Baljinder Kaur Sahdra

List of Publications by Year
in descending order

51 papers	3,314 citations	185998 28 h-index	197535 49 g-index
71 all docs	71 docs citations	71 times ranked	3114 citing authors

#	Article	IF	Citations
1	Intensive Meditation Training Improves Perceptual Discrimination and Sustained Attention. Psychological Science, 2010, 21, 829-839.	1.8	447
2	Intensive meditation training, immune cell telomerase activity, and psychological mediators. Psychoneuroendocrinology, 2011, 36, 664-681.	1.3	361
3	A Scale to Measure Nonattachment: A Buddhist Complement to Western Research on Attachment and Adaptive Functioning. Journal of Personality Assessment, 2010, 92, 116-127.	1.3	222
4	Does your mindfulness benefit others? A systematic review and metaâ€analysis of the link between mindfulness and prosocial behaviour. British Journal of Psychology, 2019, 110, 101-125.	1.2	183
5	Group Identification and Historical Memory. Personality and Social Psychology Bulletin, 2007, 33, 384-395.	1.9	168
6	Enhanced response inhibition during intensive meditation training predicts improvements in self-reported adaptive socioemotional functioning.. Emotion, 2011, 11, 299-312.	1.5	158
7	Self-compassion protects against the negative effects of low self-esteem: A longitudinal study in a large adolescent sample. Personality and Individual Differences, 2015, 74, 116-121.	1.6	119
8	The development of compulsive internet use and mental health: A four-year study of adolescence.. Developmental Psychology, 2016, 52, 272-283.	1.2	110
9	Can security-enhancing interventions overcome psychological barriers to responsiveness in couple relationships?. Attachment and Human Development, 2013, 15, 246-260.	1.2	90
10	A longitudinal person-centered perspective on youth social support: Relations with psychological wellbeing.. Developmental Psychology, 2017, 53, 1154-1169.	1.2	87
11	Empathy and nonattachment independently predict peer nominations of prosocial behavior of adolescents. Frontiers in Psychology, 2015, 6, 263.	1.1	85
12	Contextual Positive Psychology: Policy Recommendations for Implementing Positive Psychology into Schools. Frontiers in Psychology, 2016, 7, 1561.	1.1	81
13	Nonattachment and mindfulness: Related but distinct constructs.. Psychological Assessment, 2016, 28, 819-829.	1.2	79
14	Intensive training induces longitudinal changes in meditation state-related EEG oscillatory activity. Frontiers in Human Neuroscience, 2012, 6, 256.	1.0	78
15	Intensive meditation training influences emotional responses to suffering.. Emotion, 2015, 15, 775-790.	1.5	71
16	Hope, Friends, and Subjective Wellâ€Being: A Social Network Approach to Peer Group Contextual Effects. Child Development, 2015, 86, 642-650.	1.7	71
17	The well-being profile (WB-Pro): Creating a theoretically based multidimensional measure of well-being to advance theory, research, policy, and practice.. Psychological Assessment, 2020, 32, 294-313.	1.2	67
18	Mindfulness and Its Association With Varied Types of Motivation: A Systematic Review and Meta-Analysis Using Self-Determination Theory. Personality and Social Psychology Bulletin, 2020, 46, 1121-1138.	1.9	59

