

# Cristina Martínez-Villaluenga

## List of Publications by Year in descending order

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140  
papers

6,562  
citations

46918

47  
h-index

76769

74  
g-index

144  
all docs

144  
docs citations

144  
times ranked

6257  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Review of Colorectal Cancer in Terms of Epidemiology, Risk Factors, Development, Symptoms and Diagnosis. <i>Cancers</i> , 2021, 13, 2025.	1.7	299
2	The future of lupin as a protein crop in Europe. <i>Frontiers in Plant Science</i> , 2015, 6, 705.	1.7	203
3	Release of dipeptidyl peptidase IV, $\alpha$ -amylase and $\alpha$ -glucosidase inhibitory peptides from quinoa ( <i>Chenopodium quinoa</i> Willd.) during in vitro simulated gastrointestinal digestion. <i>Journal of Functional Foods</i> , 2017, 35, 531-539.	1.6	174
4	Antioxidant and antihypertensive properties of liquid and solid state fermented lentils. <i>Food Chemistry</i> , 2013, 136, 1030-1037.	4.2	173
5	Immunoreactivity reduction of soybean meal by fermentation, effect on amino acid composition and antigenicity of commercial soy products. <i>Food Chemistry</i> , 2008, 108, 571-581.	4.2	171
6	Pseudocereal grains: Nutritional value, health benefits and current applications for the development of gluten-free foods. <i>Food and Chemical Toxicology</i> , 2020, 137, 111178.	1.8	161
7	Seed Protein of Lentils: Current Status, Progress, and Food Applications. <i>Foods</i> , 2019, 8, 391.	1.9	157
8	Immunoreactivity and Amino Acid Content of Fermented Soybean Products. <i>Journal of Agricultural and Food Chemistry</i> , 2008, 56, 99-105.	2.4	152
9	Alpha-Galactosides: Antinutritional Factors or Functional Ingredients?. <i>Critical Reviews in Food Science and Nutrition</i> , 2008, 48, 301-316.	5.4	140
10	High-pressure improves enzymatic proteolysis and the release of peptides with angiotensin I converting enzyme inhibitory and antioxidant activities from lentil proteins. <i>Food Chemistry</i> , 2015, 171, 224-232.	4.2	140
11	Peptides derived from in vitro gastrointestinal digestion of germinated soybean proteins inhibit human colon cancer cells proliferation and inflammation. <i>Food Chemistry</i> , 2018, 242, 75-82.	4.2	139
12	Effects of germination on the nutritive value and bioactive compounds of brown rice breads. <i>Food Chemistry</i> , 2015, 173, 298-304.	4.2	137
13	Optimization of conditions for galactooligosaccharide synthesis during lactose hydrolysis by $\beta$ -galactosidase from <i>Kluyveromyces lactis</i> (Lactozym 3000 L HP C). <i>Food Chemistry</i> , 2008, 107, 258-264.	4.2	135
14	Fermentation enhances the content of bioactive compounds in kidney bean extracts. <i>Food Chemistry</i> , 2015, 172, 343-352.	4.2	125
15	Betalain profile, content and antioxidant capacity of red beetroot dependent on the genotype and root part. <i>Journal of Functional Foods</i> , 2016, 27, 249-261.	1.6	120
16	Identification, functional gastrointestinal stability and molecular docking studies of lentil peptides with dual antioxidant and angiotensin I converting enzyme inhibitory activities. <i>Food Chemistry</i> , 2017, 221, 464-472.	4.2	114
17	Bioactive Peptides from Germinated Soybean with Anti-Diabetic Potential by Inhibition of Dipeptidyl Peptidase-IV, $\alpha$ -Amylase, and $\alpha$ -Glucosidase Enzymes. <i>International Journal of Molecular Sciences</i> , 2018, 19, 2883.	1.8	112
18	Health benefits of oat: current evidence and molecular mechanisms. <i>Current Opinion in Food Science</i> , 2017, 14, 26-31.	4.1	111

