List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Ultra-processed food consumption and excess weight among US adults. British Journal of Nutrition, 2018, 120, 90-100.	2.3	265
2	Associations Between Intermediate Age-Related Macular Degeneration and Lutein and Zeaxanthin in the Carotenoids in Age-Related Eye Disease Study (CAREDS). JAMA Ophthalmology, 2006, 124, 1151.	2.4	240
3	Obesity in Cancer Survival. Annual Review of Nutrition, 2012, 32, 311-342.	10.1	150
4	Ultra-processed Foods and Cardiovascular Diseases: Potential Mechanisms of Action. Advances in Nutrition, 2021, 12, 1673-1680.	6.4	137
5	Association Between Vitamin D and Age-Related Macular Degeneration in the Third National Health and Nutrition Examination Survey, 1988 Through 1994. JAMA Ophthalmology, 2007, 125, 661.	2.4	131
6	Obesity, metabolic syndrome and esophageal adenocarcinoma: Epidemiology, etiology and new targets. Cancer Epidemiology, 2011, 35, 309-319.	1.9	117
7	Vitamin D Status and Early Age-Related Macular Degeneration in Postmenopausal Women. JAMA Ophthalmology, 2011, 129, 481.	2.4	115
8	Associations Between Age-Related Nuclear Cataract and Lutein and Zeaxanthin in the Diet and Serum in the Carotenoids in the Age-Related Eye Disease Study (CAREDS), an Ancillary Study of the Women's Health Initiative. JAMA Ophthalmology, 2008, 126, 354.	2.4	112
9	Ultra-Processed Foods and Incident Cardiovascular Disease in the Framingham Offspring Study. Journal of the American College of Cardiology, 2021, 77, 1520-1531.	2.8	102
10	Ultra-processed food consumption among US adults from 2001 to 2018. American Journal of Clinical Nutrition, 2022, 115, 211-221.	4.7	92
11	Lifestyle, Anthropometric, and Obesity-Related Physiologic Determinants of Insulin-like Growth Factor-1 in the Third National Health and Nutrition Examination Survey (1988–1994). Annals of Epidemiology, 2010, 20, 182-193.	1.9	88
12	Consumption of Sugars, Sugary Foods, and Sugary Beverages in Relation to Cancer Risk: A Systematic Review of Longitudinal Studies. Annual Review of Nutrition, 2018, 38, 17-39.	10.1	84
13	Concordance with DASH diet and blood pressure change. Journal of Hypertension, 2015, 33, 2223-2230.	0.5	79
14	Concordance with World Cancer Research Fund/American Institute for Cancer Research (WCRF/AICR) guidelines for cancer prevention and obesity-related cancer risk in the Framingham Offspring cohort (1991–2008). Cancer Causes and Control, 2015, 26, 277-286.	1.8	79
15	Association Between Dietary Fat Intake and Age-Related Macular Degeneration in the Carotenoids in Age-Related Eye Disease Study (CAREDS). JAMA Ophthalmology, 2009, 127, 1483.	2.4	74
16	Increasing mortality in the United States from cholangiocarcinoma: an analysis of the National Center for Health Statistics Database. BMC Gastroenterology, 2016, 16, 117.	2.0	73
17	Food insecurity among households with children during the COVID-19 pandemic: results from a study among social media users across the United States. Nutrition Journal, 2021, 20, 73.	3.4	65
18	Dietary Fat in Breast Cancer Survival. Annual Review of Nutrition, 2013, 33, 319-348.	10.1	59

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19	Birth weight, early life weight gain and age at menarche: a systematic review of longitudinal studies. Obesity Reviews, 2017, 18, 1272-1288.	6.5	55
20	Dietary Variety Is Inversely Associated with Body Adiposity among US Adults Using a Novel Food Diversity Index. Journal of Nutrition, 2015, 145, 555-563.	2.9	51
21	Trends in dietary fat and high-fat food intakes from 1991 to 2008 in the Framingham Heart Study participants. British Journal of Nutrition, 2014, 111, 724-734.	2.3	50
22	Consumption of Sugars, Sugary Foods, and Sugary Beverages in Relation to Adiposity-Related Cancer Risk in the Framingham Offspring Cohort (1991–2013). Cancer Prevention Research, 2018, 11, 347-358.	1.5	50
23	Development and evaluation of the US Healthy Food Diversity index. British Journal of Nutrition, 2014, 112, 1562-1574.	2.3	49
24	Consumption of whole grains and cereal fiber in relation to cancer risk: a systematic review of longitudinal studies. Nutrition Reviews, 2016, 74, 353-373.	5.8	41
