Faidon Magkos

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The epidemiology of obesity. Metabolism: Clinical and Experimental, 2019, 92, 6-10.	3.4	1,603
2	Intrahepatic fat, not visceral fat, is linked with metabolic complications of obesity. Proceedings of the United States of America, 2009, 106, 15430-15435.	7.1	853
3	Effects of Moderate and Subsequent Progressive Weight Loss on Metabolic Function and Adipose Tissue Biology in Humans with Obesity. Cell Metabolism, 2016, 23, 591-601.	16.2	592
4	Alterations in Adipose Tissue and Hepatic Lipid Kinetics in Obese Men and Women With Nonalcoholic Fatty Liver Disease. Gastroenterology, 2008, 134, 424-431.	1.3	484
5	Leptin in human physiology and pathophysiology. American Journal of Physiology - Endocrinology and Metabolism, 2011, 301, E567-E584.	3.5	458
6	The Gut Microbiome Profile in Obesity: A Systematic Review. International Journal of Endocrinology, 2018, 2018, 1-9.	1.5	362
7	Sex Differences in Lipid and Lipoprotein Metabolism: It's Not Just about Sex Hormones. Journal of Clinical Endocrinology and Metabolism, 2011, 96, 885-893.	3.6	305
8	Saturated Fats and Health: AÂReassessment and Proposal for Food-Based Recommendations. Journal of the American College of Cardiology, 2020, 76, 844-857.	2.8	302
9	Organic Food: Buying More Safety or Just Peace of Mind? A Critical Review of the Literature. Critical Reviews in Food Science and Nutrition, 2006, 46, 23-56.	10.3	284
10	Caffeine Use in Sports, Pharmacokinetics in Man, and Cellular Mechanisms of Action. Critical Reviews in Food Science and Nutrition, 2005, 45, 535-562.	10.3	252
11	Association Between Specific Adipose Tissue CD4+ T-Cell Populations and Insulin Resistance in Obese Individuals. Gastroenterology, 2013, 145, 366-374.e3.	1.3	229
12	Organic food: nutritious food or food for thought? A review of the evidence. International Journal of Food Sciences and Nutrition, 2003, 54, 357-371.	2.8	227
13	Leptin's Role in Lipodystrophic and Nonlipodystrophic Insulin-Resistant and Diabetic Individuals. Endocrine Reviews, 2013, 34, 377-412.	20.1	212
14	Diet and exercise in the prevention and treatment of type 2 diabetes mellitus. Nature Reviews Endocrinology, 2020, 16, 545-555.	9.6	207
15	Surgical Removal of Omental Fat Does Not Improve Insulin Sensitivity and Cardiovascular Risk Factors in Obese Adults. Gastroenterology, 2010, 139, 448-455.	1.3	173
16	Intrahepatic Diacylglycerol Content Is Associated With Hepatic Insulin Resistance in Obese Subjects. Gastroenterology, 2012, 142, 1444-1446.e2.	1.3	159
17	Relationship Between Body Fat Mass and Free Fatty Acid Kinetics in Men and Women. Obesity, 2009, 17, 1872-1877.	3.0	149
18	Management of the Metabolic Syndrome and Type 2 Diabetes Through Lifestyle Modification. Annual Review of Nutrition, 2009, 29, 223-256.	10.1	145

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19	Long-term metreleptin treatment increases bone mineral density and content at the lumbar spine of lean hypoleptinemic women. Metabolism: Clinical and Experimental, 2011, 60, 1211-1221.	3.4	145
20	Effect of Fenofibrate and Niacin on Intrahepatic Triglyceride Content, Very Low-Density Lipoprotein Kinetics, and Insulin Action in Obese Subjects with Nonalcoholic Fatty Liver Disease. Journal of Clinical Endocrinology and Metabolism, 2010, 95, 2727-2735.	3.6	144
21	Hepatic Steatosis as a Marker of Metabolic Dysfunction. Nutrients, 2015, 7, 4995-5019.	4.1	142
22	Smoking impairs muscle protein synthesis and increases the expression of myostatin and MAFbx in muscle. American Journal of Physiology - Endocrinology and Metabolism, 2007, 293, E843-E848.	3.5	141
