

# Adrián Pérez-Aranda

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3162621/publications.pdf>

Version: 2024-02-01

21  
papers

449  
citations

840585

11  
h-index

794469

19  
g-index

22  
all docs

22  
docs citations

22  
times ranked

489  
citing authors

#	ARTICLE	IF	CITATIONS
1	Peripheral immune aberrations in fibromyalgia: A systematic review, meta-analysis and meta-regression. <i>Brain, Behavior, and Immunity</i> , 2020, 87, 881-889.	2.0	58
2	A randomized controlled efficacy trial of mindfulness-based stress reduction compared with an active control group and usual care for fibromyalgia: the EUDAIMON study. <i>Pain</i> , 2019, 160, 2508-2523.	2.0	56
3	Immune-inflammatory pathways and clinical changes in fibromyalgia patients treated with Mindfulness-Based Stress Reduction (MBSR): A randomized, controlled clinical trial. <i>Brain, Behavior, and Immunity</i> , 2019, 80, 109-119.	2.0	50
4	Cost-utility and biological underpinnings of Mindfulness-Based Stress Reduction (MBSR) versus a psychoeducational programme (FibroQoL) for fibromyalgia: a 12-month randomised controlled trial (EUDAIMON study). <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 81.	3.7	34
5	Psychometric Properties of the Cognitive Emotion Regulation Questionnaire (CERQ) in Patients with Fibromyalgia Syndrome. <i>Frontiers in Psychology</i> , 2017, 8, 2075.	1.1	32
6	Clustering a large Spanish sample of patients with fibromyalgia using the Fibromyalgia Impact Questionnaire-Revised: differences in clinical outcomes, economic costs, inflammatory markers, and gray matter volumes. <i>Pain</i> , 2019, 160, 908-921.	2.0	27
7	Patients With Fibromyalgia Reporting Severe Pain but Low Impact of the Syndrome: Clinical and Pain-Related Cognitive Features. <i>Pain Practice</i> , 2020, 20, 255-261.	0.9	27
8	Machine Learning to Understand the Immune-Inflammatory Pathways in Fibromyalgia. <i>International Journal of Molecular Sciences</i> , 2019, 20, 4231.	1.8	24
9	Efficacy of a mindfulness-based programme with and without virtual reality support to reduce stress in university students: A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2021, 142, 103866.	1.6	23
10	Cost-Utility of Mindfulness-Based Stress Reduction for Fibromyalgia versus a Multicomponent Intervention and Usual Care: A 12-Month Randomized Controlled Trial (EUDAIMON Study). <i>Journal of Clinical Medicine</i> , 2019, 8, 1068.	1.0	18
11	Description and narrative review of well-established and promising psychological treatments for fibromyalgia. <i>Mindfulness &amp; Compassion</i> , 2017, 2, 112-129.	0.5	15
12	Protective role of mindfulness, self-compassion and psychological flexibility on the burnout subtypes among psychology and nursing undergraduate students. <i>Journal of Advanced Nursing</i> , 2021, 77, 3398-3411.	1.5	14
13	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian Burnout Clinical Subtype Questionnaire (BCSQ-36/BCSQ-12). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1081.	1.2	13
14	Effectiveness of mindfulness-based stress reduction and attachment-based compassion therapy for the treatment of depressive, anxious, and adjustment disorders in mental health settings: A randomized controlled trial. <i>Depression and Anxiety</i> , 2021, 38, 1138-1151.	2.0	13
15	Testing the Intermediary Role of Perceived Stress in the Relationship between Mindfulness and Burnout Subtypes in a Large Sample of Spanish University Students. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7013.	1.2	10
16	The Effectiveness of Mindfulness-Based Cognitive Therapy in Primary Care and the Role of Depression Severity and Treatment Attendance. <i>Mindfulness</i> , 2022, 13, 362-372.	1.6	10
17	Digging into the construct of fibrofog: Psychometric properties of the Spanish version of the Multidimensional Inventory of Subjective Cognitive Impairment in patients with fibromyalgia. <i>Journal of Applied Biobehavioral Research</i> , 2018, 23, e12134.	2.0	8
18	Subgrouping a Large U.S. Sample of Patients with Fibromyalgia Using the Fibromyalgia Impact Questionnaire-Revised. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 247.	1.2	6

#	ARTICLE	IF	CITATIONS
19	The Bed Nucleus of the Stria Terminalis as a Brain Correlate of Psychological Inflexibility in Fibromyalgia. <i>Journal of Clinical Medicine</i> , 2020, 9, 374.	1.0	4
20	Assessing mindfulness and self-compassion facets as mediators of change in patients with depressive, anxious and adjustment disorders: Secondary data analysis of a randomized controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2022, 24, 171-178.	1.3	4
21	A multicenter, observational study of pain and functional impairment in individuals with major depressive disorder in partial remission: the DESIRE study. <i>Journal of Affective Disorders</i> , 2021, 281, 657-660.	2.0	2