

Rodney Whiteley

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

115
papers

2,794
citations

30
h-index

48
g-index

136
ext. papers

3,601
ext. citations

5.5
avg, IF

5.72
L-index

#	Paper	IF	Citations
115	2022 Bern Consensus Statement on Shoulder Injury Prevention, Rehabilitation, and Return to Sport for Athletes at All Participation Levels.. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022 , 52, 11-28	4.2	4
114	Between-Limb Symmetry in ACL and Tibiofemoral Contact Forces in Athletes After ACL Reconstruction and Clearance for Return to Sport.. <i>Orthopaedic Journal of Sports Medicine</i> , 2022 , 10, 23259671221084742	3.5	0
113	Exercise interventions in lateral elbow tendinopathy have better outcomes than passive interventions, but the effects are small: a systematic review and meta-analysis of 2123 subjects in 30 trials. <i>British Journal of Sports Medicine</i> , 2021 , 55, 477-485	10.3	6
112	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2021 , 1	10.6	14
111	Effect of speed and gradient on plantar force when running on an AlterG [®] treadmill. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 34	2.4	1
110	Participant characteristics are poorly reported in exercise trials in tendinopathy: A systematic review. <i>Physical Therapy in Sport</i> , 2021 , 48, 43-53	3	3
109	Single leg hop for distance symmetry masks lower limb biomechanics: time to discuss hop distance as decision criterion for return to sport after ACL reconstruction?. <i>British Journal of Sports Medicine</i> , 2021 ,	10.3	12
108	A systematic review evaluating the clinimetric properties of the Victorian Institute of Sport Assessment (VISA) questionnaires for lower limb tendinopathy shows moderate to high-quality evidence for sufficient reliability, validity and responsiveness-part II. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2021 , 29, 2765-2788	5.5	1
107	Evaluating lower limb tendinopathy with Victorian Institute of Sport Assessment (VISA) questionnaires: a systematic review shows very-low-quality evidence for their content and structural validity-part I. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2021 , 29, 2749-2764	5.5	3
106	Return to sport decisions after an acute lateral ankle sprain injury: introducing the PAASS framework-an international multidisciplinary consensus. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1270-1276 ⁹	10.3	9
105	The dominant leg is more likely to get injured in soccer players: systematic review and meta-analysis. <i>Biology of Sport</i> , 2021 , 38, 397-435	4.3	7
104	Match High-Speed Running Distances Are Often Suppressed After Return From Hamstring Strain Injury in Professional Footballers. <i>Sports Health</i> , 2021 , 13, 290-295	4.7	7
103	Lower limb EMG activation during reduced gravity running on an incline. Speed matters more than hills irrespective of indicated bodyweight. <i>Gait and Posture</i> , 2021 , 83, 52-59	2.6	3
102	Notions of "optimal" posture are loaded with meaning. Perceptions of sitting posture among asymptomatic members of the community. <i>Musculoskeletal Science and Practice</i> , 2021 , 51, 102310	2.4	1
101	Progression of Strength, Flexibility, and Palpation Pain During Rehabilitation of Athletes With Acute Adductor Injuries: A Prospective Cohort Study. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021 , 51, 126-134	4.2	6
100	Shoulder complaints more likely in volleyball players with a thickened bursa or supraspinatus tendon neovessels. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , 31, 480-488	4.6	2
99	Vertical and Horizontal Hop Performance: Contributions of the Hip, Knee, and Ankle. <i>Sports Health</i> , 2021 , 13, 128-135	4.7	18

