

# Eva Almiron-Roig

## List of Publications by Year in descending order

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Version: 2024-02-01

45  
papers

1,982  
citations

279487

23  
h-index

264894

42  
g-index

49  
all docs

49  
docs citations

49  
times ranked

2488  
citing authors

#	ARTICLE	IF	CITATIONS
1	A systematic review and meta-analysis examining the effect of eating rate on energy intake and hunger. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 123-151.	2.2	242
2	Factors that determine energy compensation: a systematic review of preload studies. <i>Nutrition Reviews</i> , 2013, 71, 458-473.	2.6	171
3	Liquid calories and the failure of satiety: how good is the evidence?. <i>Obesity Reviews</i> , 2003, 4, 201-212.	3.1	143
4	Hunger, thirst, and energy intakes following consumption of caloric beverages. <i>Physiology and Behavior</i> , 2003, 79, 767-773.	1.0	124
5	Socioeconomic differences in purchases of more vs. less healthy foods and beverages: Analysis of over 25,000 British households in 2010. <i>Social Science and Medicine</i> , 2013, 92, 22-26.	1.8	121
6	Higher Satiety Ratings Following Yogurt Consumption Relative to Fruit Drink or Dairy Fruit Drink. <i>Journal of the American Dietetic Association</i> , 2006, 106, 550-557.	1.3	105
7	Dietary Energy Density and Body Weight: Is There a Relationship?. <i>Nutrition Reviews</i> , 2004, 62, 403-413.	2.6	102
8	No difference in satiety or in subsequent energy intakes between a beverage and a solid food. <i>Physiology and Behavior</i> , 2004, 82, 671-677.	1.0	89
9	Estimating food portions. Influence of unit number, meal type and energy density. <i>Appetite</i> , 2013, 71, 95-103.	1.8	73
10	Expected Satiety: Application to Weight Management and Understanding Energy Selection in Humans. <i>Current Obesity Reports</i> , 2015, 4, 131-140.	3.5	63
11	Towards a multidisciplinary approach to structuring in reduced saturated fat-based systems – a review. <i>International Journal of Food Science and Technology</i> , 2010, 45, 642-655.	1.3	61
12	Large portion sizes increase bite size and eating rate in overweight women. <i>Physiology and Behavior</i> , 2015, 139, 297-302.	1.0	56
13	Eating at food outlets and leisure places and the go is associated with less-healthy food choices than eating at home and in school in children: cross-sectional data from the UK National Diet and Nutrition Survey Rolling Program (2008–2014). <i>American Journal of Clinical Nutrition</i> , 2018, 107, 992-1003.	2.2	51
14	Modifying the food environment for childhood obesity prevention: challenges and opportunities. <i>Proceedings of the Nutrition Society</i> , 2014, 73, 226-236.	0.4	50
15	Price promotions on healthier compared with less healthy foods: a hierarchical regression analysis of the impact on sales and social patterning of responses to promotions in Great Britain. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 808-816.	2.2	47
16	The complete cps gene cluster from <i>Streptococcus thermophilus</i> NCFB 2393 involved in the biosynthesis of a new exopolysaccharide. <i>Microbiology (United Kingdom)</i> , 2000, 146, 2793-2802.	0.7	45
17	Sensory basis of refreshing perception: Role of psychophysiological factors and food experience. <i>Physiology and Behavior</i> , 2009, 98, 1-9.	1.0	41
18	Research into food portion size: methodological aspects and applications. <i>Food and Function</i> , 2018, 9, 715-739.	2.1	38

