

Robert F Kushner

List of Publications by Citations

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119
papers

7,666
citations

37
h-index

87
g-index

128
ext. papers

9,768
ext. citations

7.3
avg, IF

6.26
L-index

#	Paper	IF	Citations
119	2013 AHA/ACC/TOS guideline for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. <i>Circulation</i> , 2014 , 129, S102-38	16.7	1586
118	Recombinant leptin for weight loss in obese and lean adults: a randomized, controlled, dose-escalation trial. <i>JAMA - Journal of the American Medical Association</i> , 1999 , 282, 1568-75	27.4	1025
117	Clinical practice guidelines for the perioperative nutritional, metabolic, and nonsurgical support of the bariatric surgery patient--2013 update: cosponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery. <i>Obesity</i> , 2013 , 21, Suppl 1, S1-S7	8	823
116	Efficacy of Liraglutide for Weight Loss Among Patients With Type 2 Diabetes: The SCALE Diabetes Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , 2015 , 314, 687-99	27.4	468
115	Once-Weekly Semaglutide in Adults with Overweight or Obesity. <i>New England Journal of Medicine</i> , 2021 , 384, 989	59.2	351
114	American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery medical guidelines for clinical practice for the perioperative nutritional, metabolic, and nonsurgical support of the bariatric surgery patient. <i>Obesity</i> , 2009 , 17, Suppl 1, S1-70, v	8	200
113	Obesity and quality of life. <i>Nutrition</i> , 2000 , 16, 947-52	4.8	200
112	Healthy Weight and Obesity Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 1506-1531	15.1	172
111	CLINICAL PRACTICE GUIDELINES FOR THE PERIOPERATIVE NUTRITION, METABOLIC, AND NONSURGICAL SUPPORT OF PATIENTS UNDERGOING BARIATRIC PROCEDURES - 2019 UPDATE: COSPONSORED BY AMERICAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS/AMERICAN COLLEGE OF ENDOCRINOLOGY, THE OBESITY SOCIETY, AMERICAN SOCIETY FOR METABOLIC & BARIATRIC SURGERY, OBESITY MEDICINE ASSOCIATION, AND AMERICAN SOCIETY OF PERCUTANEOUS GASTROSTOMY DEVICE FOR THE TREATMENT OF CLASS II AND CLASS III OBESITY: RESULTS OF A RANDOMIZED CONTROLLED TRIAL. <i>American Journal of Gastroenterology</i> , 2017 , 112, 447-457	3.2	142
110	Benefits and Risks of Bariatric Surgery in Adults: A Review. <i>JAMA - Journal of the American Medical Association</i> , 2020 , 324, 879-887 <i>Primary Care</i> , 2019 , 25, 1346-1359	27.4	138
109	Weight loss strategies for treatment of obesity. <i>Progress in Cardiovascular Diseases</i> , 2014 , 56, 465-72	8.5	132
108	Assessment and lifestyle management of patients with obesity: clinical recommendations from systematic reviews. <i>JAMA - Journal of the American Medical Association</i> , 2014 , 312, 943-52	27.4	130
107	Trends in Weight Regain Following Roux-en-Y Gastric Bypass (RYGB) Bariatric Surgery. <i>Obesity Surgery</i> , 2015 , 25, 1474-81	3.7	125
106	Clinical practice guidelines for the perioperative nutrition, metabolic, and nonsurgical support of patients undergoing bariatric procedures - 2019 update: cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Percutaneous Gastrostomy Device for the Treatment of Class II and Class III Obesity: Results of a Randomized Controlled Trial. <i>American Journal of Gastroenterology</i> , 2017 , 112, 447-457	3	113
105	Percutaneous Gastrostomy Device for the Treatment of Class II and Class III Obesity: Results of a Randomized Controlled Trial. <i>American Journal of Gastroenterology</i> , 2017 , 112, 447-457	0.7	111
104	The PPET Study: people and pets exercising together. <i>Obesity</i> , 2006 , 14, 1762-70	8	87
103	Weight-loss therapy in type 2 diabetes: effects of phentermine and topiramate extended release. <i>Diabetes Care</i> , 2014 , 37, 3309-16	14.6	78

