

Robert F Kushner

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

119
papers

7,666
citations

37
h-index

87
g-index

128
ext. papers

9,768
ext. citations

7.3
avg, IF

6.26
L-index

#	Paper	IF	Citations
119	Using psycho-behavioral phenotyping for overweight and obesity: Confirmation of the 6 factor questionnaire.. <i>Obesity Science and Practice</i> , 2022 , 8, 185-189	2.6	1
118	Once-Weekly Semaglutide in Adults with Overweight or Obesity. <i>New England Journal of Medicine</i> , 2021 , 384, 989	59.2	351
117	Building Successful Models in Primary Care to Improve the Management of Adult Patients with Obesity. <i>Population Health Management</i> , 2021 , 24, 548-559	1.8	1
116	Weight Can@ Wait: A Guide to Discussing Obesity and Organizing Treatment in the Primary Care Setting. <i>Obesity</i> , 2021 , 29, 821-824	8	2
115	Once-weekly Subcutaneous Semaglutide 2.4 mg Reduces Body Weight in Adults with Overweight or Obesity Regardless of Baseline Characteristics (STEP 1). <i>Journal of the Endocrine Society</i> , 2021 , 5, A24-A24	0.4	2
114	Efficacy and Safety of Once-Weekly Subcutaneous Semaglutide 2.4 MG in Adults With Overweight or Obesity (STEP 1). <i>Journal of the Endocrine Society</i> , 2021 , 5, A10-A10	0.4	78
113	Impact of Semaglutide on Body Composition in Adults With Overweight or Obesity: Exploratory Analysis of the STEP 1 Study. <i>Journal of the Endocrine Society</i> , 2021 , 5, A16-A17	0.4	1
112	Clinically-Relevant Weight Loss is Achieved Independently of Early Weight Loss Response to Once-Weekly Subcutaneous Semaglutide 2.4 MG (STEP 4). <i>Journal of the Endocrine Society</i> , 2021 , 5, A7-A7	0.4	1
111	Long-term Complications of Bariatric Surgery-Reply. <i>JAMA - Journal of the American Medical Association</i> , 2021 , 325, 186-187	27.4	
110	Daily energy expenditure through the human life course. <i>Science</i> , 2021 , 373, 808-812	33.3	43
109	Physical activity and fat-free mass during growth and in later life. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 1583-1589	7	3
108	Diagnosing Obesity as a First Step to Weight Loss: An Observational Study. <i>Obesity</i> , 2020 , 28, 2305-23098		7
107	Clinical Practice Guidelines for the Perioperative Nutrition, Metabolic, and Nonsurgical Support of Patients Undergoing Bariatric Procedures - 2019 Update: Cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists. <i>Surgery for Obesity and Related Diseases</i> , 2020 , 30, 175-247	8	75
106	Low priority of obesity education leads to lack of medical students' preparedness to effectively treat patients with obesity: results from the U.S. medical school obesity education curriculum benchmark study. <i>BMC Medical Education</i> , 2020 , 20, 23	3.3	24
105	Changes in weight control behaviors and hedonic hunger in a commercial weight management program adapted for individuals with type 2 diabetes. <i>International Journal of Obesity</i> , 2020 , 44, 990-998	5.5	2
104	Northwestern Medicine Center for Lifestyle Medicine 2020 , 289-298		
103	Clinical practice guidelines for the perioperative nutrition, metabolic, and nonsurgical support of patients undergoing bariatric procedures - 2019 update: cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists. <i>Surgery for Obesity and Related Diseases</i> , 2020 , 16, 175-247	3	113

