

Baljinder Kaur Sahdra

List of Publications by Year in descending order

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Version: 2024-02-01

51
papers

3,314
citations

186209

28
h-index

197736

49
g-index

71
all docs

71
docs citations

71
times ranked

3114
citing authors

#	ARTICLE	IF	CITATIONS
1	The Dimensionality of Reading Self-Concept: Examining Its Stability Using Local Structural Equation Models. <i>Assessment</i> , 2023, 30, 873-890.	1.9	3
2	High school students' tenacity and flexibility in goal pursuit linked to life satisfaction and achievement on competencies tests.. <i>Journal of Educational Psychology</i> , 2022, 114, 622-636.	2.1	2
3	Academic self-concept formation and peer-group contagion: Development of the big-fish-little-pond effect in primary-school classrooms and peer groups.. <i>Journal of Educational Psychology</i> , 2022, 114, 198-213.	2.1	7
4	The consequences of compulsion: A 4-year longitudinal study of compulsive internet use and emotion regulation difficulties.. <i>Emotion</i> , 2022, 22, 678-689.	1.5	20
5	Developing an item pool to assess processes of change in psychological interventions: The Process-Based Assessment Tool (PBAT). <i>Journal of Contextual Behavioral Science</i> , 2022, 23, 200-213.	1.3	18
6	The role of achievement, gender, SES, location and policy in explaining the Indigenous gap in high school completion. <i>British Educational Research Journal</i> , 2022, 48, 730-750.	1.4	4
7	Embracing the Complexity of our Inner Worlds: Understanding the Dynamics of Self-Compassion and Self-Criticism. <i>Mindfulness</i> , 2022, 13, 1652-1661.	1.6	17
8	Evolving an idionomic approach to processes of change: Towards a unified personalized science of human improvement. <i>Behaviour Research and Therapy</i> , 2022, 156, 104155.	1.6	52
9	A configural approach to aspirations: The social breadth of aspiration profiles predicts well-being over and above the intrinsic and extrinsic aspirations that comprise the profiles.. <i>Journal of Personality and Social Psychology</i> , 2021, 120, 226-256.	2.6	13
10	From Package to Process: An Evidence-based Approach to Processes of Change in Psychotherapy. , 2021, , ,		2
11	Does school average achievement explain the effect of socioeconomic status on math and reading interest? A test of the Information Distortion Model. <i>Learning and Instruction</i> , 2021, 73, 101432.	1.9	4
12	Is Self-Compassion Selfish? The Development of Self-Compassion, Empathy, and Prosocial Behavior in Adolescence. <i>Journal of Research on Adolescence</i> , 2020, 30, 472-484.	1.9	40
13	Mindfulness and Its Association With Varied Types of Motivation: A Systematic Review and Meta-Analysis Using Self-Determination Theory. <i>Personality and Social Psychology Bulletin</i> , 2020, 46, 1121-1138.	1.9	59
14	The Role of Nonattachment in the Development of Adolescent Mental Health: a Three-Year Longitudinal Study. <i>Mindfulness</i> , 2020, 11, 2131-2139.	1.6	15
15	The well-being profile (WB-Pro): Creating a theoretically based multidimensional measure of well-being to advance theory, research, policy, and practice.. <i>Psychological Assessment</i> , 2020, 32, 294-313.	1.2	67
16	Discrimination as a frame-of-reference effect in overlapping friendship communities of ethnically diverse youth.. <i>Cultural Diversity and Ethnic Minority Psychology</i> , 2020, 26, 71-81.	1.3	4
17	Does your mindfulness benefit others? A systematic review and meta-analysis of the link between mindfulness and prosocial behaviour. <i>British Journal of Psychology</i> , 2019, 110, 101-125.	1.2	183
18	Using genetic algorithms to abbreviate the Mindfulness Inventory for Sport: A substantive-methodological synthesis. <i>Psychology of Sport and Exercise</i> , 2019, 45, 101545.	1.1	9