23	Methodology of dietary assessment in athletes: concepts and pitfalls. Current Opinion in Clinical Nutrition and Metabolic Care, 2003, 6, 539-549.	2.5	138
24	Metabolically normal obese people are protected from adverse effects following weight gain. Journal of Clinical Investigation, 2015, 125, 787-795.	8.2	132
25	Lean, but not healthy. Current Opinion in Clinical Nutrition and Metabolic Care, 2016, 19, 408-417.	2.5	126
26	Effects of Bariatric Surgery on Glucose Homeostasis and Type 2 Diabetes. Gastroenterology, 2012, 143, 897-912.	1.3	125
27	Effects of leptin and adiponectin on pancreatic β-cell function. Metabolism: Clinical and Experimental, 2011, 60, 1664-1672.	3.4	120
28	Effect of Roux-en-Y Gastric Bypass and Laparoscopic Adjustable Gastric Banding on Branched-Chain Amino Acid Metabolism. Diabetes, 2013, 62, 2757-2761.	0.6	108
29	Lipid metabolism response to a single, prolonged bout of endurance exercise in healthy young men. American Journal of Physiology - Endocrinology and Metabolism, 2006, 290, E355-E362.	3.5	105
30	Women Produce Fewer but Triglyceride-Richer Very Low-Density Lipoproteins than Men. Journal of Clinical Endocrinology and Metabolism, 2007, 92, 1311-1318.	3.6	103
31	Dietary supplementation with flaxseed oil lowers blood pressure in dyslipidaemic patients. European Journal of Clinical Nutrition, 2007, 61, 1201-1206.	2.9	100
32	Metabolic actions of insulin in men and women. Nutrition, 2010, 26, 686-693.	2.4	99
33	Understanding the Role of the Gut Microbiome and Microbial Metabolites in Non-Alcoholic Fatty Liver Disease: Current Evidence and Perspectives. Biomolecules, 2022, 12, 56.	4.0	98
34	Vitamin D and Obesity: Current Evidence and Controversies. Current Obesity Reports, 2021, 10, 162-180.	8.4	93
35	Caffeine and Ephedrine. Sports Medicine, 2004, 34, 871-889.	6.5	88
36	Secular trends in cardiovascular risk factors among school-aged boys from Crete, Greece, 1982–2002. European Journal of Clinical Nutrition, 2005, 59, 1-7.	2.9	88

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37	Metabolically healthy obesity: what–s in a name?. American Journal of Clinical Nutrition, 2019, 110, 533-539.	4.7	88
38	Effect of obesity on the plasma lipoprotein subclass profile in normoglycemic and normolipidemic men and women. International Journal of Obesity, 2008, 32, 1655-1664.	3.4	78
39	Improved insulin sensitivity after a single bout of exercise is curvilinearly related to exercise energy expenditure. Clinical Science, 2008, 114, 59-64.	4.3	78
40	Increased Wholeâ€Body Adiposity Without a Concomitant Increase in Liver Fat is Not Associated With Augmented Metabolic Dysfunction. Obesity, 2010, 18, 1510-1515.	3.0	78
41	Protein Ingestion Induces Muscle Insulin Resistance Independent of Leucine-Mediated mTOR Activation. Diabetes, 2015, 64, 1555-1563.	0.6	75
42	Oxytocin in metabolic homeostasis: implications for obesity and diabetes management. Obesity Reviews, 2019, 20, 22-40.	6.5	70
43	Gender Differences in Lipid Metabolism and the Effect of Obesity. Obstetrics and Gynecology Clinics of North America, 2009, 36, 245-265.	1.9	69
44	High-intensity interval aerobic training reduces hepatic very low-density lipoprotein-triglyceride secretion rate in men. American Journal of Physiology - Endocrinology and Metabolism, 2008, 295, E851-E858.	3.5	68
45	Adipose tissue monomethyl branched-chain fatty acids and insulin sensitivity: Effects of obesity and weight loss. Obesity, 2015, 23, 329-334.	3.0	68
46	A Perspective on the Transition to Plant-Based Diets: a Diet Change May Attenuate Climate Change, but Can It Also Attenuate Obesity and Chronic Disease Risk?. Advances in Nutrition, 2020, 11, 1-9.	6.4	67
