

Christine Sundgot-Borgen

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

69

papers

4,748

citations

24

h-index

68

g-index

73

ext. papers

5,611

ext. citations

3.8

avg, IF

5.74

L-index

#	Paper	IF	Citations
69	Study protocol: prevalence of low energy availability and its relation to health and performance among female football players.. <i>BMJ Open Sport and Exercise Medicine</i> , 2022 , 8, e001219	3.4	0
68	Explanations for use of dietary- and muscle enhancing dietary supplements among university students: a national cross-sectional study.. <i>BMC Nutrition</i> , 2022 , 8, 17	2.5	
67	Empowered, Yet Vulnerable: Motives for Sport Participation, Health Correlates, and Experience of Sexual Harassment in Female Combat-Sport Athletes. <i>Sports</i> , 2022 , 10, 68	3	
66	Exercise Dependence and Body Image Concerns Amongst Group Fitness Instructors: A Self-Determination Theory Approach.. <i>Frontiers in Psychology</i> , 2021 , 12, 816287	3.4	1
65	Protein, Creatine, and Dieting Supplements Among Adolescents: Use and Associations With Eating Disorder Risk Factors, Exercise-, and Sports Participation, and Immigrant Status. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 727372	2.3	1
64	Effect of A Healthy Body Image intervention on risk- and protective factors for eating disorders: A cluster randomized controlled trial. <i>Mental Health and Prevention</i> , 2021 , 24, 200225	2.3	0
63	Sexual Harassment in Fitness Instructors: Prevalence, Perpetrators, and Mental Health Correlates. <i>Frontiers in Psychiatry</i> , 2021 , 12, 735015	5	0
62	Body appreciation and body appearance pressure in Norwegian university students comparing exercise science students and other students. <i>BMC Public Health</i> , 2021 , 21, 532	4.1	9
61	Infographic. UEFA expert group 2020 statement on nutrition in elite football. <i>British Journal of Sports Medicine</i> , 2021 , 55, 453-455	10.3	
60	UEFA expert group statement on nutrition in elite football. Current evidence to inform practical recommendations and guide future research. <i>British Journal of Sports Medicine</i> , 2021 , 55, 416	10.3	35
59	A new treatment for eating disorders combining physical exercise and dietary therapy (the PED-t): experiences from patients who dropped out. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2020 , 15, 1731994	2	1
58	Is physical exercise and dietary therapy a feasible alternative to cognitive behavior therapy in treatment of eating disorders? A randomized controlled trial of two group therapies. <i>International Journal of Eating Disorders</i> , 2020 , 53, 574-585	6.3	9
57	Does the Healthy Body Image program improve lifestyle habits among high school students? A randomized controlled trial with 12-month follow-up. <i>Journal of International Medical Research</i> , 2020 , 48, 300060519889453	1.4	0
56	The Norwegian healthy body image intervention promotes positive embodiment through improved self-esteem. <i>Body Image</i> , 2020 , 35, 84-95	7.4	12
55	Body Figure Idealization and Body Appearance Pressure in Fitness Instructors. <i>Frontiers in Psychology</i> , 2020 , 11, 585901	3.4	5
54	The Impact of Covid-19 Pandemic Lockdown During Spring 2020 on Personal Trainers Working and Living Conditions. <i>Frontiers in Sports and Active Living</i> , 2020 , 2, 589702	2.3	2
53	Physical health and symptoms of relative energy deficiency in female fitness athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 135-147	4.6	14