102	Weight History in Clinical Practice: The State of the Science and Future Directions. <i>Obesity</i> , 2020 , 28, 9-17	8	12
101	Semaglutide Effects on Cardiovascular Outcomes in People With Overweight or Obesity (SELECT) rationale and design. <i>American Heart Journal</i> , 2020 , 229, 61-69	4.9	53
100	What COVID-19 is Teaching Us About Counseling for Weight Management. <i>Obesity</i> , 2020 , 28, 2036-20378		4
99	Benefits and Risks of Bariatric Surgery in Adults: A Review. <i>JAMA - Journal of the American Medical Association</i> , 2020 , 324, 879-887	27.4	138
98	Semaglutide 2.4 mg for the Treatment of Obesity: Key Elements of the STEP Trials 1 to 5. <i>Obesity</i> , 2020 , 28, 1050-1061	8	77
97	Overweight: The Overlooked Risk Factor. <i>Journal of Family Practice</i> , 2020 , 69, S51-S56	0.2	
96	Development of Obesity Competencies for Medical Education: A Report from the Obesity Medicine Education Collaborative. <i>Obesity</i> , 2019 , 27, 1063-1067	8	18
95	Aspiration therapy for the treatment of obesity: 4-year results of a multicenter randomized controlled trial. <i>Surgery for Obesity and Related Diseases</i> , 2019 , 15, 1348-1354	3	31
94	Development and outcomes of an immersive obesity summit workshop for medical resident and fellow education. <i>Clinical Obesity</i> , 2019 , 9, e12315	3.6	2
93	CLINICAL PRACTICE GUIDELINES FOR THE PERIOPERATIVE NUTRITION, METABOLIC, AND NONSURGICAL SUPPORT OF PATIENTS UNDERGOING BARIATRIC PROCEDURES - 2019 UPDATE: COSPONSORED BY AMERICAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS/AMERICAN COLLEGE OF ENDOCRINOLOGY, THE OBESITY SOCIETY, AMERICAN SOCIETY FOR METABOLIC & BARIATRIC SURGERY, OBESITY MEDICINE ASSOCIATION, AND AMERICAN SOCIETY OF ANESTHESIOLOGISTS - <i>Endocrine Practice</i> , 2019 , 25, 1348-1359	3.2	142
92	Board Certification for Bariatric Surgeons and Physicians: The Future? 2019 , 339-344		
91	Advancing Nutrition Education, Training, and Research for Medical Students, Residents, Fellows, Attending Physicians, and Other Clinicians: Building Competencies and Interdisciplinary Coordination. <i>Advances in Nutrition</i> , 2019 , 10, 1181-1200	10	19
90	What Do We Need to Do to Get Primary Care Ready to Treat Obesity?. <i>Obesity</i> , 2018 , 26, 631-632	8	3
89	Medical Nutrition Education, Training, and Competencies to Advance Guideline-Based Diet Counseling by Physicians: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018 , 137, e821-e841	16.7	56
88	Description and Early Outcomes of a Comprehensive Curriculum Redesign at the Northwestern University Feinberg School of Medicine. <i>Academic Medicine</i> , 2018 , 93, 593-599	3.9	11
87	Introduction: The State of Obesity in 2017. <i>Medical Clinics of North America</i> , 2018 , 102, 1-11	7	46
86	Weight Loss Strategies for Treatment of Obesity: Lifestyle Management and Pharmacotherapy. <i>Progress in Cardiovascular Diseases</i> , 2018 , 61, 246-252	8.5	38
85	Expert Coaching in Weight Loss: Retrospective Analysis. <i>Journal of Medical Internet Research</i> , 2018 , 20, e92	7.6	11

