

# Rodney Pope

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3027576/publications.pdf>

Version: 2024-02-01

77  
papers

2,003  
citations

361296

20  
h-index

265120

42  
g-index

78  
all docs

78  
docs citations

78  
times ranked

1659  
citing authors

#	ARTICLE	IF	CITATIONS
1	A randomized trial of preexercise stretching for prevention of lower-limb injury. <i>Medicine and Science in Sports and Exercise</i> , 2000, 32, 271.	0.2	277
2	Effects of ankle dorsiflexion range and pre-exercise calf muscle stretching on injury risk in Army recruits. <i>Australian Journal of Physiotherapy</i> , 1998, 44, 165-172.	0.9	231
3	Associations between anthropometric characteristics and physical performance in male law enforcement officers: a retrospective cohort study. <i>Annals of Occupational and Environmental Medicine</i> , 2016, 28, 26.	0.3	81
4	Supervision, support and mentoring interventions for health practitioners in rural and remote contexts: an integrative review and thematic synthesis of the literature to identify mechanisms for successful outcomes. <i>Human Resources for Health</i> , 2014, 12, 10.	1.1	77
5	Leg Power As an Indicator of Risk of Injury or Illness in Police Recruits. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 237.	1.2	74
6	Soldier occupational load carriage: a narrative review of associated injuries. <i>International Journal of Injury Control and Safety Promotion</i> , 2014, 21, 388-396.	1.0	72
7	Reported Load Carriage Injuries of the Australian Army Soldier. <i>Journal of Occupational Rehabilitation</i> , 2015, 25, 316-322.	1.2	71
8	A Profile of Injuries Sustained by Law Enforcement Officers: A Critical Review. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 142.	1.2	69
9	Grip Strength and Its Relationship to Police Recruit Task Performance and Injury Risk: A Retrospective Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 941.	1.2	66
10	Relationships Between Motor Proficiency and Academic Performance in Mathematics and Reading in School-Aged Children and Adolescents: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1603.	1.2	65
11	Assessing Differences in Anthropometric and Fitness Characteristics Between Police Academy Cadets and Incumbent Officers. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2632-2641.	1.0	62
12	The impact of body armor on physical performance of law enforcement personnel: a systematic review. <i>Annals of Occupational and Environmental Medicine</i> , 2017, 29, 14.	0.3	48
13	Resilience and Well-Being of Small Inland Communities: Community Assets as Key Determinants. <i>Rural Society</i> , 2009, 19, 326-339.	0.4	47
14	Effects of water-based exercise on bone health of middle-aged and older adults: a systematic review and meta-analysis. <i>Open Access Journal of Sports Medicine</i> , 2017, Volume 8, 39-60.	0.6	43
15	The Impact of Backpack Loads on School Children: A Critical Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2529.	1.2	36
16	The impact of police training in mental health: an example from Australia. <i>Policing and Society</i> , 2014, 24, 501-522.	1.8	35
17	Reliability and validity of inexpensive and easily administered anthropometric clinical evaluation methods of postural asymmetry measurement in adolescent idiopathic scoliosis: a systematic review. <i>European Spine Journal</i> , 2016, 25, 450-466.	1.0	31
18	Injuries in Australian Army full-time and part-time personnel undertaking basic training. <i>BMC Musculoskeletal Disorders</i> , 2019, 20, 6.	0.8	28