102	Efficacy and Safety of Once-Weekly Subcutaneous Semaglutide 2.4 MG in Adults With Overweight or Obesity (STEP 1). <i>Journal of the Endocrine Society</i> , 2021 , 5, A10-A10	0.4	78
101	Semaglutide 2.4 mg for the Treatment of Obesity: Key Elements of the STEP Trials 1 to 5. <i>Obesity</i> , 2020 , 28, 1050-1061	8	77
100	Clinical Practice Guidelines for the Perioperative Nutrition, Metabolic, and Nonsurgical Support of Patients Undergoing Bariatric Procedures - 2019 Update: Cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic and Bariatric Surgery, Obesity Medicine Association, and American Society of An obesity educational intervention for medical students addressing weight bias and communication skills using standardized patients. <i>BMC Medical Education</i> , 2014 , 14, 53	8	75
99	Treating obesity seriously: when recommendations for lifestyle change confront biological adaptations. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 232-4	3.3	66
98	Using behavior change plans to improve medical student self-care. <i>Academic Medicine</i> , 2011 , 86, 901-6	18.1	66
97	Nutrition education in medical school: a time of opportunity. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 1167S-73S	3.9	62
96	Medical Nutrition Education, Training, and Competencies to Advance Guideline-Based Diet Counseling by Physicians: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018 , 137, e821-e841	7	57
95	Clinical assessment and management of adult obesity. <i>Circulation</i> , 2012 , 126, 2870-7	16.7	56
94	Assessment of the obese patient. <i>Endocrinology and Metabolism Clinics of North America</i> , 2003 , 32, 915-335	16.7	56
93	Semaglutide Effects on Cardiovascular Outcomes in People With Overweight or Obesity (SELECT) rationale and design. <i>American Heart Journal</i> , 2020 , 229, 61-69	3.5	55
92	Introduction: The State of Obesity in 2017. <i>Medical Clinics of North America</i> , 2018 , 102, 1-11	4.9	53
91	Lifestyle medicine: the future of chronic disease management. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2013 , 20, 389-95	7	46
90	Prevention of Weight Regain Following Bariatric Surgery. <i>Current Obesity Reports</i> , 2015 , 4, 198-206	4	46
89	Long-term outcome of bariatric surgery: an interim analysis. <i>Mayo Clinic Proceedings</i> , 2006 , 81, S46-51	8.4	45
88	Reemergence of pica following gastric bypass surgery for obesity: a new presentation of an old problem. <i>Journal of the American Dietetic Association</i> , 2004 , 104, 1393-7	6.4	43
87	Daily energy expenditure through the human life course. <i>Science</i> , 2021 , 373, 808-812	43	43
86	ACC/AHA Special Report: Clinical Practice Guideline Implementation Strategies: A Summary of Systematic Reviews by the NHLBI Implementation Science Work Group: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. <i>Circulation</i> , 2017 , 135, e122-e137	33.3	43
85		16.7	42

