

Duane D Mellor

List of Publications by Year in descending order

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Version: 2024-02-01

82
papers

1,974
citations

257101

24
h-index

264894

42
g-index

83
all docs

83
docs citations

83
times ranked

3391
citing authors

#	ARTICLE	IF	CITATIONS
1	Diabetes <sc>UK</sc> evidence-based nutrition guidelines for the prevention and management of diabetes. Diabetic Medicine, 2018, 35, 541-547.	1.2	220
2	Diabetes UK evidence-based nutrition guidelines for the prevention and management of diabetes. Diabetic Medicine, 2011, 28, 1282-1288.	1.2	172
3	High-cocoa polyphenol-rich chocolate improves HDL cholesterol in Type-2 diabetes patients. Diabetic Medicine, 2010, 27, 1318-1321.	1.2	124
4	The effects of grape and red wine polyphenols on gut microbiota – A systematic review. Food Research International, 2018, 113, 277-287.	2.9	111
5	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. Rheumatology International, 2018, 38, 737-747.	1.5	109
6	Standing-based office work shows encouraging signs of attenuating post-prandial glycaemic excursion. Occupational and Environmental Medicine, 2014, 71, 109-111.	1.3	104
7	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. Brain, Behavior, and Immunity, 2020, 85, 96-105.	2.0	67
8	High cocoa polyphenol rich chocolate may reduce the burden of the symptoms in chronic fatigue syndrome. Nutrition Journal, 2010, 9, 55.	1.5	60
9	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. British Journal of Nutrition, 2018, 119, 280-298.	1.2	50
10	Dietary fat, fibre, satiation, and satiety—a systematic review of acute studies. European Journal of Clinical Nutrition, 2019, 73, 333-344.	1.3	49
11	High-polyphenol chocolate reduces endothelial dysfunction and oxidative stress during acute transient hyperglycaemia in Type-2 diabetes: a pilot randomized controlled trial. Diabetic Medicine, 2013, 30, 478-483.	1.2	48
12	The beneficial health effects of green tea amino acid <sc>L</sc>-theanine in animal models: Promises and prospects for human trials. Phytotherapy Research, 2019, 33, 571-583.	2.8	48
13	Endothelial Function and Stress Response After Simulated Dives to 18 msw Breathing Air or Oxygen. Aviation, Space, and Environmental Medicine, 2010, 81, 41-45.	0.6	47
14	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. Nutrition Research Reviews, 2020, 33, 145-154.	2.1	47
15	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. Plant Foods for Human Nutrition, 2020, 75, 12-23.	1.4	42
16	The Effects of Resveratrol Supplementation in Overweight and Obese Humans: A Systematic Review of Randomized Trials. Metabolic Syndrome and Related Disorders, 2016, 14, 323-333.	0.5	39
17	L-Theanine as a Functional Food Additive: Its Role in Disease Prevention and Health Promotion. Beverages, 2016, 2, 13.	1.3	37
18	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. Nutrition and Metabolic Insights, 2019, 12, 117863881988273.	0.8	36

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19	Obesity and gestational diabetes. <i>Seminars in Fetal and Neonatal Medicine</i> , 2010, 15, 89-93.	1.1	34
20	Effects of the Consumption of Prickly Pear Cacti (<i>Opuntia</i> spp.) and its Products on Blood Glucose Levels and Insulin: A Systematic Review. <i>Medicina (Lithuania)</i> , 2019, 55, 138.	0.8	32
21	Association of Dietary Factors with Presence and Severity of Tinnitus in a Middle-Aged UK Population. <i>PLoS ONE</i> , 2014, 9, e114711.	1.1	31
22	Dietary strategies for remission of type 2 diabetes: A narrative review. <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 165-178.	1.3	30
23	Evaluation of dietary and lifestyle changes as modifiers of S100 β levels in Alzheimer's disease. <i>Nutritional Neuroscience</i> , 2019, 22, 1-18.	1.5	29
24	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , 2017, 67, S39-S47.	0.7	27
25	A Review of the Potential Health Benefits of Low Alcohol and Alcohol-Free Beer: Effects of Ingredients and Craft Brewing Processes on Potentially Bioactive Metabolites. <i>Beverages</i> , 2020, 6, 25.	1.3	25
26	Antioxidant-rich spice added to hamburger meat during cooking results in reduced meat, plasma, and urine malondialdehyde concentrations. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 996-997.	2.2	23
27	Critical evaluation of the extrapolation of data relative to antioxidant function from the laboratory and their implications on food production and human health: a review. <i>International Journal of Food Science and Technology</i> , 2019, 54, 1448-1459.	1.3	23
28	J-shaped relationship between habitual coffee consumption and 10-year (2002-2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2018, 57, 1677-1685.	1.8	22
29	Sugar and cocoa: sweet synergy or bitter antagonisms. Formulating cocoa and chocolate products for health: a narrative review. <i>International Journal of Food Science and Technology</i> , 2018, 53, 33-42.	1.3	16
30	The effects of Prickly Pear fruit and cladode (<i>Opuntia</i> spp.) consumption on blood lipids: A systematic review. <i>Complementary Therapies in Medicine</i> , 2020, 50, 102384.	1.3	16
31	Who's influencing whom? Developing sustainable business partnerships. <i>EuroMed Journal of Business</i> , 2014, 9, 60-74.	1.7	14
32	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. <i>Beverages</i> , 2016, 2, 16.	1.3	14
33	Tocotrienols, health and ageing: A systematic review. <i>Maturitas</i> , 2017, 95, 55-60.	1.0	14
34	The effect of different drying techniques on phytochemical content and in vitro antioxidant properties of Australian-grown prickly pears (<i>Opuntia ficus indica</i>). <i>Journal of Food Processing and Preservation</i> , 2019, 43, e13900.	0.9	14
35	Relationship Between B-Vitamin Biomarkers and Dietary Intake with Apolipoprotein E ϵ 4 in Alzheimer's Disease. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2019, 38, 173-195.	0.4	13
36	Effects of Curcumin on Cognitive Function—A Systematic Review of Randomized Controlled Trials. <i>Exploratory Research and Hypothesis in Medicine</i> , 2019, 4, 1-11.	0.1	13

