## Faidon Magkos

List of Publications by Year in descending order

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|   |          |                | 34100        | 27402          |
|---|----------|----------------|--------------|----------------|
|   | 192      | 12,915         | 52           | 106            |
|   | papers   | citations      | h-index      | g-index        |
|   |          |                |              |                |
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|   |          |                |              |                |
|   | 196      | 196            | 196          | 17215          |
|   | all docs | docs citations | times ranked | citing authors |

| #  | Article   | IF   | CITATIONS |
|----|---|------|-----------|
| 1  | The epidemiology of obesity. Metabolism: Clinical and Experimental, 2019, 92, 6-10.   | 3.4  | 1,603     |
| 2  | Intrahepatic fat, not visceral fat, is linked with metabolic complications of obesity. Proceedings of the National Academy of Sciences of the United States of America, 2009, 106, 15430-15435. | 7.1  | 853       |
| 3  | Effects of Moderate and Subsequent Progressive Weight Loss on Metabolic Function and Adipose Tissue Biology in Humans with Obesity. Cell Metabolism, 2016, 23, 591-601.                         | 16.2 | 592       |
| 4  | Alterations in Adipose Tissue and Hepatic Lipid Kinetics in Obese Men and Women With Nonalcoholic Fatty Liver Disease. Gastroenterology, 2008, 134, 424-431.                                    | 1.3  | 484       |
| 5  | Leptin in human physiology and pathophysiology. American Journal of Physiology - Endocrinology and Metabolism, 2011, 301, E567-E584.  | 3.5  | 458       |
| 6  | The Gut Microbiome Profile in Obesity: A Systematic Review. International Journal of Endocrinology, 2018, 2018, 1-9.  | 1.5  | 362       |
| 7  | Sex Differences in Lipid and Lipoprotein Metabolism: It's Not Just about Sex Hormones. Journal of Clinical Endocrinology and Metabolism, 2011, 96, 885-893.                                     | 3.6  | 305       |
| 8  | Saturated Fats and Health: AÂReassessment and Proposal for Food-Based Recommendations. Journal of the American College of Cardiology, 2020, 76, 844-857.  | 2.8  | 302       |
| 9  | Organic Food: Buying More Safety or Just Peace of Mind? A Critical Review of the Literature. Critical Reviews in Food Science and Nutrition, 2006, 46, 23-56.                                   | 10.3 | 284       |
| 10 | Caffeine Use in Sports, Pharmacokinetics in Man, and Cellular Mechanisms of Action. Critical Reviews in Food Science and Nutrition, 2005, 45, 535-562.  | 10.3 | 252       |
| 11 | Association Between Specific Adipose Tissue CD4+ T-Cell Populations and Insulin Resistance in Obese Individuals. Gastroenterology, 2013, 145, 366-374.e3.                                       | 1.3  | 229       |
| 12 | Organic food: nutritious food or food for thought? A review of the evidence. International Journal of Food Sciences and Nutrition, 2003, 54, 357-371.   | 2.8  | 227       |
| 13 | Leptin's Role in Lipodystrophic and Nonlipodystrophic Insulin-Resistant and Diabetic Individuals. Endocrine Reviews, 2013, 34, 377-412.   | 20.1 | 212       |
| 14 | Diet and exercise in the prevention and treatment of type 2 diabetes mellitus. Nature Reviews Endocrinology, 2020, 16, 545-555.   | 9.6  | 207       |
| 15 | Surgical Removal of Omental Fat Does Not Improve Insulin Sensitivity and Cardiovascular Risk Factors in Obese Adults. Gastroenterology, 2010, 139, 448-455.                                     | 1.3  | 173       |
| 16 | Intrahepatic Diacylglycerol Content Is Associated With Hepatic Insulin Resistance in Obese Subjects. Gastroenterology, 2012, 142, 1444-1446.e2.   | 1.3  | 159       |