47	Weight Loss Reduces Liver Fat and Improves Hepatic and Skeletal Muscle Insulin Sensitivity in Obese Adolescents. Obesity, 2009, 17, 1744-1748.	3.0	65
48	Dietary walnuts inhibit colorectal cancer growth in mice by suppressing angiogenesis. Nutrition, 2012, 28, 67-75.	2.4	65
49	Basal very low-density lipoprotein metabolism in response to exercise: Mechanisms of hypotriacylglycerolemia. Progress in Lipid Research, 2009, 48, 171-190.	11.6	61
50	Development and validation of a food frequency questionnaire for assessing dietary calcium intake in the general population. Osteoporosis International, 2006, 17, 304-312.	3.1	59
51	Alterations in Ventricular Structure and Function in Obese Adolescents with Nonalcoholic Fatty Liver Disease. Journal of Pediatrics, 2013, 162, 1160-1168.e1.	1.8	59
52	Effects of Full-Fat and Fermented Dairy Products on Cardiometabolic Disease: Food Is More Than the Sum of Its Parts. Advances in Nutrition, 2019, 10, 924S-930S.	6.4	55
53	Body mass index, calcium intake, and physical activity affect calcaneal ultrasound in healthy Greek males in an age-dependent and parameter-specific manner. Journal of Bone and Mineral Metabolism, 2005, 23, 157-166.	2.7	53
54	Brain responses to food images during the early and late follicular phase of the menstrual cycle in healthy young women: relation to fasting and feeding. American Journal of Clinical Nutrition, 2011, 94, 377-384.	4.7	53

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55	Putting the safety of organic food into perspective. Nutrition Research Reviews, 2003, 16, 211-222.	4.1	52
56	Effect of Marked Weight Loss on Adiponectin Gene Expression and Plasma Concentrations. Obesity, 2007, 15, 640-645.	3.0	52
57	Lifestyle factors affecting heel ultrasound in Greek females across different life stages. Osteoporosis International, 2005, 16, 552-561.	3.1	51
58	Reproducibility of stable isotope-labeled tracer measures of VLDL-triglyceride and VLDL-apolipoprotein B-100 kinetics. Journal of Lipid Research, 2007, 48, 1204-1211.	4.2	51
59	Leptin administration to overweight and obese subjects for 6 months increases free leptin concentrations but does not alter circulating hormones of the thyroid and IGF axes during weight loss induced by a mild hypocaloric diet. European Journal of Endocrinology, 2011, 165, 249-254.	3.7	51
60	No effect of menstrual cycle phase on basal very-low-density lipoprotein triglyceride and apolipoprotein B-100 kinetics. American Journal of Physiology - Endocrinology and Metabolism, 2006, 291, E1243-E1249.	3.5	50
61	Matched weight loss induced by sleeve gastrectomy or gastric bypass similarly improves metabolic function in obese subjects. Obesity, 2014, 22, 2026-2031.	3.0	50
62	Short-term walnut consumption increases circulating total adiponectin and apolipoprotein A concentrations, but does not affect markers of inflammation or vascular injury in obese humans with the metabolic syndrome: data from a double-blinded, randomized, placebo-controlled study. Metabolism: Clinical and Experimental, 2012, 61, 577-582.	3.4	49
63	Acute exercise-induced changes in basal VLDL-triglyceride kinetics leading to hypotriglyceridemia manifest more readily after resistance than endurance exercise. Journal of Applied Physiology, 2008, 105, 1228-1236.	2.5	47
64	Behavioral and physiological indices related to BMI in a cohort of primary schoolchildren in Greece. American Journal of Human Biology, 2004, 16, 639-647.	1.6	45
65	Insulin sensitivity is not associated with palmitoleate availability in obese humans. Journal of Lipid Research, 2011, 52, 808-812.	4.2	45
66	The Effect of COVID-19-related Lockdowns on Diet and Physical Activity in Older Adults: A Systematic Review. , 2021, 12, 1935.		44