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19	Functional lupin seeds ( <i>Lupinus albus</i> L. and <i>Lupinus luteus</i> L.) after extraction of $\hat{1}\pm$ -galactosides. <i>Food Chemistry</i> , 2006, 98, 291-299.	4.2	107
20	Maximising the phytochemical content and antioxidant activity of Ecuadorian brown rice sprouts through optimal germination conditions. <i>Food Chemistry</i> , 2014, 152, 407-414.	4.2	106
21	Phenolic composition, antioxidant and anti-inflammatory activities of extracts from Moroccan <i>Opuntia ficus-indica</i> flowers obtained by different extraction methods. <i>Industrial Crops and Products</i> , 2014, 62, 412-420.	2.5	91
22	Food safety evaluation of broccoli and radish sprouts. <i>Food and Chemical Toxicology</i> , 2008, 46, 1635-1644.	1.8	84
23	Influence of Fermentation Conditions on Glucosinolates, Ascorbigen, and Ascorbic Acid Content in White Cabbage ( <i>Brassica oleracea</i> var. <i>capitata</i> cv. Taler) Cultivated in Different Seasons. <i>Journal of Food Science</i> , 2009, 74, C62-7.	1.5	84
24	Time dependence of bioactive compounds and antioxidant capacity during germination of different cultivars of broccoli and radish seeds. <i>Food Chemistry</i> , 2010, 120, 710-716.	4.2	81
25	Savinase, the Most Suitable Enzyme for Releasing Peptides from Lentil ( <i>Lens culinaris</i> var.) Tj ETQq1 1 0.784314 rgBT /Overloc <i>Food Chemistry</i> , 2014, 62, 4166-4174.	2.4	81
26	Enzymatic Synthesis and Identification of Two Trisaccharides Produced from Lactulose by Transgalactosylation. <i>Journal of Agricultural and Food Chemistry</i> , 2008, 56, 557-563.	2.4	77
27	The effects of boiling and fermentation on betalain profiles and antioxidant capacities of red beetroot products. <i>Food Chemistry</i> , 2018, 259, 292-303.	4.2	76
28	Protein hydrolysates from $\hat{1}2\hat{a}\hat{e}$ -conglycinin enriched soybean genotypes inhibit lipid accumulation and inflammation <i>in vitro</i> . <i>Molecular Nutrition and Food Research</i> , 2009, 53, 1007-1018.	1.5	75
29	Simultaneous release of peptides and phenolics with antioxidant, ACE-inhibitory and anti-inflammatory activities from pinto bean ( <i>Phaseolus vulgaris</i> L. var. pinto) proteins by subtilisins. <i>Journal of Functional Foods</i> , 2015, 18, 319-332.	1.6	72
30	Effect of germination and elicitation on phenolic composition and bioactivity of kidney beans. <i>Food Research International</i> , 2015, 70, 55-63.	2.9	70
31	Sprouted Barley Flour as a Nutritious and Functional Ingredient. <i>Foods</i> , 2020, 9, 296.	1.9	69
32	Fermentation of soybean meal and its inclusion in diets for newly weaned pigs reduced diarrhea and measures of immunoreactivity in the plasma. <i>Animal Feed Science and Technology</i> , 2010, 159, 41-49.	1.1	67
33	Peptides and isoflavones in gastrointestinal digests contribute to the anti-inflammatory potential of cooked or germinated desi and kabuli chickpea ( <i>Cicer arietinum</i> L.). <i>Food Chemistry</i> , 2018, 268, 66-76.	4.2	67
34	Effect of germination on the protein fraction composition of different lupin seeds. <i>Food Chemistry</i> , 2008, 107, 830-844.	4.2	65
35	$\hat{1}2\hat{a}\hat{e}$ -Conglycinin Embeds Active Peptides That Inhibit Lipid Accumulation in 3T3-L1 Adipocytes in Vitro. <i>Journal of Agricultural and Food Chemistry</i> , 2008, 56, 10533-10543.	2.4	65
36	Peptides from purified soybean $\hat{1}2\hat{a}\hat{e}$ -conglycinin inhibit fatty acid synthase by interaction with the thioesterase catalytic domain. <i>FEBS Journal</i> , 2010, 277, 1481-1493.	2.2	64