| 17 | Relationship Between Body Fat Mass and Free Fatty Acid Kinetics in Men and Women. Obesity, 2009, 17, 1872-1877.   | 3.0  | 149       |
| 18 | Management of the Metabolic Syndrome and Type 2 Diabetes Through Lifestyle Modification. Annual Review of Nutrition, 2009, 29, 223-256.   | 10.1 | 145       |

| #  | Article  | IF  | Citations |
|----|--|-----|-----------|
| 19 | Long-term metreleptin treatment increases bone mineral density and content at the lumbar spine of lean hypoleptinemic women. Metabolism: Clinical and Experimental, 2011, 60, 1211-1221.   | 3.4 | 145       |
| 20 | Effect of Fenofibrate and Niacin on Intrahepatic Triglyceride Content, Very Low-Density Lipoprotein Kinetics, and Insulin Action in Obese Subjects with Nonalcoholic Fatty Liver Disease. Journal of Clinical Endocrinology and Metabolism, 2010, 95, 2727-2735. | 3.6 | 144       |
| 21 | Hepatic Steatosis as a Marker of Metabolic Dysfunction. Nutrients, 2015, 7, 4995-5019.   | 4.1 | 142       |
| 22 | Smoking impairs muscle protein synthesis and increases the expression of myostatin and MAFbx in muscle. American Journal of Physiology - Endocrinology and Metabolism, 2007, 293, E843-E848.   | 3.5 | 141       |
| 23 | Methodology of dietary assessment in athletes: concepts and pitfalls. Current Opinion in Clinical Nutrition and Metabolic Care, 2003, 6, 539-549.  | 2.5 | 138       |
| 24 | Metabolically normal obese people are protected from adverse effects following weight gain. Journal of Clinical Investigation, 2015, 125, 787-795.   | 8.2 | 132       |
| 25 | Lean, but not healthy. Current Opinion in Clinical Nutrition and Metabolic Care, 2016, 19, 408-417.  | 2.5 | 126       |
| 26 | Effects of Bariatric Surgery on Glucose Homeostasis and Type 2 Diabetes. Gastroenterology, 2012, 143, 897-912.   | 1.3 | 125       |
| 27 | Effects of leptin and adiponectin on pancreatic $\hat{l}^2$ -cell function. Metabolism: Clinical and Experimental, 2011, 60, 1664-1672.  | 3.4 | 120       |
| 28 | Effect of Roux-en-Y Gastric Bypass and Laparoscopic Adjustable Gastric Banding on Branched-Chain Amino Acid Metabolism. Diabetes, 2013, 62, 2757-2761.   | 0.6 | 108       |
| 29 | Lipid metabolism response to a single, prolonged bout of endurance exercise in healthy young men.<br>American Journal of Physiology - Endocrinology and Metabolism, 2006, 290, E355-E362.  | 3.5 | 105       |
| 30 | Women Produce Fewer but Triglyceride-Richer Very Low-Density Lipoproteins than Men. Journal of Clinical Endocrinology and Metabolism, 2007, 92, 1311-1318.   | 3.6 | 103       |
| 31 | Dietary supplementation with flaxseed oil lowers blood pressure in dyslipidaemic patients. European Journal of Clinical Nutrition, 2007, 61, 1201-1206.  | 2.9 | 100       |
| 32 | Metabolic actions of insulin in men and women. Nutrition, 2010, 26, 686-693.   | 2.4 | 99        |
| 33 | Understanding the Role of the Gut Microbiome and Microbial Metabolites in Non-Alcoholic Fatty Liver Disease: Current Evidence and Perspectives. Biomolecules, 2022, 12, 56.  | 4.0 | 98        |
| 34 | Vitamin D and Obesity: Current Evidence and Controversies. Current Obesity Reports, 2021, 10, 162-180.   | 8.4 | 93        |
| 35 | Caffeine and Ephedrine. Sports Medicine, 2004, 34, 871-889.  | 6.5 | 88        |
| 36 | Secular trends in cardiovascular risk factors among school-aged boys from Crete, Greece, 1982–2002. European Journal of Clinical Nutrition, 2005, 59, 1-7.   | 2.9 | 88        |

| #  | Article   | IF   | CITATIONS |
|----|---|------|-----------|
| 37 | Metabolically healthy obesity: what–s in a name?. American Journal of Clinical Nutrition, 2019, 110, 533-539.   | 4.7  | 88        |
| 38 | Effect of obesity on the plasma lipoprotein subclass profile in normoglycemic and normolipidemic men and women. International Journal of Obesity, 2008, 32, 1655-1664.  | 3.4  | 78        |
