

Chris Bishop

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

2,043
citations

218677
26
h-index

276875
41
g-index

64
all docs

64
docs citations

64
times ranked

845
citing authors

#	ARTICLE	IF	CITATIONS
1	Bilateral deficit in the countermovement jump and its associations with judo-specific performance. <i>Research in Sports Medicine</i> , 2023, 31, 638-649.	1.3	6
2	The Association Between Interlimb Asymmetry and Athletic Performance Tasks: A Season-Long Study in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 787-795.	2.1	28
3	Magnitude or Direction? Seasonal Variation of Interlimb Asymmetry in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1031-1037.	2.1	40
4	Jump and Change of Direction Speed Asymmetry Using Smartphone Apps: Between-Session Consistency and Associations With Physical Performance. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 927-934.	2.1	12
5	Effects of 8 Weeks of Isoinertial vs. Cable-Resistance Training on Motor Skills Performance and Interlimb Asymmetries. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1200-1208.	2.1	37
6	Bilateral vs. Unilateral Countermovement Jumps: Comparing the Magnitude and Direction of Asymmetry in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1660-1666.	2.1	20
7	Higher Vertical Jumping Asymmetries and Lower Physical Performance are Indicators of Increased Injury Incidence in Youth Team-Sport Athletes. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2204-2211.	2.1	24
8	International vs. national female tennis players: a comparison of upper and lower extremity functional asymmetries. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.7	7
9	Reactive Strength Index and its Associations with Measures of Physical and Sports Performance: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2022, 52, 301-330.	6.5	43
10	Effects of Direction-Specific Training Interventions on Physical Performance and Inter-Limb Asymmetries. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1029.	2.6	8
11	The strength and conditioning practices and perspectives of soccer coaches and players. <i>International Journal of Sports Science and Coaching</i> , 2022, 17, 742-760.	1.4	5
12	Assessing Eccentric Hamstring Strength Using the NordBord: Between-Session Reliability and Interlimb Asymmetries in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2552-2557.	2.1	5
13	Within Session Exercise Sequencing During Programming for Complex Training: Historical Perspectives, Terminology, and Training Considerations. <i>Sports Medicine</i> , 2022, 52, 2371-2389.	6.5	19
14	Jumping Asymmetries Are Associated With Speed, Change of Direction Speed, and Jump Performance in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1841-1847.	2.1	59
15	Acute Effect of Repeated Sprints on Interlimb Asymmetries During Unilateral Jumping. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2127-2132.	2.1	21
16	Relationship Between Interlimb Asymmetries and Speed and Change of Direction Speed in Youth Handball Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3482-3490.	2.1	32
17	Effects of Interlimb Asymmetries on Acceleration and Change of Direction Speed: A Between-Sport Comparison of Professional Soccer and Cricket Athletes. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2095-2101.	2.1	23
18	Vertical and Horizontal Asymmetries Are Related to Slower Sprinting and Jump Performance in Elite Youth Female Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 56-63.	2.1	93

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19	Interlimb Asymmetries: The Need for an Individual Approach to Data Analysis. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 695-701.	2.1	93
20	Effects of successive judo matches on interlimb asymmetry and bilateral deficit. <i>Physical Therapy in Sport</i> , 2021, 47, 15-22.	1.9	18
21	Unilateral Isometric Squat: Test Reliability, Interlimb Asymmetries, and Relationships With Limb Dominance. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, S144-S151.	2.1	9
22	Unilateral vs. bilateral hamstring strength assessments: comparing reliability and inter-limb asymmetries in female soccer players. <i>Journal of Sports Sciences</i> , 2021, 39, 1481-1488.	2.0	20
23	A Narrative Review of Limb Dominance: Task Specificity and the Importance of Fitness Testing. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 846-858.	2.1	36
24	Strength and Conditioning Practices and Perspectives of Volleyball Coaches and Players. <i>Sports</i> , 2021, 9, 28.	1.7	9
25	Seasonal Variation of Physical Performance and Inter-limb Asymmetry in Professional Cricket Athletes. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 941-948.	2.1	21
26	Associations between Inter-Limb Asymmetries in Jump and Change of Direction Speed Tests and Physical Performance in Adolescent Female Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3474.	2.6	17
27	Implementing Strength Training Strategies for Injury Prevention in Soccer: Scientific Rationale and Methodological Recommendations. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 456-461.	2.3	34
28	Optimal Training Sequences to Develop Lower Body Force, Velocity, Power, and Jump Height: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2021, 51, 1245-1271.	6.5	29
29	Does a Loaded Warm-Up Influence Jump Asymmetry and Badminton-Specific Change of Direction Performance?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 578-584.	2.3	5
30	Variations in the Physical Performance of Olympic Boxers over a Four-Day National Qualifying Tournament. <i>Sports</i> , 2021, 9, 62.	1.7	3
31	Inter-Limb Jump Asymmetries and Their Association with Sport-Specific Performance in Young Male and Female Swimmers. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7324.	2.6	3
32	Comparison of Three Eccentric Overload Training Strategies on Power Output and Interlimb Asymmetry in Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8270.	2.6	3
33	Intra- and Inter-Limb Strength Asymmetry in Soccer: A Comparison of Professional and Under-18 Players. <i>Sports</i> , 2021, 9, 129.	1.7	7
34	Interlimb Asymmetries: Are Thresholds a Usable Concept?. <i>Strength and Conditioning Journal</i> , 2021, 43, 32-36.	1.4	30
35	An Assessment of the Hopping Strategy and Inter-Limb Asymmetry during the Triple Hop Test: A Test-Retest Pilot Study. <i>Symmetry</i> , 2021, 13, 1890.	2.2	6
36	Levels of Agreement for the Direction of Inter-Limb Asymmetry during Four Simple Change-of-Direction Tests in Young Male Handball Players: A Pilot Study. <i>Symmetry</i> , 2021, 13, 1940.	2.2	1