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37	Influence of addition of raffinose family oligosaccharides on probiotic survival in fermented milk during refrigerated storage. <i>International Dairy Journal</i> , 2006, 16, 768-774.	1.5	61
38	Optimization of germination time and temperature to maximize the content of bioactive compounds and the antioxidant activity of purple corn ( <i>Zea mays</i> L.) by response surface methodology. <i>LWT - Food Science and Technology</i> , 2017, 76, 236-244.	2.5	59
39	Raffinose family oligosaccharides and sucrose contents in 13 Spanish lupin cultivars. <i>Food Chemistry</i> , 2005, 91, 645-649.	4.2	57
40	Antioxidant capacity and polyphenolic content of high-protein lupin products. <i>Food Chemistry</i> , 2009, 112, 84-88.	4.2	55
41	Multifunctional Properties of Soy Milk Fermented by <i>Enterococcus faecium</i> Strains Isolated from Raw Soy Milk. <i>Journal of Agricultural and Food Chemistry</i> , 2012, 60, 10235-10244.	2.4	54
42	Bifidogenic effect and stimulation of short chain fatty acid production in human faecal slurry cultures by oligosaccharides derived from lactose and lactulose. <i>Journal of Dairy Research</i> , 2009, 76, 317-325.	0.7	53
43	Se improves indole glucosinolate hydrolysis products content, Se-methylselenocysteine content, antioxidant capacity and potential anti-inflammatory properties of sauerkraut. <i>Food Chemistry</i> , 2012, 132, 907-914.	4.2	53
44	Role of elicitation on the health-promoting properties of kidney bean sprouts. <i>LWT - Food Science and Technology</i> , 2014, 56, 328-334.	2.5	53
45	Enhancement of biologically active compounds in germinated brown rice and the effect of sun-drying. <i>Journal of Cereal Science</i> , 2017, 73, 1-9.	1.8	53
46	High-Pressure-Assisted Enzymatic Release of Peptides and Phenolics Increases Angiotensin Converting Enzyme I Inhibitory and Antioxidant Activities of Pinto Bean Hydrolysates. <i>Journal of Agricultural and Food Chemistry</i> , 2016, 64, 1730-1740.	2.4	52
47	Synthesis of Oligosaccharides Derived from Lactulose and Pectinex Ultra SP-L. <i>Journal of Agricultural and Food Chemistry</i> , 2008, 56, 3328-3333.	2.4	47
48	Kinetics of free protein amino acids, free non-protein amino acids and trigonelline in soybean ( <i>Glycine</i> ) Tj ETQq0 0 0 rgBT /Overlock 10 T 224, 177-186.	1.6	46
49	Development of a multifunctional yogurt-like product from germinated brown rice. <i>LWT - Food Science and Technology</i> , 2019, 99, 306-312.	2.5	46
50	Raffinose Family of Oligosaccharides from Lupin Seeds as Prebiotics: Application in Dairy Products. <i>Journal of Food Protection</i> , 2005, 68, 1246-1252.	0.8	44
51	Release of multifunctional peptides from kiwicha ( <i>Amaranthus caudatus</i> ) protein under <i>in vitro</i> gastrointestinal digestion. <i>Journal of the Science of Food and Agriculture</i> , 2019, 99, 1225-1232.	1.7	41
52	Sprouted oat as a potential gluten-free ingredient with enhanced nutritional and bioactive properties. <i>Food Chemistry</i> , 2021, 338, 127972.	4.2	41
53	White cabbage fermentation improves ascorbigen content, antioxidant and nitric oxide production inhibitory activity in LPS-induced macrophages. <i>LWT - Food Science and Technology</i> , 2012, 46, 77-83.	2.5	40
54	Non-Nutritive Compounds in Fabaceae Family Seeds and the Improvement of Their Nutritional Quality by Traditional Processing – a Review. <i>Polish Journal of Food and Nutrition Sciences</i> , 2014, 64, 75-89.	0.6	40