| 39 | Improved insulin sensitivity after a single bout of exercise is curvilinearly related to exercise energy expenditure. Clinical Science, 2008, 114, 59-64.   | 4.3  | 78        |
| 40 | Increased Wholeâ€Body Adiposity Without a Concomitant Increase in Liver Fat is Not Associated With Augmented Metabolic Dysfunction. Obesity, 2010, 18, 1510-1515.   | 3.0  | 78        |
| 41 | Protein Ingestion Induces Muscle Insulin Resistance Independent of Leucine-Mediated mTOR Activation. Diabetes, 2015, 64, 1555-1563.   | 0.6  | 75        |
| 42 | Oxytocin in metabolic homeostasis: implications for obesity and diabetes management. Obesity Reviews, 2019, 20, 22-40.  | 6.5  | 70        |
| 43 | Gender Differences in Lipid Metabolism and the Effect of Obesity. Obstetrics and Gynecology Clinics of North America, 2009, 36, 245-265.  | 1.9  | 69        |
| 44 | High-intensity interval aerobic training reduces hepatic very low-density lipoprotein-triglyceride secretion rate in men. American Journal of Physiology - Endocrinology and Metabolism, 2008, 295, E851-E858.          | 3.5  | 68        |
| 45 | Adipose tissue monomethyl branched-chain fatty acids and insulin sensitivity: Effects of obesity and weight loss. Obesity, 2015, 23, 329-334.   | 3.0  | 68        |
| 46 | A Perspective on the Transition to Plant-Based Diets: a Diet Change May Attenuate Climate Change, but Can It Also Attenuate Obesity and Chronic Disease Risk?. Advances in Nutrition, 2020, 11, 1-9.                    | 6.4  | 67        |
| 47 | Weight Loss Reduces Liver Fat and Improves Hepatic and Skeletal Muscle Insulin Sensitivity in Obese Adolescents. Obesity, 2009, 17, 1744-1748.  | 3.0  | 65        |
| 48 | Dietary walnuts inhibit colorectal cancer growth in mice by suppressing angiogenesis. Nutrition, 2012, 28, 67-75.   | 2.4  | 65        |
| 49 | Basal very low-density lipoprotein metabolism in response to exercise: Mechanisms of hypotriacylglycerolemia. Progress in Lipid Research, 2009, 48, 171-190.  | 11.6 | 61        |
| 50 | Development and validation of a food frequency questionnaire for assessing dietary calcium intake in the general population. Osteoporosis International, 2006, 17, 304-312.   | 3.1  | 59        |
| 51 | Alterations in Ventricular Structure and Function in Obese Adolescents with Nonalcoholic Fatty Liver Disease. Journal of Pediatrics, 2013, 162, 1160-1168.e1.   | 1.8  | 59        |
| 52 | Effects of Full-Fat and Fermented Dairy Products on Cardiometabolic Disease: Food Is More Than the Sum of Its Parts. Advances in Nutrition, 2019, 10, 924S-930S.  | 6.4  | 55        |
| 53 | Body mass index, calcium intake, and physical activity affect calcaneal ultrasound in healthy Greek males in an age-dependent and parameter-specific manner. Journal of Bone and Mineral Metabolism, 2005, 23, 157-166. | 2.7  | 53        |
| 54 | Brain responses to food images during the early and late follicular phase of the menstrual cycle in healthy young women: relation to fasting and feeding. American Journal of Clinical Nutrition, 2011, 94, 377-384.    | 4.7  | 53        |

| #  | Article   | IF  | Citations |
|----|---|-----|-----------|
| 55 | Putting the safety of organic food into perspective. Nutrition Research Reviews, 2003, 16, 211-222.   | 4.1 | 52        |
| 56 | Effect of Marked Weight Loss on Adiponectin Gene Expression and Plasma Concentrations. Obesity, 2007, 15, 640-645.  | 3.0 | 52        |
| 57 | Lifestyle factors affecting heel ultrasound in Greek females across different life stages. Osteoporosis International, 2005, 16, 552-561.   | 3.1 | 51        |
| 58 | Reproducibility of stable isotope-labeled tracer measures of VLDL-triglyceride and VLDL-apolipoprotein B-100 kinetics. Journal of Lipid Research, 2007, 48, 1204-1211.  | 4.2 | 51        |