#	ARTICLE	IF	CITATIONS
19	Portion size estimation in dietary assessment: a systematic review of existing tools, their strengths and limitations. <i>Nutrition Reviews</i> , 2020, 78, 885-900.	2.6	33
20	Food liking, familiarity and expected satiation selectively influence portion size estimation of snacks and caloric beverages in men. <i>Appetite</i> , 2010, 55, 551-555.	1.8	28
21	Impact of Regulatory Interventions to Reduce Intake of Artificial Trans Fatty Acids: A Systematic Review. <i>American Journal of Public Health</i> , 2015, 105, e32-e42.	1.5	28
22	Dietary assessment in minority ethnic groups: a systematic review of instruments for portion-size estimation in the United Kingdom. <i>Nutrition Reviews</i> , 2017, 75, 188-213.	2.6	28
23	Impact of some isoenergetic snacks on satiety and next meal intake in healthy adults. <i>Journal of Human Nutrition and Dietetics</i> , 2009, 22, 469-474.	1.3	24
24	Estimated portion sizes of snacks and beverages differ from reference amounts and are affected by appetite status in non-obese men. <i>Public Health Nutrition</i> , 2011, 14, 1743-1751.	1.1	23
25	Eating at Food Outlets and the Odds Associated with Less Healthy Food Choices in Adults: Cross-Sectional Data from the UK National Diet and Nutrition Survey Rolling Programme (2008-2014). <i>Nutrients</i> , 2017, 9, 1315.	1.7	23
26	A review of evidence supporting current strategies, challenges, and opportunities to reduce portion sizes. <i>Nutrition Reviews</i> , 2020, 78, 91-114.	2.6	23
27	Ultrasound Doppler based in-line viscosity and solid fat profile measurement of fat blends. <i>International Journal of Food Science and Technology</i> , 2010, 45, 877-883.	1.3	22
28	Validation of a new hand-held electronic appetite rating system against the pen and paper method. <i>Appetite</i> , 2009, 53, 465-468.	1.8	21
29	A rational review on the effects of sweeteners and sweetness enhancers on appetite, food reward and metabolic/adiposity outcomes in adults. <i>Food and Function</i> , 2021, 12, 442-465.	2.1	21
30	Impact of Portion Control Tools on Portion Size Awareness, Choice and Intake: Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2021, 13, 1978.	1.7	17
31	Acceptability and potential effectiveness of commercial portion control tools amongst people with obesity. <i>British Journal of Nutrition</i> , 2016, 116, 1974-1983.	1.2	15
32	Sensory and physical characteristics of foods that impact food intake without affecting acceptability: Systematic review and meta-analyses. <i>Obesity Reviews</i> , 2021, 22, e13234.	3.1	12
33	Influencia multisensorial sobre la conducta alimentaria: ingesta hedónica. <i>Endocrinología, Diabetes Y Nutrición</i> , 2018, 65, 114-125.	0.1	11
34	Multisensory influence on eating behavior: Hedonic consumption. <i>Endocrinología Y Diabetes Y Nutrición</i> (English Ed ), 2018, 65, 114-125.	0.1	11
35	Where Do Adolescents Eat Less-Healthy Foods? Correspondence Analysis and Logistic Regression Results from the UK National Diet and Nutrition Survey. <i>Nutrients</i> , 2020, 12, 2235.	1.7	7
36	Exploring the Experiences of People with Obesity Using Portion Control Tools: A Qualitative Study. <i>Nutrients</i> , 2019, 11, 1095.	1.7	5

#	ARTICLE	IF	CITATIONS
37	PP12â€¦Interventions to Promote Healthy Eating: A Systematic Review Of Regulatory Approaches. Journal of Epidemiology and Community Health, 2013, 67, A53.2-A54.	2.0	1
38	A qualitative analysis of barriers and facilitators in using portion control tools for weight control. Proceedings of the Nutrition Society, 2016, 75, .	0.4	1
39	A neural basis for food foraging in obesity. Behavioral and Brain Sciences, 2019, 42, e37.	0.4	1
40	Development and validation of a new methodological platform to measure behavioral, cognitive, and physiological responses to food interventions in real time. Behavior Research Methods, 2022, , 1.	2.3	1
41	Interventions to promote healthy eating: a systematic scoping review of regulatory approaches. Lancet, The, 2013, 382, S45.	6.3	0
42	Assessing portion size in ethnic minorities in the U.K.: A systematic review of existing instruments. Proceedings of the Nutrition Society, 2015, 74, .	0.4	0
43	Reply to MD Chatfield. American Journal of Clinical Nutrition, 2015, 102, 977-979.	2.2	0
44	Acceptability, ease of use and perceived effectiveness of two portion control tools by people who are obese. Proceedings of the Nutrition Society, 2016, 75, .	0.4	0
45	Investigating the relationship between foods consumed and eating location for UK adolescents using the NDNS. Proceedings of the Nutrition Society, 2017, 76, .	0.4	0