

Peter Krustrup

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

347
papers

17,270
citations

65
h-index

119
g-index

373
ext. papers

20,121
ext. citations

3.8
avg. IF

6.76
L-index

#	Paper	IF	Citations
347	Football and Zumba Training in Female Hospital Staff: Effects after 12 and 40 Weeks on Self-Reported Health Status, Emotional Wellbeing, General Self-Efficacy and Sleep Problems.. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19,	4.6	2
346	The Faroe Islands COVID-19 Recreational Football Study: Player-to-Player Distance, Body-to-Body Contact, Body-to-Ball Contact and Exercise Intensity during Various Types of Football Training for Both Genders and Various Age Groups.. <i>BioMed Research International</i> , 2022 , 2022, 6822385	3	
345	Estimation of maximal oxygen uptake using the heart rate ratio method in male recreational football players.. <i>European Journal of Applied Physiology</i> , 2022 , 1	3.4	
344	Muscle Glycogen in Elite Soccer - A Perspective on the Implication for Performance, Fatigue, and Recovery.. <i>Frontiers in Sports and Active Living</i> , 2022 , 4, 876534	2.3	0
343	Comparative Efficacy of 5 Exercise Types on Cardiometabolic Health in Overweight and Obese Adults: A Systematic Review and Network Meta-Analysis of 81 Randomized Controlled Trials.. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2022 , 101161CIRCOUTCOMES121008243	5.8	3
342	Skeletal muscle gene expression in older adults with type 2 diabetes mellitus undergoing calorie-restricted diet and recreational sports training - a randomized clinical trial.. <i>Experimental Gerontology</i> , 2022 , 111831	4.5	1
341	Well-being, physical fitness and health profile of 10-12 years old boys in relation to leisure-time sports club activities: a cross-sectional study. <i>BMJ Open</i> , 2021 , 11, e050194	3	0
340	Physical performance and loading for six playing positions in elite female football: full-game, end-game, and peak periods. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 ,	4.6	2
339	Accuracy and reliability of the InBody 270 multi-frequency body composition analyser in 10-12-year-old children. <i>PLoS ONE</i> , 2021 , 16, e0247362	3.7	5
338	Effects of recreational team handball on bone health, postural balance and body composition in inactive postmenopausal women - A randomised controlled trial. <i>Bone</i> , 2021 , 145, 115847	4.7	4
337	One year of Football Fitness improves L1-L4 BMD, postural balance, and muscle strength in women treated for breast cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , 31, 1545-1557	4.6	4
336	High bone mineral density in lifelong trained female team handball players and young elite football players. <i>European Journal of Applied Physiology</i> , 2021 , 121, 2825-2836	3.4	0
335	Football and team handball training postpone cellular aging in women. <i>Scientific Reports</i> , 2021 , 11, 11733.9	3.9	0
334	Intensity-Modified Recreational Volleyball Training Improves Health Markers and Physical Fitness in 25-55-Year-Old Men. <i>BioMed Research International</i> , 2021 , 2021, 9938344	3	1
333	Muscle metabolism and impaired sprint performance in an elite women's football game. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 ,	4.6	3
332	Resilience as a protective factor for well-being and emotional stability in elite-level football players during the first wave of the COVID-19 pandemic.. <i>Science and Medicine in Football</i> , 2021 , 5, 62-69	2.7	2
331	Effects of a physical education intervention programme for ninth-graders on physical activity-related health competence: Findings from the GEKOS cluster randomised controlled trial. <i>Psychology of Sport and Exercise</i> , 2021 , 55, 101923	4.2	6

