

# Ute Alexy

## List of Publications by Year in descending order

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Version: 2024-02-01

51  
papers

1,564  
citations

331670

21  
h-index

315739

38  
g-index

55  
all docs

55  
docs citations

55  
times ranked

1663  
citing authors

#	ARTICLE	IF	CITATIONS
1	The DONALD Study. <i>European Journal of Nutrition</i> , 2004, 43, 45-54.	3.9	221
2	Pattern of beverage consumption and long-term association with body-weight status in German adolescents – results from the DONALD study. <i>British Journal of Nutrition</i> , 2008, 99, 1370-1379.	2.3	107
3	Fifteen-year time trends in energy and macronutrient intake in German children and adolescents: results of the DONALD study. <i>British Journal of Nutrition</i> , 2002, 87, 595-604.	2.3	106
4	Breakfast trends in children and adolescents: frequency and quality. <i>Public Health Nutrition</i> , 2010, 13, 1795-1802.	2.2	94
5	Longitudinal examination of 24-h urinary iodine excretion in schoolchildren as a sensitive, hydration status-independent research tool for studying iodine status. <i>American Journal of Clinical Nutrition</i> , 2006, 83, 639-646.	4.7	93
6	Associations between commercial complementary food consumption and fruit and vegetable intake in children. Results of the DONALD study. <i>Appetite</i> , 2015, 85, 84-90.	3.7	67
7	Consumption of sugar-sweetened beverages and its association with nutrient intakes and diet quality in German children and adolescents. <i>British Journal of Nutrition</i> , 2009, 101, 1549.	2.3	60
8	Energy, Macronutrient Intake, and Anthropometrics of Vegetarian, Vegan, and Omnivorous Children (1–3 Years) in Germany (VeChi Diet Study). <i>Nutrients</i> , 2019, 11, 832.	4.1	54
9	Relevance of chronotype for eating patterns in adolescents. <i>Chronobiology International</i> , 2018, 35, 336-347.	2.0	52
10	Developmental trajectories of body mass index from childhood into late adolescence and subsequent late adolescence – young adulthood cardiometabolic risk markers. <i>Cardiovascular Diabetology</i> , 2019, 18, 9.	6.8	46
11	Nutrient Intake and Status of German Children and Adolescents Consuming Vegetarian, Vegan or Omnivore Diets: Results of the VeChi Youth Study. <i>Nutrients</i> , 2021, 13, 1707.	4.1	40
12	Food variety in commercial and homemade complementary meals for infants in Germany. Market survey and dietary practice. <i>Appetite</i> , 2014, 76, 113-119.	3.7	39
13	Commercial complementary food consumption is prospectively associated with added sugar intake in childhood. <i>British Journal of Nutrition</i> , 2016, 115, 2067-2074.	2.3	39
14	Fortification Masks Nutrient Dilution due to Added Sugars in the Diet of Children and Adolescents. <i>Journal of Nutrition</i> , 2002, 132, 2785-2791.	2.9	36
15	Convenience food in the diet of children and adolescents: consumption and composition. <i>British Journal of Nutrition</i> , 2008, 99, 345-351.	2.3	35
16	Direction of Associations between Added Sugar Intake in Early Childhood and Body Mass Index at Age 7 Years May Depend on Intake Levels. <i>Journal of Nutrition</i> , 2011, 141, 1348-1354.	2.9	35
17	Food neophobia in German adolescents: Determinants and association with dietary habits. <i>Appetite</i> , 2016, 101, 184-191.	3.7	32
18	Breast-Feeding and Weaning Practices in the DONALD Study. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2014, 58, 361-367.	1.8	28