| 59 | Leptin administration to overweight and obese subjects for 6 months increases free leptin concentrations but does not alter circulating hormones of the thyroid and IGF axes during weight loss induced by a mild hypocaloric diet. European Journal of Endocrinology, 2011, 165, 249-254.  | 3.7 | 51        |
| 60 | No effect of menstrual cycle phase on basal very-low-density lipoprotein triglyceride and apolipoprotein B-100 kinetics. American Journal of Physiology - Endocrinology and Metabolism, 2006, 291, E1243-E1249.   | 3.5 | 50        |
| 61 | Matched weight loss induced by sleeve gastrectomy or gastric bypass similarly improves metabolic function in obese subjects. Obesity, 2014, 22, 2026-2031.  | 3.0 | 50        |
| 62 | Short-term walnut consumption increases circulating total adiponectin and apolipoprotein A concentrations, but does not affect markers of inflammation or vascular injury in obese humans with the metabolic syndrome: data from a double-blinded, randomized, placebo-controlled study.  Metabolism: Clinical and Experimental, 2012, 61, 577-582. | 3.4 | 49        |
| 63 | Acute exercise-induced changes in basal VLDL-triglyceride kinetics leading to hypotriglyceridemia manifest more readily after resistance than endurance exercise. Journal of Applied Physiology, 2008, 105, 1228-1236.  | 2.5 | 47        |
| 64 | Behavioral and physiological indices related to BMI in a cohort of primary schoolchildren in Greece. American Journal of Human Biology, 2004, 16, 639-647.  | 1.6 | 45        |
| 65 | Insulin sensitivity is not associated with palmitoleate availability in obese humans. Journal of Lipid Research, 2011, 52, 808-812.   | 4.2 | 45        |
| 66 | The Effect of COVID-19-related Lockdowns on Diet and Physical Activity in Older Adults: A Systematic Review., 2021, 12, 1935.   |     | 44        |
| 67 | Recent advances in the measurement of adiponectin isoform distribution. Current Opinion in Clinical Nutrition and Metabolic Care, 2007, 10, 571-575.  | 2.5 | 43        |
| 68 | Methods for assessing intrahepatic fat content and steatosis. Current Opinion in Clinical Nutrition and Metabolic Care, 2009, 12, 474-481.  | 2.5 | 42        |
| 69 | A single 1-h bout of evening exercise increases basal FFA flux without affecting VLDL-triglyceride and VLDL-apolipoprotein B-100 kinetics in untrained lean men. American Journal of Physiology - Endocrinology and Metabolism, 2007, 292, E1568-E1574.   | 3.5 | 40        |
| 70 | Exercise and fat accumulation in the human liver. Current Opinion in Lipidology, 2010, 21, 507-517.   | 2.7 | 40        |
| 71 | Dietary Saturated Fats and Health: Are the U.S. Guidelines Evidence-Based?. Nutrients, 2021, 13, 3305.  | 4.1 | 40        |
| 72 | Stable isotope-labeled tracers for the investigation of fatty acid and triglyceride metabolism in humans <i>in vivo</i> . Clinical Lipidology, 2009, 4, 215-230.  | 0.4 | 39        |

| #  | Article   | IF  | Citations |
|----|---|-----|-----------|
| 73 | Leptin replacement improves postprandial glycemia and insulin sensitivity in human immunodeficiency virus–infected lipoatrophic men treated with pioglitazone: a pilot study. Metabolism: Clinical and Experimental, 2011, 60, 1045-1049.                     | 3.4 | 39        |
| 74 | Body fat redistribution and metabolic abnormalities in HIV-infected patients on highly active antiretroviral therapy: novel insights into pathophysiology and emerging opportunities for treatment. Metabolism: Clinical and Experimental, 2011, 60, 749-753. | 3.4 | 38        |
| 75 | Cohort profile: Singapore Preconception Study of Long-Term Maternal and Child Outcomes (S-PRESTO). European Journal of Epidemiology, 2021, 36, 129-142.   | 5.7 | 38        |