330	Effects of football fitness training on lymphedema and upper-extremity function in women after treatment for breast cancer: a randomized trial. <i>Acta Oncologica</i> , 2021 , 60, 392-400	3.2	2
329	Fitness and Performance Testing of Male and Female Beach Soccer Players-A Preliminary Investigation. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 636308	2.3	1
328	Improved metabolic fitness, but no cardiovascular health effects, of a low-frequency short-term combined exercise programme in 50-70-year-olds with low fitness: A randomized controlled trial. <i>European Journal of Sport Science</i> , 2021 , 1-14	3.9	2
327	Regular football training down-regulates miR-1303 muscle expression in veterans. <i>European Journal of Applied Physiology</i> , 2021 , 121, 2903-2912	3.4	0
326	Implementation facilitation of the "11 for Health in Denmark": A case study in a Danish 5 grade class. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 ,	4.6	1
325	An 11-week school-based health education through football programme improves health knowledge related to hygiene, nutrition, physical activity and well-being-and it's fun! A scaled-up, cluster-RCT with over 3000 Danish school children aged 10-12 years old. <i>British Journal of Sports Medicine</i> , 2021 , 55, 906-911	10.3	3
324	Danger zone assessment in small-sided recreational football: providing data for consideration in relation to COVID-19 transmission. <i>BMJ Open Sport and Exercise Medicine</i> , 2021 , 7, e000911	3.4	6
323	Improving hydration in elite male footballers during a national team training camp - an observational case study.. <i>Physical Activity and Nutrition</i> , 2021 , 25, 10-16	1.4	0
322	Cardiovascular fitness and health effects of various types of team sports for adult and elderly inactive individuals - a brief narrative review. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 709-722	8.5	6
321	On-Ice and Off-Ice Fitness Profiles of Elite and U20 Male Ice Hockey Players of Two Different National Standards. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 3369-3376	3.2	7
320	Return to elite football after the COVID-19 lockdown. <i>Managing Sport and Leisure</i> , 2020 , 1-9	2.9	42
319	Exercise intensity during walking football for men and women aged 60+ in comparison to traditional small-sided football in a pilot study. <i>Managing Sport and Leisure</i> , 2020 , 1-9	2.9	2
318	Physical activity and health in Chinese children and adolescents: expert consensus statement (2020). <i>British Journal of Sports Medicine</i> , 2020 , 54, 1321-1331	10.3	19
317	Eight months of school-based soccer improves physical fitness and reduces aggression in high-school children. <i>Biology of Sport</i> , 2020 , 37, 185-193	4.3	7
316	Reduced telomere shortening in lifelong trained male football players compared to age-matched inactive controls. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 738-749	8.5	5
315	Cardiovascular adaptations after 10 months of daily 12-min bouts of intense school-based physical training for 8-10-year-old children. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 813-817	8.5	3
314	Impact of a novel home-based exercise intervention on health indicators in inactive premenopausal women: a 12-week randomised controlled trial. <i>European Journal of Applied Physiology</i> , 2020 , 120, 771-782	3.4	5
313	Estimation of maximal heart rate in recreational football: a field study. <i>European Journal of Applied Physiology</i> , 2020 , 120, 925-933	3.4	2

312	Reproducibility of Internal and External Training Load During Recreational Small-Sided Football Games. <i>Research Quarterly for Exercise and Sport</i> , 2020 , 91, 676-681	1.9	2
311	Effects of Small-Sided Soccer Games on Physical Fitness, Physiological Responses, and Health Indices in Untrained Individuals and Clinical Populations: A Systematic Review. <i>Sports Medicine</i> , 2020 , 50, 987-1007	10.6	14
310	The "11 for Health in Denmark" intervention in 10- to 12-year-old Danish girls and boys and its effects on well-being-A large-scale cluster RCT. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 1787-1795	4.6	7
309	Effect of High-Intensity Interval Exercise in the Morning and Evening on Platelet Indices and Exercise-Induced Thrombocytosis. <i>Middle East Journal of Rehabilitation and Health Studies</i> , 2020 , 7,	1.4	1
308	Effects of small-sided recreational team handball training on mechanical muscle function, body composition and bone mineralization in untrained young adults-A randomized controlled trial. <i>PLoS ONE</i> , 2020 , 15, e0241359	3.7	1
307	Application of Individualized Speed Zones to Quantify External Training Load in Professional Soccer. <i>Journal of Human Kinetics</i> , 2020 , 72, 279-289	2.6	15
306	Internal training load monitoring in professional football: a systematic review of methods using rating of perceived exertion. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020 , 60, 160-171	1.4	1
305	Team-sport training as a worthy alternative to fitness training for sedentary women with lifestyle diseases in a community health centre. <i>German Journal of Exercise and Sport Research</i> , 2020 , 50, 136-145 ^{1,2}		
304	Yo-Yo intermittent tests are a valid tool for aerobic fitness assessment in recreational football. <i>European Journal of Applied Physiology</i> , 2020 , 120, 137-147	3.4	6
303	Cardiovascular and metabolic health effects of team handball training in overweight women: Impact of prior experience. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 281-294	4.6	7
302	Methods to collect and interpret external training load using microtechnology incorporating GPS in professional football: a systematic review. <i>Research in Sports Medicine</i> , 2020 , 28, 437-458	3.8	31
301	Submaximal field testing validity for aerobic fitness assessment in recreational football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 680-689	4.6	6
300	Exercise intensity and cardiovascular health outcomes after 12 months of football fitness training in women treated for stage I-III breast cancer: Results from the football fitness After Breast Cancer (ABC) randomized controlled trial. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 792-799	8.5	8
299	Can psychological characteristics, football experience, and player status predict state anxiety before important matches in Danish elite-level female football players?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 ,	4.6	1
298	Acceleration and sprint profiles of professional male football players in relation to playing position. <i>PLoS ONE</i> , 2020 , 15, e0236959	3.7	26
297	Effects of a 16-week recreational team handball intervention on aerobic performance and cardiometabolic fitness markers in postmenopausal women: A randomized controlled trial. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 800-806	8.5	4
296	Molecular mechanisms involved in the positive effects of physical activity on coping with COVID-19. <i>European Journal of Applied Physiology</i> , 2020 , 120, 2569-2582	3.4	22
295	Muscle Metabolism and Fatigue during Simulated Ice Hockey Match-Play in Elite Players. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 2162-2171	1.2	16