67	Recent advances in the measurement of adiponectin isoform distribution. Current Opinion in Clinical Nutrition and Metabolic Care, 2007, 10, 571-575.	2.5	43
68	Methods for assessing intrahepatic fat content and steatosis. Current Opinion in Clinical Nutrition and Metabolic Care, 2009, 12, 474-481.	2.5	42
69	A single 1-h bout of evening exercise increases basal FFA flux without affecting VLDL-triglyceride and VLDL-apolipoprotein B-100 kinetics in untrained lean men. American Journal of Physiology - Endocrinology and Metabolism, 2007, 292, E1568-E1574.	3.5	40
70	Exercise and fat accumulation in the human liver. Current Opinion in Lipidology, 2010, 21, 507-517.	2.7	40
71	Dietary Saturated Fats and Health: Are the U.S. Guidelines Evidence-Based?. Nutrients, 2021, 13, 3305.	4.1	40
72	Stable isotope-labeled tracers for the investigation of fatty acid and triglyceride metabolism in humans <i>in vivo</i> . Clinical Lipidology, 2009, 4, 215-230.	0.4	39

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73	Leptin replacement improves postprandial glycemia and insulin sensitivity in human immunodeficiency virus–infected lipoatrophic men treated with pioglitazone: a pilot study. Metabolism: Clinical and Experimental, 2011, 60, 1045-1049.	3.4	39
74	Body fat redistribution and metabolic abnormalities in HIV-infected patients on highly active antiretroviral therapy: novel insights into pathophysiology and emerging opportunities for treatment. Metabolism: Clinical and Experimental, 2011, 60, 749-753.	3.4	38
75	Cohort profile: Singapore Preconception Study of Long-Term Maternal and Child Outcomes (S-PRESTO). European Journal of Epidemiology, 2021, 36, 129-142.	5.7	38
76	Dietary carbohydrate restriction augments weight loss-induced improvements in glycaemic control and liver fat in individuals with type 2 diabetes: a randomised controlled trial. Diabetologia, 2022, 65, 506-517.	6.3	37
77	The Type and Intensity of Exercise Have Independent and Additive Effects on Bone Mineral Density. International Journal of Sports Medicine, 2007, 28, 773-779.	1.7	36
78	A single bout of whole-body resistance exercise augments basal VLDL-triacylglycerol removal from plasma in healthy untrained men. Clinical Science, 2009, 116, 147-156.	4.3	36
79	One day of moderate energy deficit reduces fasting and postprandial triacylglycerolemia in women: The role of calorie restriction and exercise. Clinical Nutrition, 2010, 29, 459-463.	5.0	36
80	The effect of MTHFR(C677T) genotype on plasma homocysteine concentrations in healthy children is influenced by gender. European Journal of Clinical Nutrition, 2006, 60, 155-162.	2.9	35
81	The Bone Response to Non-Weight-Bearing Exercise Is Sport-, Site-, and Sex-Specific. Clinical Journal of Sport Medicine, 2007, 17, 123-128.	1.8	35
82	The Effect of One Anastomosis Gastric Bypass on Branched-Chain Fatty Acid and Branched-Chain Amino Acid Metabolism in Subjects with Morbid Obesity. Obesity Surgery, 2020, 30, 304-312.	2.1	35
83	Validation of a novel index to assess insulin resistance of adipose tissue lipolytic activity in obese subjects. Journal of Lipid Research, 2012, 53, 321-324.	4.2	34
84	Plasma Lipid Transfer Enzymes in Nonâ€Điabetic Lean and Obese Men and Women. Lipids, 2009, 44, 459-464.	1.7	33
85	Moderate Weight Loss Improves Body Composition and Metabolic Function in Metabolically Unhealthy Lean Subjects. Obesity, 2018, 26, 1000-1007.	3.0	33
86	Reproducibility of glucose, fatty acid and VLDL kinetics and multi-organ insulin sensitivity in obese subjects with non-alcoholic fatty liver disease. International Journal of Obesity, 2011, 35, 1233-1240.	3.4	32
