

Rodney Whiteley

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

115
papers

2,794
citations

30
h-index

48
g-index

136
ext. papers

3,601
ext. citations

5.5
avg, IF

5.72
L-index

#	Paper	IF	Citations
115	Intrinsic foot muscles have the capacity to control deformation of the longitudinal arch. <i>Journal of the Royal Society Interface</i> , 2014 , 11, 20131188	4.1	156
114	Hamstring and Quadriceps Isokinetic Strength Deficits Are Weak Risk Factors for Hamstring Strain Injuries: A 4-Year Cohort Study. <i>American Journal of Sports Medicine</i> , 2016 , 44, 1789-95	6.8	129
113	Platelet-rich plasma does not enhance return to play in hamstring injuries: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2015 , 49, 943-50	10.3	106
112	Including the Nordic hamstring exercise in injury prevention programmes halves the rate of hamstring injuries: a systematic review and meta-analysis of 8459 athletes. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1362-1370	10.3	96
111	Diagnosis of Acute Groin Injuries: A Prospective Study of 110 Athletes. <i>American Journal of Sports Medicine</i> , 2015 , 43, 1857-64	6.8	95
110	At return to play following hamstring injury the majority of professional football players have residual isokinetic deficits. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1364-9	10.3	85
109	A comprehensive strength testing protocol offers no clinical value in predicting risk of hamstring injury: a prospective cohort study of 413 professional football players. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1695-1702	10.3	82
108	The effectiveness of extracorporeal shockwave therapy in common lower limb conditions: a systematic review including quantification of patient-rated pain reduction. <i>British Journal of Sports Medicine</i> , 2018 , 52, 387-407	10.3	79
107	Indirect ultrasound measurement of humeral torsion in adolescent baseball players and non-athletic adults: reliability and significance. <i>Journal of Science and Medicine in Sport</i> , 2006 , 9, 310-8	4.4	75
106	Vitamin D concentration in 342 professional football players and association with lower limb isokinetic function. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 139-43	4.4	69
105	Correlation of isokinetic and novel hand-held dynamometry measures of knee flexion and extension strength testing. <i>Journal of Science and Medicine in Sport</i> , 2012 , 15, 444-50	4.4	66
104	Muscle Injuries in Sports: A New Evidence-Informed and Expert Consensus-Based Classification with Clinical Application. <i>Sports Medicine</i> , 2017 , 47, 1241-1253	10.6	60
103	Skeletal maturation status is more strongly associated with academy selection than birth quarter. <i>Science and Medicine in Football</i> , 2017 , 1, 157-163	2.7	55
102	Epidemiology of time loss groin injuries in a men's professional football league: a 2-year prospective study of 17 clubs and 606 players. <i>British Journal of Sports Medicine</i> , 2018 , 52, 292-297	10.3	55
101	Sports participation and humeral torsion. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2009 , 39, 256-63	4.2	53
100	Reduced humeral torsion predicts throwing-related injury in adolescent baseballers. <i>Journal of Science and Medicine in Sport</i> , 2010 , 13, 392-6	4.4	52
99	Measuring only hop distance during single leg hop testing is insufficient to detect deficits in knee function after ACL reconstruction: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020 , 54, 139-153	10.3	49