98	Lower medial hamstring activity after ACL reconstruction during running: a cross-sectional study. <i>BMJ Open Sport and Exercise Medicine</i> , 2021 , 7, e000875	3.4	0
97	Serial Within-Session Improvements in Ankle Dorsiflexion During Clinical Interventions Including Mobilization-With-Movement and A Novel Manipulation Intervention - A Case Series. <i>International Journal of Sports Physical Therapy</i> , 2021 , 16, 1158-1168	1.4	
96	Current perspectives and clinical practice of physiotherapists on assessment, rehabilitation, and return to sport criteria after anterior cruciate ligament injury and reconstruction. An online survey of 538 physiotherapists. <i>Physical Therapy in Sport</i> , 2021 , 52, 103-114	3	0
95	Symmetry in Triple Hop Distance Hides Asymmetries in Knee Function After ACL Reconstruction in Athletes at Return to Sports. <i>American Journal of Sports Medicine</i> , 2021 , 3635465211063192	6.8	3
94	Statement on Methods in Sport Injury Research From the First METHODS MATTER Meeting, Copenhagen, 2019. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2020 , 50, 226-233	4.2	12
93	Statement on methods in sport injury research from the 1st METHODS MATTER Meeting, Copenhagen, 2019. <i>British Journal of Sports Medicine</i> , 2020 , 54, 941	10.3	10
92	Is the Acute: Chronic Workload Ratio (ACWR) Associated with Risk of Time-Loss Injury in Professional Team Sports? A Systematic Review of Methodology, Variables and Injury Risk in Practical Situations. <i>Sports Medicine</i> , 2020 , 50, 1613-1635	10.6	25
91	Clinical Assessment of Hamstring Injury and Function 2020 , 199-223		2
90	No association between perceived exertion and session duration with hamstring injury occurrence in professional football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 523-530	4.6	6
89	Methods may matter in injury surveillance: "how" may be more important than "what, when or why". <i>Biology of Sport</i> , 2020 , 37, 3-5	4.3	12
88	Second letter to the Editor about the article "The addition of blood flow restriction to resistance exercise in individuals with knee pain: a systematic review and meta-analysis". <i>Brazilian Journal of Physical Therapy</i> , 2020 , 24, 562-564	3.7	2
87	Measuring only hop distance during single leg hop testing is insufficient to detect deficits in knee function after ACL reconstruction: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020 , 54, 139-153	10.3	49
86	Subacromial Impingement Syndrome does not alter muscle onset activation patterns during shoulder cardinal movement at different speed and load. <i>Musculoskeletal Science and Practice</i> , 2020 , 48, 102161	2.4	2
85	Complete resolution of a hamstring intramuscular tendon injury on MRI is not necessary for a clinically successful return to play. <i>British Journal of Sports Medicine</i> , 2020 ,	10.3	4
84	Pectoralis major ruptures during rugby league tackling - Case series with implications for tackling technique instruction. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 1298-1303	4.4	3
83	Translation into modern standard Arabic, cross-cultural adaptation and psychometric propertiesR evaluation of the Lower Extremity Functional Scale (LEFS) in Arabic-speaking athletes with Anterior Cruciate Ligament (ACL) injury. <i>PLoS ONE</i> , 2019 , 14, e0217791	3.7	5
82	Six different football shoes, one playing surface and the weather; Assessing variation in shoe-surface traction over one season of elite football. <i>PLoS ONE</i> , 2019 , 14, e0216364	3.7	3
81	Blood Flow Restriction Training in Rehabilitation: A Useful Adjunct or Lucy's Latest Trick?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2019 , 49, 294-298	4.2	7