25	Associations between dietary variety and measures of body adiposity: a systematic review of epidemiological studies. British Journal of Nutrition, 2013, 109, 1557-1572.	2.3	39
26	Suspected Nonalcoholic Fatty Liver Disease Is Not Associated with Vitamin D Status in Adolescents after Adjustment for Obesity. Journal of Obesity, 2010, 2010, 1-7.	2.7	38
27	Associations of Lifestyle and Physiologic Factors with Prostate-Specific Antigen Concentrations: Evidence from the National Health and Nutrition Examination Survey (2001-2004). Cancer Epidemiology Biomarkers and Prevention, 2008, 17, 2467-2472.	2.5	37
28	Health behaviours during the coronavirus disease 2019 pandemic: implications for obesity. Public Health Nutrition, 2020, 23, 3121-3125.	2.2	33
29	Obesity and Prostate Cancer Detection: Insights from Three National Surveys. American Journal of Medicine, 2010, 123, 829-835.	1.5	32
30	Metabolic Dysregulation of the Insulin–Glucose Axis and Risk of Obesity-Related Cancers in the Framingham Heart Study-Offspring Cohort (1971–2008). Cancer Epidemiology Biomarkers and Prevention, 2013, 22, 1825-1836.	2.5	31
31	Greater Healthful Food Variety as Measured by the US Healthy Food Diversity Index Is Associated with Lower Odds of Metabolic Syndrome and its Components in US Adults. Journal of Nutrition, 2015, 145, 564-571.	2.9	31
32	Obesity, Insulin Resistance, and Cancer Prognosis: Implications for Practice for Providing Care among Cancer Survivors. Journal of the American Dietetic Association, 2009, 109, 1346-1353.	1.1	30
33	Longitudinal associations of blood markers of insulin and glucose metabolism and cancer mortality in the third National Health and Nutrition Examination Survey. Cancer Causes and Control, 2010, 21, 631-642.	1.8	30
34	Carbohydrate nutrition and risk of adiposity-related cancers: results from the Framingham Offspring cohort (1991–2013). British Journal of Nutrition, 2017, 117, 1603-1614.	2.3	28
35	Nutrition Literacy among Cancer Survivors: Feasibility Results from the Healthy Eating and Living Against Breast Cancer (HEAL-BCa) Study: a Pilot Randomized Controlled Trial. Journal of Cancer Education, 2018, 33, 1239-1249.	1.3	28
36	Treatment and outcomes in diabetic breast cancer patients. Breast Cancer Research and Treatment, 2014, 143, 551-570.	2.5	24

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37	Diabetes mellitus as a risk factor for gastrointestinal cancers among postmenopausal women. Cancer Causes and Control, 2013, 24, 577-585.	1.8	22
38	Geographic Differences in the Dietary Quality of Food Purchases among Participants in the Nationally Representative Food Acquisition and Purchase Survey (FoodAPS). Nutrients, 2019, 11, 1233.	4.1	22
39	The influence of the sugar-sweetened beverage industry on public policies in Mexico. International Journal of Public Health, 2020, 65, 1037-1044.	2.3	22
40	Processing level and diet quality of the US grocery cart: is there an association?. Public Health Nutrition, 2019, 22, 2357-2366.	2.2	21
41	Sugary food and beverage consumption and epithelial ovarian cancer risk: a population-based case–control study. BMC Cancer, 2013, 13, 94.	2.6	19
42	Associations of Parental Self-Efficacy With Diet, Physical Activity, Body Composition, and Cardiorespiratory Fitness in Swedish Preschoolers: Results From the MINISTOP Trial. Health Education and Behavior, 2018, 45, 238-246.	2.5	19
43	Insulin receptor variants and obesity-related cancers in the Framingham Heart Study. Cancer Causes and Control, 2015, 26, 1189-1195.	1.8	17
44	Trends in dietary carbohydrate consumption from 1991 to 2008 in the Framingham Heart Study Offspring Cohort. British Journal of Nutrition, 2014, 111, 2010-2023.	2.3	16
45	Changing the landscape of South Asian migrant health research by advancing second-generation immigrant health needs. Translational Behavioral Medicine, 2021, 11, 1295-1297.	2.4	16
46	Dietary Fiber Intake and Colorectal Cancer Risk. Topics in Clinical Nutrition, 2012, 27, 41-47.	0.4	14
47	Dietary Variety. American Journal of Preventive Medicine, 2015, 49, 974-979.	3.0	13
