

# Janet Bryan

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

4,684  
citations

108046

37  
h-index

111975

67  
g-index

71  
all docs

71  
docs citations

71  
times ranked

6714  
citing authors

#	ARTICLE	IF	CITATIONS
1	Estimation of daily intake of flavonoids and major food sources in middle-aged Australian men and women. <i>Nutrition Research</i> , 2019, 61, 64-81.	1.3	31
2	Are state mindfulness and state work engagement related during the workday?. <i>Work and Stress</i> , 2018, 32, 33-48.	2.8	22
3	The Mediterranean diet and age-related cognitive functioning: A systematic review of study findings and neuropsychological assessment methodology. <i>Nutritional Neuroscience</i> , 2017, 20, 449-468.	1.5	29
4	A Mediterranean diet lowers blood pressure and improves endothelial function: results from the MedLey randomized intervention trial ., <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1305-1313.	2.2	136
5	Cerebrovascular and cognitive benefits of high-oleic peanut consumption in healthy overweight middle-aged adults. <i>Nutritional Neuroscience</i> , 2017, 20, 555-562.	1.5	39
6	Older Australians Can Achieve High Adherence to the Mediterranean Diet during a 6 Month Randomised Intervention; Results from the Medley Study. <i>Nutrients</i> , 2017, 9, 534.	1.7	33
7	A Mediterranean Diet Reduces F2-Isoprostanes and Triglycerides among Older Australian Men and Women after 6 Months. <i>Journal of Nutrition</i> , 2017, 147, 1348-1355.	1.3	40
8	The Mediterranean Diet and Cognitive Function among Healthy Older Adults in a 6-Month Randomised Controlled Trial: The MedLey Study. <i>Nutrients</i> , 2016, 8, 579.	1.7	85
9	A Qualitative Investigation of Gerontological Practice: The Views of Social Work and Psychology Students, Faculty, and Practitioners. <i>Gerontology and Geriatrics Education</i> , 2016, 37, 402-422.	0.6	12
10	Is the Mediterranean diet a feasible approach to preserving cognitive function and reducing risk of dementia for older adults in Western countries? New insights and future directions. <i>Ageing Research Reviews</i> , 2016, 25, 85-101.	5.0	74
11	Effect of 12 Weeks High Oleic Peanut Consumption on Cardio-Metabolic Risk Factors and Body Composition. <i>Nutrients</i> , 2015, 7, 7381-7398.	1.7	53
12	Definition of the Mediterranean Diet; A Literature Review. <i>Nutrients</i> , 2015, 7, 9139-9153.	1.7	703
13	Acute effects of a dietary non-starch polysaccharide supplement on cognitive performance in healthy middle-aged adults. <i>Nutritional Neuroscience</i> , 2015, 18, 76-86.	1.5	27
14	A randomised controlled intervention trial evaluating the efficacy of a Mediterranean dietary pattern on cognitive function and psychological wellbeing in healthy older adults: the MedLey study. <i>BMC Geriatrics</i> , 2015, 15, 55.	1.1	43
15	Increases in Plasma Lutein through Supplementation Are Correlated with Increases in Physical Activity and Reductions in Sedentary Time in Older Adults. <i>Nutrients</i> , 2014, 6, 974-984.	1.7	6
16	Nut consumption for vascular health and cognitive function. <i>Nutrition Research Reviews</i> , 2014, 27, 131-158.	2.1	46
17	Working with Older Adults: Predictors of Attitudes Towards Ageing in Psychology and Social Work Students, Faculty, and Practitioners. <i>Australian Psychologist</i> , 2014, 49, 374-383.	0.9	32
18	Lower energy intake following consumption of Hi-oleic and regular peanuts compared with iso-energetic consumption of potato crisps. <i>Appetite</i> , 2014, 82, 124-130.	1.8	19

