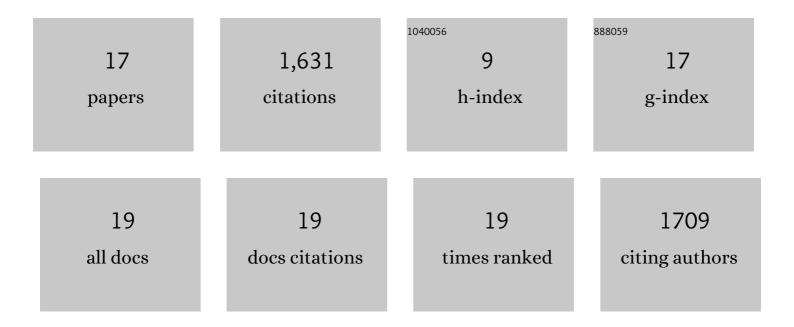
## Walter Staiano

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3002759/publications.pdf Version: 2024-02-01



#	Article	IF	CITATION
1	The UP150: A Multifactorial Environmental Intervention to Promote Employee Physical and Mental Well-Being. International Journal of Environmental Research and Public Health, 2022, 19, 1175.	2.6	3
2	Mindfulness and music interventions in the workplace: assessment of sustained attention and working memory using a crowdsourcing approach. BMC Psychology, 2022, 10, 108.	2.1	5
3	Mindfulness Passes the Stress Test: Attenuation of Behavioral Markers of Mind Wandering During Acute Stress. Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice, 2021, 5, 155-163.	1.6	6
4	On-the-Spot Binaural Beats and Mindfulness Reduces the Effect of Mental Fatigue. Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice, 2020, 4, 31-39.	1.6	18
5	The Acute Effect of Mental Fatigue on Badminton Performance in Elite Players. International Journal of Sports Physiology and Performance, 2020, 15, 632-638.	2.3	16
6	Impact of 4-week Brain Endurance Training (BET) on Cognitive and Physical Performance in Professional Football Players. Medicine and Science in Sports and Exercise, 2019, 51, 964-964.	0.4	3
7	On-the-Spot Binaural Beats and Mindfulness Reduces Behavioral Markers of Mind Wandering. Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice, 2019, 3, 186-192.	1.6	18
8	Kayaking performance is altered in mentally fatigued young elite athletes. Journal of Sports Medicine and Physical Fitness, 2019, 59, 1253-1262.	0.7	15
9	The cardinal exercise stopper: Muscle fatigue, muscle pain or perception of effort?. Progress in Brain Research, 2018, 240, 175-200.	1.4	46
10	Superior Inhibitory Control and Resistance to Mental Fatigue in Professional Road Cyclists. PLoS ONE, 2016, 11, e0159907.	2.5	157
11	Talking Yourself Out of Exhaustion. Medicine and Science in Sports and Exercise, 2014, 46, 998-1007.	0.4	123
12	Neural Correlates of Perception of Effort. Medicine and Science in Sports and Exercise, 2014, 46, 601.	0.4	0
13	Reply to: The parabolic power–velocity relationship does apply to fatigued states. European Journal of Applied Physiology, 2011, 111, 731-732.	2.5	3
14	The limit to exercise tolerance in humans: mind over muscle?. European Journal of Applied Physiology, 2010, 109, 763-770.	2.5	296
15	The parabolic power–velocity relationship does not apply to fatigued states. European Journal of Applied Physiology, 2010, 109, 787-788.	2.5	9
16	Reply to: What limits exercise during high-intensity aerobic exercise?. European Journal of Applied Physiology, 2010, 110, 663-664.	2.5	3
17	Mental fatigue impairs physical performance in humans. Journal of Applied Physiology, 2009, 106, 857-864.	2.5	908