84	What Matters in Weight Loss? An In-Depth Analysis of Self-Monitoring. <i>Journal of Medical Internet Research</i> , 2017 , 19, e160	7.6	40
83	Weight Loss Strategies for Treatment of Obesity: Lifestyle Management and Pharmacotherapy. <i>Progress in Cardiovascular Diseases</i> , 2018 , 61, 246-252	8.5	38
82	Tackling obesity: is primary care up to the challenge?. <i>Archives of Internal Medicine</i> , 2010 , 170, 121-3		35
81	Randomized controlled trial of a nationally available weight control program tailored for adults with type 2 diabetes. <i>Obesity</i> , 2016 , 24, 2269-2277	8	33
80	Aspiration therapy for the treatment of obesity: 4-year results of a multicenter randomized controlled trial. <i>Surgery for Obesity and Related Diseases</i> , 2019 , 15, 1348-1354	3	31
79	Low-carbohydrate, high-protein diets revisited. <i>Current Opinion in Gastroenterology</i> , 2008 , 24, 198-203	3	29
78	Neuropsychiatric safety with liraglutide 3.0 mg for weight management: Results from randomized controlled phase 2 and 3a trials. <i>Diabetes, Obesity and Metabolism</i> , 2017 , 19, 1529-1536	6.7	27
77	Emergence of pica (ingestion of non-food substances) accompanying iron deficiency anemia after gastric bypass surgery. <i>Obesity Surgery</i> , 2005 , 15, 1491-5	3.7	27
76	Risk assessment of the overweight and obese patient. <i>Journal of the American Dietetic Association</i> , 2005 , 105, S53-62		27
75	Low priority of obesity education leads to lack of medical students' preparedness to effectively treat patients with obesity: results from the U.S. medical school obesity education curriculum benchmark study. <i>BMC Medical Education</i> , 2020 , 20, 23	3.3	24
74	Prevalence of unhealthy lifestyle patterns among overweight and obese adults. <i>Obesity</i> , 2010 , 18, 1160-8		23
73	The American Board of Obesity Medicine: Five-year report. <i>Obesity</i> , 2017 , 25, 982-984	8	21
72	Obesity Coverage on Medical Licensing Examinations in the United States. What Is Being Tested?. <i>Teaching and Learning in Medicine</i> , 2017 , 29, 123-128	3.4	21
71	Medical management of obesity. <i>Seminars in Gastrointestinal Disease</i> , 2002 , 13, 123-32		21
70	Bipedal bioelectrical impedance analysis reproducibly estimates total body water in hemodialysis patients. <i>American Journal of Kidney Diseases</i> , 2002 , 39, 154-8	7.4	20
69	Reprint of: Healthy Weight and Obesity Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 3027-3052	15.1	20
68	Prevention of weight gain in adult patients with type 2 diabetes treated with pioglitazone. <i>Obesity</i> , 2009 , 17, 1017-22	8	19
67	An update on low-carbohydrate, high-protein diets. <i>Current Opinion in Gastroenterology</i> , 2006 , 22, 153-9	3	19

66	Advancing Nutrition Education, Training, and Research for Medical Students, Residents, Fellows, Attending Physicians, and Other Clinicians: Building Competencies and Interdisciplinary Coordination. <i>Advances in Nutrition</i> , 2019 , 10, 1181-1200	10	19
65	Development of Obesity Competencies for Medical Education: A Report from the Obesity Medicine Education Collaborative. <i>Obesity</i> , 2019 , 27, 1063-1067	8	18
64	Current strategies of critical care assessment and therapy of the obese patient (hypocaloric feeding): what are we doing and what do we need to do?. <i>Journal of Parenteral and Enteral Nutrition</i> , 2011 , 35, 36S-43S	4.2	18
63	Anti-obesity drugs. <i>Expert Opinion on Pharmacotherapy</i> , 2008 , 9, 1339-50	4	15
62	Impact on psychosocial outcomes of a nationally available weight management program tailored for individuals with type 2 diabetes: Results of a randomized controlled trial. <i>Journal of Diabetes and Its Complications</i> , 2017 , 31, 891-897	3.2	14
61	Lifestyle Medicine—An Emerging New Discipline. <i>US Endocrinology</i> , 2015 , 11, 36	0.3	13
60	Weight History in Clinical Practice: The State of the Science and Future Directions. <i>Obesity</i> , 2020 , 28, 9-17	8	12
59	Description and Early Outcomes of a Comprehensive Curriculum Redesign at the Northwestern University Feinberg School of Medicine. <i>Academic Medicine</i> , 2018 , 93, 593-599	3.9	11
58	Expert Coaching in Weight Loss: Retrospective Analysis. <i>Journal of Medical Internet Research</i> , 2018 , 20, e92	7.6	11
57	Obesity management. <i>Gastroenterology Clinics of North America</i> , 2007 , 36, 191-210, viii	4.4	9
56	Core body temperature is lower in postmenopausal women than premenopausal women: potential implications for energy metabolism and midlife weight gain. <i>Cardiovascular Endocrinology</i> , 2016 , 5, 151-154		9
55	Low-carbohydrate diets, con: the mythical phoenix or credible science?. <i>Nutrition in Clinical Practice</i> , 2005 , 20, 13-6	3.6	8
54	Obesity pharmacology: past, present, and future. <i>Current Opinion in Gastroenterology</i> , 2002 , 18, 213-20	3	8
53	Principles and nonpharmacologic management of obesity in adults. <i>Journal of Family Practice</i> , 2014 , 63, S15-20	0.2	8
52	Diagnosing Obesity as a First Step to Weight Loss: An Observational Study. <i>Obesity</i> , 2020 , 28, 2305-2309		7
51	Usability of the Novel Liraglutide 3.0 mg Pen Injector Among Overweight or Obese Adult Patients With or Without Prior Injection Experience. <i>Journal of Diabetes Science and Technology</i> , 2015 , 10, 164-74 ⁴⁺¹		7
50	Medical and behavioral evaluation of patients with obesity. <i>Psychiatric Clinics of North America</i> , 2011 , 34, 797-812	3.1	7
49	Denon Institute Award for Excellence in Medical/Dental Nutrition Education Lecture, 2002. Will there be a tipping point in medical nutrition education?. <i>American Journal of Clinical Nutrition</i> , 2003 , 77, 288-91	7	7