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37	Sulphonyurea as a cause of severe hypoglycaemia in the community. <i>Primary Care Diabetes</i> , 2010, 4, 61-63.	0.9	12
38	Impact of physical activity category on incidence of cardiovascular disease: Results from the 10-year follow-up of the ATTICA Study (2002â€“2012). <i>Preventive Medicine</i> , 2016, 93, 27-32.	1.6	12
39	Birthweight, <sc>HIV</sc> exposure and infant feeding as predictors of malnutrition in Botswanan infants. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 779-790.	1.3	11
40	Effect of cocoa in diabetes: the potential of the pancreas and liver as key target organs, more than an antioxidant effect?. <i>International Journal of Food Science and Technology</i> , 2016, 51, 829-841.	1.3	10
41	James Lind Alliance research priorities: what role do carbohydrates, fats and proteins have in the management of Type 2 diabetes, and are there risks and benefits associated with particular approaches?. <i>Diabetic Medicine</i> , 2019, 36, 287-296.	1.2	10
42	Diabetes and Chocolate: Friend or Foe?. <i>Journal of Agricultural and Food Chemistry</i> , 2015, 63, 9910-9918.	2.4	9
43	The role of carbohydrate in diabetes management. <i>Practical Diabetes</i> , 2016, 33, 237-242.	0.1	9
44	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. <i>Advances in Nutrition</i> , 2019, 10, 179-181.	2.9	9
45	The Effect of Juicing Methods on the Phytochemical and Antioxidant Characteristics of the Purple Prickly Pear (<i>Opuntia ficus indica</i>)â€”Preliminary Findings on Juice and Pomace. <i>Beverages</i> , 2019, 5, 28.	1.3	8
46	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. <i>Foods</i> , 2020, 9, 371.	1.9	8
47	Association between siesta (daytime sleep), dietary patterns and the presence of metabolic syndrome in elderly living in Mediterranean area (MEDIS study): The moderating effect of gender. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 1118-1124.	1.5	7
48	Weight maintenance over 12Âmonths after weight loss resulting from participation in a 12â€week randomised controlled trial comparing all meal provision to selfâ€directed diet in overweight adults. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 384-390.	1.3	6
49	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 788-795.	1.1	6
50	Acute glycaemic management before, during and after exercise for cardiac rehabilitation participants with diabetes mellitus: a joint statement of the British and Canadian Associations of Cardiovascular Prevention and Rehabilitation, the International Prevention and Rehabilitation Council for Cardiovascular Prevention and Rehabilitation and the British Association of Sport and Exercise Sciences. <i>British Journal of Sports Medicine</i> , 2021, 55, 709-720.	3.1	6
51	Nanotechnology in Microbial Food Safety. , 2017, , 245-265.		5
52	Exploring the Path of Mediterranean Diet, Non-Alcoholic Fatty Liver Disease (NAFLD) and Inflammation towards 10-Year Cardiovascular Disease (CVD) Risk: The ATTICA Study 10-Year Follow-Up (2002â€“2012). <i>Nutrients</i> , 2022, 14, 2367.	1.7	5
53	Aspartame in conjunction with carbohydrate reduces insulin levels during endurance exercise. <i>Journal of the International Society of Sports Nutrition</i> , 2012, 9, 36.	1.7	4
54	Weight loss in a UK commercial all meal provision study: a randomised controlled trial. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 377-383.	1.3	4

