

# Helena Moreira

## List of Publications by Year in descending order

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Version: 2024-02-01

80  
papers

1,966  
citations

236612

25  
h-index

276539

41  
g-index

82  
all docs

82  
docs citations

82  
times ranked

1855  
citing authors

#	ARTICLE	IF	CITATIONS
1	Self-Compassion and Dispositional Mindfulness Are Associated with Parenting Styles and Parenting Stress: the Mediating Role of Mindful Parenting. <i>Mindfulness</i> , 2016, 7, 700-712.	1.6	175
2	A longitudinal study about the body image and psychosocial adjustment of breast cancer patients during the course of the disease. <i>European Journal of Oncology Nursing</i> , 2010, 14, 263-270.	0.9	108
3	Psychological and Quality of Life Outcomes in Pediatric Populations: A Parent-Child Perspective. <i>Journal of Pediatrics</i> , 2013, 163, 1471-1478.	0.9	90
4	Maternal Attachment and Children's Quality of Life: The Mediating Role of Self-compassion and Parenting Stress. <i>Journal of Child and Family Studies</i> , 2015, 24, 2332-2344.	0.7	85
5	The role of appearance investment in the adjustment of women with breast cancer. <i>Psycho-Oncology</i> , 2010, 19, 959-966.	1.0	83
6	Is Mindful Parenting Associated with Adolescents' Well-being in Early and Middle/Late Adolescence? The Mediating Role of Adolescents' Attachment Representations, Self-Compassion and Mindfulness. <i>Journal of Youth and Adolescence</i> , 2018, 47, 1771-1788.	1.9	83
7	The Indirect Effect of the Mindful Parenting of Mothers and Fathers on the Child's Perceived Well-Being Through the Child's Attachment to Parents. <i>Mindfulness</i> , 2016, 7, 916-927.	1.6	79
8	Marital Relationship, Body Image and Psychological Quality of Life among Breast Cancer Patients: The Moderating Role of the Disease's Phases. <i>Contemporary Family Therapy</i> , 2011, 33, 161-178.	0.6	73
9	Examining the links between perceived impact of breast cancer and psychosocial adjustment: the buffering role of posttraumatic growth. <i>Psycho-Oncology</i> , 2012, 21, 409-418.	1.0	70
10	Psychometric Properties of the Interpersonal Mindfulness in Parenting Scale in a Sample of Portuguese Mothers. <i>Mindfulness</i> , 2017, 8, 691-706.	1.6	63
11	Assessing Adult Attachment Across Different Contexts: Validation of the Portuguese Version of the Experiences in Close Relationships' Relationship Structures Questionnaire. <i>Journal of Personality Assessment</i> , 2015, 97, 22-30.	1.3	58
12	The Portuguese version of the Body Image Scale (BIS) - psychometric properties in a sample of breast cancer patients. <i>European Journal of Oncology Nursing</i> , 2010, 14, 111-118.	0.9	56
13	Exploring the link between maternal attachment-related anxiety and avoidance and mindful parenting: The mediating role of self-compassion. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 369-384.	1.3	50
14	The Mediating Role of Parenting Stress in the Relationship Between Anxious and Depressive Symptomatology, Mothers' Perception of Infant Temperament, and Mindful Parenting During the Postpartum Period. <i>Mindfulness</i> , 2021, 12, 275-290.	1.6	43
15	The Association Between Self-Critical Rumination and Parenting Stress: The Mediating Role of Mindful Parenting. <i>Journal of Child and Family Studies</i> , 2018, 27, 2265-2275.	0.7	42
16	Psychosocial Adjustment and Marital Intimacy Among Partners of Patients with Breast Cancer: A Comparison Study with Partners of Healthy Women. <i>Journal of Psychosocial Oncology</i> , 2013, 31, 282-304.	0.6	41
17	Quality of life and psychological functioning in pediatric obesity: the role of body image dissatisfaction between girls and boys of different ages. <i>Quality of Life Research</i> , 2014, 23, 2629-2638.	1.5	41
18	Work-Family Conflict and Mindful Parenting: The Mediating Role of Parental Psychopathology Symptoms and Parenting Stress in a Sample of Portuguese Employed Parents. <i>Frontiers in Psychology</i> , 2019, 10, 635.	1.1	41