84	Teaching Nutrition in the Context for Lifestyle Medicine. <i>Medical Science Educator</i> , 2018 , 28, 9-12	0.7	3
83	Reprint of: Healthy Weight and Obesity Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 3027-3052	15.1	20
82	Healthy Weight and Obesity Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 1506-1531	15.1	172
81	Impact on psychosocial outcomes of a nationally available weight management program tailored for individuals with type 2 diabetes: Results of a randomized controlled trial. <i>Journal of Diabetes and Its Complications</i> , 2017 , 31, 891-897	3.2	14
80	ACC/AHA Special Report: Clinical Practice Guideline Implementation Strategies: A Summary of Systematic Reviews by the NHLBI Implementation Science Work Group: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. <i>Circulation</i> , 2017 , 135, e122-e137	16.7	42
79	The American Board of Obesity Medicine: Five-year report. <i>Obesity</i> , 2017 , 25, 982-984	8	21
78	Neuropsychiatric safety with liraglutide 3.0 mg for weight management: Results from randomized controlled phase 2 and 3a trials. <i>Diabetes, Obesity and Metabolism</i> , 2017 , 19, 1529-1536	6.7	27
77	Percutaneous Gastrostomy Device for the Treatment of Class II and Class III Obesity: Results of a Randomized Controlled Trial. <i>American Journal of Gastroenterology</i> , 2017 , 112, 447-457	0.7	111
76	Obesity Coverage on Medical Licensing Examinations in the United States. What Is Being Tested?. <i>Teaching and Learning in Medicine</i> , 2017 , 29, 123-128	3.4	21
75	Taking a Weight History Using Mnemonics to Learn a Missing Skill in Medical Education. <i>MedEdPublish</i> , 2017 , 6,	3.8	4
74	What Matters in Weight Loss? An In-Depth Analysis of Self-Monitoring. <i>Journal of Medical Internet Research</i> , 2017 , 19, e160	7.6	40
73	Randomized controlled trial of a nationally available weight control program tailored for adults with type 2 diabetes. <i>Obesity</i> , 2016 , 24, 2269-2277	8	33
72	Development of a six-factor questionnaire for use in weight management counseling. <i>Patient Education and Counseling</i> , 2016 , 99, 2018-2025	3.1	4
71	Core body temperature is lower in postmenopausal women than premenopausal women: potential implications for energy metabolism and midlife weight gain. <i>Cardiovascular Endocrinology</i> , 2016 , 5, 151-154		9
70	Providing Nutritional Care in the Office Practice: Teams, Tools, and Techniques. <i>Medical Clinics of North America</i> , 2016 , 100, 1157-1168	7	3
69	Answers to Clinical Questions in the Primary Care Management of People with Obesity: Screening and Diagnosis. <i>Journal of Family Practice</i> , 2016 , 65, S2-4	0.2	
68	Reversible biological adaptations in obesity - Authors Reply. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 314-5	18.1	
67	Prevention of Weight Regain Following Bariatric Surgery. <i>Current Obesity Reports</i> , 2015 , 4, 198-206	8.4	45

66	Efficacy of Liraglutide for Weight Loss Among Patients With Type 2 Diabetes: The SCALE Diabetes Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , 2015 , 314, 687-99	27.4	468
65	Usability of the Novel Liraglutide 3.0 mg Pen Injector Among Overweight or Obese Adult Patients With or Without Prior Injection Experience. <i>Journal of Diabetes Science and Technology</i> , 2015 , 10, 164-74 ⁴⁻¹		7
64	Treating obesity seriously: when recommendations for lifestyle change confront biological adaptations. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 232-4	18.1	66
63	Trends in Weight Regain Following Roux-en-Y Gastric Bypass (RYGB) Bariatric Surgery. <i>Obesity Surgery</i> , 2015 , 25, 1474-81	3.7	125
62	Lifestyle Medicine—An Emerging New Discipline. <i>US Endocrinology</i> , 2015 , 11, 36	0.3	13
61	Hot Topics in Primary Care: Pharmacologic Approach to Obesity. <i>Journal of Family Practice</i> , 2015 , 64, S37-43	0.2	
60	Weight loss strategies for treatment of obesity. <i>Progress in Cardiovascular Diseases</i> , 2014 , 56, 465-72	8.5	132
59	An obesity educational intervention for medical students addressing weight bias and communication skills using standardized patients. <i>BMC Medical Education</i> , 2014 , 14, 53	3.3	66
58	Nutrition education in medical school: a time of opportunity. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 1167S-73S	7	57
57	Weight-loss therapy in type 2 diabetes: effects of phentermine and topiramate extended release. <i>Diabetes Care</i> , 2014 , 37, 3309-16	14.6	78
56	Assessment and lifestyle management of patients with obesity: clinical recommendations from systematic reviews. <i>JAMA - Journal of the American Medical Association</i> , 2014 , 312, 943-52	27.4	130
55	2013 AHA/ACC/TOS guideline for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. <i>Circulation</i> , 2014 , 129, S102-38	16.7	1586
54	Principles and nonpharmacologic management of obesity in adults. <i>Journal of Family Practice</i> , 2014 , 63, S15-20	0.2	8
53	Clinical practice guidelines for the perioperative nutritional, metabolic, and nonsurgical support of the bariatric surgery patient—2013 update: cosponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery. <i>Obesity</i> , 2013 , 21 Suppl 1, S1-27	8	823
52	Practical Guide to Clinical Assessment and Treatment Planning 2013 , 51-62		
51	Stages of Obesity and Weight Maintenance 2013 , 63-69		
50	Lifestyle medicine: the future of chronic disease management. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2013 , 20, 389-95	4	46
49	Obesity consults—comprehensive obesity management in 2013: understanding the shifting paradigm. <i>Obesity</i> , 2013 , 21 Suppl 2, S3-13; quiz S14-5	8	4

