabolism</i> , 2013, 31, 695-702.	1.3	2
116	Lifestyle Therapy in the Management of Cardiometabolic Risk: Diabetes Prevention, Hypertension, and Dyslipidemia. , 2016, , 245-267.		2
117	Racial and ethnic representation among a sample of nutrition and obesity focused professional organizations in the United States. <i>Obesity</i> , 2022, 30, 292-296.	1.5	2
118	A Call to Action-The Need to Address Obesity in the Black Community. <i>Journal of the National Medical Association</i> , 2020, 112, 243-246.	0.6	1
119	Differences in treatment response to a total diet replacement intervention versus a food based intervention: A secondary analysis of the OPTIWIN trial. <i>Obesity Science and Practice</i> , 2020, 6, 605-614.	1.0	1
120	Health-Related Quality of Life in Weight Loss Interventions: Results from the OPTIWIN Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1785.	1.2	1
121	Relative Fat Mass (RFM) as an Estimate of Total Adiposity in Older Adults. <i>Current Developments in Nutrition</i> , 2021, 5, 51.	0.1	1
122	Premier trial: BP effects of lifestyle interventions in subgroups. <i>American Journal of Hypertension</i> , 2003, 16, A28.	1.0	0
123	Evaluating the feasibility and impact of interactive telephone technology and incentives when combined with a behavioral intervention for weight loss: a pilot study. <i>Nursing (Auckland, N Z)</i> , 2012, , 33.	2.0	0
124	Lifestyle Therapy as Medicine for the Treatment of Obesity. , 2016, , 199-220.		0
125	Response to Knowledge Gaps in Long-Term Phentermine Use. <i>Obesity</i> , 2019, 27, 1220-1220.	1.5	0
126	Protocol for a Randomized Controlled Feasibility Study of a Coordinated Parent/Child Weight Loss Intervention: Dyad Plus. <i>Translational Journal of the American College of Sports Medicine</i> , 2020, 5, .	0.3	0



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127	Changes in Cardiometabolic Risk Among Obese Older Adults After a 12-Month Exercise and Diet Intervention. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa063_010.	0.1	0
128	Dietary Patterns and All-Cause Mortality: A NESR Systematic Review. <i>Current Developments in Nutrition</i> , 2021, 5, 403.	0.1	0
129	Changes in the Visceral Adiposity Index (VAI) Among Obese Older Adults After a 12-Month Exercise and Diet Intervention. <i>Current Developments in Nutrition</i> , 2021, 5, 1247.	0.1	0
130	Dietary Patterns and Bone Health: A NESR Systematic Review. <i>Current Developments in Nutrition</i> , 2021, 5, 392.	0.1	0
131	Weight Loss, Lifestyle, and Dietary Factors in Cardiovascular Disease in African Americans and Hispanics. <i>Contemporary Cardiology</i> , 2021, , 167-182.	0.0	0
132	Health Promotion and Disease Prevention. , 2006, , 3-27.		0
133	Effect of reimbursement incentive on enrollment in weight control. <i>FASEB Journal</i> , 2006, 20, .	0.2	0
134	Effect of sugar-sweetened drink consumption on blood pressure in US adults: results from the PREMIER trial. <i>FASEB Journal</i> , 2008, 22, 739-739.	0.2	0
135	Racial Differences in Sex Hormones with Weight Loss and Weight Loss Maintenance in Overweight and Obese Postmenopausal Women. <i>FASEB Journal</i> , 2012, 26, lb400.	0.2	0