48	Sociodemographic Differences in the Dietary Quality of Food-at-Home Acquisitions and Purchases among Participants in the U.S. Nationally Representative Food Acquisition and Purchase Survey (FoodAPS). Nutrients, 2020, 12, 2354.	4.1	13
49	Longitudinal dimensions of alcohol consumption and dietary intake in the Framingham Heart Study Offspring Cohort (1971–2008). British Journal of Nutrition, 2021, 125, 685-694.	2.3	13
50	Associations of Whole and Refined Grain Intakes with Adiposity-Related Cancer Risk in the Framingham Offspring Cohort (1991–2013). Nutrition and Cancer, 2018, 70, 776-786.	2.0	12
51	Longitudinal Associations of Leisure-Time Physical Activity and Cancer Mortality in the Third National Health and Nutrition Examination Survey (1986–2006). Journal of Obesity, 2012, 2012, 1-9.	2.7	11
52	Life Course Epidemiology in Nutrition and Chronic Disease Research: A Timely Discussion. Advances in Nutrition, 2013, 4, 551-553.	6.4	11
53	Weight Perception, Weight Control Intentions, and Dietary Intakes among Adolescents Ages 10–15 Years in the United States. International Journal of Environmental Research and Public Health, 2019, 16, 990.	2.6	11
54	Greater adherence to a Mediterranean-like diet is associated with later breast development and menarche in peripubertal girls. Public Health Nutrition, 2020, 23, 1020-1030.	2.2	10

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55	Preventing type 2 diabetes among South Asian Americans through community-based lifestyle interventions: A systematic review. Preventive Medicine Reports, 2020, 20, 101182.	1.8	10
56	Consumption of sugary foods and drinks and risk of endometrial cancer. Cancer Causes and Control, 2013, 24, 1427-1436.	1.8	9
57	Explaining Racial/Ethnic Dietary Patterns in Relation to Type 2 Diabetes: An Analysis of NHANES 2007-2012. Ethnicity and Disease, 2016, 26, 529.	2.3	9
58	Development of a Technology-Assisted Food Frequency Questionnaire for Elementary and Middle School Children: Findings from a Pilot Study. Nutrients, 2019, 11, 1103.	4.1	9
59	Racial and ethnic disparities in predictors of glycemia: a moderated mediation analysis of inflammation-related predictors of diabetes in the NHANES 2007–2010. Nutrition and Diabetes, 2018, 8, 56.	3.2	8
60	Food assistance programs and income are associated with the diet quality of grocery purchases for households consisting of women of reproductive age or young children. Preventive Medicine, 2020, 138, 106149.	3.4	8
61	Ecological momentary assessment for health behaviors and contextual factors in persons with diabetes: A systematic review. Diabetes Research and Clinical Practice, 2021, 174, 108745.	2.8	8
62	Racial differences in the association of insulin-like growth factor pathway and colorectal adenoma risk. Cancer Causes and Control, 2014, 25, 161-170.	1.8	7
63	Sensitivity and Specificity of Malnutrition Screening Tools Used in the Adult Hospitalized Patient Setting. Topics in Clinical Nutrition, 2015, 30, 289-301.	0.4	7
64	Prenatal dietary exposures and offspring body size from 6 months to 18 years: A systematic review. Paediatric and Perinatal Epidemiology, 2020, 34, 171-189.	1.7	7
65	Food Insecurity, Associated Health Behaviors, and Academic Performance Among Urban University Undergraduate Students. Journal of Nutrition Education and Behavior, 2022, 54, 269-275.	0.7	7
66	Mapping drivers of second-generation South Asian American eating behaviors using a novel integration of qualitative and social network analysis methods. Ecology of Food and Nutrition, 2022, 61, 503-521.	1.6	7
67	Zinc and Cognitive Development in Children. Topics in Clinical Nutrition, 2009, 24, 130-138.	0.4	6
68	Perspective: Novel Approaches to Evaluate Dietary Quality: Combining Methods to Enhance Measurement for Dietary Surveillance and Interventions. Advances in Nutrition, 2022, 13, 1009-1015.	6.4	6
69	Quantity, Quality, and Timing of Carbohydrate Intake and Blood Pressure. Current Nutrition Reports, 2019, 8, 270-280.	4.3	5
70	Trends in food consumption by degree of processing and diet quality over 17 years: results from the Framingham Offspring Study. British Journal of Nutrition, 2021, 126, 1861-1871.	2.3	5