87	Relationship between Adipose Tissue Lipolytic Activity and Skeletal Muscle Insulin Resistance in Nondiabetic Women. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E1219-E1223.	3.6	31
88	The Environmental <i>Foodprint</i> of Obesity. Obesity, 2020, 28, 73-79.	3.0	30
89	Quantitative ultrasound calcaneus measurements: normative data for the Greek population. Osteoporosis International, 2005, 16, 280-288.	3.1	28
90	Plasma Homocysteine Concentrations in Greek Children Are Influenced by an Interaction between the Methylenetetrahydrofolate Reductase C677T Genotype and Folate Status. Journal of Nutrition, 2005, 135, 383-388.	2.9	28

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91	Physical activity counteracts increased wholeâ€body protein breakdown in chronic obstructive pulmonary disease patients. Scandinavian Journal of Medicine and Science in Sports, 2008, 18, 557-564.	2.9	28
92	A Multidisciplinary Perspective of Ultra-Processed Foods and Associated Food Processing Technologies: A View of the Sustainable Road Ahead. Nutrients, 2021, 13, 3948.	4.1	28
93	Ageâ€dependent Changes in Body Size of Greek Boys From 1982 to 2002. Obesity, 2006, 14, 289-294.	3.0	25
94	Dietary fat and carbohydrate quality have independent effects on postprandial glucose and lipid responses. European Journal of Nutrition, 2018, 57, 243-250.	3.9	25
95	Measuring very low density lipoprotein-triglyceride kinetics in man in vivo: how different the various methods really are. Current Opinion in Clinical Nutrition and Metabolic Care, 2004, 7, 547-555.	2.5	24
96	Portal vein and systemic adiponectin concentrations are closely linked with hepatic glucose and lipoprotein kinetics in extremely obese subjects. Metabolism: Clinical and Experimental, 2011, 60, 1641-1648.	3.4	24
97	Testosterone increases the muscle protein synthesis rate but does not affect very-low-density lipoprotein metabolism in obese premenopausal women. American Journal of Physiology - Endocrinology and Metabolism, 2012, 302, E740-E746.	3.5	24
98	Meal rich in carbohydrate, but not protein or fat, reveals adverse immunometabolic responses associated with obesity. Nutrition Journal, 2016, 15, 100.	3.4	24
99	Effect of Roux-en-Y gastric bypass and laparoscopic adjustable gastric banding on gastrointestinal metabolism of ingested glucose. American Journal of Clinical Nutrition, 2016, 103, 61-65.	4.7	24
100	Sex Differences in Glucose and Fatty Acid Metabolism in Asians Who Are Nonobese. Journal of Clinical Endocrinology and Metabolism, 2019, 104, 127-136.	3.6	24
101	Free fatty acid kinetics in the late phase of postexercise recovery: importance of resting fatty acid metabolism and exercise-induced energy deficit. Metabolism: Clinical and Experimental, 2009, 58, 1248-1255.	3.4	23
102	Lifestyle Intervention Leading to Moderate Weight Loss Normalizes Postprandial Triacylglycerolemia Despite Persisting Obesity. Obesity, 2011, 19, 968-976.	3.0	23
103	Leptin treatment reduces body fat but does not affect lean body mass or the myostatin-follistatin-activin axis in lean hypoleptinemic women. American Journal of Physiology - Endocrinology and Metabolism, 2011, 301, E99-E104.	3.5	23
104	Subclinical Hypothyroidism and Hyperthyroidism Have Opposite Effects on Hepatic Very-Low-Density Lipoprotein-Triglyceride Kinetics. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E414-E418.	3.6	23
105	Regulation of glucose metabolism in nondiabetic, metabolically obese normal-weight Asians. American Journal of Physiology - Endocrinology and Metabolism, 2018, 314, E494-E502.	3.5	23