48	Surgery for Severe Obesity 2013 , 571-581		1
47	Clinical assessment and management of adult obesity. <i>Circulation</i> , 2012 , 126, 2870-7	16.7	56
46	Pharmacologic management of obesity. <i>Pediatric Blood and Cancer</i> , 2012 , 58, 140-3	3	5
45	Medical and behavioral evaluation of patients with obesity. <i>Psychiatric Clinics of North America</i> , 2011 , 34, 797-812	3.1	7
44	Using behavior change plans to improve medical student self-care. <i>Academic Medicine</i> , 2011 , 86, 901-6	3.9	62
43	Obesity medicine--the time has come. <i>Nutrition in Clinical Practice</i> , 2011 , 26, 510-1	3.6	
42	Current strategies of critical care assessment and therapy of the obese patient (hypocaloric feeding): what are we doing and what do we need to do?. <i>Journal of Parenteral and Enteral Nutrition</i> , 2011 , 35, 36S-43S	4.2	18
41	Obesity and Therapeutic Approaches to Weight Loss 2011 , 91-106		
40	Prevalence of unhealthy lifestyle patterns among overweight and obese adults. <i>Obesity</i> , 2010 , 18, 1160-8		23
39	Understanding obesity by asking the right questions. <i>Perspectives in Biology and Medicine</i> , 2010 , 53, 148-51		
38	Optimizing integration of nutrition into patient care through physician leadership. <i>Journal of Parenteral and Enteral Nutrition</i> , 2010 , 34, 30S-9S	4.2	5
37	Tackling obesity: is primary care up to the challenge?. <i>Archives of Internal Medicine</i> , 2010 , 170, 121-3		35
36	Prevention of weight gain in adult patients with type 2 diabetes treated with pioglitazone. <i>Obesity</i> , 2009 , 17, 1017-22	8	19
35	American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery medical guidelines for clinical practice for the perioperative nutritional, metabolic, and nonsurgical support of the bariatric surgery patient. <i>Obesity</i> , 2009 , 17 Suppl 1, S1-76, v	8	200
34	Anti-obesity drugs. <i>Expert Opinion on Pharmacotherapy</i> , 2008 , 9, 1339-50	4	15
33	The Expert Weighs In: A View of Obesity from a Departmental Chair, Dean, and Editor: Interview with J. Larry Jameson, M.D., Ph.D., Vice President for Medical Affairs, Lewis Landsberg Dean, Northwestern University Feinberg School of Medicine, Chicago, IL. <i>Obesity Management</i> , 2008 , 4, 220-221		
32	Companion Dogs as Weight Loss Partners. <i>Obesity Management</i> , 2008 , 4, 232-235		3
31	Low-carbohydrate, high-protein diets revisited. <i>Current Opinion in Gastroenterology</i> , 2008 , 24, 198-203	3	29