98	Doppler ultrasound and tibial tuberosity maturation status predicts pain in adolescent male athletes with Osgood-Schlatter disease: a case series with comparison group and clinical interpretation. <i>British Journal of Sports Medicine</i> , 2013 , 47, 93-7	10.3	46
97	MRI does not add value over and above patient history and clinical examination in predicting time to return to sport after acute hamstring injuries: a prospective cohort of 180 male athletes. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1579-87	10.3	45
96	Modeling Training Loads and Injuries: The Dangers of Discretization. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 2267-2276	1.2	43
95	Hip strength and range of motion: Normal values from a professional football league. <i>Journal of Science and Medicine in Sport</i> , 2017 , 20, 339-343	4.4	39
94	Intramuscular tendon involvement on MRI has limited value for predicting time to return to play following acute hamstring injury. <i>British Journal of Sports Medicine</i> , 2018 , 52, 83-88	10.3	37
93	Excellent reliability for MRI grading and prognostic parameters in acute hamstring injuries. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1385-7	10.3	37
92	Musculoskeletal Screening Tests and Bony Hip Morphology Cannot Identify Male Professional Soccer Players at Risk of Groin Injuries: A 2-Year Prospective Cohort Study. <i>American Journal of Sports Medicine</i> , 2018 , 46, 1294-1305	6.8	36
91	Health conditions detected in a comprehensive periodic health evaluation of 558 professional football players. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1142-50	10.3	33
90	A combination of initial and follow-up physiotherapist examination predicts physician-determined time to return to play after hamstring injury, with no added value of MRI. <i>British Journal of Sports Medicine</i> , 2016 , 50, 431-9	10.3	32
89	Blood Flow Restriction induces hypoalgesia in recreationally active adult male anterior knee pain patients allowing therapeutic exercise loading. <i>Physical Therapy in Sport</i> , 2018 , 32, 235-243	3	31
88	Low load resistance training with blood flow restriction decreases anterior knee pain more than resistance training alone. A pilot randomised controlled trial. <i>Physical Therapy in Sport</i> , 2018 , 34, 121-128 ³		30
87	A valid and reliable method to measure jump-specific training and competition load in elite volleyball players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1578-1585	4.6	29
86	Predictive Modelling of Training Loads and Injury in Australian Football. <i>International Journal of Computer Science in Sport</i> , 2018 , 17, 49-66	1.4	28
85	Pubic apophysitis: a previously undescribed clinical entity of groin pain in athletes. <i>British Journal of Sports Medicine</i> , 2015 , 49, 828-34	10.3	27
84	Clinical implications from daily physiotherapy examination of 131 acute hamstring injuries and their association with running speed and rehabilitation progression. <i>British Journal of Sports Medicine</i> , 2018 , 52, 303-310	10.3	26
83	Is the Acute: Chronic Workload Ratio (ACWR) Associated with Risk of Time-Loss Injury in Professional Team Sports? A Systematic Review of Methodology, Variables and Injury Risk in Practical Situations. <i>Sports Medicine</i> , 2020 , 50, 1613-1635	10.6	25
82	Landing-related ankle injuries do not occur in plantarflexion as once thought: a systematic video analysis of ankle injuries in world-class volleyball. <i>British Journal of Sports Medicine</i> , 2018 , 52, 74-82	10.3	24
81	Activity Profiles and Positional Differences of Handball Players During the World Championships in Qatar 2015. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 908-915	3.5	21

80	Intramuscular tendon injury is not associated with an increased hamstring reinjury rate within 12 months after return to play. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1261-1266	10.3	21
79	Higher shoe-surface interaction is associated with doubling of lower extremity injury risk in football codes: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1245-52	10.3	21
78	Two Training-Load Paradoxes: Can We Work Harder and Smarter, Can Physical Preparation and Medical Be Teammates?. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, S250-S254	2.5	20
77	Dry needling: Effects on activation and passive mechanical properties of the quadriceps, pain and range during late stage rehabilitation of ACL reconstructed patients. <i>Physical Therapy in Sport</i> , 2016 , 21, 57-62	3	19
76	Modeling the Risk of Team Sport Injuries: A Narrative Review of Different Statistical Approaches. <i>Frontiers in Physiology</i> , 2019 , 10, 829	4.6	19
75	Injury incidence and injury patterns by category, player position, and maturation in elite male handball elite players. <i>Biology of Sport</i> , 2019 , 36, 67-74	4.3	19
74	New MRI muscle classification systems and associations with return to sport after acute hamstring injuries: a prospective study. <i>European Radiology</i> , 2018 , 28, 3532-3541	8	18
73	Muscle Strength Is a Poor Screening Test for Predicting Lower Extremity Injuries in Professional Male Soccer Players: A 2-Year Prospective Cohort Study. <i>American Journal of Sports Medicine</i> , 2018 , 46, 1481-1491	6.8	18
72	Acute responses of soccer match play on hip strength and flexibility measures: potential measure of injury risk. <i>Journal of Sports Sciences</i> , 2014 , 32, 1318-23	3.6	18
71	Vertical and Horizontal Hop Performance: Contributions of the Hip, Knee, and Ankle. <i>Sports Health</i> , 2021 , 13, 128-135	4.7	18
70	Running speed increases plantar load more than per cent body weight on an AlterG [®] treadmill. <i>Journal of Sports Sciences</i> , 2017 , 35, 277-282	3.6	17
69	GIRD, TRROM, and humeral torsion-based classification of shoulder risk in throwing athletes are not in agreement and should not be used interchangeably. <i>Journal of Science and Medicine in Sport</i> , 2016 , 19, 816-9	4.4	17
68	Playing level achieved, throwing history, and humeral torsion in Masters baseball players. <i>Journal of Sports Sciences</i> , 2010 , 28, 1223-32	3.6	17
67	Shoulder proprioception is associated with humeral torsion in adolescent baseball players. <i>Physical Therapy in Sport</i> , 2008 , 9, 177-84	3	16
66	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2021 , 1	10.6	14
65	MRI appearance does not change in the first 7 days after acute hamstring injury-a prospective study. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1087-1092	10.3	13
64	Interseason variability of a functional movement test, the 9+ screening battery, in professional male football players. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1081-1086	10.3	13
63	Marked asymmetry in vertical force (but not contact times) during running in ACL reconstructed athletes. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 890-893	4.4	13