106	Acute Effects of Exercise and Calorie Restriction on Triglyceride Metabolism in Women. Medicine and Science in Sports and Exercise, 2013, 45, 455-461.	0.4	21
107	Variants of the Adiponectin and Adiponectin Receptor-1 Genes and Posttransplantation Diabetes Mellitus in Renal Allograft Recipients. Journal of Clinical Endocrinology and Metabolism, 2012, 97, E129-E135.	3.6	20
108	Effect of high-intensity interval exercise on basal triglyceride metabolism in non-obese men. Applied Physiology, Nutrition and Metabolism, 2013, 38, 823-829.	1.9	20

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109	Oxytocin and Vasopressin Systems in Obesity and Metabolic Health: Mechanisms and Perspectives. Current Obesity Reports, 2019, 8, 301-316.	8.4	20
110	Metabolic response to high-carbohydrate and low-carbohydrate meals in a nonhuman primate model. American Journal of Physiology - Endocrinology and Metabolism, 2013, 304, E444-E451.	3.5	19
111	Effect of Progressive Weight Loss on Lactate Metabolism: A Randomized Controlled Trial. Obesity, 2018, 26, 683-688.	3.0	19
112	Changing relationships of obesity and dyslipidemia in Greek children: 1982–2002. Preventive Medicine, 2005, 41, 846-851.	3.4	18
113	Circulating vaspin and visfatin are not affected by acute or chronic energy deficiency or leptin administration in humans. European Journal of Endocrinology, 2011, 164, 911-917.	3.7	18
114	Identifying nutritionally vulnerable groups in case of emergencies: experience from the Athens 1999 earthquake. International Journal of Food Sciences and Nutrition, 2004, 55, 527-536.	2.8	17
115	Twenty-year dynamics in adiposity and blood lipids of Greek children: Regional differences in Crete persist. Acta Paediatrica, International Journal of Paediatrics, 2005, 94, 859-865.	1.5	17
116	Diet, blood lipid profile and physical activity patterns in primary school children from a semiâ€rural area of Greece. Journal of Human Nutrition and Dietetics, 2006, 19, 101-112.	2.5	17
117	Exercise of low energy expenditure along with mild energy intake restriction acutely reduces fasting and postprandial triacylglycerolaemia in young women. British Journal of Nutrition, 2009, 101, 408-416.	2.3	17
118	Estrogen Deficiency after Menopause Does Not Result in Male Very-Low-Density Lipoprotein Metabolism Phenotype. Journal of Clinical Endocrinology and Metabolism, 2010, 95, 3377-3384.	3.6	17
119	Effect of Acute Negative and Positive Energy Balance on Basal Very-Low Density Lipoprotein Triglyceride Metabolism in Women. PLoS ONE, 2013, 8, e60251.	2.5	17
120	Heredity of type 2 diabetes confers increased susceptibility to oxidative stress and inflammation. BMJ Open Diabetes Research and Care, 2020, 8, e000945.	2.8	17
121	Enhanced insulin sensitivity after acute exercise is not associated with changes in high-molecular weight adiponectin concentration in plasma. European Journal of Endocrinology, 2010, 162, 61-66.	3.7	16
122	One Day of Mixed Meal Overfeeding Reduces Hepatic Insulin Sensitivity and Increases VLDL Particle But Not VLDL-Triglyceride Secretion in Overweight and Obese Men. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 3454-3462.	3.6	16
123	Effect of lorcaserin on glycemic parameters in patients with type 2 diabetes mellitus. Obesity, 2017, 25, 842-849.	3.0	16
124	Obesity, Hypovitaminosis D, and COVID-19: the Bermuda Triangle in Public Health. Current Obesity Reports, 2022, 11, 116-125.	8.4	16
125	Metabolic gene expression profile in circulating mononuclear cells reflects obesity-associated metabolic inflexibility. Nutrition and Metabolism, 2016, 13, 74.	3.0	15
126	The role of dietary protein in obesity. Reviews in Endocrine and Metabolic Disorders, 2020, 21, 329-340.	5.7	15

