Paul Read

List of Publications by Year
in descending order

28 papers	1,426 citations	430874 18 h-index	501196 28 g-index
28 all docs	28 docs citations	28 times ranked	898 citing authors

#	Article	IF	Citations
1	Effects of inter-limb asymmetries on physical and sports performance: a systematic review. Journal of Sports Sciences, 2018, 36, 1135-1144.	2.0	242
2	Interlimb Asymmetries: Understanding How to Calculate Differences From Bilateral and Unilateral Tests. Strength and Conditioning Journal, 2018, 40, 1-6.	1.4	125
3	Asymmetries of the Lower Limb: The Calculation Conundrum in Strength Training and Conditioning. Strength and Conditioning Journal, 2016, 38, 27-32.	1.4	94
4	Vertical and Horizontal Asymmetries Are Related to Slower Sprinting and Jump Performance in Elite Youth Female Soccer Players. Journal of Strength and Conditioning Research, 2021, 35, 56-63.	2.1	93
5	Interlimb Asymmetries: The Need for an Individual Approach to Data Analysis. Journal of Strength and Conditioning Research, 2021, 35, 695-701.	2.1	93
6	The Benefits of Strength Training on Musculoskeletal System Health: Practical Applications for Interdisciplinary Care. Sports Medicine, 2020, 50, 1431-1450.	6.5	78
7	Data Analysis for Strength and Conditioning Coaches. Strength and Conditioning Journal, 2015, 37, 76-83.	1.4	77
8	Drop Jump Asymmetry is Associated with Reduced Sprint and Change-of-Direction Speed Performance in Adult Female Soccer Players. Sports, 2019, 7, 29.	1.7	64
9	Using Unilateral Strength, Power and Reactive Strength Tests to Detect the Magnitude and Direction of Asymmetry: A Test-Retest Design. Sports, 2019, 7, 58.	1.7	63
10	Considerations for Selecting Field-Based Strength and Power Fitness Tests to Measure Asymmetries. Journal of Strength and Conditioning Research, 2017, 31, 2635-2644.	2.1	62
11	A prospective investigation to evaluate risk factors for lower extremity injury risk in male youth soccer players. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1244-1251.	2.9	57
12	Drop Jump: A Technical Model for Scientific Application. Strength and Conditioning Journal, 2017, 39, 36-44.	1.4	51
13	Strength and Power Training in Rehabilitation: Underpinning Principles and Practical Strategies to Return Athletes to High Performance. Sports Medicine, 2020, 50, 239-252.	6.5	40
14	Comparing the magnitude and direction of asymmetry during the squat, countermovement and drop jump tests in elite youth female soccer players. Journal of Sports Sciences, 2020, 38, 1296-1303.	2.0	36
15	The Association Between Interlimb Asymmetry and Athletic Performance Tasks: A Season-Long Study in Elite Academy Soccer Players. Journal of Strength and Conditioning Research, 2022, 36, 787-795.	2.1	28
16	Training Methods and Considerations for Practitioners to Reduce Interlimb Asymmetries. Strength and Conditioning Journal, 2018, 40, 40-46.	1.4	27
17	Previous injury is associated with heightened countermovement jump forceâ€time asymmetries in professional soccer players. Translational Sports Medicine, 2019, 2, 256-262.	1.1	27
18	Strength, rate of force development, power and reactive strength in adult male athletic populations post anterior cruciate ligament reconstruction - A systematic review and meta-analysis. Physical Therapy in Sport, 2021, 47, 91-104.	1.9	25

#	Article	IF	Citations
19	Injury Risk Factors in Male Youth Soccer Players. Strength and Conditioning Journal, 2015, 37, 1-7.	1.4	24
20	Seasonal Variation of Physical Performance and Inter-limb Asymmetry in Professional Cricket Athletes. Journal of Strength and Conditioning Research, 2021, 35, 941-948.	2.1	21
21	Effects of Soccer Match-Play on Unilateral Jumping and Interlimb Asymmetry: A Repeated-Measures Design. Journal of Strength and Conditioning Research, 2022, 36, 193-200.	2.1	20
22	Effects of a Competitive Soccer Match on Jump Performance and Interlimb Asymmetries in Elite Academy Soccer Players. Journal of Strength and Conditioning Research, 2021, 35, 1707-1714.	2.1	19
23	Individual Responses to an 8-Week Neuromuscular Training Intervention in Trained Pre-Pubescent Female Artistic Gymnasts. Sports, 2018, 6, 128.	1.7	16
24	Hopping and Landing Performance in Male Youth Soccer Players: Effects of Age and Maturation. International Journal of Sports Medicine, 2017, 38, 902-908.	1.7	12
25	Better reporting standards are needed to enhance the quality of hop testing in the setting of ACL return to sport decisions: a narrative review. British Journal of Sports Medicine, 2021, 55, 23-29.	6.7	12
26	Relationships between physical capacities and biomechanical variables during movement tasks in athletic populations following anterior cruciate ligament reconstruction. Physical Therapy in Sport, 2021, 48, 209-218.	1.9	9
27	An Assessment of the Hopping Strategy and Inter-Limb Asymmetry during the Triple Hop Test: A Testâ€“Retest Pilot Study. Symmetry, 2021, 13, 1890.	2.2	6
28	The association between sport specialisation and movement competency in youth: a systematic review. International Journal of Sports Science and Coaching, 2021, 16, 1045-1059.	1.4	5