

Duane D Mellor

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

72
papers

1,310
citations

21
h-index

34
g-index

83
ext. papers

1,609
ext. citations

3.8
avg, IF

4.65
L-index

#	Paper	IF	Citations
72	Diabetes UK evidence-based nutrition guidelines for the prevention and management of diabetes. <i>Diabetic Medicine</i> , 2011 , 28, 1282-8	3.5	142
71	High-cocoa polyphenol-rich chocolate improves HDL cholesterol in Type 2 diabetes patients. <i>Diabetic Medicine</i> , 2010 , 27, 1318-21	3.5	107
70	Standing-based office work shows encouraging signs of attenuating post-prandial glycaemic excursion. <i>Occupational and Environmental Medicine</i> , 2014 , 71, 109-11	2.1	93
69	Diabetes UK evidence-based nutrition guidelines for the prevention and management of diabetes. <i>Diabetic Medicine</i> , 2018 , 35, 541-547	3.5	92
68	The effects of grape and red wine polyphenols on gut microbiota - A systematic review. <i>Food Research International</i> , 2018 , 113, 277-287	7	74
67	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. <i>Rheumatology International</i> , 2018 , 38, 737-747	3.6	71
66	High cocoa polyphenol rich chocolate may reduce the burden of the symptoms in chronic fatigue syndrome. <i>Nutrition Journal</i> , 2010 , 9, 55	4.3	44
65	Endothelial function and stress response after simulated dives to 18 msw breathing air or oxygen. <i>Aviation, Space, and Environmental Medicine</i> , 2010 , 81, 41-5		43
64	High-polyphenol chocolate reduces endothelial dysfunction and oxidative stress during acute transient hyperglycaemia in Type 2 diabetes: a pilot randomized controlled trial. <i>Diabetic Medicine</i> , 2013 , 30, 478-83	3.5	41
63	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 96-105	16.6	38
62	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. <i>British Journal of Nutrition</i> , 2018 , 119, 280-298	3.6	37
61	The Effects of Resveratrol Supplementation in Overweight and Obese Humans: A Systematic Review of Randomized Trials. <i>Metabolic Syndrome and Related Disorders</i> , 2016 , 14, 323-33	2.6	32
60	Obesity and gestational diabetes. <i>Seminars in Fetal and Neonatal Medicine</i> , 2010 , 15, 89-93	3.7	27
59	The beneficial health effects of green tea amino acid l-theanine in animal models: Promises and prospects for human trials. <i>Phytotherapy Research</i> , 2019 , 33, 571-583	6.7	27
58	Association of dietary factors with presence and severity of tinnitus in a middle-aged UK population. <i>PLoS ONE</i> , 2014 , 9, e114711	3.7	25
57	l-Theanine as a Functional Food Additive: Its Role in Disease Prevention and Health Promotion. <i>Beverages</i> , 2016 , 2, 13	3.4	25
56	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. <i>Nutrition and Metabolic Insights</i> , 2019 , 12, 1178638819882739	1.9	23