#	ARTICLE	IF	CITATIONS
19	Age and time trends in sugar intake among children and adolescents: results from the DONALD study. <i>European Journal of Nutrition</i> , 2020, 59, 1043-1054.	3.9	27
20	Fifteen-year time trends in energy and macronutrient intake in German children and adolescents: results of the DONALD study. <i>British Journal of Nutrition</i> , 2002, 87, 595-604.	2.3	24
21	Intake of micronutrients and fatty acids of vegetarian, vegan, and omnivorous children (1–3 years) in Germany (VeChi Diet Study). <i>European Journal of Nutrition</i> , 2022, 61, 1507-1520.	3.9	24
22	Caffeine Intake from Beverages in German Children, Adolescents, and Adults. <i>Journal of Caffeine Research</i> , 2013, 3, 47-53.	0.9	21
23	Time and Age Trends in Free Sugar Intake from Food Groups among Children and Adolescents between 1985 and 2016. <i>Nutrients</i> , 2020, 12, 20.	4.1	21
24	Nutrient Adequacy and Associated Factors in a Nationwide Sample of German Toddlers. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2015, 61, 130-137.	1.8	19
25	Time trends in dietary fat intake in a sample of German children and adolescents between 2000 and 2010: not quantity, but quality is the issue. <i>British Journal of Nutrition</i> , 2014, 111, 141-150.	2.3	18
26	Age and time trends in the diet of young children: results of the DONALD study. <i>European Journal of Nutrition</i> , 2016, 55, 611-620.	3.9	18
27	Carbohydrates from Sources with a Higher Glycemic Index during Adolescence: Is Evening Rather than Morning Intake Relevant for Risk Markers of Type 2 Diabetes in Young Adulthood?. <i>Nutrients</i> , 2017, 9, 591.	4.1	16
28	Relative validity of a 3 d estimated food record in German toddlers. <i>Public Health Nutrition</i> , 2013, 16, 645-652.	2.2	15
29	Longitudinal relationship of amino acids and indole metabolites with long-term body mass index and cardiometabolic risk markers in young individuals. <i>Scientific Reports</i> , 2020, 10, 6399.	3.3	15
30	Trends in dietary carbohydrate quality during puberty from 1988 to 2007: a cause for concern?. <i>British Journal of Nutrition</i> , 2010, 104, 1375-1383.	2.3	14
31	Age and time trends of dairy intake among children and adolescents of the DONALD study. <i>European Journal of Nutrition</i> , 2021, 60, 3861-3872.	3.9	14
32	Changes in chronotype and social jetlag during adolescence and their association with concurrent changes in BMI-SDS and body composition, in the DONALD Study. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 765-771.	2.9	13
33	Validation of the web-based self-administered 24-h dietary recall myfood24-Germany: comparison with a weighed dietary record and biomarkers. <i>European Journal of Nutrition</i> , 2021, 60, 4069-4082.	3.9	12
34	Long-term dietary intake from infancy to late adolescence is associated with gut microbiota composition in young adulthood. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 647-656.	4.7	12
35	Food group intake of children and adolescents (6–18 years) on a vegetarian, vegan or omnivore diet: results of the VeChi Youth Study. <i>British Journal of Nutrition</i> , 2022, 128, 851-862.	2.3	11
36	Changes in Total Energy, Nutrients and Food Group Intake among Children and Adolescents during the COVID-19 Pandemic—Results of the DONALD Study. <i>Nutrients</i> , 2022, 14, 297.	4.1	11

#	ARTICLE	IF	CITATIONS
37	Age and time trends in eating frequency and duration of nightly fasting of German children and adolescents. <i>European Journal of Nutrition</i> , 2017, 56, 2507-2517.	3.9	10
38	Relevance of Morning and Evening Energy and Macronutrient Intake during Childhood for Body Composition in Early Adolescence. <i>Nutrients</i> , 2016, 8, 716.	4.1	9
39	In adolescence a higher "eveningness in energy intake"™ is associated with higher total daily energy intake. <i>Appetite</i> , 2018, 128, 159-166.	3.7	9
40	A lifestyle pattern during adolescence is associated with cardiovascular risk markers in young adults: results from the DONALD cohort study. <i>Journal of Nutritional Science</i> , 2021, 10, e92.	1.9	8
41	Relevance of fructose intake in adolescence for fatty liver indices in young adulthood. <i>European Journal of Nutrition</i> , 2021, 60, 3029-3041.	3.9	7
42	The Prospective Association of Dietary Sugar Intake in Adolescence With Risk Markers of Type 2 Diabetes in Young Adulthood. <i>Frontiers in Nutrition</i> , 2020, 7, 615684.	3.7	7
43	A healthy lifestyle during adolescence was inversely associated with fatty liver indices in early adulthood: findings from the DONALD cohort study. <i>British Journal of Nutrition</i> , 2023, 129, 513-522.	2.3	6
44	Sugar intake among German adolescents: trends from 1990 to 2016 based on biomarker excretion in 24-h urine samples. <i>British Journal of Nutrition</i> , 2020, 124, 164-172.	2.3	5
45	Dairy intake and long-term body weight status in German children and adolescents: results from the DONALD study. <i>European Journal of Nutrition</i> , 2022, 61, 1087-1096.	3.9	5
46	The relevance of restrained eating behavior for circadian eating patterns in adolescents. <i>PLoS ONE</i> , 2018, 13, e0197131.	2.5	4
47	Comments on: "The role of dietary sugars in health: molecular composition or just calories?" <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1323-1324.	2.9	2
48	Are Belgian toddlers over-eating?. <i>European Journal of Nutrition</i> , 2017, 56, 445-446.	4.6	1
49	Time and age trends in morning and evening protein intakes of German children and adolescents. <i>Journal of Nutritional Science</i> , 2018, 7, e9.	1.9	0
50	Development and feasibility testing of the smartphone-based dietary record app NutriDiary (beta) <a href="#">Tj ETQq0 0 0 rgBJ /Overlock 10 Tf 50</a>	1.0	0
51	Time and age trends in urinary sugar excretion among German children and adolescents. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0