48	An Integrated Approach to Obesity Care. <i>Nutrition in Clinical Care: an Official Publication of Tufts University</i> , 1999 , 2, 285-291		6
47	Pharmacologic management of obesity. <i>Pediatric Blood and Cancer</i> , 2012 , 58, 140-3	3	5
46	Optimizing integration of nutrition into patient care through physician leadership. <i>Journal of Parenteral and Enteral Nutrition</i> , 2010 , 34, 30S-9S	4.2	5
45	Medical evaluation of the obese individual. <i>Psychiatric Clinics of North America</i> , 2005 , 28, 89-103, viii	3.1	5
44	Development of a six-factor questionnaire for use in weight management counseling. <i>Patient Education and Counseling</i> , 2016 , 99, 2018-2025	3.1	4
43	Obesity consults--comprehensive obesity management in 2013: understanding the shifting paradigm. <i>Obesity</i> , 2013 , 21 Suppl 2, S3-13; quiz S14-5	8	4
42	Diets, drugs, exercise, and behavioral modification: Where these work and where they do not. <i>Surgery for Obesity and Related Diseases</i> , 2005 , 1, 120-2	3	4
41	Taking a Weight History [Using Mnemonics to Learn a Missing Skill in Medical Education]. <i>MedEdPublish</i> , 2017 , 6,	3.8	4
40	What COVID-19 is Teaching Us About Counseling for Weight Management. <i>Obesity</i> , 2020 , 28, 2036-20378		4
39	What Do We Need to Do to Get Primary Care Ready to Treat Obesity?. <i>Obesity</i> , 2018 , 26, 631-632	8	3
38	Companion Dogs as Weight Loss Partners. <i>Obesity Management</i> , 2008 , 4, 232-235		3
37	Mind/Body Medicine: An Introduction for the Generalist Physician and Nutritionist. <i>Nutrition in Clinical Care: an Official Publication of Tufts University</i> , 2001 , 4, 256-264		3
36	Providing Nutritional Care in the Office Practice: Teams, Tools, and Techniques. <i>Medical Clinics of North America</i> , 2016 , 100, 1157-1168	7	3
35	Teaching Nutrition in the Context for Lifestyle Medicine. <i>Medical Science Educator</i> , 2018 , 28, 9-12	0.7	3
34	Physical activity and fat-free mass during growth and in later life. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 1583-1589	7	3
33	Changes in weight control behaviors and hedonic hunger in a commercial weight management program adapted for individuals with type 2 diabetes. <i>International Journal of Obesity</i> , 2020 , 44, 990-998 ^{5.5}		2
32	Development and outcomes of an immersive obesity summit workshop for medical resident and fellow education. <i>Clinical Obesity</i> , 2019 , 9, e12315	3.6	2
31	A new century: a new beginning. <i>Journal of Parenteral and Enteral Nutrition</i> , 2001 , 25, 169-73	4.2	2

