

Cristina Bouzas

List of Publications by Year in descending order

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Version: 2024-02-01

45
papers

1,070
citations

516215

16
h-index

433756

31
g-index

46
all docs

46
docs citations

46
times ranked

1494
citing authors

#	ARTICLE	IF	CITATIONS
1	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019, 48, 387-388o.	0.9	179
2	Adherence to the Mediterranean Diet and Inflammatory Markers. <i>Nutrients</i> , 2018, 10, 62.	1.7	157
3	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 1486.	3.8	100
4	Metabolic Syndrome Is Associated with Oxidative Stress and Proinflammatory State. <i>Antioxidants</i> , 2020, 9, 236.	2.2	98
5	Beneficial effects of dietary supplementation with olive oil, oleic acid, or hydroxytyrosol in metabolic syndrome: Systematic review and meta-analysis. <i>Free Radical Biology and Medicine</i> , 2021, 172, 372-385.	1.3	60
6	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 1493.	1.7	41
7	Relationship between Body Image and Body Weight Control in Overweight & 55-Year-Old Adults: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1622.	1.2	34
8	Regular Practice of Moderate Physical Activity by Older Adults Ameliorates Their Anti-Inflammatory Status. <i>Nutrients</i> , 2018, 10, 1780.	1.7	30
9	Effects of Millimolar Steady-State Hydrogen Peroxide Exposure on Inflammatory and Redox Gene Expression in Immune Cells from Humans with Metabolic Syndrome. <i>Nutrients</i> , 2018, 10, 1920.	1.7	25
10	A randomized controlled trial for overweight and obesity in preschoolers: the More and Less Europe study - an intervention within the STOP project. <i>BMC Public Health</i> , 2019, 19, 945.	1.2	25
11	Association between Non-Alcoholic Fatty Liver Disease and Mediterranean Lifestyle: A Systematic Review. <i>Nutrients</i> , 2022, 14, 49.	1.7	22
12	Effect of Dietary and Lifestyle Interventions on the Amelioration of NAFLD in Patients with Metabolic Syndrome: The FLIPAN Study. <i>Nutrients</i> , 2022, 14, 2223.	1.7	22
13	Peripheral Blood Mononuclear Cells Antioxidant Adaptations to Regular Physical Activity in Elderly People. <i>Nutrients</i> , 2018, 10, 1555.	1.7	20
14	Adherence to the Mediterranean Lifestyle and Desired Body Weight Loss in a Mediterranean Adult Population with Overweight: A PREDIMED-Plus Study. <i>Nutrients</i> , 2020, 12, 2114.	1.7	20
15	Effect of Free Fatty Acids on Inflammatory Gene Expression and Hydrogen Peroxide Production by Ex Vivo Blood Mononuclear Cells. <i>Nutrients</i> , 2020, 12, 146.	1.7	19
16	Effect of a Six-Month Lifestyle Intervention on the Physical Activity and Fitness Status of Adults with NAFLD and Metabolic Syndrome. <i>Nutrients</i> , 2022, 14, 1813.	1.7	19
17	Inflammatory and Oxidative Stress Markers Related to Adherence to the Mediterranean Diet in Patients with Metabolic Syndrome. <i>Antioxidants</i> , 2022, 11, 901.	2.2	18
18	Association between Physical Condition and Body Composition, Nutrient Intake, Sociodemographic Characteristics, and Lifestyle Habits in Older Spanish Adults. <i>Nutrients</i> , 2018, 10, 1608.	1.7	17