| 76 | Dietary carbohydrate restriction augments weight loss-induced improvements in glycaemic control and liver fat in individuals with type 2 diabetes: a randomised controlled trial. Diabetologia, 2022, 65, 506-517.  | 6.3 | 37        |
| 77 | The Type and Intensity of Exercise Have Independent and Additive Effects on Bone Mineral Density. International Journal of Sports Medicine, 2007, 28, 773-779.  | 1.7 | 36        |
| 78 | A single bout of whole-body resistance exercise augments basal VLDL-triacylglycerol removal from plasma in healthy untrained men. Clinical Science, 2009, $116$ , $147-156$ .   | 4.3 | 36        |
| 79 | One day of moderate energy deficit reduces fasting and postprandial triacylglycerolemia in women: The role of calorie restriction and exercise. Clinical Nutrition, 2010, 29, 459-463.  | 5.0 | 36        |
| 80 | The effect of MTHFR(C677T) genotype on plasma homocysteine concentrations in healthy children is influenced by gender. European Journal of Clinical Nutrition, 2006, 60, 155-162.   | 2.9 | 35        |
| 81 | The Bone Response to Non-Weight-Bearing Exercise Is Sport-, Site-, and Sex-Specific. Clinical Journal of Sport Medicine, 2007, 17, 123-128.   | 1.8 | 35        |
| 82 | The Effect of One Anastomosis Gastric Bypass on Branched-Chain Fatty Acid and Branched-Chain Amino Acid Metabolism in Subjects with Morbid Obesity. Obesity Surgery, 2020, 30, 304-312.   | 2.1 | 35        |
| 83 | Validation of a novel index to assess insulin resistance of adipose tissue lipolytic activity in obese subjects. Journal of Lipid Research, 2012, 53, 321-324.  | 4.2 | 34        |
| 84 | Plasma Lipid Transfer Enzymes in Nonâ€Diabetic Lean and Obese Men and Women. Lipids, 2009, 44, 459-464.   | 1.7 | 33        |
| 85 | Moderate Weight Loss Improves Body Composition and Metabolic Function in Metabolically Unhealthy<br>Lean Subjects. Obesity, 2018, 26, 1000-1007.  | 3.0 | 33        |
| 86 | Reproducibility of glucose, fatty acid and VLDL kinetics and multi-organ insulin sensitivity in obese subjects with non-alcoholic fatty liver disease. International Journal of Obesity, 2011, 35, 1233-1240.   | 3.4 | 32        |
| 87 | Relationship between Adipose Tissue Lipolytic Activity and Skeletal Muscle Insulin Resistance in Nondiabetic Women. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E1219-E1223.  | 3.6 | 31        |
| 88 | The Environmental <i>Foodprint</i> of Obesity. Obesity, 2020, 28, 73-79.  | 3.0 | 30        |
| 89 | Quantitative ultrasound calcaneus measurements: normative data for the Greek population. Osteoporosis International, 2005, 16, 280-288.   | 3.1 | 28        |
| 90 | Plasma Homocysteine Concentrations in Greek Children Are Influenced by an Interaction between the Methylenetetrahydrofolate Reductase C677T Genotype and Folate Status. Journal of Nutrition, 2005, 135, 383-388.   | 2.9 | 28        |

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|-----|---|-----|-----------|
| 91  | Physical activity counteracts increased wholeâ€body protein breakdown in chronic obstructive pulmonary disease patients. Scandinavian Journal of Medicine and Science in Sports, 2008, 18, 557-564.                                     | 2.9 | 28        |
| 92  | A Multidisciplinary Perspective of Ultra-Processed Foods and Associated Food Processing Technologies: A View of the Sustainable Road Ahead. Nutrients, 2021, 13, 3948.  | 4.1 | 28        |
| 93  | Ageâ€dependent Changes in Body Size of Greek Boys From 1982 to 2002. Obesity, 2006, 14, 289-294.  | 3.0 | 25        |
| 94  | Dietary fat and carbohydrate quality have independent effects on postprandial glucose and lipid responses. European Journal of Nutrition, 2018, 57, 243-250.  | 3.9 | 25        |