294	Effect of Boards in Small-Sided Street Soccer Games on Movement Pattern and Physiological Response in Recreationally Active Young Men. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 3530-3537	3.2	7
293	Training load and submaximal heart rate testing throughout a competitive period in a top-level male football team. <i>Journal of Sports Sciences</i> , 2020 , 38, 1408-1415	3.6	9
292	Physical activity and coronavirus disease 2019 (COVID-19): specific recommendations for home-based physical training. <i>Managing Sport and Leisure</i> , 2020 , 1-6	2.9	160
291	Community-based football in men with prostate cancer: 1-year follow-up on a pragmatic, multicentre randomised controlled trial. <i>PLoS Medicine</i> , 2019 , 16, e1002936	11.6	23
290	Could sport be part of pediatric obesity prevention and treatment? Expert conclusions from the 28th European Childhood Obesity Group Congress. <i>Journal of Sport and Health Science</i> , 2019 , 8, 350-352	8.2	8
289	Is regular physical activity a key to mental health? Commentary on "Association between physical exercise and mental health in 1.2 million individuals in the USA between 2011 and 2015: A cross-sectional study", by Chekroud et al., published in. <i>Journal of Sport and Health Science</i> , 2019 , 8, 6-7	8.2	10
288	Acute high-intensity football games can improve children's inhibitory control and neurophysiological measures of attention. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1546-1562	4.6	10
287	Maximal heart rate assessment in recreational football players: A study involving a multiple testing approach. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1537-1545	4.6	12
286	Relative pitch area plays an important role in movement pattern and intensity in recreational male football. <i>Biology of Sport</i> , 2019 , 36, 119-124	4.3	8
285	Activity Profile, Heart Rate, Technical Involvement, and Perceived Intensity and Fun in U13 Male and Female Team Handball Players: Effect of Game Format. <i>Sports</i> , 2019 , 7,	3	5
284	Heart Rate Kinetics Response of Pre-Pubertal Children during the Yo-Yo Intermittent Endurance Test-Level 1. <i>Sports</i> , 2019 , 7,	3	2
283	Relationship between External Load and Perceptual Responses to Training in Professional Football: Effects of Quantification Method. <i>Sports</i> , 2019 , 7,	3	17
282	Lifelong Football Training: Effects on Autophagy and Healthy Longevity Promotion. <i>Frontiers in Physiology</i> , 2019 , 10, 132	4.6	7
281	Feasibility and Health Effects of a 15-Week Combined Exercise Programme for Sedentary Elderly: A Randomised Controlled Trial. <i>BioMed Research International</i> , 2019 , 2019, 3081029	3	3
280	Switching between pitch surfaces: practical applications and future perspectives for soccer training. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019 , 59, 510-519	1.4	1
279	Variability of activity profile during medium-sided games in professional soccer. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019 , 59, 547-554	1.4	7
278	Biomarkers of insulin action during single soccer sessions before and after a 12-week training period in type 2 diabetes patients on a caloric-restricted diet. <i>Physiology and Behavior</i> , 2019 , 209, 112618	3.5	7
277	Gender-dependent evaluation of football as medicine for prediabetes. <i>European Journal of Applied Physiology</i> , 2019 , 119, 2011-2024	3.4	5