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19	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1702-1713.	1.1	14
20	Determinants of Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Nutrients</i> , 2022, 14, 738.	1.7	12
21	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 754.	1.7	11
22	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020, 59, 2395-2409.	1.8	11
23	Peripheral Blood Mononuclear Cells Oxidative Stress and Plasma Inflammatory Biomarkers in Adults with Normal Weight, Overweight and Obesity. <i>Antioxidants</i> , 2021, 10, 813.	2.2	11
24	Health-related quality of life in individuals with metabolic syndrome: A cross-sectional study. <i>Semergen</i> , 2020, 46, 524-537.	0.2	9
25	Adherence to a Mediterranean Diet Pattern, Physical Activity, and Physical Self-Concept in Spanish Older Adults. <i>Nutrients</i> , 2022, 14, 2404.	1.7	9
26	Explaining the complex impact of the Covid-19 pandemic on children with overweight and obesity: a comparative ecological analysis of parents'™ perceptions in three countries. <i>BMC Public Health</i> , 2022, 22, 1000.	1.2	8
27	Beverage Consumption among Adults in the Balearic Islands: Association with Total Water and Energy Intake. <i>Nutrients</i> , 2018, 10, 1149.	1.7	7
28	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 3982-3991.	2.3	6
29	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2870-2886.	1.1	6
30	Comparison between Original and Reviewed Consensus of European Working Group on Sarcopenia in Older People: A Probabilistic Cross-Sectional Survey among Community-Dwelling Older People. <i>Gerontology</i> , 2022, 68, 869-876.	1.4	5
31	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. <i>Antioxidants</i> , 2022, 11, 316.	2.2	5
32	Association between Functional Fitness and Health-Related Quality of Life in the Balearic Islands'™ Old Adults with Metabolic Syndrome. <i>Nutrients</i> , 2022, 14, 1798.	1.7	5
33	Health-Related Quality of Life in Spanish Schoolchildren and Its Association with the Fitness Status and Adherence to the Mediterranean Diet. <i>Nutrients</i> , 2022, 14, 2322.	1.7	5
34	Impact of Physical Activity Differences Due to COVID-19 Pandemic Lockdown on Non-Alcoholic Fatty Liver Parameters in Adults with Metabolic Syndrome. <i>Nutrients</i> , 2022, 14, 2370.	1.7	5
35	A Greater Improvement of Intrahepatic Fat Contents after 6 Months of Lifestyle Intervention Is Related to a Better Oxidative Stress and Inflammatory Status in Non-Alcoholic Fatty Liver Disease. <i>Antioxidants</i> , 2022, 11, 1266.	2.2	5
36	Effects of 2-Year Nutritional and Lifestyle Intervention on Oxidative and Inflammatory Statuses in Individuals of 55 Years of Age and over at High Cardiovascular Risk. <i>Antioxidants</i> , 2022, 11, 1326.	2.2	5

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37	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020, 12, 3023.	1.7	4
38	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020, 39, 853-861.	2.3	3
39	Association between Bone Mineral Density and Metabolic Syndrome among Reproductive, Menopausal Transition, and Postmenopausal Women. <i>Journal of Clinical Medicine</i> , 2021, 10, 4819.	1.0	3
40	Combined Body Mass Index and Waist-to-Height Ratio and Its Association with Lifestyle and Health Factors among Spanish Children: The PASOS Study. <i>Nutrients</i> , 2022, 14, 234.	1.7	3
41	Association between Physical Activity and Non-Alcoholic Fatty Liver Disease in Adults with Metabolic Syndrome: The FLIPAN Study. <i>Nutrients</i> , 2022, 14, 1063.	1.7	3
42	Paediatric teams in front of childhood obesity: A qualitative study within the STOP project. <i>Anales De Pediatr�a (English Edition)</i> , 2021, 95, 174-185.	0.1	2
43	Association between Stages of Hepatic Steatosis and Physical Activity Performance in Adults with Metabolic Syndrome: A Cross-Sectional Analysis in FLIPAN Study. <i>Nutrients</i> , 2022, 14, 1790.	1.7	2
44	Metabolic Syndrome and Functional Fitness Abilities. <i>Journal of Clinical Medicine</i> , 2021, 10, 5840.	1.0	1
45	Association between the Use of Health Services, Cardiovascular Risk Factors and Metabolic Syndrome in Mexican Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5336.	1.2	0