30	Weight Can't Wait: A Guide to Discussing Obesity and Organizing Treatment in the Primary Care Setting. <i>Obesity</i> , 2021 , 29, 821-824	8	2
29	Once-weekly Subcutaneous Semaglutide 2.4 mg Reduces Body Weight in Adults with Overweight or Obesity Regardless of Baseline Characteristics (STEP 1). <i>Journal of the Endocrine Society</i> , 2021 , 5, A24-A24	9.4	2
28	Weighing Patients: The Importance of Having the Right Scale. <i>Obesity Management</i> , 2006 , 2, 76-77		1
27	The office approach to the obese patient. <i>Primary Care - Clinics in Office Practice</i> , 2003 , 30, 327-40	2.2	1
26	Surgery for Severe Obesity 2013 , 571-581		1
25	Building Successful Models in Primary Care to Improve the Management of Adult Patients with Obesity. <i>Population Health Management</i> , 2021 , 24, 548-559	1.8	1
24	Impact of Semaglutide on Body Composition in Adults With Overweight or Obesity: Exploratory Analysis of the STEP 1 Study. <i>Journal of the Endocrine Society</i> , 2021 , 5, A16-A17	0.4	1
23	Clinically-Relevant Weight Loss is Achieved Independently of Early Weight Loss Response to Once-Weekly Subcutaneous Semaglutide 2.4 MG (STEP 4). <i>Journal of the Endocrine Society</i> , 2021 , 5, A7-A7	9.4	1
22	Using psycho-behavioral phenotyping for overweight and obesity: Confirmation of the 6 factor questionnaire.. <i>Obesity Science and Practice</i> , 2022 , 8, 185-189	2.6	1
21	Commercial Program and Product Review Heart Rate Monitors. <i>Obesity Management</i> , 2006 , 2, 242-243		0
20	Reversible biological adaptations in obesity - Authors Reply. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 314-5	18.1	
19	Practical Guide to Clinical Assessment and Treatment Planning 2013 , 51-62		
18	Stages of Obesity and Weight Maintenance 2013 , 63-69		
17	Understanding obesity by asking the right questions. <i>Perspectives in Biology and Medicine</i> , 2010 , 53, 148-151		
16	Obesity medicine--the time has come. <i>Nutrition in Clinical Practice</i> , 2011 , 26, 510-1	3.6	
15	The Expert Weighs In: A View of Obesity from a Departmental Chair, Dean, and Editor: Interview with J. Larry Jameson, M.D., Ph.D., Vice President for Medical Affairs, Lewis Landsberg Dean, Northwestern University Feinberg School of Medicine, Chicago, IL. <i>Obesity Management</i> , 2008 , 4, 220-221		
14	Lifestyle Patterns Approach for Obesity Management. <i>Obesity Management</i> , 2007 , 3, 121-124		
13	Selecting a Group Exercise Class for Your Patient. <i>Obesity Management</i> , 2006 , 2, 199-201		

- 12 Commercial Program and Product Review. *Obesity Management*, **2006**, 2, 159-160
- 11 Pedometers: A Tool You Can Use in Your Practice. *Obesity Management*, **2006**, 2, 37-38
- 10 A New Medical Student Course in Healthy Living. *Obesity Management*, **2007**, 3, 80-81
- 9 Measuring Body Fat in the Clinical Setting Using Bioelectrical Impedance Analysis. *Obesity Management*, **2007**, 3, 185-186
- 8 Commercial Program and Product Review: Indirect Calorimetry Products for the Office. *Obesity Management*, **2005**, 1, 264-265
- 7 Northwestern Medicine Center for Lifestyle Medicine **2020**, 289-298
- 6 Board Certification for Bariatric Surgeons and Physicians: The Future? **2019**, 339-344
- 5 Obesity and Therapeutic Approaches to Weight Loss **2011**, 91-106
- 4 Long-term Complications of Bariatric Surgery-Reply. *JAMA - Journal of the American Medical Association*, **2021**, 325, 186-187 27.4
- 3 Hot Topics in Primary Care: Pharmacologic Approach to Obesity. *Journal of Family Practice*, **2015**, 64, S37-43 0.2
- 2 Answers to Clinical Questions in the Primary Care Management of People with Obesity: Screening and Diagnosis. *Journal of Family Practice*, **2016**, 65, S2-4 0.2
- 1 Overweight: The Overlooked Risk Factor. *Journal of Family Practice*, **2020**, 69, S51-S56 0.2