276	Technical demands across playing positions of the Asian Cup in male football. <i>International Journal of Performance Analysis in Sport</i> , 2019 , 19, 530-542	1.8	4
275	Test-Retest Reliability of the Yo-Yo Test: A Systematic Review. <i>Sports Medicine</i> , 2019 , 49, 1547-1557	10.6	18
274	Recovery Kinetics After Speed-Endurance Training in Male Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 1-14	3.5	3
273	Football and healthy ageing 2019 , 93-101		
272	Football as Medicine against cardiovascular disease 2019 , 8-24		
271	Football as broad-spectrum prevention for children and youth In club and school settings 2019 , 66-78		
270	Football as rehabilitation for cancer patients 2019 , 58-65		
269	Football as Medicine against type 2 diabetes and metabolic syndrome 2019 , 25-40		
268	Football at the workplace 2019 , 129-156		
267	Football for homeless and socially deprived people 2019 , 79-92		
266	Football for promotion of bone health across the lifespan 2019 , 41-57		
265	Contextual Variables and Training Load Throughout a Competitive Period in a Top-Level Male Soccer Team. <i>Journal of Strength and Conditioning Research</i> , 2019 ,	3.2	13
264	The Yo-Yo Intermittent Endurance Level 2 Test: Reliability of Performance Scores, Physiological Responses and Overload Characteristics in Competitive Soccer, Basketball and Volleyball Players. <i>Journal of Human Kinetics</i> , 2019 , 67, 223-233	2.6	7
263	Cardiovascular, muscular, and skeletal adaptations to recreational team handball training: a randomized controlled trial with young adult untrained men. <i>European Journal of Applied Physiology</i> , 2019 , 119, 561-573	3.4	11
262	Football Compared with Usual Care in Men with Prostate Cancer (FC Prostate Community Trial): A Pragmatic Multicentre Randomized Controlled Trial. <i>Sports Medicine</i> , 2019 , 49, 145-158	10.6	27
261	Broad-spectrum physical fitness benefits of recreational football: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019 , 53, 926-939	10.3	53
260	Ecological Validity and Reliability of an Age-Adapted Endurance Field Test in Young Male Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 3400-3405	3.2	6
259	Heart rate and movement pattern in street soccer for homeless women. <i>German Journal of Exercise and Sport Research</i> , 2018 , 48, 211-217	1.2	5

258	Acute effect on ambulatory blood pressure from aerobic exercise: a randomised cross-over study among female cleaners. <i>European Journal of Applied Physiology</i> , 2018 , 118, 331-338	3.4	8
257	Football training improves metabolic and cardiovascular health status in 55- to 70-year-old women and men with prediabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28 Suppl 1, 42-51	4.6	15
256	Fatigue Responses in Various Muscle Groups in Well-Trained Competitive Male Players after a Simulated Soccer Game. <i>Journal of Human Kinetics</i> , 2018 , 61, 85-97	2.6	11
255	Positive effects on bone mineralisation and muscular fitness after 10 months of intense school-based physical training for children aged 8-10 years: the FIT FIRST randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2018 , 52, 254-260	10.3	26
254	Analysis of High-Intensity Skating in Top-Class Ice Hockey Match-Play in Relation to Training Status and Muscle Damage. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 1303-1310	3.2	31
253	Decrease in musculoskeletal pain after 4 and 12 months of an aerobic exercise intervention: a worksite RCT among cleaners. <i>Scandinavian Journal of Public Health</i> , 2018 , 46, 846-853	3	8
252	Bone mineral density in lifelong trained male football players compared with young and elderly untrained men. <i>Journal of Sport and Health Science</i> , 2018 , 7, 159-168	8.2	15
251	Testosterone and cortisol response to acute intermittent and continuous aerobic exercise in sedentary men. <i>Sport Sciences for Health</i> , 2018 , 14, 53-60	1.3	4
250	Fitness and health benefits of team handball training for young untrained women-A cross-disciplinary RCT on physiological adaptations and motivational aspects. <i>Journal of Sport and Health Science</i> , 2018 , 7, 139-148	8.2	24
249	The effect of 12-month participation in osteogenic and non-osteogenic sports on bone development in adolescent male athletes. The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 404-409	4.4	24
248	Effects of 3 months of full-court and half-court street basketball training on health profile in untrained men. <i>Journal of Sport and Health Science</i> , 2018 , 7, 132-138	8.2	22
247	Osteogenic impact of football training in 55- to 70-year-old women and men with prediabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28 Suppl 1, 52-60	4.6	15
246	Cardiovascular adaptations after 10 months of intense school-based physical training for 8- to 10-year-old children. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28 Suppl 1, 33-41	4.6	8
245	Effects of a lighter, smaller football on acute match injuries in adolescent female football: a pilot cluster-randomized controlled trial. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 644-650	1.4	1
244	Improved Exercise Tolerance with Caffeine Is Associated with Modulation of both Peripheral and Central Neural Processes in Human Participants. <i>Frontiers in Nutrition</i> , 2018 , 5, 6	6.2	20
243	Influence of opponent standard on activity profile and fatigue development during preseasonal friendly soccer matches: a team study. <i>Research in Sports Medicine</i> , 2018 , 26, 413-424	3.8	14
242	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018 , 10,	6.7	18
241	Football training over 5 years is associated with preserved femoral bone mineral density in men with prostate cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28 Suppl 1, 61-73	4.6	11