71	Association between dairy product intake and body composition among South Asian adults from the Mediators of Atherosclerosis in South Asians Living in America (MASALA) study. British Journal of Nutrition, 2020, 126, 1-10.	2.3	4
72	Development of an Integrated Approach to Virtual Mind-Mapping: Methodology and Applied Experiences to Enhance Qualitative Health Research. Qualitative Health Research, 2022, 32, 571-580.	2.1	4

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73	Protective Role of Vitamin D Against Age-Related Macular Degeneration. Topics in Clinical Nutrition, 2010, 25, 290-301.	0.4	2
74	Food Insecurity and Associated Demographic, Academic and Health Factors Among Undergraduate Students at a Large Urban University. Current Developments in Nutrition, 2020, 4, nzaa043_124.	0.3	2
75	The Healthy Eating and Living Against Noncommunicable Diseases Study: An Innovative Family-Based Intervention. The Diabetes Educator, 2020, 46, 569-579.	2.5	2
76	Current Intake of Ultra-Processed Foods in the U.S. Adult Population According to Education-Level and Income. Current Developments in Nutrition, 2021, 5, 418.	0.3	2
77	Exploring the Drivers of Second-Generation South Asian American Eating Behaviors Using a Novel Qualitative Methodology: Virtual Free-Listing Informed Mind-Mapping. Current Developments in Nutrition, 2021, 5, 390.	0.3	1
78	Racial and ethnic disparities in predictors of glycemia: a moderated mediation analysis of inflammation-related predictors of diabetes in the NHANES 2007–2010. , 0, .		1
79	A need for diet assessment technology for South Asians living in the USA. Translational Behavioral Medicine, 2022, 12, 761-763.	2.4	1
80	Dietary Fats and Age-Related Macular Degeneration. Topics in Clinical Nutrition, 2008, 23, 347-356.	0.4	0
81	A systematic review of randomized controlled trials examining workplace wellness interventions. Nutrition and Health, 2022, 28, 111-122.	1.5	0
82	Health Behaviors, Food Purchasing, and Meal Preparation in a Sample of South Asian Adults in America: A Pilot Study. Current Developments in Nutrition, 2021, 5, 435.	0.3	0
83	Changes in Eating Behaviors During COVID-19 and Association With Food Insecurity: Results From a Nation-Wide Online Survey. Current Developments in Nutrition, 2021, 5, 202.	0.3	0
84	Long-Term Trends in Ultra-Processed Food Consumption by Cardiometabolic Disease Status in the Framingham Offspring Study. Current Developments in Nutrition, 2021, 5, 419.	0.3	0
85	DASH Diet Concordance Among Adults in the Mediators of Atherosclerosis in South Asians Living in America (MASALA) Study (2010–2013). Current Developments in Nutrition, 2021, 5, 434.	0.3	0
86	Longitudinal associations of physical activity and cancer mortality ―the Third National Health and Nutrition Examination Survey. FASEB Journal, 2010, 24, .	0.5	0
87	Prospective associations of biomarkers of glucose metabolism and obesityâ€related cancers in the Framingham Heart Study (1971–2008). FASEB Journal, 2013, 27, 106.4.	0.5	0
88	Development and validation of the US Healthy Food Diversity (HFD) Index: a novel measure of dietary variety, quality, and proportionality. FASEB Journal, 2013, 27, 230.6.	0.5	0
89	Trends in dietary carbohydrate consumption from 1991–2008 in the Framingham Heart Study offspring cohort. FASEB Journal, 2013, 27, 622.31	0.5	0
90	Longitudinal associations of blood biomarkers of insulin and glucose metabolism and colorectal cancer risk in the Framingham Heart Study Offspring population (1971–2008). FASEB Journal, 2013, 27, 622.2.	0.5	0

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91	Concordance with DASH Diet and Blood Pressure Change: Result from Framingham Offspring Cohort (1991â€2008). FASEB Journal, 2015, 29, 736.6.	0.5	0
92	Whole Grains and Cereal Fiber in Relation to Cancer Risk: A Systematic Review. FASEB Journal, 2015, 29, 906.27.	0.5	0
93	Abstract P097: Sociodemographic Differences in the Dietary Quality of Food Purchases Among Participants in the Nationally-Representative Food Acquisition and Purchase Study (FoodAPS). Circulation, 2019, 139, .	1.6	0