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55	Maternal body mass index, smoking status and small for gestational age: an Australian retrospective cohort study. <i>Public Health</i> , 2020, 185, 381-385.	1.4	4
56	1: Bioactive Compounds in Agricultural and Food Production Waste. , 2017, , 1-26.		4
57	Effect of Folate Supplementation on Inflammatory Markers in Individuals Susceptible to Depression: A Systematic Review. <i>Exploratory Research and Hypothesis in Medicine</i> , 2017, 2, 1-15.	0.1	4
58	Prickly Pear Cacti (<i>Opuntia</i> spp.) Cladodes as a Functional Ingredient for Hyperglycemia Management: A Brief Narrative Review. <i>Medicina (Lithuania)</i> , 2022, 58, 300.	0.8	3
59	Ward staffing levels significantly affect timing of insulin administration in hospital. <i>Practical Diabetes International: the International Journal for Diabetes Care Teams Worldwide</i> , 2010, 27, 225-226.	0.2	2
60	Reply to Letter to the Editor to J-shaped relationship between habitual coffee consumption and 10-year (2002â€“2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2017, 56, 2213-2214.	1.8	2
61	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. <i>Metabolic Syndrome and Related Disorders</i> , 2018, 16, 20-28.	0.5	2
62	A call for replication studies in Nutrition and Health. <i>Nutrition and Health</i> , 2018, 24, 201-201.	0.6	2
63	Functional Beverages, from Idea to Functionality. <i>Beverages</i> , 2020, 6, 71.	1.3	2
64	Cocoa and chocolate, their clinical benefits: insights in study design.. <i>CAB Reviews: Perspectives in Agriculture, Veterinary Science, Nutrition and Natural Resources</i> , 0, , 1-7.	0.6	2
65	Studying the impact on weight and glycaemic control in adults with diabetes attending a group-based commercial weight management programme. <i>Practice Nursing</i> , 2017, 28, 60-66.	0.1	1
66	Update of Diabetes <sc>UK</sc> Evidenceâ€“Based Nutritional Guidelines for 2018: a celebration of two leading journals working together to improve nutritional science and dietetic care for people living with diabetes. <i>Diabetic Medicine</i> , 2018, 35, 539-540.	1.2	1
67	Update of Diabetes <sc>UK</sc> Evidenceâ€“Based Nutritional Guidelines for 2018: a celebration of two leading journals working together to improve nutritional science and dietetic care for people living with diabetes. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 289-291.	1.3	1
68	Nutritional guidelines: Are we getting them so wrong, or are we getting lost in translation?. <i>Nutrition and Health</i> , 2018, 24, 65-66.	0.6	1
69	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. <i>Rheumatology International</i> , 2020, 40, 1439-1448.	1.5	1
70	The efficacy of fermented foods in the treatment and management of diarrhoeal diseases: A systematic review and meta-analysis. <i>Nutrition and Health</i> , 2023, 29, 71-83.	0.6	1
71	Metformin may maintain weight loss in obese patients with dysglycaemia initially treated with rimonabant. <i>Diabetic Medicine</i> , 2011, 28, 124-125.	1.2	0
72	A review of the current nutritional guidelines for diabetes. <i>Practice Nursing</i> , 2012, 23, 234-240.	0.1	0

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73	Cocoa: Composition and Health Effects. , 2016, , 179-184.		0
74	Authorsâ€™™ reply to comments on tocotrienols, health and ageing. Maturitas, 2017, 97, 21.	1.0	0
75	Dietary approaches for patients with heart failure and diabetes. Practical Diabetes, 2018, 35, 127.	0.1	0
76	â€œIs there a perfect diet for me, and if it exists would I like it?â€• Nutrition and Health, 2019, 25, 165-166.	0.6	0
77	Implausible discussions in saturated fat â€˜researchâ€™™; definitive solutions wonâ€™™t come from another million editorials (or a million views of one). British Journal of Sports Medicine, 2019, 53, 1512-1513.	3.1	0
78	Mediterranean lifestyle: Linking social life and behaviors, residential environment, and cardiovascular disease prevention. , 2020, , 67-71.		0
79	Successful aging and diet. , 2021, , 21-28.		0
80	The Artificial Sweetener Aspartame in Combination with Carbohydrate Reduces Insulin Levels during Endurance Exercise. , 2011, , P2-530-P2-530.		0
81	Diet and nutrition (revision number 2). , 2014, , .		0
82	When we become them: Internalised weight stigma among obesity professionals. , 0, , .		0