240	Heart Rate and Perceived Experience Differ Markedly for Children in Same- versus Mixed-Gender Soccer Played as Small- and Large-Sided Games. <i>BioMed Research International</i> , 2018 , 2018, 7804642	3	3
239	"FIFA 11 for Health" for Europe in the Faroe Islands: Effects on health markers and physical fitness in 10- to 12-year-old schoolchildren. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28 Suppl 1, 8-17	4.6	7
238	Muscle Acidification And Fatigue Kinetics During Intense Repeated Exhaustive Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 561	1.2	
237	The inter-individual relationship between training status and activity pattern during small-sided and full-sized games in professional male football players. <i>Science and Medicine in Football</i> , 2018 , 2, 115-122	2.7	9
236	Effects of 12 months aerobic exercise intervention on work ability, need for recovery, productivity and rating of exertion among cleaners: a worksite RCT. <i>International Archives of Occupational and Environmental Health</i> , 2018 , 91, 225-235	3.2	16
235	Skeletal muscle and performance adaptations to high-intensity training in elite male soccer players: speed endurance runs versus small-sided game training. <i>European Journal of Applied Physiology</i> , 2018 , 118, 111-121	3.4	22
234	Effects of recreational football on women's fitness and health: adaptations and mechanisms. <i>European Journal of Applied Physiology</i> , 2018 , 118, 11-32	3.4	31
233	Improved cognitive performance in preadolescent Danish children after the school-based physical activity programme "FIFA 11 for Health" for Europe - A cluster-randomised controlled trial. <i>European Journal of Sport Science</i> , 2018 , 18, 130-139	3.9	14
232	Movement pattern and physiological response in recreational small-sided football - effect of number of players with a fixed pitch size. <i>Journal of Sports Sciences</i> , 2018 , 36, 1549-1556	3.6	17
231	Reliability Characteristics and Applicability of a Repeated Sprint Ability Test in Young Male Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 1538-1544	3.2	13
230	Effects of a Short-Term Recreational Team Handball-Based Programme on Physical Fitness and Cardiovascular and Metabolic Health of 33-55-Year-Old Men: A Pilot Study. <i>BioMed Research International</i> , 2018 , 2018, 4109796	3	13
229	Physical Fitness and Body Composition in 10-12-Year-Old Danish Children in Relation to Leisure-Time Club-Based Sporting Activities. <i>BioMed Research International</i> , 2018 , 2018, 9807569	3	9
228	Reliability of Submaximal Yo-Yo Tests in 9- to 16-Year-Old Untrained Schoolchildren. <i>Pediatric Exercise Science</i> , 2018 , 30, 537-545	2	3
227	Health Effects of 12 Weeks of Team-Sport Training and Fitness Training in a Community Health Centre for Sedentary Men with Lifestyle Diseases. <i>BioMed Research International</i> , 2018 , 2018, 1571807	3	7
226	Combination of Recreational Soccer and Caloric Restricted Diet Reduces Markers of Protein Catabolism and Cardiovascular Risk in Patients with Type 2 Diabetes. <i>Journal of Nutrition, Health and Aging</i> , 2017 , 21, 180-186	5.2	27
225	Acute effect of intermittent and continuous aerobic exercise on release of cardiac troponin T in sedentary men. <i>International Journal of Cardiology</i> , 2017 , 236, 493-497	3.2	7
224	Effect of lifelong football training on the expression of muscle molecular markers involved in healthy longevity. <i>European Journal of Applied Physiology</i> , 2017 , 117, 721-730	3.4	17
223	Broad-spectrum health improvements with one year of soccer training in inactive mildly hypertensive middle-aged women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 1893-1901	4.6	13

