

Paul Comfort

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

197
papers

3,693
citations

33
h-index

49
g-index

207
ext. papers

4,883
ext. citations

3.1
avg, IF

6.29
L-index

#	Paper	IF	Citations
197	Lower Limb Stiffness. <i>Strength and Conditioning Journal</i> , 2012 , 34, 70-73	2	220
196	Relationships between strength, sprint, and jump performance in well-trained youth soccer players. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 173-7	3.2	131
195	The Effect of Angle and Velocity on Change of Direction Biomechanics: An Angle-Velocity Trade-Off. <i>Sports Medicine</i> , 2018 , 48, 2235-2253	10.6	102
194	Understanding the Key Phases of the Countermovement Jump Force-Time Curve. <i>Strength and Conditioning Journal</i> , 2018 , 40, 96-106	2	92
193	Mechanical Determinants of Faster Change of Direction Speed Performance in Male Athletes. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 696-705	3.2	83
192	Effect of knee and trunk angle on kinetic variables during the isometric midhigh pull: test-retest reliability. <i>International Journal of Sports Physiology and Performance</i> , 2015 , 10, 58-63	3.5	71
191	The Role of Eccentric Strength in 180° Turns in Female Soccer Players. <i>Sports</i> , 2017 , 5,	3	65
190	Relationship between isometric mid-thigh pull variables and sprint and change of direction performance in collegiate athletes. <i>Journal of Trainology</i> , 2015 , 4, 6-10	1.2	65
189	Are changes in maximal squat strength during preseason training reflected in changes in sprint performance in rugby league players?. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 772-6	3.2	65
188	Weightlifting pulling derivatives: rationale for implementation and application. <i>Sports Medicine</i> , 2015 , 45, 823-39	10.6	64
187	A comparison of isokinetic and functional methods of assessing bilateral strength imbalance. <i>Journal of Strength and Conditioning Research</i> , 2010 , 24, 1553-8	3.2	60
186	Effects of Strength Training on Squat and Sprint Performance in Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 1534-9	3.2	56
185	Enhancing the Force-Velocity Profile of Athletes Using Weightlifting Derivatives. <i>Strength and Conditioning Journal</i> , 2017 , 39, 10-20	2	53
184	Countermovement-Jump-Phase Characteristics of Senior and Academy Rugby League Players. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 803-811	3.5	52
183	Comparisons of peak ground reaction force and rate of force development during variations of the power clean. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1235-9	3.2	52
182	Kinetic comparisons during variations of the power clean. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 3269-73	3.2	50
181	Sex Differences in Countermovement Jump Phase Characteristics. <i>Sports</i> , 2017 , 5,	3	48

180	An Investigation Into the Relationship Between Maximum Isometric Strength and Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2015 , 29, 2176-85	3.2	47
179	Assessing Asymmetries in Change of Direction Speed Performance: Application of Change of Direction Deficit. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 2953-2961	3.2	47
178	The effect of loading on kinematic and kinetic variables during the midhigh clean pull. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 1208-14	3.2	46
177	Strength and Conditioning for Netball: A Needs Analysis and Training Recommendations. <i>Strength and Conditioning Journal</i> , 2017 , 39, 10-21	2	45
176	Technique determinants of knee joint loads during cutting in female soccer players. <i>Human Movement Science</i> , 2015 , 42, 203-11	2.4	43
175	Standardization and Methodological Considerations for the Isometric Midhigh Pull. <i>Strength and Conditioning Journal</i> , 2019 , 41, 57-79	2	43
174	Asymmetries in single and triple hop are not detrimental to change of direction speed. <i>Journal of Trainology</i> , 2017 , 6, 35-41	1.2	42
173	Effect of Different Onset Thresholds on Isometric Midhigh Pull Force-Time Variables. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 3463-3473	3.2	41
172	An electromyographical comparison of trunk muscle activity during isometric trunk and dynamic strengthening exercises. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 149-54	3.2	39
171	The Effect of Nordic Hamstring Exercise Intervention Volume on Eccentric Strength and Muscle Architecture Adaptations: A Systematic Review and Meta-analyses. <i>Sports Medicine</i> , 2020 , 50, 83-99	10.6	38
170	A comparison of maximal squat strength and 5-, 10-, and 20-meter sprint times, in athletes and recreationally trained men. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 937-40	3.2	37
169	Comparison of landing knee valgus angle between female basketball and football athletes: possible implications for anterior cruciate ligament and patellofemoral joint injury rates. <i>Physical Therapy in Sport</i> , 2012 , 13, 259-64	3	36
168	Determination of optimal loading during the power clean, in collegiate athletes. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 2970-4	3.2	36
167	Braking characteristics during cutting and pivoting in female soccer players. <i>Journal of Electromyography and Kinesiology</i> , 2016 , 30, 46-54	2.5	36
166	Reliability of Maximal Back Squat and Power Clean Performances in Inexperienced Athletes. <i>Journal of Strength and Conditioning Research</i> , 2015 , 29, 3089-96	3.2	35
165	Is there a relationship between landing, cutting, and pivoting tasks in terms of the characteristics of dynamic valgus?. <i>American Journal of Sports Medicine</i> , 2014 , 42, 2095-102	6.8	33
164	Influence of the Reactive Strength Index Modified on Force- and Power-Time Curves. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 220-227	3.5	31
163	Assessing Muscle-Strength Asymmetry via a Unilateral-Stance Isometric Midhigh Pull. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 505-511	3.5	31