| 95  | Measuring very low density lipoprotein-triglyceride kinetics in man in vivo: how different the various methods really are. Current Opinion in Clinical Nutrition and Metabolic Care, 2004, 7, 547-555.                                  | 2.5 | 24        |
| 96  | Portal vein and systemic adiponectin concentrations are closely linked with hepatic glucose and lipoprotein kinetics in extremely obese subjects. Metabolism: Clinical and Experimental, 2011, 60, 1641-1648.                           | 3.4 | 24        |
| 97  | Testosterone increases the muscle protein synthesis rate but does not affect very-low-density lipoprotein metabolism in obese premenopausal women. American Journal of Physiology - Endocrinology and Metabolism, 2012, 302, E740-E746. | 3.5 | 24        |
| 98  | Meal rich in carbohydrate, but not protein or fat, reveals adverse immunometabolic responses associated with obesity. Nutrition Journal, 2016, 15, 100.   | 3.4 | 24        |
| 99  | Effect of Roux-en-Y gastric bypass and laparoscopic adjustable gastric banding on gastrointestinal metabolism of ingested glucose. American Journal of Clinical Nutrition, 2016, 103, 61-65.  | 4.7 | 24        |
| 100 | Sex Differences in Glucose and Fatty Acid Metabolism in Asians Who Are Nonobese. Journal of Clinical Endocrinology and Metabolism, 2019, 104, 127-136.  | 3.6 | 24        |
| 101 | Free fatty acid kinetics in the late phase of postexercise recovery: importance of resting fatty acid metabolism and exercise-induced energy deficit. Metabolism: Clinical and Experimental, 2009, 58, 1248-1255.                       | 3.4 | 23        |
| 102 | Lifestyle Intervention Leading to Moderate Weight Loss Normalizes Postprandial Triacylglycerolemia Despite Persisting Obesity. Obesity, 2011, 19, 968-976.  | 3.0 | 23        |
| 103 | Leptin treatment reduces body fat but does not affect lean body mass or the myostatin-follistatin-activin axis in lean hypoleptinemic women. American Journal of Physiology - Endocrinology and Metabolism, 2011, 301, E99-E104.        | 3.5 | 23        |
| 104 | Subclinical Hypothyroidism and Hyperthyroidism Have Opposite Effects on Hepatic Very-Low-Density Lipoprotein-Triglyceride Kinetics. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E414-E418.                              | 3.6 | 23        |
| 105 | Regulation of glucose metabolism in nondiabetic, metabolically obese normal-weight Asians. American Journal of Physiology - Endocrinology and Metabolism, 2018, 314, E494-E502.   | 3.5 | 23        |
| 106 | Acute Effects of Exercise and Calorie Restriction on Triglyceride Metabolism in Women. Medicine and Science in Sports and Exercise, 2013, 45, 455-461.  | 0.4 | 21        |
| 107 | Variants of the Adiponectin and Adiponectin Receptor-1 Genes and Posttransplantation Diabetes Mellitus in Renal Allograft Recipients. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E129-E135.                            | 3.6 | 20        |
| 108 | Effect of high-intensity interval exercise on basal triglyceride metabolism in non-obese men. Applied Physiology, Nutrition and Metabolism, 2013, 38, 823-829.  | 1.9 | 20        |

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|-----|---|-----|-----------|
| 109 | Oxytocin and Vasopressin Systems in Obesity and Metabolic Health: Mechanisms and Perspectives. Current Obesity Reports, 2019, 8, 301-316.   | 8.4 | 20        |
| 110 | Metabolic response to high-carbohydrate and low-carbohydrate meals in a nonhuman primate model. American Journal of Physiology - Endocrinology and Metabolism, 2013, 304, E444-E451.  | 3.5 | 19        |
| 111 | Effect of Progressive Weight Loss on Lactate Metabolism: A Randomized Controlled Trial. Obesity, 2018, 26, 683-688.   | 3.0 | 19        |
| 112 | Changing relationships of obesity and dyslipidemia in Greek children: 1982–2002. Preventive Medicine, 2005, 41, 846-851.  | 3.4 | 18        |