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55	Response surface optimisation of germination conditions to improve the accumulation of bioactive compounds and the antioxidant activity in quinoa. <i>International Journal of Food Science and Technology</i> , 2018, 53, 516-524.	1.3	39
56	The Profile of Polyphenolic Compounds, Contents of Total Phenolics and Flavonoids, and Antioxidant and Antimicrobial Properties of Bee Products. <i>Molecules</i> , 2022, 27, 1301.	1.7	39
57	Assessment of protein fractions of three cultivars of <i>Pisum sativum</i> L.: effect of germination. <i>European Food Research and Technology</i> , 2008, 226, 1465-1478.	1.6	38
58	Semolina supplementation with processed lupin and pigeon pea flours improve protein quality of pasta. <i>LWT - Food Science and Technology</i> , 2010, 43, 617-622.	2.5	38
59	Characterization of bifidobacteria as starters in fermented milk containing raffinose family of oligosaccharides from lupin as prebiotic. <i>International Dairy Journal</i> , 2007, 17, 116-122.	1.5	37
60	Updating the research on the chemopreventive and therapeutic role of the peptide lunasin. <i>Journal of the Science of Food and Agriculture</i> , 2018, 98, 2070-2079.	1.7	37
61	Effect of Flour Extraction Rate and Baking on Thiamine and Riboflavin Content and Antioxidant Capacity of Traditional Rye Bread. <i>Journal of Food Science</i> , 2009, 74, C49-55.	1.5	36
62	Bioactive Compounds, Myrosinase Activity, and Antioxidant Capacity of White Cabbages Grown in Different Locations of Spain. <i>Journal of Agricultural and Food Chemistry</i> , 2011, 59, 3772-3779.	2.4	35
63	Effect of Dry Heat Puffing on Nutritional Composition, Fatty Acid, Amino Acid and Phenolic Profiles of Pseudocereals Grains. <i>Polish Journal of Food and Nutrition Sciences</i> , 2018, 68, 289-297.	0.6	34
64	Gas chromatographic-mass spectrometric analysis of galactosyl derivatives obtained by the action of two different $\beta$ -galactosidases. <i>Food Chemistry</i> , 2009, 114, 1099-1105.	4.2	33
65	Study of galactooligosaccharide composition in commercial fermented milks. <i>Journal of Food Composition and Analysis</i> , 2008, 21, 540-544.	1.9	32
66	A Multistrategic Approach in the Development of Sourdough Bread Targeted Towards Blood Pressure Reduction. <i>Plant Foods for Human Nutrition</i> , 2015, 70, 97-103.	1.4	32
67	pH-controlled fermentation in mild alkaline conditions enhances bioactive compounds and functional features of lentil to ameliorate metabolic disturbances. <i>Food Chemistry</i> , 2018, 248, 262-271.	4.2	31
68	The effect of processing and in vitro digestion on the betalain profile and ACE inhibition activity of red beetroot products. <i>Journal of Functional Foods</i> , 2019, 55, 229-237.	1.6	31
69	Impact of Elicitation on Antioxidant and Potential Antihypertensive Properties of Lentil Sprouts. <i>Plant Foods for Human Nutrition</i> , 2015, 70, 401-407.	1.4	30
70	Wheat and Oat Brans as Sources of Polyphenol Compounds for Development of Antioxidant Nutraceutical Ingredients. <i>Foods</i> , 2021, 10, 115.	1.9	30
71	Individual contributions of Savinase and <i>Lactobacillus plantarum</i> to lentil functionalization during alkaline pH-controlled fermentation. <i>Food Chemistry</i> , 2018, 257, 341-349.	4.2	29
72	Purification, Thermal Stability, and Antigenicity of the Immunodominant Soybean Allergen P34 in Soy Cultivars, Ingredients, and Products. <i>Journal of Food Science</i> , 2008, 73, T106-14.	1.5	28