55	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. <i>Plant Foods for Human Nutrition</i> , 2020 , 75, 12-23	3.9	23
54	Dietary fat, fibre, satiation, and satiety-a systematic review of acute studies. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 333-344	5.2	23
53	Effects of the Consumption of Prickly Pear Cacti () and its Products on Blood Glucose Levels and Insulin: A Systematic Review. <i>Medicina (Lithuania)</i> , 2019 , 55,	3.1	22
52	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. <i>Nutrition Research Reviews</i> , 2020 , 33, 145-154	7	21
51	Evaluation of dietary and lifestyle changes as modifiers of S100 β levels in Alzheimer's disease. <i>Nutritional Neuroscience</i> , 2019 , 22, 1-18	3.6	20
50	J-shaped relationship between habitual coffee consumption and 10-year (2002-2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2018 , 57, 1677-1685	5.2	18
49	Critical evaluation of the extrapolation of data relative to antioxidant function from the laboratory and their implications on food production and human health: a review. <i>International Journal of Food Science and Technology</i> , 2019 , 54, 1448-1459	3.8	17
48	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , 2017 , 7, S39-S47	2.6	16
47	The effects of Prickly Pear fruit and cladode (<i>Opuntia</i> spp.) consumption on blood lipids: A systematic review. <i>Complementary Therapies in Medicine</i> , 2020 , 50, 102384	3.5	12
46	Sugar and cocoa: sweet synergy or bitter antagonisms. Formulating cocoa and chocolate products for health: a narrative review. <i>International Journal of Food Science and Technology</i> , 2018 , 53, 33-42	3.8	12
45	Tocotrienols, health and ageing: A systematic review. <i>Maturitas</i> , 2017 , 95, 55-60	5	10
44	Who's influencing whom? Developing sustainable business partnerships. <i>EuroMed Journal of Business</i> , 2014 , 9, 60-74	3.9	10
43	Sulphonyurea as a cause of severe hypoglycaemia in the community. <i>Primary Care Diabetes</i> , 2010 , 4, 61-3.4	3.4	10
42	Diabetes and chocolate: friend or foe?. <i>Journal of Agricultural and Food Chemistry</i> , 2015 , 63, 9910-8	5.7	9
41	A Review of the Potential Health Benefits of Low Alcohol and Alcohol-Free Beer: Effects of Ingredients and Craft Brewing Processes on Potentially Bioactive Metabolites. <i>Beverages</i> , 2020 , 6, 25	3.4	9
40	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. <i>Beverages</i> , 2016 , 2, 16	3.4	9
39	Relationship Between B-Vitamin Biomarkers and Dietary Intake with Apolipoprotein E β in Alzheimer's Disease. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2019 , 38, 173-195	2.1	8
38	The effect of different drying techniques on phytochemical content and in vitro antioxidant properties of Australian-grown prickly pears (<i>Opuntia ficus indica</i>). <i>Journal of Food Processing and Preservation</i> , 2019 , 43, e13900	2.1	8

37	Impact of physical activity category on incidence of cardiovascular disease: Results from the 10-year follow-up of the ATTICA Study (2002-2012). <i>Preventive Medicine</i> , 2016 , 93, 27-32	4.3	8
36	Birthweight, HIV exposure and infant feeding as predictors of malnutrition in Botswanan infants. <i>Journal of Human Nutrition and Dietetics</i> , 2017 , 30, 779-790	3.1	7
35	Effects of Curcumin on Cognitive Function: A Systematic Review of Randomized Controlled Trials. <i>Exploratory Research and Hypothesis in Medicine</i> , 2019 , 4, 1-11	1	7
34	Effect of cocoa in diabetes: the potential of the pancreas and liver as key target organs, more than an antioxidant effect?. <i>International Journal of Food Science and Technology</i> , 2016 , 51, 829-841	3.8	7
33	James Lind Alliance research priorities: what role do carbohydrates, fats and proteins have in the management of Type 2 diabetes, and are there risks and benefits associated with particular approaches?. <i>Diabetic Medicine</i> , 2019 , 36, 287-296	3.5	7
32	Dietary strategies for remission of type 2 diabetes: A narrative review. <i>Journal of Human Nutrition and Dietetics</i> , 2021 ,	3.1	7
31	The Effect of Juicing Methods on the Phytochemical and Antioxidant Characteristics of the Purple Prickly Pear (<i>Opuntia ficus indica</i>): Preliminary Findings on Juice and Pomace. <i>Beverages</i> , 2019 , 5, 28	3.4	6
30	Association between Siesta (Daytime Sleep), Dietary Patterns and the Presence of Metabolic Syndrome in Elderly Living in Mediterranean Area (Medis Study): The Moderating Effect of Gender. <i>Journal of Nutrition, Health and Aging</i> , 2017 , 21, 1118-1124	5.2	5
29	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. <i>Foods</i> , 2020 , 9,	4.9	5
28	Nanotechnology in Microbial Food Safety 2017 , 245-265		5
27	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. <i>Advances in Nutrition</i> , 2019 , 10, 179-181	10	5
26	The role of carbohydrate in diabetes management. <i>Practical Diabetes</i> , 2016 , 33, 237-242	0.7	4
25	Weight loss in a UK commercial all meal provision study: a randomised controlled trial. <i>Journal of Human Nutrition and Dietetics</i> , 2014 , 27, 377-83	3.1	4
24	Weight maintenance over 12 months after weight loss resulting from participation in a 12-week randomised controlled trial comparing all meal provision to self-directed diet in overweight adults. <i>Journal of Human Nutrition and Dietetics</i> , 2014 , 27, 384-90	3.1	4
23	Aspartame in conjunction with carbohydrate reduces insulin levels during endurance exercise. <i>Journal of the International Society of Sports Nutrition</i> , 2012 , 9, 36	4.5	4
22	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 788-795	4.5	3
21	Antioxidant-rich spice added to hamburger meat during cooking results in reduced meat, plasma, and urine malondialdehyde concentrations. <i>American Journal of Clinical Nutrition</i> , 2010 , 92, 996-7; author reply 997	7	3
20	Effect of Folate Supplementation on Inflammatory Markers in Individuals Susceptible to Depression: A Systematic Review. <i>Exploratory Research and Hypothesis in Medicine</i> , 2017 , 2, 1-15	1	3