80	Athletes at late stage rehabilitation have persisting deficits in plantar- and dorsiflexion, and inversion (but not eversion) after ankle sprain. <i>Physical Therapy in Sport</i> , 2019 , 38, 30-35	3	7
79	Beighton scoring of joint laxity and injury incidence in Middle Eastern male youth athletes: a cohort study. <i>BMJ Open Sport and Exercise Medicine</i> , 2019 , 5, e000482	3.4	1
78	Shoulder muscle onset timing during clinical assessment movements is the same in elite handball players as non-athletes: Implications for clinical assessment. <i>Physical Therapy in Sport</i> , 2019 , 37, 64-68	3	2
77	Including the Nordic hamstring exercise in injury prevention programmes halves the rate of hamstring injuries: a systematic review and meta-analysis of 8459 athletes. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1362-1370	10.3	96
76	Modeling the Risk of Team Sport Injuries: A Narrative Review of Different Statistical Approaches. <i>Frontiers in Physiology</i> , 2019 , 10, 829	4.6	19
75	Reliability and methodology of quantitative assessment of harvested and unharvested patellar tendons of ACL injured athletes using ultrasound tissue characterization. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019 , 11, 12	2.4	3
74	Similar Isokinetic Strength Preinjury and at Return to Sport after Hamstring Injury. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1091-1098	1.2	7
73	Poor agreement between ultrasound and inbuilt diffusion tensor MRI measures of biceps femoris long head fascicle length. <i>Translational Sports Medicine</i> , 2019 , 2, 58-63	1.3	7
72	Injury incidence and injury patterns by category, player position, and maturation in elite male handball elite players. <i>Biology of Sport</i> , 2019 , 36, 67-74	4.3	19
71	Cohen's MRI scoring system has limited value in predicting return to play. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018 , 26, 1288-1294	5.5	4
70	New MRI muscle classification systems and associations with return to sport after acute hamstring injuries: a prospective study. <i>European Radiology</i> , 2018 , 28, 3532-3541	8	18
69	Video analysis of acute injuries and referee decisions during the 24th Men's Handball World Championship 2015 in Qatar. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1837-1846	4.6	6
68	Intramuscular tendon injury is not associated with an increased hamstring reinjury rate within 12 months after return to play. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1261-1266	10.3	21
67	A valid and reliable method to measure jump-specific training and competition load in elite volleyball players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1578-1585	4.6	29
66	Muscle Strength Is a Poor Screening Test for Predicting Lower Extremity Injuries in Professional Male Soccer Players: A 2-Year Prospective Cohort Study. <i>American Journal of Sports Medicine</i> , 2018 , 46, 1481-1491	6.8	18
65	Musculoskeletal Screening Tests and Bony Hip Morphology Cannot Identify Male Professional Soccer Players at Risk of Groin Injuries: A 2-Year Prospective Cohort Study. <i>American Journal of Sports Medicine</i> , 2018 , 46, 1294-1305	6.8	36
64	Marked asymmetry in vertical force (but not contact times) during running in ACL reconstructed athletes. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 890-893	4.4	13
63	Is Bony Hip Morphology Associated With Range of Motion and Strength in Asymptomatic Male Soccer Players?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018 , 48, 250-259	4.2	12

62	The functional movement test 9+ is a poor screening test for lower extremity injuries in professional male football players: a 2-year prospective cohort study. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1047-1053	10.3	12
61	Epidemiology of time loss groin injuries in a men's professional football league: a 2-year prospective study of 17 clubs and 606 players. <i>British Journal of Sports Medicine</i> , 2018 , 52, 292-297	10.3	55
60	Landing-related ankle injuries do not occur in plantarflexion as once thought: a systematic video analysis of ankle injuries in world-class volleyball. <i>British Journal of Sports Medicine</i> , 2018 , 52, 74-82	10.3	24
59	Clinical implications from daily physiotherapy examination of 131 acute hamstring injuries and their association with running speed and rehabilitation progression. <i>British Journal of Sports Medicine</i> , 2018 , 52, 303-310	10.3	26
58	The effectiveness of extracorporeal shockwave therapy in common lower limb conditions: a systematic review including quantification of patient-rated pain reduction. <i>British Journal of Sports Medicine</i> , 2018 , 52, 387-407	10.3	79
57	Intramuscular tendon involvement on MRI has limited value for predicting time to return to play following acute hamstring injury. <i>British Journal of Sports Medicine</i> , 2018 , 52, 83-88	10.3	37
56	High jump demands in professional volleyball-large variability exists between players and player positions. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 2293-2298	4.6	9
55	Rehabilitation of Upper Extremity Injuries in the Handball Player 2018 , 433-459		1
54	Lunacy revisited - the myth of the full moon: are football injuries related to the lunar cycle?. <i>Chronobiology International</i> , 2018 , 35, 1385-1390	3.6	5
53	Dual Kinect v2 system can capture lower limb kinematics reasonably well in a clinical setting: concurrent validity of a dual camera markerless motion capture system in professional football players. <i>BMJ Open Sport and Exercise Medicine</i> , 2018 , 4, e000441	3.4	6
52	Predictive Modelling of Training Loads and Injury in Australian Football. <i>International Journal of Computer Science in Sport</i> , 2018 , 17, 49-66	1.4	28
51	Low load resistance training with blood flow restriction decreases anterior knee pain more than resistance training alone. A pilot randomised controlled trial. <i>Physical Therapy in Sport</i> , 2018 , 34, 121-128 ³		30
50	Modeling Training Loads and Injuries: The Dangers of Discretization. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 2267-2276	1.2	43
49	Blood Flow Restriction induces hypoalgesia in recreationally active adult male anterior knee pain patients allowing therapeutic exercise loading. <i>Physical Therapy in Sport</i> , 2018 , 32, 235-243	3	31
48	Fifth metatarsal stress fracture in elite male football players: an on-field analysis of plantar loading. <i>BMJ Open Sport and Exercise Medicine</i> , 2018 , 4, e000377	3.4	7
47	Running speed increases plantar load more than per cent body weight on an AlterG [®] treadmill. <i>Journal of Sports Sciences</i> , 2017 , 35, 277-282	3.6	17
46	Development of a data-based interval kicking program for preparation and rehabilitation purposes in professional football. <i>Science and Medicine in Football</i> , 2017 , 1, 107-116	2.7	3
45	Skeletal maturation status is more strongly associated with academy selection than birth quarter. <i>Science and Medicine in Football</i> , 2017 , 1, 157-163	2.7	55