62	Hamstring and calf muscle activation as a function of bodyweight support during treadmill running in ACL reconstructed athletes. <i>Gait and Posture</i> , 2017 , 58, 154-158	2.6	13
61	Automatic Detection of Pitching and Throwing Events in Baseball With Inertial Measurement Sensors. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 533-537	3.5	13
60	Statement on Methods in Sport Injury Research From the First METHODS MATTER Meeting, Copenhagen, 2019. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2020 , 50, 226-233	4.2	12
59	Is Bony Hip Morphology Associated With Range of Motion and Strength in Asymptomatic Male Soccer Players?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018 , 48, 250-259	4.2	12
58	The functional movement test 9+ is a poor screening test for lower extremity injuries in professional male football players: a 2-year prospective cohort study. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1047-1053	10.3	12
57	The influence of changes in trunk and pelvic posture during single leg standing on hip and thigh muscle activation in a pain free population. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2014 , 6, 13	2.4	12
56	Different injury pattern in goalkeepers compared to field players: a three-year epidemiological study of professional football. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 34-8	4.4	12
55	Methods may matter in injury surveillance: "how" may be more important than "what, when or why". <i>Biology of Sport</i> , 2020 , 37, 3-5	4.3	12
54	Single leg hop for distance symmetry masks lower limb biomechanics: time to discuss hop distance as decision criterion for return to sport after ACL reconstruction?. <i>British Journal of Sports Medicine</i> , 2021 ,	10.3	12
53	Peak medial (but not lateral) hamstring activity is significantly lower during stance phase of running. An EMG investigation using a reduced gravity treadmill. <i>Gait and Posture</i> , 2017 , 57, 7-10	2.6	11
52	Performance analysis of male handball goalkeepers at the World Handball championship 2015. <i>Biology of Sport</i> , 2017 , 34, 393-400	4.3	11
51	Effect of Cold on Proprioception and Cognitive Function in Elite Alpine Skiers. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 69-74	3.5	11
50	Statement on methods in sport injury research from the 1st METHODS MATTER Meeting, Copenhagen, 2019. <i>British Journal of Sports Medicine</i> , 2020 , 54, 941	10.3	10
49	Adaptations at the Shoulder of the Throwing Athlete and Implications for the Clinician. <i>Techniques in Shoulder and Elbow Surgery</i> , 2012 , 13, 36-44	0.3	10
48	Repeated end range spinal movement while seated abolishes the proprioceptive deficit induced by prolonged flexed sitting posture. A study assessing the statistical and clinical significance of spinal position sense. <i>Musculoskeletal Science and Practice</i> , 2017 , 31, 9-20	2.4	9
47	Screening and likelihood ratio infographic. <i>British Journal of Sports Medicine</i> , 2016 , 50, 837-8	10.3	9
46	High jump demands in professional volleyball-large variability exists between players and player positions. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 2293-2298	4.6	9
45	Return to sport decisions after an acute lateral ankle sprain injury: introducing the PAASS framework-an international multidisciplinary consensus. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1270-1276 ⁹	10.3	9

