

# Walter Staiano

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3002759/publications.pdf>

Version: 2024-02-01

17  
papers

1,631  
citations

1040056

9  
h-index

888059

17  
g-index

19  
all docs

19  
docs citations

19  
times ranked

1709  
citing authors

#	ARTICLE	IF	CITATIONS
1	The UP150: A Multifactorial Environmental Intervention to Promote Employee Physical and Mental Well-Being. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1175.	2.6	3
2	Mindfulness and music interventions in the workplace: assessment of sustained attention and working memory using a crowdsourcing approach. <i>BMC Psychology</i> , 2022, 10, 108.	2.1	5
3	Mindfulness Passes the Stress Test: Attenuation of Behavioral Markers of Mind Wandering During Acute Stress. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2021, 5, 155-163.	1.6	6
4	On-the-Spot Binaural Beats and Mindfulness Reduces the Effect of Mental Fatigue. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2020, 4, 31-39.	1.6	18
5	The Acute Effect of Mental Fatigue on Badminton Performance in Elite Players. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 632-638.	2.3	16
6	Impact of 4-week Brain Endurance Training (BET) on Cognitive and Physical Performance in Professional Football Players. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 964-964.	0.4	3
7	On-the-Spot Binaural Beats and Mindfulness Reduces Behavioral Markers of Mind Wandering. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2019, 3, 186-192.	1.6	18
8	Kayaking performance is altered in mentally fatigued young elite athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1253-1262.	0.7	15
9	The cardinal exercise stopper: Muscle fatigue, muscle pain or perception of effort?. <i>Progress in Brain Research</i> , 2018, 240, 175-200.	1.4	46
10	Superior Inhibitory Control and Resistance to Mental Fatigue in Professional Road Cyclists. <i>PLoS ONE</i> , 2016, 11, e0159907.	2.5	157
11	Talking Yourself Out of Exhaustion. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 998-1007.	0.4	123
12	Neural Correlates of Perception of Effort. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 601.	0.4	0
13	Reply to: The parabolic power-velocity relationship does apply to fatigued states. <i>European Journal of Applied Physiology</i> , 2011, 111, 731-732.	2.5	3
14	The limit to exercise tolerance in humans: mind over muscle?. <i>European Journal of Applied Physiology</i> , 2010, 109, 763-770.	2.5	296
15	The parabolic power-velocity relationship does not apply to fatigued states. <i>European Journal of Applied Physiology</i> , 2010, 109, 787-788.	2.5	9
16	Reply to: What limits exercise during high-intensity aerobic exercise?. <i>European Journal of Applied Physiology</i> , 2010, 110, 663-664.	2.5	3
17	Mental fatigue impairs physical performance in humans. <i>Journal of Applied Physiology</i> , 2009, 106, 857-864.	2.5	908