| 113 | Circulating vaspin and visfatin are not affected by acute or chronic energy deficiency or leptin administration in humans. European Journal of Endocrinology, 2011, 164, 911-917.   | 3.7 | 18        |
| 114 | Identifying nutritionally vulnerable groups in case of emergencies: experience from the Athens 1999 earthquake. International Journal of Food Sciences and Nutrition, 2004, 55, 527-536.  | 2.8 | 17        |
| 115 | Twenty-year dynamics in adiposity and blood lipids of Greek children: Regional differences in Crete persist. Acta Paediatrica, International Journal of Paediatrics, 2005, 94, 859-865.   | 1.5 | 17        |
| 116 | Diet, blood lipid profile and physical activity patterns in primary school children from a semiâ€rural area of Greece. Journal of Human Nutrition and Dietetics, 2006, 19, 101-112.   | 2.5 | 17        |
| 117 | Exercise of low energy expenditure along with mild energy intake restriction acutely reduces fasting and postprandial triacylglycerolaemia in young women. British Journal of Nutrition, 2009, 101, 408-416.                              | 2.3 | 17        |
| 118 | Estrogen Deficiency after Menopause Does Not Result in Male Very-Low-Density Lipoprotein Metabolism Phenotype. Journal of Clinical Endocrinology and Metabolism, 2010, 95, 3377-3384.   | 3.6 | 17        |
| 119 | Effect of Acute Negative and Positive Energy Balance on Basal Very-Low Density Lipoprotein Triglyceride Metabolism in Women. PLoS ONE, 2013, 8, e60251.   | 2.5 | 17        |
| 120 | Heredity of type 2 diabetes confers increased susceptibility to oxidative stress and inflammation. BMJ Open Diabetes Research and Care, 2020, 8, e000945.   | 2.8 | 17        |
| 121 | Enhanced insulin sensitivity after acute exercise is not associated with changes in high-molecular weight adiponectin concentration in plasma. European Journal of Endocrinology, 2010, 162, 61-66.                                       | 3.7 | 16        |
| 122 | One Day of Mixed Meal Overfeeding Reduces Hepatic Insulin Sensitivity and Increases VLDL Particle But Not VLDL-Triglyceride Secretion in Overweight and Obese Men. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 3454-3462. | 3.6 | 16        |
| 123 | Effect of lorcaserin on glycemic parameters in patients with type 2 diabetes mellitus. Obesity, 2017, 25, 842-849.  | 3.0 | 16        |
| 124 | Obesity, Hypovitaminosis D, and COVID-19: the Bermuda Triangle in Public Health. Current Obesity Reports, 2022, 11, 116-125.  | 8.4 | 16        |
| 125 | Metabolic gene expression profile in circulating mononuclear cells reflects obesity-associated metabolic inflexibility. Nutrition and Metabolism, 2016, 13, 74.   | 3.0 | 15        |
| 126 | The role of dietary protein in obesity. Reviews in Endocrine and Metabolic Disorders, 2020, 21, 329-340.  | 5.7 | 15        |

| #   | Article   | IF  | CITATIONS |
|-----|---|-----|-----------|
| 127 | A double-blinded, randomized, parallel intervention to evaluate biomarker-based nutrition plans for weight loss: The PREVENTOMICS study. Clinical Nutrition, 2022, 41, 1834-1844.   | 5.0 | 15        |
| 128 | Obsessed with Healthy Eating: A Systematic Review of Observational Studies Assessing Orthorexia Nervosa in Patients with Diabetes Mellitus. Nutrients, 2021, 13, 3823.  | 4.1 | 14        |
| 129 | Differences in the quantitative and qualitative performance of a calcium-specific food frequency questionnaire across age and sex. Journal of Human Nutrition and Dietetics, 2006, 19, 331-342.                               | 2.5 | 13        |
| 130 | Acute resistance exercise attenuates fasting and postprandial triglyceridemia in women by reducing triglyceride concentrations in triglyceride-rich lipoproteins. European Journal of Applied Physiology, 2010, 110, 869-874. | 2.5 | 13        |