52	Profiles of Perfectionism Among Adolescents Attending Specialized Elite- and Ordinary Lower Secondary Schools: A Norwegian Cross-Sectional Comparative Study. <i>Frontiers in Psychology</i> , 2019 , 10, 2039	3.4	7
51	Patients' Views on a new treatment for Bulimia nervosa and binge eating disorder combining physical exercise and dietary therapy (the PED-t). A qualitative study. <i>Eating Disorders</i> , 2019 , 27, 503-520	3.9	7
50	Patient expectations of a new treatment for eating disorders combining guided physical exercise and dietary therapy: an interview study of women participating in a randomised controlled trial at the Norwegian School of Sport Sciences. <i>BMJ Open</i> , 2019 , 9, e025344	3	2
49	The healthy body image (HBI) intervention: Effects of a school-based cluster-randomized controlled trial with 12-months follow-up. <i>Body Image</i> , 2019 , 29, 122-131	7.4	20
48	Defining compulsive exercise in eating disorders: acknowledging the exercise paradox and exercise obsessions. <i>Journal of Eating Disorders</i> , 2019 , 7, 8	4.1	8
47	Elite athletes get pregnant, have healthy babies and return to sport early postpartum. <i>BMJ Open Sport and Exercise Medicine</i> , 2019 , 5, e000652	3.4	13
46	Mental Health Symptoms Related to Body Shape Idealization in Female Fitness Physique Athletes. <i>Sports</i> , 2019 , 7,	3	6
45	Body composition and physical fitness in women with bulimia nervosa or binge-eating disorder. <i>International Journal of Eating Disorders</i> , 2018 , 51, 331-342	6.3	18
44	Patients' and therapists' experiences with a new treatment programme for eating disorders that combines physical exercise and dietary therapy: the PED-t trial. A qualitative study protocol. <i>BMJ Open</i> , 2018 , 8, e018708	3	2
43	Therapists' experiences with a new treatment combining physical exercise and dietary therapy (the PED-t) for eating disorders: an interview study in a randomised controlled trial at the Norwegian School of Sport Sciences. <i>BMJ Open</i> , 2018 , 8, e019386	3	4
42	The Norwegian healthy body image programme: study protocol for a randomized controlled school-based intervention to promote positive body image and prevent disordered eating among Norwegian high school students. <i>BMC Psychology</i> , 2018 , 6, 8	2.8	15
41	Treatment effects on compulsive exercise and physical activity in eating disorders. <i>Journal of Eating Disorders</i> , 2018 , 6, 43	4.1	19
40	Managing Risk of Non-Communicable Diseases in Women with Bulimia Nervosa or Binge Eating Disorders: A Randomized Trial with 12 Months Follow-Up. <i>Nutrients</i> , 2018 , 10,	6.7	3
39	Are adolescent elite athletes less psychologically distressed than controls? A cross-sectional study of 966 Norwegian adolescents. <i>Open Access Journal of Sports Medicine</i> , 2018 , 9, 115-123	2.9	11
38	International Olympic Committee (IOC) Consensus Statement on Relative Energy Deficiency in Sport (RED-S): 2018 Update. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018 , 28, 316-331	4.4	14
37	Evaluation of a short protocol for indirect calorimetry in females with eating disorders and healthy controls. <i>Clinical Nutrition ESPEN</i> , 2017 , 22, 28-35	1.3	0
36	The PED-t trial protocol: The effect of physical exercise -and dietary therapy compared with cognitive behavior therapy in treatment of bulimia nervosa and binge eating disorder. <i>BMC Psychiatry</i> , 2017 , 17, 180	4.2	13
35	Disordered eating behavior among group fitness instructors: a health-threatening secret?. <i>Journal of Eating Disorders</i> , 2015 , 3, 22	4.1	12

