

Chris Bishop

List of Publications by Year in descending order

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64
papers

2,043
citations

218677

26
h-index

276875

41
g-index

64
all docs

64
docs citations

64
times ranked

845
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of inter-limb asymmetries on physical and sports performance: a systematic review. <i>Journal of Sports Sciences</i> , 2018, 36, 1135-1144.	2.0	242
2	Interlimb Asymmetries: Understanding How to Calculate Differences From Bilateral and Unilateral Tests. <i>Strength and Conditioning Journal</i> , 2018, 40, 1-6.	1.4	125
3	Asymmetries of the Lower Limb: The Calculation Conundrum in Strength Training and Conditioning. <i>Strength and Conditioning Journal</i> , 2016, 38, 27-32.	1.4	94
4	Vertical and Horizontal Asymmetries Are Related to Slower Sprinting and Jump Performance in Elite Youth Female Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 56-63.	2.1	93
5	Interlimb Asymmetries: The Need for an Individual Approach to Data Analysis. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 695-701.	2.1	93
6	Data Analysis for Strength and Conditioning Coaches. <i>Strength and Conditioning Journal</i> , 2015, 37, 76-83.	1.4	77
7	Drop Jump Asymmetry is Associated with Reduced Sprint and Change-of-Direction Speed Performance in Adult Female Soccer Players. <i>Sports</i> , 2019, 7, 29.	1.7	64
8	Using Unilateral Strength, Power and Reactive Strength Tests to Detect the Magnitude and Direction of Asymmetry: A Test-Retest Design. <i>Sports</i> , 2019, 7, 58.	1.7	63
9	Considerations for Selecting Field-Based Strength and Power Fitness Tests to Measure Asymmetries. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2635-2644.	2.1	62
10	Jumping Asymmetries Are Associated With Speed, Change of Direction Speed, and Jump Performance in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1841-1847.	2.1	59
11	Inter-limb asymmetries are associated with decrements in physical performance in youth elite team sports athletes. <i>PLoS ONE</i> , 2020, 15, e0229440.	2.5	50
12	Reactive Strength Index and its Associations with Measures of Physical and Sports Performance: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2022, 52, 301-330.	6.5	43
13	Interlimb Asymmetries in Youth Tennis Players: Relationships With Performance. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2815-2823.	2.1	40
14	Magnitude or Direction? Seasonal Variation of Interlimb Asymmetry in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1031-1037.	2.1	40
15	Effects of 8 Weeks of Isoinertial vs. Cable-Resistance Training on Motor Skills Performance and Interlimb Asymmetries. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1200-1208.	2.1	37
16	Do asymmetry scores influence speed and power performance in elite female soccer players?. <i>Biology of Sport</i> , 2019, 36, 209-216.	3.2	36
17	Comparing the magnitude and direction of asymmetry during the squat, countermovement and drop jump tests in elite youth female soccer players. <i>Journal of Sports Sciences</i> , 2020, 38, 1296-1303.	2.0	36
18	Developing Powerful Athletes, Part 1: Mechanical Underpinnings. <i>Strength and Conditioning Journal</i> , 2020, 42, 30-39.	1.4	36

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19	A Narrative Review of Limb Dominance: Task Specificity and the Importance of Fitness Testing. Journal of Strength and Conditioning Research, 2021, 35, 846-858.	2.1	36
20	Jumping-based Asymmetries are Negatively Associated with Jump, Change of Direction, and Repeated Sprint Performance, but not Linear Speed, in Adolescent Handball Athletes. Journal of Human Kinetics, 2020, 71, 47-58.	1.5	36
21	Implementing Strength Training Strategies for Injury Prevention in Soccer: Scientific Rationale and Methodological Recommendations. International Journal of Sports Physiology and Performance, 2021, 16, 456-461.	2.3	34
22	Relationship Between Interlimb Asymmetries and Speed and Change of Direction Speed in Youth Handball Players. Journal of Strength and Conditioning Research, 2021, 35, 3482-3490.	2.1	32
23	Change of Direction Deficit in National Team Rugby Union Players: Is There an Influence of Playing Position?. Sports, 2019, 7, 2.	1.7	32
24	Effects of Maturation on Lower Limb Neuromuscular Asymmetries in Elite Youth Tennis Players. Sports, 2019, 7, 106.	1.7	31
25	A Comparison of 3 Different Unilateral Strength Training Strategies to Enhance Jumping Performance and Decrease Interlimb Asymmetries in Soccer Players. International Journal of Sports Physiology and Performance, 2019, 14, 1256-1264.	2.3	30
26	Interlimb Asymmetries: Are Thresholds a Usable Concept?. Strength and Conditioning Journal, 2021, 43, 32-36.	1.4	30
27	Optimal Training Sequences to Develop Lower Body Force, Velocity, Power, and Jump Height: A Systematic Review with Meta-Analysis. Sports Medicine, 2021, 51, 1245-1271.	6.5	29
28	The Association Between Interlimb Asymmetry and Athletic Performance Tasks: A Season-Long Study in Elite Academy Soccer Players. Journal of Strength and Conditioning Research, 2022, 36, 787-795.	2.1	28
29	Effects of Combined Strength and Power Training on Physical Performance and Interlimb Asymmetries in Adolescent Female Soccer Players. International Journal of Sports Physiology and Performance, 2020, 15, 1147-1155.	2.3	26
30	Bilateral Deficit During Jumping Tasks. Journal of Strength and Conditioning Research, 2019, Publish Ahead of Print, 1833-1840.	2.1	24
31	Power training in elite young soccer players: Effects of using loads above or below the optimum power zone. Journal of Sports Sciences, 2020, 38, 1416-1422.	2.0	24
32	Higher Vertical Jumping Asymmetries and Lower Physical Performance are Indicators of Increased Injury Incidence in Youth Team-Sport Athletes. Journal of Strength and Conditioning Research, 2022, 36, 2204-2211.	2.1	24
33	Effects of Interlimb Asymmetries on Acceleration and Change of Direction Speed: A Between-Sport Comparison of Professional Soccer and Cricket Athletes. Journal of Strength and Conditioning Research, 2021, 35, 2095-2101.	2.1	23
34	Acute Effect of Repeated Sprints on Interlimb Asymmetries During Unilateral Jumping. Journal of Strength and Conditioning Research, 2021, 35, 2127-2132.	2.1	21
35	Seasonal Variation of Physical Performance and Inter-limb Asymmetry in Professional Cricket Athletes. Journal of Strength and Conditioning Research, 2021, 35, 941-948.	2.1	21
36	Strength, Jumping and Change of Direction Speed Asymmetries in Soccer, Basketball and Tennis Players. Symmetry, 2020, 12, 1664.	2.2	20