162	Reliability of the 505 Change-of-Direction Test in Netball Players. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 377-80	3.5	31
161	Optimizing Squat Technique. <i>Strength and Conditioning Journal</i> , 2007 , 29, 10-13	2	30
160	Concurrent Validity of a Portable Force Plate Using Vertical Jump Force-Time Characteristics. <i>Journal of Applied Biomechanics</i> , 2018 , 34, 410-413	1.2	30
159	The effect of limb dominance on change of direction biomechanics: A systematic review of its importance for injury risk. <i>Physical Therapy in Sport</i> , 2019 , 37, 179-189	3	29
158	Strength and power characteristics in English elite rugby league players. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1374-84	3.2	29
157	The Relationship Between 2-Dimensional Knee-Valgus Angles During Single-Leg Squat, Single-Leg-Land, and Drop-Jump Screening Tests. <i>Journal of Sport Rehabilitation</i> , 2017 , 26, 72-77	1.7	28
156	A qualitative screening tool to identify athletes with high-risk movement mechanics during cutting: The cutting movement assessment score (CMAS). <i>Physical Therapy in Sport</i> , 2019 , 38, 152-161	3	28
155	Role of the Penultimate Foot Contact During Change of Direction: Implications on Performance and Risk of Injury. <i>Strength and Conditioning Journal</i> , 2019 , 41, 87-104	2	28
154	Lower Limb Stiffness. <i>Strength and Conditioning Journal</i> , 2012 , 34, 94-101	2	28
153	The Benefits of Strength Training on Musculoskeletal System Health: Practical Applications for Interdisciplinary Care. <i>Sports Medicine</i> , 2020 , 50, 1431-1450	10.6	27
152	Technique determinants of knee abduction moments during pivoting in female soccer players. <i>Clinical Biomechanics</i> , 2016 , 31, 107-12	2.2	27
151	A Comparison of Isometric Midhigh-Pull Strength, Vertical Jump, Sprint Speed, and Change-of-Direction Speed in Academy Netball Players. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 916-921	3.5	25
150	Power and impulse applied during push press exercise. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 2552-9	3.2	25
149	Strength, power, and speed qualities in English junior elite rugby league players. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 2414-9	3.2	25
148	The validity of the nordic hamstring lower for a field-based assessment of eccentric hamstring strength. <i>Journal of Sport Rehabilitation</i> , 2015 , 24, 13-20	1.7	24
147	Effect of Sampling Frequency on Isometric Midhigh-Pull Kinetics. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 255-60	3.5	23
146	The Effect of Hip Joint Angle on Isometric Midhigh Pull Kinetics. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 2748-2757	3.2	23
145	Biomechanical Determinants of the Modified and Traditional 505 Change of Direction Speed Test. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1285-1296	3.2	23