| 131 | The Impact of the Rate of Weight Loss on Body Composition and Metabolism. Current Obesity Reports, 2022, 11, 33-44.   | 8.4 | 13        |
| 132 | Stable isotope tracer dilution for quantifying very low-density lipoprotein-triacylglycerol kinetics in man. Clinical Nutrition, 2004, 23, 457-466.   | 5.0 | 12        |
| 133 | Contralateral differences in quantitative ultrasound of the heel: the importance of side in clinical practice. Osteoporosis International, 2005, 16, 879-886.   | 3.1 | 12        |
| 134 | Decrease in hepatic veryâ€lowâ€density lipoprotein–triglyceride secretion after weight loss is inversely associated with changes in circulating leptin. Diabetes, Obesity and Metabolism, 2010, 12, 584-590.                  | 4.4 | 12        |
| 135 | Basal adipose tissue and hepatic lipid kinetics are not affected by a single exercise bout of moderate duration and intensity in sedentary women. Clinical Science, 2009, 116, 327-334.                                       | 4.3 | 12        |
| 136 | Physiological and Lifestyle Traits of Metabolic Dysfunction in the Absence of Obesity. Current Diabetes Reports, 2020, 20, 17.  | 4.2 | 12        |
| 137 | Randomized controlled trial of Tesomet for weight loss in hypothalamic obesity. European Journal of Endocrinology, 2022, 186, 687-700.  | 3.7 | 12        |
| 138 | Putative Factors That May Modulate the Effect of Exercise on Liver Fat: Insights from Animal Studies. Journal of Nutrition and Metabolism, 2012, 2012, 1-8.   | 1.8 | 11        |
| 139 | One day of overfeeding impairs nocturnal glucose but not fatty acid homeostasis in overweight men.<br>Obesity, 2014, 22, 435-440.   | 3.0 | 11        |
| 140 | On adaptive thermogenesis: just another weight-loss tale?. American Journal of Clinical Nutrition, 2020, 112, 1157-1159.  | 4.7 | 11        |
| 141 | Efficacy of Dietary Manipulations for Depleting Intrahepatic Triglyceride Content: Implications for the Management of Non-alcoholic Fatty Liver Disease. Current Obesity Reports, 2021, 10, 125-133.                          | 8.4 | 11        |
| 142 | Dynamic assessment of insulin secretion and insulin resistance in Asians with prediabetes. Metabolism: Clinical and Experimental, 2022, 128, 154957.  | 3.4 | 11        |
| 143 | Visceral adipose tissue tracks more closely with metabolic dysfunction than intrahepatic triglyceride in lean Asians without diabetes. Journal of Applied Physiology, 2018, 125, 909-915.                                     | 2.5 | 10        |
| 144 | Dose-Dependent Effects of Exercise and Diet on Insulin Sensitivity and Secretion. Medicine and Science in Sports and Exercise, 2019, 51, 2109-2116.   | 0.4 | 10        |

| #   | Article  | IF  | Citations |
|-----|--|-----|-----------|
| 145 | Is calorie restriction beneficial for normal-weight individuals? A narrative review of the effects of weight loss in the presence and absence of obesity. Nutrition Reviews, 2022, 80, 1811-1825.  | 5.8 | 10        |
| 146 | Empowering consumers to PREVENT diet-related diseases through OMICS sciences (PREVENTOMICS): protocol for a parallel double-blinded randomised intervention trial to investigate biomarker-based nutrition plans for weight loss. BMJ Open, 2022, 12, e051285. | 1.9 | 10        |
| 147 | The Efficacy and Safety of Ketogenic Diets in Drug-Resistant Epilepsy in Children and Adolescents: a Systematic Review of Randomized Controlled Trials. Current Nutrition Reports, 2022, 11, 102-116.  | 4.3 | 10        |
| 148 | Methodological approaches to the study of metabolism across individual tissues in man. Current Opinion in Clinical Nutrition and Metabolic Care, 2005, 8, 501-510.   | 2.5 | 9         |
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