#	ARTICLE	IF	CITATIONS
19	The Upsides and Downsides of the Dark Side: A Longitudinal Study Into the Role of Prosocial and Antisocial Strategies in Close Friendship Formation. <i>Frontiers in Psychology</i> , 2019, 10, 114.	1.1	12
20	Compulsive internet use and the development of self-esteem and hope: A four-year longitudinal study. <i>Journal of Personality</i> , 2019, 87, 981-995.	1.8	7
21	Body Image "Acceptance and Action Questionnaire" 5: An Abbreviation Using Genetic Algorithms. <i>Behavior Therapy</i> , 2018, 49, 388-402.	1.3	41
22	A worthy self is a caring self: Examining the developmental relations between self-esteem and self-compassion in adolescents. <i>Journal of Personality</i> , 2018, 86, 619-630.	1.8	36
23	Network analysis for the visualization and analysis of qualitative data.. <i>Psychological Methods</i> , 2018, 23, 169-183.	2.7	41
24	Users' Intrinsic Goals Linked to Alcohol Dependence Risk Level and Engagement With a Health Promotion Website (Hello Sunday Morning): Observational Study. <i>JMIR Mental Health</i> , 2018, 5, e10022.	1.7	5
25	When Empathy Matters: The Role of Sex and Empathy in Close Friendships. <i>Journal of Personality</i> , 2017, 85, 494-504.	1.8	28
26	A longitudinal person-centered perspective on youth social support: Relations with psychological wellbeing.. <i>Developmental Psychology</i> , 2017, 53, 1154-1169.	1.2	87
27	A Heart and A Mind: Self-distancing Facilitates the Association Between Heart Rate Variability, and Wise Reasoning. <i>Frontiers in Behavioral Neuroscience</i> , 2016, 10, 68.	1.0	29
28	Attachment Security as a Foundation for Kindness Toward Self and Others. , 2016, , .		10
29	Using Genetic Algorithms in a Large Nationally Representative American Sample to Abbreviate the Multidimensional Experiential Avoidance Questionnaire. <i>Frontiers in Psychology</i> , 2016, 7, 189.	1.1	55
30	Contextual Positive Psychology: Policy Recommendations for Implementing Positive Psychology into Schools. <i>Frontiers in Psychology</i> , 2016, 7, 1561.	1.1	81
31	The development of compulsive internet use and mental health: A four-year study of adolescence.. <i>Developmental Psychology</i> , 2016, 52, 272-283.	1.2	110
32	Nonattachment and mindfulness: Related but distinct constructs.. <i>Psychological Assessment</i> , 2016, 28, 819-829.	1.2	79
33	Intensive meditation training influences emotional responses to suffering.. <i>Emotion</i> , 2015, 15, 775-790.	1.5	71
34	Empathy and nonattachment independently predict peer nominations of prosocial behavior of adolescents. <i>Frontiers in Psychology</i> , 2015, 6, 263.	1.1	85
35	Reprint of "Self-compassion protects against the negative effects of low self-esteem: A longitudinal study in a large adolescent sample". <i>Personality and Individual Differences</i> , 2015, 81, 201-206.	1.6	14
36	Hope, Friends, and Subjective Well-Being: A Social Network Approach to Peer Group Contextual Effects. <i>Child Development</i> , 2015, 86, 642-650.	1.7	71

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37	Self-compassion protects against the negative effects of low self-esteem: A longitudinal study in a large adolescent sample. <i>Personality and Individual Differences</i> , 2015, 74, 116-121.	1.6	119
38	High-Frequency Heart Rate Variability Linked to Affiliation with a New Group. <i>PLoS ONE</i> , 2015, 10, e0129583.	1.1	10
39	Psychological flexibility is not a single dimension: The distinctive flexibility profiles of underweight, overweight, and obese people. <i>Journal of Contextual Behavioral Science</i> , 2014, 3, 236-247.	1.3	19
40	Security enhancement, self-esteem threat, and mental depletion affect provision of a safe haven and secure base to a romantic partner. <i>Journal of Social and Personal Relationships</i> , 2014, 31, 630-650.	1.4	37
41	Comparing Attachment Theory and Buddhist Psychology. <i>International Journal for the Psychology of Religion, The</i> , 2013, 23, 282-293.	1.3	38
42	Can security-enhancing interventions overcome psychological barriers to responsiveness in couple relationships?. <i>Attachment and Human Development</i> , 2013, 15, 246-260.	1.2	90
43	Self-reported mindfulness and cortisol during a Shamatha meditation retreat.. <i>Health Psychology</i> , 2013, 32, 1104-1109.	1.3	47
44	Intensive training induces longitudinal changes in meditation state-related EEG oscillatory activity. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 256.	1.0	78
45	Enhanced response inhibition during intensive meditation training predicts improvements in self-reported adaptive socioemotional functioning.. <i>Emotion</i> , 2011, 11, 299-312.	1.5	158
46	Intensive meditation training, immune cell telomerase activity, and psychological mediators. <i>Psychoneuroendocrinology</i> , 2011, 36, 664-681.	1.3	361
47	Intensive Meditation Training Improves Perceptual Discrimination and Sustained Attention. <i>Psychological Science</i> , 2010, 21, 829-839.	1.8	447
48	A Scale to Measure Nonattachment: A Buddhist Complement to Western Research on Attachment and Adaptive Functioning. <i>Journal of Personality Assessment</i> , 2010, 92, 116-127.	1.3	222
49	Group Identification and Historical Memory. <i>Personality and Social Psychology Bulletin</i> , 2007, 33, 384-395.	1.9	168
50	Self-Deception and Emotional Coherence. <i>Minds and Machines</i> , 2003, 13, 213-231.	2.7	18
51	Procedural knowledge in molecular biology. <i>Philosophical Psychology</i> , 2003, 16, 477-498.	0.5	36