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19	How can mindful parenting be related to emotional eating and overeating in childhood and adolescence? The mediating role of parenting stress and parental child-feeding practices. <i>Appetite</i> , 2019, 138, 102-114.	1.8	40
20	Individual and gender differences in mindful parenting: The role of attachment and caregiving representations. <i>Personality and Individual Differences</i> , 2015, 87, 13-19.	1.6	36
21	Family Cohesion and Health-Related Quality of Life of Children with Type 1 Diabetes: The Mediating Role of Parental Adjustment. <i>Journal of Child and Family Studies</i> , 2014, 23, 347-359.	0.7	32
22	Associations between Mindfulness, Self-Compassion, Difficulties in Emotion Regulation, and Emotional Eating among Adolescents with Overweight/Obesity. <i>Journal of Child and Family Studies</i> , 2019, 28, 273-285.	0.7	32
23	Quality of life of sarcoma patients from diagnosis to treatments: Predictors and longitudinal trajectories. <i>European Journal of Oncology Nursing</i> , 2011, 15, 492-499.	0.9	31
24	Caring for a child with Type 1 diabetes: Links between family cohesion, perceived impact, and parental adjustment.. <i>Journal of Family Psychology</i> , 2013, 27, 731-742.	1.0	31
25	A bifactor analysis of the Difficulties in Emotion Regulation Scale - Short Form (DERS-SF) in a sample of adolescents and adults. <i>Current Psychology</i> , 2022, 41, 757-782.	1.7	30
26	Postpartum during COVID-19 pandemic: Portuguese mothers' mental health, mindful parenting, and mother-infant bonding. <i>Journal of Clinical Psychology</i> , 2021, 77, 1997-2010.	1.0	29
27	The Disability Paradox Revisited: Quality of Life and Family Caregiving in Pediatric Cerebral Palsy. <i>Journal of Child and Family Studies</i> , 2013, 22, 971-986.	0.7	27
28	Mindful Parenting is Associated with Adolescents' Difficulties in Emotion Regulation Through Adolescents' Psychological Inflexibility and Self-Compassion. <i>Journal of Youth and Adolescence</i> , 2020, 49, 192-211.	1.9	26
29	Parenting Stress and Quality of Life in Pediatric Obesity: The Mediating Role of Parenting Styles. <i>Journal of Child and Family Studies</i> , 2016, 25, 1011-1023.	0.7	23
30	Is Mindful Parenting Associated With Adolescents' Emotional Eating? The Mediating Role of Adolescents' Self-Compassion and Body Shame. <i>Frontiers in Psychology</i> , 2018, 9, 2004.	1.1	23
31	Factor Structure of the Self-Compassion Scale in 11 International Samples. <i>Measurement and Evaluation in Counseling and Development</i> , 2021, 54, 1-23.	1.6	21
32	Does the association between mindful parenting and adolescents' dispositional mindfulness depend on the levels of anxiety and depression symptomatology in mothers?. <i>Journal of Adolescence</i> , 2018, 68, 22-31.	1.2	20
33	Is Mindful Parenting a Mechanism that Links Parents' and Children's Tendency to Experience Negative Affect to Overprotective and Supportive Behaviors?. <i>Mindfulness</i> , 2021, 12, 319-333.	1.6	15
34	Early trauma, attachment experiences and comorbidities in schizophrenia. <i>Trends in Psychiatry and Psychotherapy</i> , 2018, 40, 179-184.	0.4	14
35	The association between self-consciousness about appearance and psychological adjustment among newly diagnosed breast cancer patients and survivors: The moderating role of appearance investment. <i>Body Image</i> , 2012, 9, 209-215.	1.9	13
36	Social support and adaptation outcomes in children and adolescents with cerebral palsy. <i>Disability and Rehabilitation</i> , 2014, 36, 584-592.	0.9	13