44	Peak medial (but not lateral) hamstring activity is significantly lower during stance phase of running. An EMG investigation using a reduced gravity treadmill. <i>Gait and Posture</i> , 2017 , 57, 7-10	2.6	11
43	Repeated end range spinal movement while seated abolishes the proprioceptive deficit induced by prolonged flexed sitting posture. A study assessing the statistical and clinical significance of spinal position sense. <i>Musculoskeletal Science and Practice</i> , 2017 , 31, 9-20	2.4	9
42	Activity Profiles and Positional Differences of Handball Players During the World Championships in Qatar 2015. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 908-915	3.5	21
41	MRI appearance does not change in the first 7 days after acute hamstring injury-a prospective study. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1087-1092	10.3	13
40	Interseason variability of a functional movement test, the 9+ screening battery, in professional male football players. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1081-1086	10.3	13
39	Performance analysis of male handball goalkeepers at the World Handball championship 2015. <i>Biology of Sport</i> , 2017 , 34, 393-400	4.3	11
38	A comprehensive strength testing protocol offers no clinical value in predicting risk of hamstring injury: a prospective cohort study of 413 professional football players. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1695-1702	10.3	82
37	Hamstring and calf muscle activation as a function of bodyweight support during treadmill running in ACL reconstructed athletes. <i>Gait and Posture</i> , 2017 , 58, 154-158	2.6	13
36	Two Training-Load Paradoxes: Can We Work Harder and Smarter, Can Physical Preparation and Medical Be Teammates?. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, S250-S254	2.5	20
35	Hip strength and range of motion: Normal values from a professional football league. <i>Journal of Science and Medicine in Sport</i> , 2017 , 20, 339-343	4.4	39
34	Effect of Cold on Proprioception and Cognitive Function in Elite Alpine Skiers. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 69-74	3.5	11
33	Automatic Detection of Pitching and Throwing Events in Baseball With Inertial Measurement Sensors. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 533-537	3.5	13
32	Muscle Injuries in Sports: A New Evidence-Informed and Expert Consensus-Based Classification with Clinical Application. <i>Sports Medicine</i> , 2017 , 47, 1241-1253	10.6	60
31	Hamstring and Quadriceps Isokinetic Strength Deficits Are Weak Risk Factors for Hamstring Strain Injuries: A 4-Year Cohort Study. <i>American Journal of Sports Medicine</i> , 2016 , 44, 1789-95	6.8	129
30	GIRD, TRROM, and humeral torsion-based classification of shoulder risk in throwing athletes are not in agreement and should not be used interchangeably. <i>Journal of Science and Medicine in Sport</i> , 2016 , 19, 816-9	4.4	17
29	A combination of initial and follow-up physiotherapist examination predicts physician-determined time to return to play after hamstring injury, with no added value of MRI. <i>British Journal of Sports Medicine</i> , 2016 , 50, 431-9	10.3	32
28	Screening and likelihood ratio infographic. <i>British Journal of Sports Medicine</i> , 2016 , 50, 837-8	10.3	9
27	Dry needling: Effects on activation and passive mechanical properties of the quadriceps, pain and range during late stage rehabilitation of ACL reconstructed patients. <i>Physical Therapy in Sport</i> , 2016 , 21, 57-62	3	19