19	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. <i>Metabolic Syndrome and Related Disorders</i> , 2018 , 16, 20-28	2.6	2
18	Reply to Letter to the Editor to J-shaped relationship between habitual coffee consumption and 10-year (2002-2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2017 , 56, 2213-2214	5.2	2
17	Ward staffing levels significantly affect timing of insulin administration in hospital. <i>Practical Diabetes International: the International Journal for Diabetes Care Teams Worldwide</i> , 2010 , 27, 225-226		2
16	1: Bioactive Compounds in Agricultural and Food Production Waste 2017 , 1-26		2
15	Acute glycaemic management before, during and after exercise for cardiac rehabilitation participants with diabetes mellitus: a joint statement of the British and Canadian Associations of Cardiovascular Prevention and Rehabilitation, the International Council for Cardiovascular Prevention and Rehabilitation and the British Association of Sport and Exercise Sciences. <i>British Medical Journal</i> , 2017 , 355, g785	10.3	2
14	Maternal body mass index, smoking status and small for gestational age: an Australian retrospective cohort study. <i>Public Health</i> , 2020 , 185, 381-385	4	2
13	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. <i>Rheumatology International</i> , 2020 , 40, 1439-1448	3.6	1
12	Studying the impact on weight and glycaemic control in adults with diabetes attending a group-based commercial weight management programme. <i>Practice Nursing</i> , 2017 , 28, 60-66	0.1	1
11	Update of Diabetes UK Evidence-Based Nutritional Guidelines for 2018: a celebration of two leading journals working together to improve nutritional science and dietetic care for people living with diabetes. <i>Journal of Human Nutrition and Dietetics</i> , 2018 , 31, 289-291	3.1	1
10	Nutritional guidelines: Are we getting them so wrong, or are we getting lost in translation?. <i>Nutrition and Health</i> , 2018 , 24, 65-66	2.1	0
9	The efficacy of fermented foods in the treatment and management of diarrhoeal diseases: A systematic review and meta-analysis.. <i>Nutrition and Health</i> , 2022 , 2601060221095678	2.1	0
8	. <i>Maturitas</i> , 2017 , 97, 21	5	
7	Dietary approaches for patients with heart failure and diabetes. <i>Practical Diabetes</i> , 2018 , 35, 127-130a	0.7	
6	Weight management in adults 2017 , 139-259		
5	A review of the current nutritional guidelines for diabetes. <i>Practice Nursing</i> , 2012 , 23, 234-240	0.1	
4	Metformin may maintain weight loss in obese patients with dysglycaemia initially treated with rimonabant. <i>Diabetic Medicine</i> , 2011 , 28, 124-5	3.5	
3	Mediterranean lifestyle: Linking social life and behaviors, residential environment, and cardiovascular disease prevention 2020 , 67-71		
2	Cocoa: Composition and Health Effects 2016 , 179-184		

1 Successful aging and diet **2021**, 21-28