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37	Adult attachment insecurity and dyadic adjustment: The mediating role of self-criticism. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 378-393.	1.3	13
38	Assessing Attachment to Parents and Peers in Middle Childhood: Psychometric Studies of the Portuguese Version of the People in My Life Questionnaire. <i>Journal of Child and Family Studies</i> , 2017, 26, 1318-1333.	0.7	13
39	Growing After Breast Cancer: A Controlled Comparison Study With Healthy Women. <i>Journal of Loss and Trauma</i> , 2011, 16, 323-340.	0.9	12
40	Is the link between posttraumatic growth and anxious symptoms mediated by marital intimacy in breast cancer patients?. <i>European Journal of Oncology Nursing</i> , 2015, 19, 673-679.	0.9	12
41	Adult Attachment and Dyadic Adjustment: The Mediating Role of Shame. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2016, 150, 560-575.	0.9	11
42	Is body shame a significant mediator of the relationship between mindfulness skills and the quality of life of treatment-seeking children and adolescents with overweight and obesity?. <i>Body Image</i> , 2017, 20, 49-57.	1.9	10
43	Parental attachment insecurity and parenting stress: The mediating role of parents' perceived impact of children's diabetes on the family.. <i>Families, Systems and Health</i> , 2016, 34, 240-249.	0.4	10
44	The Interpersonal Mindfulness in Parenting Scale – Infant Version. <i>Psychologica</i> , 2020, 63, 139-157.	0.2	10
45	Applying a developmental approach to quality of life assessment in children and adolescents with psychological disorders: challenges and guidelines. <i>Expert Review of Pharmacoeconomics and Outcomes Research</i> , 2015, 15, 47-70.	0.7	9
46	The role of mothers' self-compassion on mother-infant bonding during the COVID-19 pandemic: A longitudinal study exploring the mediating role of mindful parenting and parenting stress in the postpartum period. <i>Infant Mental Health Journal</i> , 2021, 42, 621-635.	0.7	9
47	The role of mindful parenting and children's weight in mothers' child-feeding practices. <i>Eating and Weight Disorders</i> , 2020, 25, 427-435.	1.2	8
48	Mindful Parenting Interventions for the Postpartum Period: Acceptance and Preferences of Mothers with and Without Depressive Symptoms. <i>Mindfulness</i> , 2021, 12, 291-305.	1.6	8
49	The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children (UP-C) in Portugal: Feasibility Study Results. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1782.	1.2	8
50	Self-critical rumination as a mediator between attachment orientations and perceived stress: Evidence from a cross-cultural validation of the self-critical rumination scale. <i>Current Psychology</i> , 2021, 40, 1071-1082.	1.7	7
51	Fatigue and Mindful Parenting in the Postpartum Period: The Role of Difficulties in Emotion Regulation and Anxious and Depressive Symptomatology. <i>Mindfulness</i> , 2021, 12, 2253-2265.	1.6	7
52	Family cohesion and psychopathological symptoms in pediatric obesity: Is there an indirect effect?. <i>Children's Health Care</i> , 2018, 47, 101-117.	0.5	6
53	Adaptação do Personal Assessment of Intimacy in Relationships Scale (PAIR) para a população Portuguesa: Estudo das suas características psicométricas. <i>Psychologica</i> , 2009, , 339-359.	0.2	6
54	Análise fatorial da versão portuguesa da Escala de Avaliação da Aparência de Derriford (DAS-24). <i>Psychology, Community &amp; Health</i> , 2016, 5, 31-43.	0.7	6