26	Pubic apophysitis: 6 questions that need answers before I'm convinced it's a new clinical condition. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1421-1422	10.3	
25	Health conditions detected in a comprehensive periodic health evaluation of 558 professional football players. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1142-50	10.3	33
24	Pubic apophysitis: a previously undescribed clinical entity of groin pain in athletes. <i>British Journal of Sports Medicine</i> , 2015 , 49, 828-34	10.3	27
23	Platelet-rich plasma does not enhance return to play in hamstring injuries: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2015 , 49, 943-50	10.3	106
22	The Effectiveness of ESWT in Lower Limb Tendinopathy: Letter to the Editor. <i>American Journal of Sports Medicine</i> , 2015 , 43, NP43-4	6.8	2
21	MRI does not add value over and above patient history and clinical examination in predicting time to return to sport after acute hamstring injuries: a prospective cohort of 180 male athletes. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1579-87	10.3	45
20	Electromyography Activation Levels of the 3 Gluteus Medius Subdivisions During Manual Strength Testing. <i>Journal of Sport Rehabilitation</i> , 2015 , 24, 244-51	1.7	2
19	Diagnosis of Acute Groin Injuries: A Prospective Study of 110 Athletes. <i>American Journal of Sports Medicine</i> , 2015 , 43, 1857-64	6.8	95
18	Higher shoe-surface interaction is associated with doubling of lower extremity injury risk in football codes: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1245-52	10.3	21
17	Intrinsic foot muscles have the capacity to control deformation of the longitudinal arch. <i>Journal of the Royal Society Interface</i> , 2014 , 11, 20131188	4.1	156
16	The influence of changes in trunk and pelvic posture during single leg standing on hip and thigh muscle activation in a pain free population. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2014 , 6, 13	2.4	12
15	Different injury pattern in goalkeepers compared to field players: a three-year epidemiological study of professional football. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 34-8	4.4	12
14	Vitamin D concentration in 342 professional football players and association with lower limb isokinetic function. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 139-43	4.4	69
13	Acute responses of soccer match play on hip strength and flexibility measures: potential measure of injury risk. <i>Journal of Sports Sciences</i> , 2014 , 32, 1318-23	3.6	18
12	At return to play following hamstring injury the majority of professional football players have residual isokinetic deficits. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1364-9	10.3	85
11	Excellent reliability for MRI grading and prognostic parameters in acute hamstring injuries. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1385-7	10.3	37
10	Doppler ultrasound and tibial tuberosity maturation status predicts pain in adolescent male athletes with Osgood-Schlatter disease: a case series with comparison group and clinical interpretation. <i>British Journal of Sports Medicine</i> , 2013 , 47, 93-7	10.3	46
9	Effect of subject restraint and resistance pad placement on isokinetic knee flexor and extensor strength: implications for testing and rehabilitation. <i>Sports Health</i> , 2013 , 5, 137-42	4.7	8

8	Likelihood ratios ought to be interpreted in the context of the pre-test odds. <i>Journal of Physiotherapy</i> , 2012 , 58, 66; author reply 67	2.9	
7	Correlation of isokinetic and novel hand-held dynamometry measures of knee flexion and extension strength testing. <i>Journal of Science and Medicine in Sport</i> , 2012 , 15, 444-50	4.4	66
6	Adaptations at the Shoulder of the Throwing Athlete and Implications for the Clinician. <i>Techniques in Shoulder and Elbow Surgery</i> , 2012 , 13, 36-44	0.3	10
5	Playing level achieved, throwing history, and humeral torsion in Masters baseball players. <i>Journal of Sports Sciences</i> , 2010 , 28, 1223-32	3.6	17
4	Reduced humeral torsion predicts throwing-related injury in adolescent baseballers. <i>Journal of Science and Medicine in Sport</i> , 2010 , 13, 392-6	4.4	52
3	Sports participation and humeral torsion. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2009 , 39, 256-63	4.2	53
2	Shoulder proprioception is associated with humeral torsion in adolescent baseball players. <i>Physical Therapy in Sport</i> , 2008 , 9, 177-84	3	16
1	Indirect ultrasound measurement of humeral torsion in adolescent baseball players and non-athletic adults: reliability and significance. <i>Journal of Science and Medicine in Sport</i> , 2006 , 9, 310-8	4.4	75