44	Effect of subject restraint and resistance pad placement on isokinetic knee flexor and extensor strength: implications for testing and rehabilitation. <i>Sports Health</i> , 2013 , 5, 137-42	4.7	8
43	Blood Flow Restriction Training in Rehabilitation: A Useful Adjunct or Lucy's Latest Trick?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2019 , 49, 294-298	4.2	7
42	Athletes at late stage rehabilitation have persisting deficits in plantar- and dorsiflexion, and inversion (but not eversion) after ankle sprain. <i>Physical Therapy in Sport</i> , 2019 , 38, 30-35	3	7
41	Similar Isokinetic Strength Preinjury and at Return to Sport after Hamstring Injury. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1091-1098	1.2	7
40	Poor agreement between ultrasound and inbuilt diffusion tensor MRI measures of biceps femoris long head fascicle length. <i>Translational Sports Medicine</i> , 2019 , 2, 58-63	1.3	7
39	The dominant leg is more likely to get injured in soccer players: systematic review and meta-analysis. <i>Biology of Sport</i> , 2021 , 38, 397-435	4.3	7
38	Match High-Speed Running Distances Are Often Suppressed After Return From Hamstring Strain Injury in Professional Footballers. <i>Sports Health</i> , 2021 , 13, 290-295	4.7	7
37	Fifth metatarsal stress fracture in elite male football players: an on-field analysis of plantar loading. <i>BMJ Open Sport and Exercise Medicine</i> , 2018 , 4, e000377	3.4	7
36	Video analysis of acute injuries and referee decisions during the 24th Men's Handball World Championship 2015 in Qatar. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1837-1846	4.6	6
35	Exercise interventions in lateral elbow tendinopathy have better outcomes than passive interventions, but the effects are small: a systematic review and meta-analysis of 2123 subjects in 30 trials. <i>British Journal of Sports Medicine</i> , 2021 , 55, 477-485	10.3	6
34	No association between perceived exertion and session duration with hamstring injury occurrence in professional football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 523-530	4.6	6
33	Progression of Strength, Flexibility, and Palpation Pain During Rehabilitation of Athletes With Acute Adductor Injuries: A Prospective Cohort Study. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021 , 51, 126-134	4.2	6
32	Dual Kinect v2 system can capture lower limb kinematics reasonably well in a clinical setting: concurrent validity of a dual camera markerless motion capture system in professional football players. <i>BMJ Open Sport and Exercise Medicine</i> , 2018 , 4, e000441	3.4	6
31	Translation into modern standard Arabic, cross-cultural adaptation and psychometric properties: evaluation of the Lower Extremity Functional Scale (LEFS) in Arabic-speaking athletes with Anterior Cruciate Ligament (ACL) injury. <i>PLoS ONE</i> , 2019 , 14, e0217791	3.7	5
30	Lunacy revisited - the myth of the full moon: are football injuries related to the lunar cycle?. <i>Chronobiology International</i> , 2018 , 35, 1385-1390	3.6	5
29	Cohen's MRI scoring system has limited value in predicting return to play. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018 , 26, 1288-1294	5.5	4
28	2022 Bern Consensus Statement on Shoulder Injury Prevention, Rehabilitation, and Return to Sport for Athletes at All Participation Levels.. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022 , 52, 11-28	4.2	4
27	Complete resolution of a hamstring intramuscular tendon injury on MRI is not necessary for a clinically successful return to play. <i>British Journal of Sports Medicine</i> , 2020 ,	10.3	4

