

Malak Nawaz K Khattak

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3110606/publications.pdf>

Version: 2024-02-01

30
papers

355
citations

840776

11
h-index

888059

17
g-index

30
all docs

30
docs citations

30
times ranked

416
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of home quarantine during COVID-19 lockdown on physical activity and dietary habits of adults in Saudi Arabia. <i>Scientific Reports</i> , 2021, 11, 5904.	3.3	57
2	Decreasing prevalence of vitamin D deficiency in the central region of Saudi Arabia (2008-2017). <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2021, 212, 105920.	2.5	27
3	Dietary Intake and Mental Health among Saudi Adults during COVID-19 Lockdown. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1653.	2.6	23
4	Effects of different vitamin D supplementation strategies in reversing metabolic syndrome and its component risk factors in adolescents. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2019, 191, 105378.	2.5	20
5	Prevalence, Predictors, and Awareness of Coffee Consumption and Its Trend among Saudi Female Students. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7020.	2.6	20
6	Associations of Serum Nitric Oxide with Vitamin D and Other Metabolic Factors in Apparently Healthy Adolescents. <i>BioMed Research International</i> , 2018, 2018, 1-7.	1.9	19
7	Vitamin D Supplementation is Associated with Increased Glutathione Peroxidase-1 Levels in Arab Adults with Prediabetes. <i>Antioxidants</i> , 2020, 9, 118.	5.1	18
8	Increasing Prevalence of Pediatric Metabolic Syndrome and Its Components among Arab Youth: A Time-Series Study from 2010â€“2019. <i>Children</i> , 2021, 8, 1129.	1.5	18
9	Effects of a 12-Month Intensive Lifestyle Monitoring Program in Predominantly Overweight/Obese Arab Adults with Prediabetes. <i>Nutrients</i> , 2020, 12, 464.	4.1	17
10	Efficacy of Vitamin D interventional strategies in Saudi children and adults. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2018, 180, 29-34.	2.5	14
11	Awareness and Knowledge Regarding the Consumption of Dietary Fiber and Its Relation to Self-Reported Health Status in an Adult Arab Population: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4226.	2.6	14
12	The Prevalence and Awareness Concerning Dietary Supplement Use among Saudi Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3515.	2.6	13
13	Improvements in Glycemic, Micronutrient, and Mineral Indices in Arab Adults with Pre-Diabetes Post-Lifestyle Modification Program. <i>Nutrients</i> , 2019, 11, 2775.	4.1	12
14	Screening for Sarcopenia among Elderly Arab Females: Influence of Body Composition, Lifestyle, Irisin, and Vitamin D. <i>Nutrients</i> , 2022, 14, 1855.	4.1	12
15	Vitamin D Supplementation Modestly Reduces Serum Iron Indices of Healthy Arab Adolescents. <i>Nutrients</i> , 2018, 10, 1870.	4.1	11
16	IGF and IGFBP as an index for discrimination between vitamin D supplementation responders and nonresponders in overweight Saudi subjects. <i>Medicine (United States)</i> , 2018, 97, e0702.	1.0	10
17	Coexistence of Pre-sarcopenia and Metabolic Syndrome in Arab Men. <i>Calcified Tissue International</i> , 2019, 104, 130-136.	3.1	9
18	Effects of a 12-Month Hybrid (In-Person + Virtual) Education Program in the Glycemic Status of Arab Youth. <i>Nutrients</i> , 2022, 14, 1759.	4.1	7

#	ARTICLE	IF	CITATIONS
19	Tristetraprolin, Inflammation, and Metabolic Syndrome in Arab Adults: A Case Control Study. <i>Biology</i> , 2021, 10, 550.	2.8	5
20	COVID-19 Lockdown and Lifestyle Changes in Saudi Adults With Types 1 and 2 Diabetes. <i>Frontiers in Public Health</i> , 0, 10, .	2.7	5
21	Vitamin D level and its relation to muscle and fat mass in adult male Arabs. <i>Saudi Journal of Biological Sciences</i> , 2020, 27, 2452-2456.	3.8	4
22	Gut-Derived Endotoxin and Telomere Length Attrition in Adults with and without Type 2 Diabetes. <i>Biomolecules</i> , 2021, 11, 1693.	4.0	4
23	Cardiometabolic Effects of a 12-Month, COVID-19 Lockdown-Interrupted Lifestyle Education Program for Arab Adolescents. <i>Frontiers in Pediatrics</i> , 0, 10, .	1.9	4
24	Parathyroid hormone in relation to various vitamin D metabolites in adult females. <i>Medicine (United Tj ETQq0 0 0 rgBT /Overlock 10 Tf</i>	1.0	3
25	Vitamin D Status and Its Association with Multiple Intelligence among Arab Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13036.	2.6	3
26	The Association Between FokI Vitamin D Receptor Polymorphisms With Metabolic Syndrome Among Pregnant Arab Women. <i>Frontiers in Endocrinology</i> , 2022, 13, 844472.	3.5	2
27	Angiogenin Levels and Their Association with Cardiometabolic Indices Following Vitamin D Status Correction in Saudi Adults. <i>Biology</i> , 2022, 11, 286.	2.8	2
28	Vitamin D Correction Down-Regulates Serum Amyloid P Component Levels in Vitamin D Deficient Arab Adults: A Single-Arm Trial. <i>Nutrients</i> , 2020, 12, 2880.	4.1	1
29	Associations of zinc- α -2-glycoprotein with metabolic syndrome and its components among adult Arabs. <i>Scientific Reports</i> , 2022, 12, 4908.	3.3	1
30	Difference on the prevalence, patterns and awareness of soft drink consumption among male and female Arab students. <i>Journal of Public Health</i> , 2021, 43, e657-e666.	1.8	0