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73	In vitro approach for evaluation of carob by-products as source bioactive ingredients with potential to attenuate metabolic syndrome (MetS). <i>Heliyon</i> , 2019, 5, e01175.	1.4	28
74	Fatty acid synthase and in vitro adipogenic response of human adipocytes inhibited by $\beta$ and $\beta^2$ subunits of soybean $\beta^2$ -conglycinin hydrolysates. <i>Food Chemistry</i> , 2010, 119, 1571-1577.	4.2	26
75	Biogenic amines and HL60 cytotoxicity of alfalfa and fenugreek sprouts. <i>Food Chemistry</i> , 2007, 105, 959-967.	4.2	25
76	Influence of Germination with Different Selenium Solutions on Nutritional Value and Cytotoxicity of Lupin Seeds. <i>Journal of Agricultural and Food Chemistry</i> , 2009, 57, 1319-1325.	2.4	25
77	Optimizing germination conditions to enhance the accumulation of bioactive compounds and the antioxidant activity of kiwicha ( <i>Amaranthus caudatus</i> ) using response surface methodology. <i>LWT - Food Science and Technology</i> , 2017, 76, 245-252.	2.5	25
78	Enzyme Selection and Hydrolysis under Optimal Conditions Improved Phenolic Acid Solubility, and Antioxidant and Anti-Inflammatory Activities of Wheat Bran. <i>Antioxidants</i> , 2020, 9, 984.	2.2	25
79	Soluble Phenolic Composition Tailored by Germination Conditions Accompany Antioxidant and Anti-Inflammatory Properties of Wheat. <i>Antioxidants</i> , 2020, 9, 426.	2.2	25
80	Assessment on Proximate Composition, Dietary Fiber, Phytic Acid and Protein Hydrolysis of Germinated Ecuatorian Brown Rice. <i>Plant Foods for Human Nutrition</i> , 2014, 69, 261-267.	1.4	24
81	Sauerkraut. , 2017, , 557-576.		24
82	Bioactive Peptides in Fermented Foods. , 2017, , 23-47.		23
83	Bioprocessed Wheat Ingredients: Characterization, Bioaccessibility of Phenolic Compounds, and Bioactivity During in vitro Digestion. <i>Frontiers in Plant Science</i> , 2021, 12, 790898.	1.7	23
84	A Novel Strategy to Produce a Soluble and Bioactive Wheat Bran Ingredient Rich in Ferulic Acid. <i>Antioxidants</i> , 2021, 10, 969.	2.2	22
85	Production and Characterization of a Novel Gluten-Free Fermented Beverage Based on Sprouted Oat Flour. <i>Foods</i> , 2021, 10, 139.	1.9	21
86	Characterizing the Volatile and Sensory Profiles, and Sugar Content of Beeswax, Beebread, Bee Pollen, and Honey. <i>Molecules</i> , 2021, 26, 3410.	1.7	21
87	Effect of reaction conditions on lactulose-derived trisaccharides obtained by transgalactosylation with $\beta$ -galactosidase of <i>Kluyveromyces lactis</i> . <i>European Food Research and Technology</i> , 2011, 233, 89-94.	1.6	20
88	The Impact of the Method Extraction and Different Carrot Variety on the Carotenoid Profile, Total Phenolic Content and Antioxidant Properties of Juices. <i>Plants</i> , 2020, 9, 1759.	1.6	20
89	Application of Autoclave Treatment for Development of a Natural Wheat Bran Antioxidant Ingredient. <i>Foods</i> , 2020, 9, 781.	1.9	20
90	Products and Biopreparations from Alkaloid-rich Lupin in Animal Nutrition and Ecological Agriculture. <i>Folia Biologica</i> , 2005, 53, 59-66.	0.1	19

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91	Effects of oligosaccharide removing procedure on the protein profiles of lupin seeds. <i>European Food Research and Technology</i> , 2006, 223, 691-696.	1.6	19
92	Improved Method To Obtain Pure $\hat{\alpha}$ -Galactosides from Lupin Seeds. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 6920-6922.	2.4	18
93	Using the SPE and Micro-HPLC-MS/MS Method for the Analysis of Betalains in Rat Plasma after Red Beet Administration. <i>Molecules</i> , 2017, 22, 2137.	1.7	18
94	Advances in Production, Properties and Applications of Sprouted Seeds. <i>Foods</i> , 2020, 9, 790.	1.9	18
95	Quantification of Human IgE Immunoreactive Soybean Proteins in Commercial Soy Ingredients and Products. <i>Journal of Food Science</i> , 2008, 73, T90-9.	1.5	17
96	Changes in Nutritional Value and Cytotoxicity of Garden Cress Germinated with Different Selenium Solutions. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 2331-2336.	2.4	17
97	Characterization and in vitro evaluation of seaweed species as potential functional ingredients to ameliorate metabolic syndrome. <i>Journal of Functional Foods</i> , 2018, 46, 185-194.	1.6	17
98	Combination of pH-controlled fermentation in mild acidic conditions and enzymatic hydrolysis by Savinase to improve metabolic health-promoting properties of lentil. <i>Journal of Functional Foods</i> , 2018, 48, 9-18.	1.6	17
99	Changes in protein profile, bioactive potential and enzymatic activities of gluten-free flours obtained from hulled and dehulled oat varieties as affected by germination conditions. <i>LWT - Food Science and Technology</i> , 2020, 134, 109955.	2.5	17
100	Lentil and Fava Bean With Contrasting Germination Kinetics: A Focus on Digestion of Proteins and Bioactivity of Resistant Peptides. <i>Frontiers in Plant Science</i> , 2021, 12, 754287.	1.7	17
101	Impact of Protein Content on the Antioxidants, Anti-Inflammatory Properties and Glycemic Index of Wheat and Wheat Bran. <i>Foods</i> , 2022, 11, 2049.	1.9	17
102	Fermented Pulses in Nutrition and Health Promotion. , 2017, , 385-416.		16
103	Pasta products enriched with moringa sprout powder as nutritive dense foods with bioactive potential. <i>Food Chemistry</i> , 2021, 360, 130032.	4.2	16
104	Improvement in food intake and nutritive utilization of protein from <i>Lupinus albus</i> var. multolupa protein isolates supplemented with ascorbic acid. <i>Food Chemistry</i> , 2007, 103, 944-951.	4.2	15
105	Carob by-products and seaweeds for the development of functional bread. <i>Journal of Food Processing and Preservation</i> , 2018, 42, e13700.	0.9	15
106	Peptides for Health Benefits 2019. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2543.	1.8	15
107	Fermented soyabean products as hypoallergenic food. <i>Proceedings of the Nutrition Society</i> , 2008, 67, .	0.4	12
108	Effect of flour extraction rate and baking process on vitamin B1 and B2 contents and antioxidant activity of ginger-based products. <i>European Food Research and Technology</i> , 2009, 230, 119-124.	1.6	11