26	Development of a data-based interval kicking program for preparation and rehabilitation purposes in professional football. <i>Science and Medicine in Football</i> , 2017 , 1, 107-116	2.7	3
25	Pectoralis major ruptures during rugby league tackling - Case series with implications for tackling technique instruction. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 1298-1303	4.4	3
24	Six different football shoes, one playing surface and the weather; Assessing variation in shoe-surface traction over one season of elite football. <i>PLoS ONE</i> , 2019 , 14, e0216364	3.7	3
23	Reliability and methodology of quantitative assessment of harvested and unharvested patellar tendons of ACL injured athletes using ultrasound tissue characterization. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019 , 11, 12	2.4	3
22	Participant characteristics are poorly reported in exercise trials in tendinopathy: A systematic review. <i>Physical Therapy in Sport</i> , 2021 , 48, 43-53	3	3
21	Evaluating lower limb tendinopathy with Victorian Institute of Sport Assessment (VISA) questionnaires: a systematic review shows very-low-quality evidence for their content and structural validity-part I. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2021 , 29, 2749-2764	5.5	3
20	Lower limb EMG activation during reduced gravity running on an incline. Speed matters more than hills irrespective of indicated bodyweight. <i>Gait and Posture</i> , 2021 , 83, 52-59	2.6	3
19	Symmetry in Triple Hop Distance Hides Asymmetries in Knee Function After ACL Reconstruction in Athletes at Return to Sports. <i>American Journal of Sports Medicine</i> , 2021 , 3635465211063192	6.8	3
18	Shoulder muscle onset timing during clinical assessment movements is the same in elite handball players as non-athletes: Implications for clinical assessment. <i>Physical Therapy in Sport</i> , 2019 , 37, 64-68	3	2
17	The Effectiveness of ESWT in Lower Limb Tendinopathy: Letter to the Editor. <i>American Journal of Sports Medicine</i> , 2015 , 43, NP43-4	6.8	2
16	Electromyography Activation Levels of the 3 Gluteus Medius Subdivisions During Manual Strength Testing. <i>Journal of Sport Rehabilitation</i> , 2015 , 24, 244-51	1.7	2
15	Clinical Assessment of Hamstring Injury and Function 2020 , 199-223		2
14	Second letter to the Editor about the article "The addition of blood flow restriction to resistance exercise in individuals with knee pain: a systematic review and meta-analysis". <i>Brazilian Journal of Physical Therapy</i> , 2020 , 24, 562-564	3.7	2
13	Subacromial Impingement Syndrome does not alter muscle onset activation patterns during shoulder cardinal movement at different speed and load. <i>Musculoskeletal Science and Practice</i> , 2020 , 48, 102161	2.4	2
12	Shoulder complaints more likely in volleyball players with a thickened bursa or supraspinatus tendon neovessels. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , 31, 480-488	4.6	2
11	Beighton scoring of joint laxity and injury incidence in Middle Eastern male youth athletes: a cohort study. <i>BMJ Open Sport and Exercise Medicine</i> , 2019 , 5, e000482	3.4	1
10	Rehabilitation of Upper Extremity Injuries in the Handball Player 2018 , 433-459		1
9	Effect of speed and gradient on plantar force when running on an AlterG [®] treadmill. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 34	2.4	1

8	A systematic review evaluating the clinimetric properties of the Victorian Institute of Sport Assessment (VISA) questionnaires for lower limb tendinopathy shows moderate to high-quality evidence for sufficient reliability, validity and responsiveness-part II. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2021 , 29, 2765-2788	5.5	1
7	Notions of "optimal" posture are loaded with meaning. Perceptions of sitting posture among asymptomatic members of the community. <i>Musculoskeletal Science and Practice</i> , 2021 , 51, 102310	2.4	1
6	Lower medial hamstring activity after ACL reconstruction during running: a cross-sectional study. <i>BMJ Open Sport and Exercise Medicine</i> , 2021 , 7, e000875	3.4	0
5	Current perspectives and clinical practice of physiotherapists on assessment, rehabilitation, and return to sport criteria after anterior cruciate ligament injury and reconstruction. An online survey of 538 physiotherapists. <i>Physical Therapy in Sport</i> , 2021 , 52, 103-114	3	0
4	Between-Limb Symmetry in ACL and Tibiofemoral Contact Forces in Athletes After ACL Reconstruction and Clearance for Return to Sport.. <i>Orthopaedic Journal of Sports Medicine</i> , 2022 , 10, 23259671221084742	3.5	0
3	Likelihood ratios ought to be interpreted in the context of the pre-test odds. <i>Journal of Physiotherapy</i> , 2012 , 58, 66; author reply 67	2.9	
2	Pubic apophysitis: 6 questions that need answers before I'm convinced it's a new clinical condition. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1421-1422	10.3	
1	Serial Within-Session Improvements in Ankle Dorsiflexion During Clinical Interventions Including Mobilization-With-Movement and A Novel Manipulation Intervention - A Case Series. <i>International Journal of Sports Physical Therapy</i> , 2021 , 16, 1158-1168	1.4	