#	Article	IF	Citations
19	Using Genetic Algorithms in a Large Nationally Representative American Sample to Abbreviate the Multidimensional Experiential Avoidance Questionnaire. Frontiers in Psychology, 2016, 7, 189.	1.1	55
20	Evolving an idionomic approach to processes of change: Towards a unified personalized science of human improvement. Behaviour Research and Therapy, 2022, 156, 104155.	1.6	52
21	Self-reported mindfulness and cortisol during a Shamatha meditation retreat.. Health Psychology, 2013, 32, 1104-1109.	1.3	47
22	Body Imageâ€"Acceptance and Action Questionnaireâ€"5: An Abbreviation Using Genetic Algorithms. Behavior Therapy, 2018, 49, 388-402.	1.3	41
23	Network analysis for the visualization and analysis of qualitative data.. Psychological Methods, 2018, 23, 169-183.	2.7	41
24	Is Selfâ€Compassion Selfish? The Development of Selfâ€Compassion, Empathy, and Prosocial Behavior in Adolescence. Journal of Research on Adolescence, 2020, 30, 472-484.	1.9	40
25	Comparing Attachment Theory and Buddhist Psychology. International Journal for the Psychology of Religion, The, 2013, 23, 282-293.	1.3	38
26	Security enhancement, self-esteem threat, and mental depletion affect provision of a safe haven and secure base to a romantic partner. Journal of Social and Personal Relationships, 2014, 31, 630-650.	1.4	37
27	Procedural knowledge in molecular biology. Philosophical Psychology, 2003, 16, 477-498.	0.5	36
28	A worthy self is a caring self: Examining the developmental relations between selfâ€esteem and selfâ€compassion in adolescents. Journal of Personality, 2018, 86, 619-630.	1.8	36
29	A Heart and A Mind: Self-distancing Facilitates the Association Between Heart Rate Variability, and Wise Reasoning. Frontiers in Behavioral Neuroscience, 2016, 10, 68.	1.0	29
30	When Empathy Matters: The Role of Sex and Empathy in Close Friendships. Journal of Personality, 2017, 85, 494-504.	1.8	28
31	The consequences of compulsion: A 4-year longitudinal study of compulsive internet use and emotion regulation difficulties.. Emotion, 2022, 22, 678-689.	1.5	20
32	Psychological flexibility is not a single dimension: The distinctive flexibility profiles of underweight, overweight, and obese people. Journal of Contextual Behavioral Science, 2014, 3, 236-247.	1.3	19
33	Self-Deception and Emotional Coherence. Minds and Machines, 2003, 13, 213-231.	2.7	18
34	Developing an item pool to assess processes of change in psychological interventions: The Process-Based Assessment Tool (PBAT). Journal of Contextual Behavioral Science, 2022, 23, 200-213.	1.3	18
35	Embracing the Complexity of our Inner Worlds: Understanding the Dynamics of Self-Compassion and Self-Criticism. Mindfulness, 2022, 13, 1652-1661.	1.6	17
36	The Role of Nonattachment in the Development of Adolescent Mental Health: a Three-Year Longitudinal Study. Mindfulness, 2020, 11, 2131-2139.	1.6	15

#	Article	IF	Citations
37	Reprint of "Self-compassion protects against the negative effects of low self-esteem: A longitudinal study in a large adolescent sample". Personality and Individual Differences, 2015, 81, 201-206.	1.6	14
38	A configural approach to aspirations: The social breadth of aspiration profiles predicts well-being over and above the intrinsic and extrinsic aspirations that comprise the profiles.. Journal of Personality and Social Psychology, 2021, 120, 226-256.	2.6	13
39	The Upsides and Downsides of the Dark Side: A Longitudinal Study Into the Role of Prosocial and Antisocial Strategies in Close Friendship Formation. Frontiers in Psychology, 2019, 10, 114.	1.1	12
40	Attachment Security as a Foundation for Kindness Toward Self and Others. , 2016, , .		10
41	High-Frequency Heart Rate Variability Linked to Affiliation with a New Group. PLoS ONE, 2015, 10, e0129583.	1.1	10
42	Using genetic algorithms to abbreviate the Mindfulness Inventory for Sport: A substantive-methodological synthesis. Psychology of Sport and Exercise, 2019, 45, 101545.	1.1	9
43	Compulsive internet use and the development of selfâ€esteem and hope: A fourâ€year longitudinal study. Journal of Personality, 2019, 87, 981-995.	1.8	7
44	Academic self-concept formation and peer-group contagion: Development of the big-fish-little-pond effect in primary-school classrooms and peer groups.. Journal of Educational Psychology, 2022, 114, 198-213.	2.1	7
45	Usersâ€™ Intrinsic Goals Linked to Alcohol Dependence Risk Level and Engagement With a Health Promotion Website (Hello Sunday Morning): Observational Study. JMIR Mental Health, 2018, 5, e10022.	1.7	5
46	Does school average achievement explain the effect of socioeconomic status on math and reading interest? A test of the Information Distortion Model. Learning and Instruction, 2021, 73, 101432.	1.9	4
47	Discrimination as a frame-of-reference effect in overlapping friendship communities of ethnically diverse youth.. Cultural Diversity and Ethnic Minority Psychology, 2020, 26, 71-81.	1.3	4
48	The role of achievement, gender, SES, location and policy in explaining the Indigenous gap in highâ€school completion. British Educational Research Journal, 2022, 48, 730-750.	1.4	4
49	The Dimensionality of Reading Self-Concept: Examining Its Stability Using Local Structural Equation Models. Assessment, 2023, 30, 873-890.	1.9	3
50	From Package to Process: An Evidence-based Approach to Processes of Change in Psychotherapy. , 2021, , .		2
51	High school studentsâ€™ tenacity and flexibility in goal pursuit linked to life satisfaction and achievement on competencies tests.. Journal of Educational Psychology, 2022, 114, 622-636.	2.1	2