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19	Regular group exercise is associated with improved mood but not quality of life following stroke. PeerJ, 2014, 2, e331.	0.9	10
20	Dietary Antioxidants, Cognitive Function and Dementia - A Systematic Review. Plant Foods for Human Nutrition, 2013, 68, 279-292.	1.4	127
21	Mediterranean diet adherence and self-reported psychological functioning in an Australian sample. Appetite, 2013, 70, 53-59.	1.8	77
22	Chronic resveratrol consumption improves brachial flow-mediated dilatation in healthy obese adults. Journal of Hypertension, 2013, 31, 1819-1827.	0.3	133
23	Effect of peanut consumption on satiety and energy intake. FASEB Journal, 2013, 27, 858.7.	0.2	0
24	Mediterranean diet adherence and cognitive functioning in an Australian sample. FASEB Journal, 2013, 27, 346.3.	0.2	0
25	Influences of micronutrient and omega-3 fatty acid supplementation on cognition, learning, and behavior: methodological considerations and implications for children and adolescents in developed societies. Nutrition Reviews, 2012, 70, 594-610.	2.6	41
26	Relationships between tea and other beverage consumption to work performance and mood. Appetite, 2012, 58, 339-346.	1.8	25
27	Dairy consumption and working memory performance in overweight and obese adults. Appetite, 2012, 59, 34-40.	1.8	31
28	Long-term dietary intervention trials: critical issues and challenges. Trials, 2012, 13, 111.	0.7	68
29	Metabolic Syndrome, Cognitive Performance, and Dementia. Journal of Alzheimer's Disease, 2012, 30, S77-S87.	1.2	60
30	Chronic Effects of a Wild Green Oat Extract Supplementation on Cognitive Performance in Older Adults: A Randomised, Double-Blind, Placebo-Controlled, Crossover Trial. Nutrients, 2012, 4, 331-342.	1.7	8
31	Perceived Changes in Well-Being Following Polysaccharide Intake in Middle-Aged Adults. Applied Research in Quality of Life, 2012, 7, 183-192.	1.4	4
32	Acute Effects of an <i>Avena sativa</i> Herb Extract on Responses to the Stroop Color-Word Test. Journal of Alternative and Complementary Medicine, 2011, 17, 635-637.	2.1	19
33	Assessing cognitive impairment following stroke. Journal of Clinical and Experimental Neuropsychology, 2011, 33, 945-953.	0.8	16
34	Dairy consumption and metabolic syndrome: a systematic review of findings and methodological issues. Obesity Reviews, 2011, 12, e190-201.	3.1	72
35	Review of Dairy Consumption and Cognitive Performance in Adults: Findings and Methodological Issues. Dementia and Geriatric Cognitive Disorders, 2010, 30, 352-361.	0.7	60
36	Dairy intake and cognitive health in middle-aged South Australians. Asia Pacific Journal of Clinical Nutrition, 2010, 19, 161-71.	0.3	52

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37	Saccharide Effects on Cognition and Well-Being in Middle-Aged Adults: A Randomized Controlled Trial. <i>Developmental Neuropsychology</i> , 2009, 35, 66-80.	1.0	26
38	Association between dietary saccharide intake and self-reported memory performance in middle-aged adults. <i>British Journal of Nutrition</i> , 2009, 101, 93-99.	1.2	8
39	Psychological effects of dietary components of tea: caffeine and L-theanine. <i>Nutrition Reviews</i> , 2008, 66, 82-90.	2.6	92
40	Personality change and personality disorder: Some initial thoughts on the application of McAdams's triarchic model to the treatment of personality disorder. <i>Psychology, Crime and Law</i> , 2007, 13, 19-26.	0.8	8
41	A role for dietary saccharide intake in cognitive performance. <i>Nutritional Neuroscience</i> , 2007, 10, 113-120.	1.5	9
42	Effect of a 12-mo micronutrient intervention on learning and memory in well-nourished and marginally nourished school-aged children: 2 parallel, randomized, placebo-controlled studies in Australia and Indonesia. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 1082-1093.	2.2	166
43	Effect of Supplementation with Polyunsaturated Fatty Acids and Micronutrients on Learning and Behavior Problems Associated with Child ADHD. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2007, 28, 82-91.	0.6	211
44	The process of change in offender rehabilitation programmes. <i>Psychology, Crime and Law</i> , 2006, 12, 473-487.	0.8	45
45	Ginkgo biloba: no robust effect on cognitive abilities or mood in healthy young or older adults. <i>Human Psychopharmacology</i> , 2006, 21, 27-37.	0.7	39
46	Effects of Saccharides on Brain Function and Cognitive Performance. <i>Nutrition Reviews</i> , 2005, 63, 409-418.	2.6	14
47	Effects of saccharides on brain function and cognitive performance. <i>Nutrition Reviews</i> , 2005, 63, 409-18.	2.6	5
48	Nutrients for Cognitive Development in School-aged Children. <i>Nutrition Reviews</i> , 2004, 62, 295-306.	2.6	260
49	Mechanisms and evidence for the role of nutrition in cognitive ageing. <i>Ageing International</i> , 2004, 29, 28-45.	0.6	11
50	A comparison of three laddering techniques applied to an example of a complex food choice. <i>Food Quality and Preference</i> , 2004, 15, 569-583.	2.3	95
51	The Assessment of Cognitive Performance in Children: Considerations for Detecting Nutritional Influences. <i>Nutrition Reviews</i> , 2003, 61, 413-422.	2.6	66
52	The effect of self-initiated weight-loss dieting on working memory: the role of preoccupying cognitions. <i>Appetite</i> , 2003, 41, 291-300.	1.8	46
53	Symptom experience in Australian men and women in midlife. <i>Maturitas</i> , 2003, 44, 225-236.	1.0	23
54	Adult Age Differences in Strategy Use During Verbal Fluency Performance. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2002, 24, 642-654.	0.8	60