- 30 Lifestyle Patterns Approach for Obesity Management. *Obesity Management*, **2007**, 3, 121-124
- 29 Obesity management. *Gastroenterology Clinics of North America*, **2007**, 36, 191-210, viii 4.4 9
- 28 A New Medical Student Course in Healthy Living. *Obesity Management*, **2007**, 3, 80-81
- 27 Measuring Body Fat in the Clinical Setting Using Bioelectrical Impedance Analysis. *Obesity Management*, **2007**, 3, 185-186
- 26 Selecting a Group Exercise Class for Your Patient. *Obesity Management*, **2006**, 2, 199-201
- 25 Commercial Program and Product Review. *Obesity Management*, **2006**, 2, 159-160
- 24 Pedometers: A Tool You Can Use in Your Practice. *Obesity Management*, **2006**, 2, 37-38
- 23 Commercial Program and Product Review Heart Rate Monitors. *Obesity Management*, **2006**, 2, 242-243 0
- 22 Weighing Patients: The Importance of Having the Right Scale. *Obesity Management*, **2006**, 2, 76-77 1
- 21 Long-term outcome of bariatric surgery: an interim analysis. *Mayo Clinic Proceedings*, **2006**, 81, S46-51 6.4 43
- 20 An update on low-carbohydrate, high-protein diets. *Current Opinion in Gastroenterology*, **2006**, 22, 153-93 19
- 19 The PPET Study: people and pets exercising together. *Obesity*, **2006**, 14, 1762-70 8 87
- 18 Medical evaluation of the obese individual. *Psychiatric Clinics of North America*, **2005**, 28, 89-103, viii 3.1 5
- 17 Diets, drugs, exercise, and behavioral modification: Where these work and where they do not. *Surgery for Obesity and Related Diseases*, **2005**, 1, 120-2 3 4
- 16 Commercial Program and Product Review: Indirect Calorimetry Products for the Office. *Obesity Management*, **2005**, 1, 264-265
- 15 Low-carbohydrate diets, con: the mythical phoenix or credible science?. *Nutrition in Clinical Practice*, **2005**, 20, 13-6 3.6 8
- 14 Emergence of pica (ingestion of non-food substances) accompanying iron deficiency anemia after gastric bypass surgery. *Obesity Surgery*, **2005**, 15, 1491-5 3.7 27
- 13 Risk assessment of the overweight and obese patient. *Journal of the American Dietetic Association*, **2005**, 105, S53-62 27

12	Reemergence of pica following gastric bypass surgery for obesity: a new presentation of an old problem. <i>Journal of the American Dietetic Association</i> , 2004 , 104, 1393-7		43
11	Denon Institute Award for Excellence in Medical/Dental Nutrition Education Lecture, 2002. Will there be a tipping point in medical nutrition education?. <i>American Journal of Clinical Nutrition</i> , 2003 , 77, 288-91	7	7
10	The office approach to the obese patient. <i>Primary Care - Clinics in Office Practice</i> , 2003 , 30, 327-40	2.2	1
9	Assessment of the obese patient. <i>Endocrinology and Metabolism Clinics of North America</i> , 2003 , 32, 915-335	3.5	55
8	Bipedal bioelectrical impedance analysis reproducibly estimates total body water in hemodialysis patients. <i>American Journal of Kidney Diseases</i> , 2002 , 39, 154-8	7.4	20
7	Obesity pharmacology: past, present, and future. <i>Current Opinion in Gastroenterology</i> , 2002 , 18, 213-20	3	8
6	Medical management of obesity. <i>Seminars in Gastrointestinal Disease</i> , 2002 , 13, 123-32		21
5	Mind/Body Medicine: An Introduction for the Generalist Physician and Nutritionist. <i>Nutrition in Clinical Care: an Official Publication of Tufts University</i> , 2001 , 4, 256-264		3
4	A new century: a new beginning. <i>Journal of Parenteral and Enteral Nutrition</i> , 2001 , 25, 169-73	4.2	2
3	Obesity and quality of life. <i>Nutrition</i> , 2000 , 16, 947-52	4.8	200
2	Recombinant leptin for weight loss in obese and lean adults: a randomized, controlled, dose-escalation trial. <i>JAMA - Journal of the American Medical Association</i> , 1999 , 282, 1568-75	27.4	1025
1	An Integrated Approach to Obesity Care. <i>Nutrition in Clinical Care: an Official Publication of Tufts University</i> , 1999 , 2, 285-291		6