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19	Risk factors for development of lower limb osteoarthritis in physically demanding occupations: A narrative umbrella review. <i>Journal of Occupational Health</i> , 2020, 62, e12103.	1.0	28
20	Gender differences in load carriage injuries of Australian army soldiers. <i>BMC Musculoskeletal Disorders</i> , 2016, 17, 488.	0.8	23
21	Dual energy X-ray absorptiometry positioning protocols in assessing body composition: A systematic review of the literature. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1038-1044.	0.6	23
22	Soldier Load Carriage, Injuries, Rehabilitation and Physical Conditioning: An International Approach. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4010.	1.2	22
23	Self-reported load carriage injuries of military soldiers. <i>International Journal of Injury Control and Safety Promotion</i> , 2017, 24, 189-197.	1.0	21
24	Optimizing the Physical Training of Military Trainees. <i>Strength and Conditioning Journal</i> , 2015, 37, 53-59.	0.7	20
25	What is the impact of fitness on injury risk during police academy training? A retrospective cohort study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2020, 12, 39.	0.7	20
26	Risk factors for development of lower limb osteoarthritis in physically demanding occupations: A systematic review and meta-analysis. <i>Applied Ergonomics</i> , 2020, 86, 103097.	1.7	20
27	A Profile of Knee Injuries Suffered by Australian Army Reserve Soldiers. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 12.	1.2	19
28	Comparing the Effects of Different Body Armor Systems on the Occupational Performance of Police Officers. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 893.	1.2	17
29	Assessing the Reliability of Ultrasound Imaging to Examine Peripheral Nerve Excursion: A Systematic Literature Review. <i>Ultrasound in Medicine and Biology</i> , 2018, 44, 1-13.	0.7	16
30	The Impact of Occupational Tasks on Firefighter Hydration During a Live Structural Fire. <i>Safety</i> , 2019, 5, 36.	0.9	16
31	Associations between motor proficiency and academic performance in mathematics and reading in year 1 school children: a cross-sectional study. <i>BMC Pediatrics</i> , 2020, 20, 69.	0.7	16
32	The role of context in establishing university clinics. <i>Health and Social Care in the Community</i> , 2010, 19, no-no.	0.7	15
33	Beat the Heat: don't forget your drink – a brief public education program. <i>Australian and New Zealand Journal of Public Health</i> , 2010, 34, 346-350.	0.8	15
34	A functional movement screen profile of an Australian state police force: a retrospective cohort study. <i>BMC Musculoskeletal Disorders</i> , 2016, 17, 296.	0.8	15
35	Investigating the Routine Dispatch Tasks Performed by Police Officers. <i>Safety</i> , 2020, 6, 54.	0.9	15
36	Prognostic factors for inpatient functional recovery following total hip and knee arthroplasty: a systematic review. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2020, 91, 313-318.	1.2	15

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37	The impact of fire suppression tasks on firefighter hydration: a critical review with consideration of the utility of reported hydration measures. <i>Annals of Occupational and Environmental Medicine</i> , 2016, 28, 63.	0.3	14
38	A Comparison of Military and Law Enforcement Body Armour. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 339.	1.2	14
39	Exploration of older people's perceptions of behavioural factors associated with falls. <i>Age and Ageing</i> , 2018, 47, 734-740.	0.7	13
40	The effects of body armour on mobility and postural control of police officers. <i>Journal of Bodywork and Movement Therapies</i> , 2020, 24, 190-194.	0.5	13
41	A retrospective cohort study of QuickDASH scores for common acute trauma conditions presenting for hand therapy. <i>Journal of Hand Therapy</i> , 2017, 30, 41-48.	0.7	12
42	A Comparison of Work Health and Safety Incidents and Injuries in Part-Time and Full-Time Australian Army Personnel. <i>Journal of Athletic Training</i> , 2016, 51, 880-886.	0.9	10
43	Duty loads carried by the LA sheriff's department officers. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S5-S6.	0.6	10
44	Profiling the Occupational Tasks and Physical Conditioning of Specialist Police. <i>International Journal of Exercise Science</i> , 2019, 12, 173-186.	0.5	10
45	Effectiveness, Feasibility, and Acceptability of Dynamic Elastomeric Fabric Orthoses (DEFO) for Managing Pain, Functional Capacity, and Quality of Life during Prenatal and Postnatal Care: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2408.	1.2	9
46	The effects of body armour on the power development and agility of police officers. <i>Ergonomics</i> , 2019, 62, 1349-1356.	1.1	9
47	Patient and surgical prognostic factors for inpatient functional recovery following THA and TKA: a prospective cohort study. <i>Journal of Orthopaedic Surgery and Research</i> , 2020, 15, 360.	0.9	9
48	Musculoskeletal symptoms among adult smartphone and tablet device users: a retrospective study. <i>Archives of Physiotherapy</i> , 2021, 11, 1.	0.7	9
49	Psychological, Physical, and Heat Stress Indicators Prior to and after a 15-Minute Structural Firefighting Task. <i>Biology</i> , 2022, 11, 104.	1.3	9
50	Selecting the Best of the Best: Associations between Anthropometric and Fitness Assessment Results and Success in Police Specialist Selection. <i>International Journal of Exercise Science</i> , 2018, 11, 785-796.	0.5	8
51	Utility of Mayo Clinic's early screen for discharge planning tool for predicting patient length of stay, discharge destination, and readmission risk in an inpatient oncology cohort. <i>Supportive Care in Cancer</i> , 2018, 26, 3843-3849.	1.0	7
52	Ageing well: Pilot evaluation of a dual-task training program in a rural community. <i>Australian Journal of Rural Health</i> , 2019, 27, 311-316.	0.7	7
53	Australian surfers' awareness of "surfer's ear". <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000641.	0.4	7
54	Factors Influencing the Provision of Classroom-based Physical Activity to Students in the Early Years of Primary School: A Survey of Educators. <i>Early Childhood Education Journal</i> , 2021, 49, 361-373.	1.6	7