#	ARTICLE	IF	CITATIONS
55	Short-Term Folate, Vitamin B-12 or Vitamin B-6 Supplementation Slightly Affects Memory Performance But Not Mood in Women of Various Ages. <i>Journal of Nutrition</i> , 2002, 132, 1345-1356.	1.3	196
56	A Structural Modeling Examination of the Executive Decline Hypothesis of Cognitive Aging Through Reanalysis of Crawford et al.'s (2000) Data. <i>Aging, Neuropsychology, and Cognition</i> , 2002, 9, 231-249.	0.7	25
57	Smoking, alcohol use and engagement in exercise and cognitive performance among older adults. <i>Australasian Journal on Ageing</i> , 2002, 21, 67-73.	0.4	1
58	The effect of weight-loss dieting on cognitive performance and psychological well-being in overweight women. <i>Appetite</i> , 2001, 36, 147-156.	1.8	83
59	Adult Age Differences in Self-Ordered Pointing Task Performance: Contributions From Working Memory, Executive Function and Speed of Information Processing. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2001, 23, 608-619.	0.8	32
60	B Vitamins, Cognition, and Aging: A Review. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2001, 56, P327-P339.	2.4	107
61	Measures of fluency as predictors of incidental memory among older adults.. <i>Psychology and Aging</i> , 2000, 15, 483-489.	1.4	35
62	The Executive Decline Hypothesis of Cognitive Aging: Do Executive Deficits Qualify as Differential Deficits and Do They Mediate Age-Related Memory Decline?. <i>Aging, Neuropsychology, and Cognition</i> , 2000, 7, 9-31.	0.7	152
63	Measurement of Executive Function: Considerations for Detecting Adult Age Differences. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2000, 22, 40-55.	0.8	158
64	Speed of information processing and working memory as mediators of age differences in prose recall. <i>Australian Psychologist</i> , 1999, 34, 132-137.	0.9	7
65	Executive Function and Processing Resources as Predictors of Adult Age Differences in the Implementation of Encoding Strategies. <i>Aging, Neuropsychology, and Cognition</i> , 1999, 6, 273-287.	0.7	58
66	Toward Understanding Age-Related Memory Loss in Late Adulthood. <i>Gerontology</i> , 1999, 45, 2-9.	1.4	92
67	Challenges to Understanding Age-Related Memory Loss in Late Adulthood: An Introduction. <i>Gerontology</i> , 1999, 45, 343-344.	1.4	5
68	Verbal knowledge and speed of information processing as mediators of age differences in verbal fluency performance among older adults.. <i>Psychology and Aging</i> , 1997, 12, 473-478.	1.4	113
69	Predicting episodic memory performance of very old men and women: Contributions from age, depression, activity, cognitive ability, and speed.. <i>Psychology and Aging</i> , 1997, 12, 340-351.	1.4	92
70	The Manipulation and Measurement of Task-specific Memory Self-Efficacy in Younger and Older Adults. <i>International Journal of Behavioral Development</i> , 1997, 21, 209-227.	1.3	14
71	Speed of information processing as a mediator between age and free-recall performance.. <i>Psychology and Aging</i> , 1996, 11, 3-9.	1.4	97