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37	Change-of-Direction Deficit vs. Deceleration Deficit: A Comparison of Limb Dominance and Inter-limb Asymmetry between Forwards and Backs in Elite Male Rugby Union Players. <i>Journal of Sports Sciences</i> , 2021, 39, 1088-1095.	2.0	9
38	No Relationship between Lean Mass and Functional Asymmetry in High-Level Female Tennis Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11928.	2.6	6
39	Effects of Three Different Combined Training Interventions on Jump, Change of Direction, Power Performance, and Inter-Limb Asymmetry in Male Youth Soccer Players. <i>Sports</i> , 2021, 9, 158.	1.7	1
40	Power training in elite young soccer players: Effects of using loads above or below the optimum power zone. <i>Journal of Sports Sciences</i> , 2020, 38, 1416-1422.	2.0	24
41	Comparing the magnitude and direction of asymmetry during the squat, countermovement and drop jump tests in elite youth female soccer players. <i>Journal of Sports Sciences</i> , 2020, 38, 1296-1303.	2.0	36
42	Interlimb Asymmetries in Youth Tennis Players: Relationships With Performance. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2815-2823.	2.1	40
43	Strength, Jumping and Change of Direction Speed Asymmetries in Soccer, Basketball and Tennis Players. <i>Symmetry</i> , 2020, 12, 1664.	2.2	20
44	Developing Powerful Athletes, Part 1: Mechanical Underpinnings. <i>Strength and Conditioning Journal</i> , 2020, 42, 30-39.	1.4	36
45	Inter-limb asymmetries are associated with decrements in physical performance in youth elite team sports athletes. <i>PLoS ONE</i> , 2020, 15, e0229440.	2.5	50
46	Validity and Reliability of the New Basic Functional Assessment Protocol (BFA). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4845.	2.6	4
47	Effects of Combined Strength and Power Training on Physical Performance and Interlimb Asymmetries in Adolescent Female Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 1147-1155.	2.3	26
48	Jumping-based Asymmetries are Negatively Associated with Jump, Change of Direction, and Repeated Sprint Performance, but not Linear Speed, in Adolescent Handball Athletes. <i>Journal of Human Kinetics</i> , 2020, 71, 47-58.	1.5	36
49	Drop Jump Asymmetry is Associated with Reduced Sprint and Change-of-Direction Speed Performance in Adult Female Soccer Players. <i>Sports</i> , 2019, 7, 29.	1.7	64
50	Do asymmetry scores influence speed and power performance in elite female soccer players?. <i>Biology of Sport</i> , 2019, 36, 209-216.	3.2	36
51	Effects of Maturation on Lower Limb Neuromuscular Asymmetries in Elite Youth Tennis Players. <i>Sports</i> , 2019, 7, 106.	1.7	31
52	Using Unilateral Strength, Power and Reactive Strength Tests to Detect the Magnitude and Direction of Asymmetry: A Test-Retest Design. <i>Sports</i> , 2019, 7, 58.	1.7	63
53	A Comparison of 3 Different Unilateral Strength Training Strategies to Enhance Jumping Performance and Decrease Interlimb Asymmetries in Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 1256-1264.	2.3	30
54	Bilateral Deficit During Jumping Tasks. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 1833-1840.	2.1	24

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55	Change of Direction Deficit in National Team Rugby Union Players: Is There an Influence of Playing Position?. Sports, 2019, 7, 2.	1.7	32
56	Interlimb Asymmetries: Understanding How to Calculate Differences From Bilateral and Unilateral Tests. Strength and Conditioning Journal, 2018, 40, 1-6.	1.4	125
57	Effects of inter-limb asymmetries on physical and sports performance: a systematic review. Journal of Sports Sciences, 2018, 36, 1135-1144.	2.0	242
58	Optimum Power Loads for Elite Boxers: Case Study with the Brazilian National Olympic Team. Sports, 2018, 6, 95.	1.7	14
59	Considerations for Selecting Field-Based Strength and Power Fitness Tests to Measure Asymmetries. Journal of Strength and Conditioning Research, 2017, 31, 2635-2644.	2.1	62
60	The acute effects of heavy sled towing on subsequent sprint acceleration performance. Journal of Trainology, 2017, 6, 18-25.	0.5	7
61	Asymmetries of the Lower Limb: The Calculation Conundrum in Strength Training and Conditioning. Strength and Conditioning Journal, 2016, 38, 27-32.	1.4	94
62	Data Analysis for Strength and Conditioning Coaches. Strength and Conditioning Journal, 2015, 37, 76-83.	1.4	77
63	A Needs Analysis and Field-Based Testing Battery for Basketball. Strength and Conditioning Journal, 2014, 36, 13-20.	1.4	19
64	Post-Activation Performance Enhancement in Sprinters: Effects of Hard Versus Sand Surfaces. Journal of Human Kinetics, 0, 82, 173-180.	1.5	9