144	The effect of load and sex on kinematic and kinetic variables during the mid-thigh clean pull. <i>Sports Biomechanics</i> , 2015 , 14, 139-56	2.2	22
143	Load Absorption Force-Time Characteristics Following the Second Pull of Weightlifting Derivatives. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 1644-1652	3.2	21
142	Biomechanical Comparison of Cutting Techniques: A Review and Practical Applications. <i>Strength and Conditioning Journal</i> , 2019 , 41, 40-54	2	21
141	Between-Session Reliability of Isometric Midthigh Pull Kinetics and Maximal Power Clean Performance in Male Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 3364-3372	2.3	20
140	The Affect of Grip Width on Bench Press Performance and Risk of Injury. <i>Strength and Conditioning Journal</i> , 2007 , 29, 10-14	2	20
139	Reliability of the Dynamic Strength Index in college athletes. <i>International Journal of Sports Physiology and Performance</i> , 2015 , 10, 542-5	3.5	19
138	The perception of psychology and the frequency of psychological strategies used by strength and conditioning practitioners. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 1136-46	3.2	19
137	A Correction Equation for Jump Height Measured Using the Just Jump System. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 555-7	3.5	19
136	Asymmetries in Isometric Force-Time Characteristics Are Not Detrimental to Change of Direction Speed. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 520-527	3.2	19
135	The Effect of Training Interventions on Change of Direction Biomechanics Associated with Increased Anterior Cruciate Ligament Loading: A Scoping Review. <i>Sports Medicine</i> , 2019 , 49, 1837-1859	10.6	18
134	Between-Session Reliability of Common Strength- and Power-Related Measures in Adolescent Athletes. <i>Sports</i> , 2017 , 5,	3	18
133	Quadriceps Strength and Functional Performance After Anterior Cruciate Ligament Reconstruction in Professional Soccer players at Time of Return to Sport. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 769-775	3.2	18
132	Reliability of the 30-15 Intermittent Fitness Test in Semiprofessional Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 172-5	3.5	17
131	Determining Bilateral Strength Imbalances in Youth Basketball Athletes. <i>International Journal of Sports Medicine</i> , 2017 , 38, 683-690	3.6	17
130	Influence of Dynamic Strength Index on Countermovement Jump Force-, Power-, Velocity-, and Displacement-Time Curves. <i>Sports</i> , 2017 , 5,	3	17
129	Within- and between-session reliability of power, force, and rate of force development during the power clean. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 1210-4	3.2	17
128	Relationship between Isometric Strength, Sprint, and Change of Direction Speed in Male Academy Cricketers. <i>Journal of Trainology</i> , 2016 , 5, 18-23	1.2	17
127	Comparison of Change of Direction Speed Performance and Asymmetries between Team-Sport Athletes: Application of Change of Direction Deficit. <i>Sports</i> , 2018 , 6,	3	17

126	The reliability and validity of the bar-mounted PUSH Band 2.0 during bench press with moderate and heavy loads. <i>Journal of Sports Sciences</i> , 2019 , 37, 2685-2690	3.6	16
125	Autoregulation in Resistance Training: Addressing the Inconsistencies. <i>Sports Medicine</i> , 2020 , 50, 1873-1887	3.6	16
124	The Effects of Six-Weeks Change of Direction Speed and Technique Modification Training on Cutting Performance and Movement Quality in Male Youth Soccer Players. <i>Sports</i> , 2019 , 7,	3	15
123	Field Tests of Performance and Their Relationship to Age and Anthropometric Parameters in Adolescent Handball Players. <i>Frontiers in Physiology</i> , 2019 , 10, 1124	4.6	15
122	Complex training in ice hockey: the effects of a heavy resisted sprint on subsequent ice-hockey sprint performance. <i>Journal of Strength and Conditioning Research</i> , 2010 , 24, 2883-7	3.2	15
121	Developing Powerful Athletes, Part 1: Mechanical Underpinnings. <i>Strength and Conditioning Journal</i> , 2020 , 42, 30-39	2	14
120	Effect of Low-Pass Filtering on Isometric Midhigh Pull Kinetics. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 983-989	3.2	14
119	An Investigation Into the Effects of Excluding the Catch Phase of the Power Clean on Force-Time Characteristics During Isometric and Dynamic Tasks: An Intervention Study. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 2116-2129	3.2	14
118	A Methodological Approach to Quantifying Plyometric Intensity. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 2522-32	3.2	14
117	Relationship Between Maximum Aerobic Speed Performance and Distance Covered in Rugby Union Games. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 2788-93	3.2	14
116	Effect of Barbell Load on Vertical Jump Landing Force-Time Characteristics. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 25-32	3.2	14
115	Changes in Strength, Power, and Speed Across a Season in English County Cricketers. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 50-55	3.5	13
114	No kinetic differences during variations of the power clean in inexperienced female collegiate athletes. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 363-8	3.2	13
113	Application of Change of Direction Deficit to Evaluate Cutting Ability. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 2138-2144	3.2	13
112	Joint Kinetics and Kinematics During Common Lower Limb Rehabilitation Exercises. <i>Journal of Athletic Training</i> , 2015 , 50, 1011-8	4	12
111	Relationships between Unilateral Muscle Strength Qualities and Change of Direction in Adolescent Team-Sport Athletes. <i>Sports</i> , 2018 , 6,	3	12
110	Reliability of and Relationship between Flight Time to Contraction Time Ratio and Reactive Strength Index Modified. <i>Sports</i> , 2018 , 6,	3	12
109	A Comparison of Catch Phase Force-Time Characteristics During Clean Derivatives From the Knee. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 1911-1918	3.2	12