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127	A double-blinded, randomized, parallel intervention to evaluate biomarker-based nutrition plans for weight loss: The PREVENTOMICS study. Clinical Nutrition, 2022, 41, 1834-1844.	5.0	15
128	Obsessed with Healthy Eating: A Systematic Review of Observational Studies Assessing Orthorexia Nervosa in Patients with Diabetes Mellitus. Nutrients, 2021, 13, 3823.	4.1	14
129	Differences in the quantitative and qualitative performance of a calcium-specific food frequency questionnaire across age and sex. Journal of Human Nutrition and Dietetics, 2006, 19, 331-342.	2.5	13
130	Acute resistance exercise attenuates fasting and postprandial triglyceridemia in women by reducing triglyceride concentrations in triglyceride-rich lipoproteins. European Journal of Applied Physiology, 2010, 110, 869-874.	2.5	13
131	The Impact of the Rate of Weight Loss on Body Composition and Metabolism. Current Obesity Reports, 2022, 11, 33-44.	8.4	13
132	Stable isotope tracer dilution for quantifying very low-density lipoprotein-triacylglycerol kinetics in man. Clinical Nutrition, 2004, 23, 457-466.	5.0	12
133	Contralateral differences in quantitative ultrasound of the heel: the importance of side in clinical practice. Osteoporosis International, 2005, 16, 879-886.	3.1	12
134	Decrease in hepatic veryâ€lowâ€density lipoprotein–triglyceride secretion after weight loss is inversely associated with changes in circulating leptin. Diabetes, Obesity and Metabolism, 2010, 12, 584-590.	4.4	12
135	Basal adipose tissue and hepatic lipid kinetics are not affected by a single exercise bout of moderate duration and intensity in sedentary women. Clinical Science, 2009, 116, 327-334.	4.3	12
136	Physiological and Lifestyle Traits of Metabolic Dysfunction in the Absence of Obesity. Current Diabetes Reports, 2020, 20, 17.	4.2	12
137	Randomized controlled trial of Tesomet for weight loss in hypothalamic obesity. European Journal of Endocrinology, 2022, 186, 687-700.	3.7	12
138	Putative Factors That May Modulate the Effect of Exercise on Liver Fat: Insights from Animal Studies. Journal of Nutrition and Metabolism, 2012, 2012, 1-8.	1.8	11
139	One day of overfeeding impairs nocturnal glucose but not fatty acid homeostasis in overweight men. Obesity, 2014, 22, 435-440.	3.0	11
140	On adaptive thermogenesis: just another weight-loss tale?. American Journal of Clinical Nutrition, 2020, 112, 1157-1159.	4.7	11
141	Efficacy of Dietary Manipulations for Depleting Intrahepatic Triglyceride Content: Implications for the Management of Non-alcoholic Fatty Liver Disease. Current Obesity Reports, 2021, 10, 125-133.	8.4	11
142	Dynamic assessment of insulin secretion and insulin resistance in Asians with prediabetes. Metabolism: Clinical and Experimental, 2022, 128, 154957.	3.4	11
143	Visceral adipose tissue tracks more closely with metabolic dysfunction than intrahepatic triglyceride in lean Asians without diabetes. Journal of Applied Physiology, 2018, 125, 909-915.	2.5	10
144	Dose-Dependent Effects of Exercise and Diet on Insulin Sensitivity and Secretion. Medicine and Science in Sports and Exercise, 2019, 51, 2109-2116.	0.4	10

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145	Is calorie restriction beneficial for normal-weight individuals? A narrative review of the effects of weight loss in the presence and absence of obesity. Nutrition Reviews, 2022, 80, 1811-1825.	5.8	10
146	Empowering consumers to PREVENT diet-related diseases through OMICS sciences (PREVENTOMICS): protocol for a parallel double-blinded randomised intervention trial to investigate biomarker-based nutrition plans for weight loss. BMJ Open, 2022, 12, e051285.	1.9	10