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55	Mindfulness- and Compassion-Based Parenting Interventions Applied to the Postpartum Period: A Systematic Review. <i>Journal of Child and Family Studies</i> , 2022, 31, 563-587.	0.7	6
56	Measuring Parental Reflective Functioning: Further Validation of the Parental Reflective Functioning Questionnaire in Portuguese Mothers of Infants and Young Children. <i>Child Psychiatry and Human Development</i> , 2023, 54, 1042-1054.	1.1	6
57	Does the small fit them all? The utility of Disabkids-10 Index for the assessment of pediatric health-related quality of life across age-groups, genders, and informants. <i>Journal of Child Health Care</i> , 2015, 19, 466-477.	0.7	5
58	Establishing priorities for psychological interventions in pediatric settings: A decision-tree approach using the DISABKIDS-10 Index as a screening instrument. <i>PLoS ONE</i> , 2018, 13, e0198402.	1.1	5
59	Editorial: Application of the Third Generation of Cognitive-Behavioral Approaches to Parenting. <i>Frontiers in Psychology</i> , 2019, 10, 2207.	1.1	4
60	Self-compassion and mindful parenting among postpartum mothers during the COVID-19 pandemic: The role of depressive and anxious symptoms. <i>Current Psychology</i> , 2022, , 1-13.	1.7	4
61	The Children's Revised Impact of Event Scale: Dimensionality and Measurement Invariance in a Sample of Children and Adolescents Exposed to Wildfires. <i>Journal of Traumatic Stress</i> , 2021, 34, 35-45.	1.0	3
62	Mothers' psychopathology symptoms and mindful parenting in the postpartum period: The role of parental reflective functioning. <i>Infant Mental Health Journal</i> , 2021, 42, 784-795.	0.7	3
63	Association between cortical thickness and anxiety measures: A scoping review. <i>Psychiatry Research - Neuroimaging</i> , 2022, 319, 111423.	0.9	3
64	Psychometric properties of the Portuguese version of the cognitive emotion regulation questionnaire - kids version (CERQ-kids) among a sample of children and adolescents exposed to wildfires. <i>Current Psychology</i> , 2020, , 1.	1.7	2
65	Parents' beliefs about children's emotions questionnaire: psychometric properties of the Portuguese version among a sample of parents of school-aged children. <i>Current Psychology</i> , 2023, 42, 16098-16110.	1.7	2
66	Maternal depression and anxiety in an interpersonal context: The effects of positive/negative self-expressiveness within the family. <i>Current Psychology</i> , 2023, 42, 10324-10333.	1.7	2
67	Assessing hyperactivation and deactivation strategies of the caregiving behavioral system: Psychometric studies of the Portuguese version of the Caregiving System Scale. <i>Psychological Assessment</i> , 2018, 30, 512-523.	1.2	2
68	The Bifactor Structure of the Emotion Expression Scale for Children in a Sample of School-Aged Portuguese Children. <i>Assessment</i> , 2023, 30, 1065-1079.	1.9	2
69	Quality of Life of Children and Adolescents with Short Stature: The Twofold Contribution of Physical Growth and Adaptive Height-Related Cognitive Beliefs. <i>Journal of Clinical Psychology in Medical Settings</i> , 2022, , 1.	0.8	2
70	Is parental psychological flexibility a (uni) dimensional construct? A bifactor analysis of the Portuguese version of the parental acceptance questionnaire (6-PAQ). <i>Current Psychology</i> , 2022, 41, 4775-4788.	1.7	1
71	Psychometric Properties of the Portuguese Version of the Child Post-traumatic Cognitions Inventory in a Sample of Children and Adolescents Following a Wildfire Disaster. <i>Child Psychiatry and Human Development</i> , 2020, 51, 876-887.	1.1	1
72	The mediating role of unmet needs in the relationship between displacement and psychological adjustment: A study of cancer survivors from a Portuguese island region. <i>European Journal of Oncology Nursing</i> , 2021, 52, 101928.	0.9	1

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73	A comunica��o entre o casal no contexto do cancro da mama. Estudos De Psicologia (Campinas), 2014, 31, 97-106.	0.8	1
74	Adapta��o psicossocial na obesidade pedi�trica: Um estudo com pais, crian�as e adolescentes. Psychology, Community & Health, 2016, 5, 85-101.	0.7	1
75	Generalized problematic internet use, use of social networks, and appearance schemas in late adolescence. European Psychiatry, 2021, 64, S559-S560.	0.1	1
76	Therapeutic applications of mindfulness in paediatric settings. BJ Psych Advances, 2016, 22, 16-24.	0.5	0
77	The Indirect Effect of Family Cohesion on Children�s Weight Status Through Maternal Quality of Life and Children�s Internalizing and Externalizing Symptoms. Child and Youth Care Forum, 2017, 46, 877-894.	0.9	0
78	Carry on: Study of Psychosocial Needs of Oncological Patients of the Azores� Proposal for a Support Model. European Psychiatry, 2017, 41, S671-S672.	0.1	0
79	Portuguese Version of the Short-Form Survivor Unmet Needs Survey. Psychologica, 2021, 64, 69-87.	0.2	0
80	Mindfulness and psychological adjustment in paediatric obesity: The mediating role of body image. Psychology, Community & Health, 2018, 7, 122-137.	0.7	0