108	Female Soccer. <i>Strength and Conditioning Journal</i> , 2013 , 35, 51-57	2	12
107	Training Considerations after Hamstring Injury in Athletes. <i>Strength and Conditioning Journal</i> , 2009 , 31, 68-74	2	12
106	The Benefits and Limitations of Predicting One Repetition Maximum Using the Load-Velocity Relationship. <i>Strength and Conditioning Journal</i> , 2019 , 41, 28-40	2	12
105	Relationship Between Reactive Strength Index Variants in Rugby League Players. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 280-285	3.2	12
104	A preliminary study into the effect of jumping-landing training and strength training on frontal plane projection angle. <i>Manual Therapy</i> , 2015 , 20, 680-5		11
103	Relationships between Isometric Force-Time Characteristics and Dynamic Performance. <i>Sports</i> , 2017 , 5,	3	11
102	Training for Prevention of ACL Injury. <i>Strength and Conditioning Journal</i> , 2013 , 35, 59-65	2	11
101	Biomechanical Determinants of Knee Joint Loads Associated with Increased Anterior Cruciate Ligament Loading During Cutting: A Systematic Review and Technical Framework. <i>Sports Medicine - Open</i> , 2020 , 6, 53	6.1	11
100	Influence of Power Clean Ability and Training Age on Adaptations to Weightlifting-Style Training. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 2936-2944	3.2	11
99	Assessment of Loaded Squat Jump Height With a Free-Weight Barbell and Smith Machine: Comparison of the Takeoff Velocity and Flight Time Procedures. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 671-677	3.2	11
98	Comparison of Methods of Calculating Dynamic Strength Index. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 320-325	3.5	10
97	The effect of peer tutoring on academic achievement. <i>Journal of Applied Research in Higher Education</i> , 2014 , 6, 168-175	1	10
96	The Effect of Grip Width and Hand Orientation on Muscle Activity During Pull-ups and the Lat Pull-down. <i>Strength and Conditioning Journal</i> , 2013 , 35, 75-78	2	10
95	The effect of peer tutoring on academic achievement during practical assessments in applied sports science students. <i>Innovations in Education and Teaching International</i> , 2011 , 48, 207-211	1.3	10
94	The acute effects of heavy and light resistances on the flight time of a basketball push-pass during upper body complex training. <i>Journal of Strength and Conditioning Research</i> , 2009 , 23, 1988-95	3.2	10
93	Vertical Jump Testing in Rugby League: A Rationale for Calculating Take-Off Momentum. <i>Journal of Applied Biomechanics</i> , 2020 , 1-5	1.2	10
92	Physical Profiles of Regional Academy Netball Players. <i>Journal of Trainology</i> , 2016 , 5, 30-37	1.2	10
91	Ultrasound Characteristics of Foot and Ankle Structures in Healthy, Coper, and Chronically Unstable Ankles. <i>Journal of Ultrasound in Medicine</i> , 2019 , 38, 917-926	2.9	10

90	The Effect of Training with Weightlifting Catching or Pulling Derivatives on Squat Jump and Countermovement Jump Force-Time Adaptations. <i>Journal of Functional Morphology and Kinesiology</i> , 2020 , 5,	2.4	9
89	Relationships between jump and sprint performance in first-class county cricketers. <i>Journal of Trainology</i> , 2015 , 4, 1-5	1.2	9
88	Scaling--which methods best predict performance?. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 1565-72	3.2	9
87	Within- and between-session reliability of medial gastrocnemius architectural properties. <i>Biology of Sport</i> , 2016 , 33, 185-8	4.3	9
86	Biomechanical Determinants of Performance and Injury Risk During Cutting: A Performance-Injury Conflict?. <i>Sports Medicine</i> , 2021 , 51, 1983-1998	10.6	9
85	The Validity of the Push Band 2.0 during Vertical Jump Performance. <i>Sports</i> , 2018 , 6,	3	9
84	Optimizing Squat Technique Revisited. <i>Strength and Conditioning Journal</i> , 2018 , 40, 68-74	2	9
83	Weightlifting Overhead Pressing Derivatives: A Review of the Literature. <i>Sports Medicine</i> , 2019 , 49, 867-885	8	
82	Returners Exhibit Greater Jumping Performance Improvements During a Peaking Phase Compared With New Players on a Volleyball Team. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 709-716	3.5	8
81	Hamstring Strain Prevention in Elite Soccer Players. <i>Strength and Conditioning Journal</i> , 2014 , 36, 10-20	2	8
80	The Effect of Load Placement on the Power Production Characteristics of Three Lower Extremity Jumping Exercises. <i>Journal of Human Kinetics</i> , 2019 , 68, 109-122	2.6	8
79	Comparing Biomechanical Time Series Data During the Hang-Power Clean and Jump Shrug. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 2389-2396	3.2	8
78	Comparison of Countermovement Jump-Derived Reactive Strength Index Modified and Underpinning Force-Time Variables Between Super League and Championship Rugby League Players. <i>Journal of Strength and Conditioning Research</i> , 2019 , 36,	3.2	8
77	Do the peak and mean force methods of assessing vertical jump force asymmetry agree?. <i>Sports Biomechanics</i> , 2020 , 19, 227-234	2.2	8
76	The effects of a four week jump-training program on frontal plane projection angle in female gymnasts. <i>Physical Therapy in Sport</i> , 2018 , 30, 29-33	3	8
75	The Perceived Psychological Responsibilities of a Strength and Conditioning Coach. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 2853-2862	3.2	8
74	Effects of an 8-Week In-Season Upper Limb Elastic Band Training Programme on the Peak Power, Strength, and Throwing Velocity of Junior Handball Players. <i>Sportverletzung-Sportschaden</i> , 2019 , 33, 133-141	1.7	7
73	Training With Weightlifting Derivatives: The Effects of Force and Velocity Overload Stimuli. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1808-1818	3.2	7