222	FFIFA 11 for HealthPfor Europe. 1: effect on health knowledge and well-being of 10- to 12-year-old Danish school children. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1483-1488	10.3	10
221	Physical Fitness and Body Composition in 8-10-Year-Old Danish Children Are Associated With Sports Club Participation. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 3425-3434	3.2	10
220	Effect of an aerobic exercise intervention on cardiac autonomic regulation: A worksite RCT among cleaners. <i>Physiology and Behavior</i> , 2017 , 169, 90-97	3.5	9
219	Walking football as sustainable exercise for older adults - A pilot investigation. <i>European Journal of Sport Science</i> , 2017 , 17, 638-645	3.9	25
218	The importance of cohesion and enjoyment for the fitness improvement of 8-10-year-old children participating in a team and individual sport school-based physical activity intervention. <i>European Journal of Sport Science</i> , 2017 , 17, 343-350	3.9	17
217	Running intensity fluctuations indicate temporary performance decrement in top-class football. <i>Science and Medicine in Football</i> , 2017 , 1, 10-17	2.7	18
216	Muscle ion transporters and antioxidative proteins have different adaptive potential in arm than in leg skeletal muscle with exercise training. <i>Physiological Reports</i> , 2017 , 5, e13470	2.6	4
215	Physical and Physiological Demands of Recreational Team Handball for Adult Untrained Men. <i>BioMed Research International</i> , 2017 , 2017, 6204603	3	17
214	Cardiorespiratory fitness and physical function in children with cancer from diagnosis throughout treatment. <i>BMJ Open Sport and Exercise Medicine</i> , 2017 , 3, e000179	3.4	15
213	Effects of self-paced interval and continuous training on health markers in women. <i>European Journal of Applied Physiology</i> , 2017 , 117, 2281-2293	3.4	21
212	Human Skeletal Muscle Oxidative Capacity Is Up-regulated After High-intensity Training In Competitive Soccer Players. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 329	1.2	
211	Soccer Training Improves Metabolic and Cardiovascular Health in 50-70-yr olds with pre Type 2 Diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 233	1.2	
210	Plasticity in mitochondrial cristae density allows metabolic capacity modulation in human skeletal muscle. <i>Journal of Physiology</i> , 2017 , 595, 2839-2847	3.9	90
209	Does Aerobic Exercise Increase 24-Hour Ambulatory Blood Pressure Among Workers With High Occupational Physical Activity?-A RCT. <i>American Journal of Hypertension</i> , 2017 , 30, 444-450	2.3	11
208	Fitness Effects of 10-Month Frequent Low-Volume Ball Game Training or Interval Running for 8-10-Year-Old School Children. <i>BioMed Research International</i> , 2017 , 2017, 2719752	3	13
207	Cardiac Structure and Function in Men with Prostate Cancer Receiving Androgen-Deprivation Therapy and the Effects of Recreational Small-Sided Football Training: A Randomized Controlled Trial. <i>World Journal of Cardiovascular Diseases</i> , 2017 , 07, 308-322	0	1
206	Sport and health 2017 , 198-218		
205	Muscle damage, inflammatory, immune and performance responses to three football games in 1 week in competitive male players. <i>European Journal of Applied Physiology</i> , 2016 , 116, 179-93	3.4	108

204	Self-reported previous knee injury and low knee function increase knee injury risk in adolescent female football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016 , 26, 919-26	4.6	6
203	Aerobic exercise reduces biomarkers related to cardiovascular risk among cleaners: effects of a worksite intervention RCT. <i>International Archives of Occupational and Environmental Health</i> , 2016 , 89, 239-49	3.2	10
202	Low-volume high-intensity swim training is superior to high-volume low-intensity training in relation to insulin sensitivity and glucose control in inactive middle-aged women. <i>European Journal of Applied Physiology</i> , 2016 , 116, 1889-97	3.4	19
201	Kicking Velocity and Effect on Match Performance When using a Smaller, Lighter Ball in Women's Football. <i>International Journal of Sports Medicine</i> , 2016 , 37, 966-972	3.6	10
200	Differences in strength and speed demands between 4v4 and 8v8 small-sided football games. <i>Journal of Sports Sciences</i> , 2016 , 34, 2246-2254	3.6	37
199	High-Intensity Training Improves Exercise Performance in Elite Women Volleyball Players During a Competitive Season. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 3066-3072	3.2	15
198	Yo-Yo Intermittent Endurance Test-Level 1 to monitor changes in aerobic fitness in pre-pubertal boys. <i>European Journal of Sport Science</i> , 2016 , 16, 159-64	3.9	5
197	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. <i>European Journal of Applied Physiology</i> , 2016 , 116, 471-80	3.4	38
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