

# Jacqueline L Mair

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

22  
papers

302  
citations

9  
h-index

17  
g-index

30  
ext. papers

464  
ext. citations

5.6  
avg. IF

3.46  
L-index

#	Paper	IF	Citations
22	Using computer, mobile and wearable technology enhanced interventions to reduce sedentary behaviour: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 105	8.4	121
21	Altering Pace Control and Pace Regulation: Attentional Focus Effects during Running. <i>Medicine and Science in Sports and Exercise</i> , <b>2016</b> , 48, 879-86	1.2	28
20	School-based Interventions to Reduce Sedentary Behaviour in Children: A Systematic Review. <i>AIMS Public Health</i> , <b>2016</b> , 3, 520-541	1.9	27
19	Worldwide surveillance of self-reported sitting time: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 111	8.4	25
18	Eight Investments That Work for Physical Activity. <i>Journal of Physical Activity and Health</i> , <b>2021</b> , 18, 625-630	3.9	21
17	Exercise training comprising of single 20-s cycle sprints does not provide a sufficient stimulus for improving maximal aerobic capacity in sedentary individuals. <i>European Journal of Applied Physiology</i> , <b>2016</b> , 116, 1511-7	3.4	10
16	Outdoor Walking Speeds of Apparently Healthy Adults: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , <b>2021</b> , 51, 125-141	10.6	10
15	Neuromechanics of repeated stepping with external loading in young and older women. <i>European Journal of Applied Physiology</i> , <b>2014</b> , 114, 983-94	3.4	9
14	Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults - a pilot study. <i>Clinical Physiology and Functional Imaging</i> , <b>2014</b> , 34, 10-7	2.4	9
13	Effects of a low-volume, vigorous intensity step exercise program on functional mobility in middle-aged adults. <i>Annals of Biomedical Engineering</i> , <b>2013</b> , 41, 1748-57	4.7	5
12	Early Career Professionals (Researchers, Practitioners, and Policymakers) Role in Advocating, Disseminating, and Implementing the Global Action Plan on Physical Activity: ISPAH Early Career Network View. <i>Journal of Physical Activity and Health</i> , <b>2019</b> , 16, 940-944	2.5	5
11	Multifactorial e- and mHealth interventions for cardiovascular disease primary prevention: Protocol for a systematic review and meta-analysis of randomised controlled trials. <i>Digital Health</i> , <b>2019</b> , 5, 2055207619890480	4.1	5
10	Low Volume, Home-Based Weighted Step Exercise Training Can Improve Lower Limb Muscle Power and Functional Ability in Community-Dwelling Older Women. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	5
9	Exploring the Views of Desk-Based Office Workers and Their Employers' Beliefs Regarding Strategies to Reduce Occupational Sitting Time, With an Emphasis on Technology-Supported Approaches. <i>Journal of Occupational and Environmental Medicine</i> , <b>2020</b> , 62, 149-155	2	4
8	Personalised Prescription of Scalable High Intensity Interval Training to Inactive Female Adults of Different Ages. <i>PLoS ONE</i> , <b>2016</b> , 11, e0148702	3.7	4
7	Digital Behavior Change Interventions for the Prevention and Management of Type 2 Diabetes: Systematic Market Analysis.. <i>Journal of Medical Internet Research</i> , <b>2022</b> , 24, e33348	7.6	2
6	Should We Use Activity Tracker Data From Smartphones and Wearables to Understand Population Physical Activity Patterns?. <i>Journal for the Measurement of Physical Behaviour</i> , <b>2021</b> , 1-5	2.3	2

5	Iterative four-phase development of a theory-based digital behaviour change intervention to reduce occupational sedentary behaviour. <i>Digital Health</i> , <b>2020</b> , 6, 2055207620913410	4	2
4	The Influence of Role Models on the Sedentary Behaviour Patterns of Primary School-Aged Children and Associations with Psychosocial Aspects of Health. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
3	A Personalized Smartphone-Delivered Just-in-time Adaptive Intervention (JitaBug) to Increase Physical Activity in Older Adults: Mixed Methods Feasibility Study.. <i>JMIR Formative Research</i> , <b>2022</b> , 6, e34662	2.5	1
2	Elena+ Care for COVID-19, a Pandemic Lifestyle Care Intervention: Intervention Design and Study Protocol. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 625640	6	0
1	The "Worktivity" mHealth intervention to reduce sedentary behaviour in the workplace: a feasibility cluster randomised controlled pilot study. <i>BMC Public Health</i> , <b>2021</b> , 21, 1416	4.1	