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109	Evaluation of refrigerated storage in nitrogen-enriched atmospheres on the microbial quality, content of bioactive compounds and antioxidant activity of sauerkrauts. <i>LWT - Food Science and Technology</i> , 2015, 61, 463-470.	2.5	11
110	Potential of Germination in Selected Conditions to Improve the Nutritional and Bioactive Properties of Moringa ( <i>Moringa oleifera</i> L.). <i>Foods</i> , 2020, 9, 1639.	1.9	11
111	Characterisation of the total phenolic, vitamins C and E content and antioxidant properties of the beebread and honey from the same batch. <i>Czech Journal of Food Sciences</i> , 2020, 38, 158-163.	0.6	11
112	Study of Influential Factors on Oligosaccharide Formation by Fructosyltransferase Activity during Stachyose Hydrolysis by Pectinex Ultra SP-L. <i>Journal of Agricultural and Food Chemistry</i> , 2011, 59, 10705-10711.	2.4	10
113	Potential Usefulness of a Wakame/Carob Functional Snack for the Treatment of Several Aspects of Metabolic Syndrome: From In Vitro to In Vivo Studies. <i>Marine Drugs</i> , 2018, 16, 512.	2.2	10
114	Pilot-scale produced fermented lentil protects against t-BHP-triggered oxidative stress by activation of Nrf2 dependent on SAPK/JNK phosphorylation. <i>Food Chemistry</i> , 2019, 274, 750-759.	4.2	10
115	Development of Antioxidant and Nutritious Lentil ( <i>Lens culinaris</i> ) Flour Using Controlled Optimized Germination as a Bioprocess. <i>Foods</i> , 2021, 10, 2924.	1.9	10
116	Influence of Lupin ( <i>Lupinus luteus</i> L. cv. 4492 and <i>Lupinus angustifolius</i> L. var. zapaton) and Fenugreek ( <i>Trigonella foenum-graecum</i> L.) Germination on Microbial Population and Biogenic Amines. <i>Journal of Agricultural and Food Chemistry</i> , 2006, 54, 7391-7398.	2.4	8
117	Protein Quality of Traditional Rye Breads and Ginger Cakes as Affected by the Incorporation of Flour with Different Extraction Rates. <i>Polish Journal of Food and Nutrition Sciences</i> , 2013, 63, 5-10.	0.6	8
118	The Application of Lamiaceae Lindl. Promotes Aroma Compounds Formation, Sensory Properties, and Antioxidant Activity of Oat and Buckwheat-Based Cookies. <i>Molecules</i> , 2020, 25, 5626.	1.7	8
119	Reformulating Bread Using Sprouted Pseudo-cereal Grains to Enhance Its Nutritional Value and Sensorial Attributes. <i>Foods</i> , 2022, 11, 1541.	1.9	8
120	Performance of Thermoplastic Extrusion, Germination, Fermentation, and Hydrolysis Techniques on Phenolic Compounds in Cereals and Pseudocereals. <i>Foods</i> , 2022, 11, 1957.	1.9	8
121	Food Bioactive Compounds against Diseases of the 21st Century 2016. <i>BioMed Research International</i> , 2017, 2017, 1-2.	0.9	7
122	A Novel Sprouted Oat Fermented Beverage: Evaluation of Safety and Health Benefits for Celiac Individuals. <i>Nutrients</i> , 2021, 13, 2522.	1.7	7
123	Free and conjugated phenolic compounds profile and antioxidant activities of honeybee products of polish origin. <i>European Food Research and Technology</i> , 2022, 248, 2263-2273.	1.6	7
124	Synthesis of [77Se]-methylselenocysteine when preparing sauerkraut in the presence of [77Se]-selenite. Metabolic transformation of [77Se]-methylselenocysteine in Wistar rats determined by LC-MS. <i>Analytical and Bioanalytical Chemistry</i> , 2014, 406, 7949-7958.	1.9	6
125	A comparative study on the phenolic bioaccessibility, antioxidant and inhibitory effects on carbohydrate-digesting enzymes of maca and mashua powders. <i>LWT - Food Science and Technology</i> , 2020, 131, 109798.	2.5	6
126	Characterization of the phenolic acid profile and <i>in vitro</i> bioactive properties of white beetroot products. <i>International Journal of Food Science and Technology</i> , 2021, 56, 629-638.	1.3	6