147	The Efficacy and Safety of Ketogenic Diets in Drug-Resistant Epilepsy in Children and Adolescents: a Systematic Review of Randomized Controlled Trials. Current Nutrition Reports, 2022, 11, 102-116.	4.3	10
148	Methodological approaches to the study of metabolism across individual tissues in man. Current Opinion in Clinical Nutrition and Metabolic Care, 2005, 8, 501-510.	2.5	9
149	Insulin sensitivity derived from oral glucose tolerance testing in athletes: Disagreement between available indices. Journal of Sports Sciences, 2005, 23, 1065-1073.	2.0	9
150	Effect of the methylenetetrahydrofolate reductase (MTHFR 677C>T) polymorphism on plasma homocysteine concentrations in healthy children is influenced by consumption of folate-fortified foods. Nutrition, 2010, 26, 969-974.	2.4	9
151	Low-dose dexamethasone administration for 3 weeks favorably affects plasma HDL concentration and composition but does not affect very low-density lipoprotein kinetics. European Journal of Endocrinology, 2012, 167, 217-223.	3.7	9
152	Plasma Branched-Chain Amino Acids Are Associated With Greater Fasting and Postprandial Insulin Secretion in Non-diabetic Chinese Adults. Frontiers in Nutrition, 2021, 8, 664939.	3.7	9
153	Metabotyping for Precision Nutrition and Weight Management: Hype or Hope?. Current Nutrition Reports, 2022, , 1.	4.3	9
154	Nutritional risk following a major disaster in a previously well-nourished population: who is vulnerable?. Public Health, 2004, 118, 143-145.	2.9	8
155	Water polo is associated with an apparent redistribution of bone mass and density from the lower to the upper limbs. European Journal of Applied Physiology, 2006, 97, 316-321.	2.5	8
156	Fat storageâ€inducing transmembrane protein 2 (FIT2) is less abundant in type 2 diabetes, and regulates triglyceride accumulation and insulin sensitivity in adipocytes. FASEB Journal, 2019, 33, 430-440.	0.5	7
157	Ectopic fat and aerobic fitness are key determinants of glucose homeostasis in nonobese Asians. European Journal of Clinical Investigation, 2019, 49, e13079.	3.4	7
158	Protein-Rich Diets for Weight Loss Maintenance. Current Obesity Reports, 2020, 9, 213-218.	8.4	7
159	Management of Hematologic Malignancies in the Era of COVID-19 Pandemic: Pathogenetic Mechanisms, Impact of Obesity, Perspectives, and Challenges. Cancers, 2022, 14, 2494.	3.7	7
160	Effects of a Self-Prepared Carbohydrate-Reduced High-Protein Diet on Cardiovascular Disease Risk Markers in Patients with Type 2 Diabetes. Nutrients, 2021, 13, 1694.	4.1	6
161	Exercise and Insulin Sensitivity – Where Do We Stand? You'd Better Run!. European Endocrinology, 2008, 4, 22.	1.5	6
162	A protein-supplemented very-low-calorie diet does not mitigate reductions in lean mass and resting metabolic rate in subjects with overweight or obesity: A randomized controlled trial. Clinical Nutrition, 2021, 40, 5726-5733.	5.0	6

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163	Exercise and Insulin Sensitivity—Where Do We Stand? You'd Better Run!. US Endocrinology, 2008, 04, 23.	0.3	6
164	A high-protein low–glycemic index diet attenuates gestational weight gain in pregnant women with obesity: the "An optimized programming of healthy children―(APPROACH) randomized controlled trial. American Journal of Clinical Nutrition, 2022, 115, 970-979.	4.7	6
165	Diet and Exercise in the Treatment of Fatty Liver. Journal of Nutrition and Metabolism, 2012, 2012, 1-2.	1.8	5
166	Effect of Weight Gain and Weight Loss onIn VivoColonocyte Proliferation Rate in People with Obesity. Obesity, 2017, 25, S81-S86.	3.0	5
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