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55	Profiling lower extremity injuries sustained in a state police population: a retrospective cohort study. <i>BMC Musculoskeletal Disorders</i> , 2021, 22, 115.	0.8	7
56	An Analysis of Reported Dangerous Incidents, Exposures, and Near Misses amongst Army Soldiers. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1605.	1.2	6
57	Avoiding Program-Induced Cumulative Overload (PICO). <i>Journal of Special Operations Medicine: A Peer Reviewed Journal for SOF Medical Professionals</i> , 2016, 16, 91-5.	0.1	6
58	Load Carriage-Related Paresthesias (Part 2): Meralgia Paresthetica. <i>Journal of Special Operations Medicine: A Peer Reviewed Journal for SOF Medical Professionals</i> , 2017, 17, 94-100.	0.1	6
59	Injuries suffered by an Australian State Police Force. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S91.	0.6	5
60	Profiling the Injuries Sustained by Police Trainees Undergoing Initial Training: A Retrospective Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7335.	1.2	5
61	Load Carriage-Related Paresthesias: Part 1: Rucksack Palsy and Digitalgia Paresthetica. <i>Journal of Special Operations Medicine: A Peer Reviewed Journal for SOF Medical Professionals</i> , 2016, 16, 74-79.	0.1	5
62	Non-Modifiable Risk Factors for Stress Fractures in Military Personnel Undergoing Training: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 422.	1.2	5
63	Optimizing the Utility of Military Injury Surveillance Systems: A Qualitative Study Within the Australian Defence Force. <i>Military Medicine</i> , 2009, 174, 470-478.	0.4	4
64	A Detailed Analysis of Serious Personal Injuries Suffered by Full Time and Part Time Soldiers of the Australian Army. <i>Military Medicine</i> , 2020, 185, e364-e369.	0.4	4
65	Evaluation of a 12-Week Classroom-Based Gross Motor Program Designed to Enhance Motor Proficiency, Mathematics and Reading Outcomes of Year 1 School Children: A Pilot Study. <i>Early Childhood Education Journal</i> , 2022, 50, 811-822.	1.6	3
66	Ear discomfort in a competitive surfer. <i>Australian Family Physician</i> , 2016, 45, 644-6.	0.5	3
67	Risk factors for injuries in female soldiers: a systematic review. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022, 14, 54.	0.7	3
68	Prevalence of lower urinary tract symptoms in a cohort of Australian servicewomen and female veterans. <i>International Urogynecology Journal</i> , 2023, 34, 885-896.	0.7	3
69	Sports Injuries in the Australian Regular Army. <i>Safety</i> , 2020, 6, 23.	0.9	2
70	Compression shorts reduce prenatal pelvic and low back pain: a prospective quasi-experimental controlled study. <i>PeerJ</i> , 2019, 7, e7080.	0.9	2
71	Osteoarthritis: Pathophysiology, Prevalence, Risk Factors, and Exercise for Reducing Pain and Disability. <i>Journal of Special Operations Medicine: A Peer Reviewed Journal for SOF Medical Professionals</i> , 2018, 18, 94-102.	0.1	2
72	Serving inland rural communities through university clinics. <i>Health Education Journal</i> , 2011, 70, 475-480.	0.6	1

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73	Injuries suffered by Australian Army recruits completing basic training. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S90.	0.6	1
74	&lt;p&gt;Bone health of middle-aged and older surfers&lt;/p&gt;. <i>Open Access Journal of Sports Medicine</i> , 2019, Volume 10, 123-132.	0.6	1
75	Inter-rater reliability and a training effect of the functional movement screen in police physical training instructors. <i>Cogent Social Sciences</i> , 2020, 6, .	0.5	1
76	The Relationship between Aerobic Test Performance and Injuries in Police Recruits. <i>International Journal of Exercise Science</i> , 2020, 13, 1052-1062.	0.5	1
77	Directly Observed Physical Activity of Year 1 Children during School Class Time: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3676.	1.2	0