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127	Improving Nutritional and Health Benefits of Biscuits by Optimizing Formulations Based on Sprouted Pseudocereal Grains. <i>Foods</i> , 2022, 11, 1533.	1.9	5
128	The Effect of Low Doses of Zearalenone (ZEN) on the Bone Marrow Microenvironment and Haematological Parameters of Blood Plasma in Pre-Pubertal Gilts. <i>Toxins</i> , 2022, 14, 105.	1.5	4
129	Effects of a snack enriched with carob and <i>Undaria pinnatifida</i> (wakame) on metabolic parameters in a double blind, randomized clinical trial in obese patients. <i>Nutricion Hospitalaria</i> , 2020, 34, 465-473.	0.2	4
130	Raffinose family oligosaccharides of lupin ( <i>Lupinus albus</i> L. cv multolupa) as a potential prebiotic. <i>Proceedings of the Nutrition Society</i> , 2008, 67, .	0.4	3
131	Association Between Mycotoxin Exposure and Dietary Habits in Colorectal Cancer Development Among a Polish Population: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 698.	1.2	3
132	Manufacture of healthy snack bars supplemented with moringa sprout powder. <i>LWT - Food Science and Technology</i> , 2022, 154, 112828.	2.5	2
133	Current evidence on the modulatory effects of food proteins and peptides in inflammation and gut microbiota. , 2022, , 517-534.		2
134	Synthesis of galactooligosaccharides with prebiotic potential during hydrolysis of lactose by Lactozym 3000 L HP G. <i>Proceedings of the Nutrition Society</i> , 2008, 67, .	0.4	1
135	Low glycinin soymilk ameliorates body fat accumulation and improves serum antioxidant status in overweight men. <i>FASEB Journal</i> , 2010, 24, 721.3.	0.2	1
136	Role of cereal bioactive compounds in the prevention of age-related diseases. , 2022, , 247-286.		1
137	Effect of Time and Legume Type on Germination-Induced Proteolysis of Lentils and Faba Beans. <i>Proceedings (mdpi)</i> , 2020, 70, .	0.2	1
138	CHAPTER 9. Impact of Fermentation on the Nutritional Quality, Bioactive Compounds and Potential Health Properties of Legumes. <i>Food Chemistry, Function and Analysis</i> , 2019, , 196-214.	0.1	0
139	Development of Sliced Bread with Better Nutritional Quality: Optimization of Wheat Flour Replacement with Germinated Pseudocereals for Doughs with Better Rheological Properties. <i>Proceedings (mdpi)</i> , 2021, 70, 12.	0.2	0
140	Peptides for Health Benefits 2020. <i>International Journal of Molecular Sciences</i> , 2022, 23, 6699.	1.8	0