34	Coaches' knowledge and management of eating disorders: a randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 1070-8	1.2	18
33	Injuries and musculoskeletal pain among Norwegian group fitness instructors. <i>European Journal of Sport Science</i> , 2015 , 15, 784-92	3.9	8
32	The IOC consensus statement: beyond the Female Athlete Triad--Relative Energy Deficiency in Sport (RED-S). <i>British Journal of Sports Medicine</i> , 2014 , 48, 491-7	10.3	690
31	Disordered Eating and Eating Disorders in Female Athletes 2014 , 42-55		0
30	The development of the brief eating disorder in athletes questionnaire. <i>Medicine and Science in Sports and Exercise</i> , 2014 , 46, 1666-75	1.2	42
29	Disordered eating and eating disorders in aquatic sports. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014 , 24, 450-9	4.4	11
28	The LEAF questionnaire: a screening tool for the identification of female athletes at risk for the female athlete triad. <i>British Journal of Sports Medicine</i> , 2014 , 48, 540-5	10.3	147
27	Preventing eating disorders among young elite athletes: a randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , 2014 , 46, 435-47	1.2	68
26	Eating Disorders in Male and Female Athletes 2013 , 513-525		1
25	Eating disorders in athletes: overview of prevalence, risk factors and recommendations for prevention and treatment. <i>European Journal of Sport Science</i> , 2013 , 13, 499-508	3.9	174
24	How to minimise the health risks to athletes who compete in weight-sensitive sports review and position statement on behalf of the Ad Hoc Research Working Group on Body Composition, Health and Performance, under the auspices of the IOC Medical Commission. <i>British Journal of Sports Medicine</i> , 2013 , 47, 1012-22	10.3	170
23	Energy Needs and Weight Management for Gymnasts 2013 , 51-59		0
22	Higher prevalence of eating disorders among adolescent elite athletes than controls. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 1188-97	1.2	127
21	Moving from Knowledge to Action: A Qualitative Study of Elite Coaches' Capacity for Early Intervention in Cases of Eating Disorders. <i>International Journal of Sports Science and Coaching</i> , 2013 , 8, 343-355	1.8	23
20	Symptoms of eating disorders, drive for muscularity and physical activity among Norwegian adolescents. <i>European Eating Disorders Review</i> , 2012 , 20, 287-93	5.3	38
19	Current status of body composition assessment in sport: review and position statement on behalf of the ad hoc research working group on body composition health and performance, under the auspices of the I.O.C. Medical Commission. <i>Sports Medicine</i> , 2012 , 42, 227-49	10.6	279
18	Changes in physical fitness, bone mineral density and body composition during inpatient treatment of underweight and normal weight females with longstanding eating disorders. <i>International Journal of Environmental Research and Public Health</i> , 2012 , 9, 315-30	4.6	5
17	Are under- and overweight female elite athletes thin and fat? A controlled study. <i>Medicine and Science in Sports and Exercise</i> , 2012 , 44, 949-57	1.2	26

16	Fetal wellbeing may be compromised during strenuous exercise among pregnant elite athletes. <i>British Journal of Sports Medicine</i> , 2012 , 46, 279-83	10.3	65
15	Elite athletes in aesthetic and Olympic weight-class sports and the challenge of body weight and body compositions. <i>Journal of Sports Sciences</i> , 2011 , 29 Suppl 1, S101-14	3.6	115
14	Is It Possible To Maintain Lean Body Mass And Performance During Energy-restriction In Elite Athletes?. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 9	1.2	2
13	Self-reported versus diagnosed stress fractures in norwegian female elite athletes. <i>Journal of Sports Science and Medicine</i> , 2009 , 8, 130-5	2.7	9
12	American College of Sports Medicine position stand. The female athlete triad. <i>Medicine and Science in Sports and Exercise</i> , 2007 , 39, 1867-82	1.2	785
11	The female football player, disordered eating, menstrual function and bone health. <i>British Journal of Sports Medicine</i> , 2007 , 41 Suppl 1, i68-72	10.3	39
10	THE FEMALE ATHLETE TRIAD REVISITED. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 1644	1.2	1
9	The female athlete triad exists in both elite athletes and controls. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 1449-59	1.2	116
8	The female athlete triad: are elite athletes at increased risk?. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 184-93	1.2	127
7	Prevalence of eating disorders in elite athletes is higher than in the general population. <i>Clinical Journal of Sport Medicine</i> , 2004 , 14, 25-32	3.2	598
6	The effect of exercise, cognitive therapy, and nutritional counseling in treating bulimia nervosa. <i>Medicine and Science in Sports and Exercise</i> , 2002 , 34, 190-5	1.2	74
5	Eating disorders, energy intake, training volume, and menstrual function in high-level modern rhythmic gymnasts. <i>International Journal of Sport Nutrition</i> , 1996 , 6, 100-9		55
4	Risk and trigger factors for the development of eating disorders in female elite athletes. <i>Medicine and Science in Sports and Exercise</i> , 1994 , 26, 414-419	1.2	254
3	Prevalence of eating disorders in elite female athletes. <i>International Journal of Sport Nutrition</i> , 1993 , 3, 29-40		240
2	Nutrient intake of female elite athletes suffering from eating disorders. <i>International Journal of Sport Nutrition</i> , 1993 , 3, 431-42		42
1	Eating Disorders and Athletes 233-243		0