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37	Unilateral vs. bilateral hamstring strength assessments: comparing reliability and inter-limb asymmetries in female soccer players. <i>Journal of Sports Sciences</i> , 2021, 39, 1481-1488.	2.0	20
38	Bilateral vs. Unilateral Countermovement Jumps: Comparing the Magnitude and Direction of Asymmetry in Elite Academy Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1660-1666.	2.1	20
39	A Needs Analysis and Field-Based Testing Battery for Basketball. <i>Strength and Conditioning Journal</i> , 2014, 36, 13-20.	1.4	19
40	Within Session Exercise Sequencing During Programming for Complex Training: Historical Perspectives, Terminology, and Training Considerations. <i>Sports Medicine</i> , 2022, 52, 2371-2389.	6.5	19
41	Effects of successive judo matches on interlimb asymmetry and bilateral deficit. <i>Physical Therapy in Sport</i> , 2021, 47, 15-22.	1.9	18
42	Associations between Inter-Limb Asymmetries in Jump and Change of Direction Speed Tests and Physical Performance in Adolescent Female Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3474.	2.6	17
43	Optimum Power Loads for Elite Boxers: Case Study with the Brazilian National Olympic Team. <i>Sports</i> , 2018, 6, 95.	1.7	14
44	Jump and Change of Direction Speed Asymmetry Using Smartphone Apps: Between-Session Consistency and Associations With Physical Performance. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 927-934.	2.1	12
45	Unilateral Isometric Squat: Test Reliability, Interlimb Asymmetries, and Relationships With Limb Dominance. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, S144-S151.	2.1	9
46	Strength and Conditioning Practices and Perspectives of Volleyball Coaches and Players. <i>Sports</i> , 2021, 9, 28.	1.7	9
47	Change-of-Direction Deficit vs. Deceleration Deficit: A Comparison of Limb Dominance and Inter-limb Asymmetry between Forwards and Backs in Elite Male Rugby Union Players. <i>Journal of Sports Sciences</i> , 2021, 39, 1088-1095.	2.0	9
48	Post-Activation Performance Enhancement in Sprinters: Effects of Hard Versus Sand Surfaces. <i>Journal of Human Kinetics</i> , 0, 82, 173-180.	1.5	9
49	Effects of Direction-Specific Training Interventions on Physical Performance and Inter-Limb Asymmetries. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1029.	2.6	8
50	The acute effects of heavy sled towing on subsequent sprint acceleration performance. <i>Journal of Trainology</i> , 2017, 6, 18-25.	0.5	7
51	Intra- and Inter-Limb Strength Asymmetry in Soccer: A Comparison of Professional and Under-18 Players. <i>Sports</i> , 2021, 9, 129.	1.7	7
52	International vs. national female tennis players: a comparison of upper and lower extremity functional asymmetries. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.7	7
53	An Assessment of the Hopping Strategy and Inter-Limb Asymmetry during the Triple Hop Test: A Test-Retest Pilot Study. <i>Symmetry</i> , 2021, 13, 1890.	2.2	6
54	No Relationship between Lean Mass and Functional Asymmetry in High-Level Female Tennis Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11928.	2.6	6

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55	Bilateral deficit in the countermovement jump and its associations with judo-specific performance. <i>Research in Sports Medicine</i> , 2023, 31, 638-649.	1.3	6
56	Does a Loaded Warm-Up Influence Jump Asymmetry and Badminton-Specific Change of Direction Performance?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 578-584.	2.3	5
57	The strength and conditioning practices and perspectives of soccer coaches and players. <i>International Journal of Sports Science and Coaching</i> , 2022, 17, 742-760.	1.4	5
58	Assessing Eccentric Hamstring Strength Using the NordBord: Between-Session Reliability and Interlimb Asymmetries in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2552-2557.	2.1	5
59	Validity and Reliability of the New Basic Functional Assessment Protocol (BFA). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4845.	2.6	4
60	Variations in the Physical Performance of Olympic Boxers over a Four-Day National Qualifying Tournament. <i>Sports</i> , 2021, 9, 62.	1.7	3
61	Inter-Limb Jump Asymmetries and Their Association with Sport-Specific Performance in Young Male and Female Swimmers. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7324.	2.6	3
62	Comparison of Three Eccentric Overload Training Strategies on Power Output and Interlimb Asymmetry in Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8270.	2.6	3
63	Levels of Agreement for the Direction of Inter-Limb Asymmetry during Four Simple Change-of-Direction Tests in Young Male Handball Players: A Pilot Study. <i>Symmetry</i> , 2021, 13, 1940.	2.2	1
64	Effects of Three Different Combined Training Interventions on Jump, Change of Direction, Power Performance, and Inter-Limb Asymmetry in Male Youth Soccer Players. <i>Sports</i> , 2021, 9, 158.	1.7	1