72	Comment on: "Anthropometric and Physical Qualities of Elite Male Youth Rugby League Players". <i>Sports Medicine</i> , 2017 , 47, 2667-2668	10.6	7
71	Differences in Vertical Jump Force-Time Characteristics between Stronger and Weaker Adolescent Basketball Players. <i>Sports</i> , 2017 , 5,	3	7
70	A comparison of maximal power clean performances performed from the floor, knee and mid-thigh. <i>Journal of Trainology</i> , 2014 , 3, 53-56	1.2	7
69	Assessment of Knee Flexor and Extensor Muscle Balance. <i>International Journal of Athletic Therapy and Training</i> , 2013 , 18, 1-5	0.3	7
68	Occurrence of fatigue during sets of static squat jumps performed at a variety of loads. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 677-83	3.2	7
67	Assessing Interlimb Asymmetries: Are We Heading in the Right Direction?. <i>Strength and Conditioning Journal</i> , 2021 , 43, 91-100	2	7
66	Deceleration Training in Team Sports: Another Potential Vaccine for Sports-Related Injury?. <i>Sports Medicine</i> , 2021 , 52, 1	10.6	7
65	A Practical Guide to Analyzing the Force-Time Curve of Isometric Tasks in Excel. <i>Strength and Conditioning Journal</i> , 2020 , 42, 26-37	2	7
64	Contribution of Eccentric Strength to Cutting Performance in Female Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2019 , 36,	3.2	7
63	Physical Profiles of Female Academy Netball Players by Position. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 1601-1608	3.2	7
62	Changes in Dynamic Strength Index in Response to Strength Training. <i>Sports</i> , 2018 , 6,	3	7
61	Effect of Sampling Frequency on Isometric Midhigh-Pull Kinetics. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 14, 525-530	3.5	6
60	Effect of Asymmetry on Biomechanical Characteristics During 180° Change of Direction. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1297-1306	3.2	6
59	Lack of Effect of Ankle Position During the Nordic Curl on Muscle Activity of the Biceps Femoris and Medial Gastrocnemius. <i>Journal of Sport Rehabilitation</i> , 2017 , 26, 202-207	1.7	6
58	How early should you brake during a 180° turn? A kinetic comparison of the antepenultimate, penultimate, and final foot contacts during a 505 change of direction speed test. <i>Journal of Sports Sciences</i> , 2021 , 39, 395-405	3.6	6
57	The effect of angle on change of direction biomechanics: Comparison and inter-task relationships. <i>Journal of Sports Sciences</i> , 2021 , 39, 2618-2631	3.6	6
56	Biomechanical Associates of Performance and Knee Joint Loads During A 70-90° Cutting Maneuver in Subelite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2019 , 35,	3.2	6
55	Average of trial peaks versus peak of average profile: impact on change of direction biomechanics. <i>Sports Biomechanics</i> , 2020 , 19, 483-492	2.2	6

54	Motor learning methods that induce high practice variability reduce kinematic and kinetic risk factors of non-contact ACL injury. <i>Human Movement Science</i> , 2021 , 78, 102805	2.4	6
53	A Comparison of Kinetic and Kinematic Variables During the Midhigh Pull and Countermovement Shrug, Across Loads. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1830-1841	3.2	5
52	A Comparison of Dynamic Strength Index between Team-Sport Athletes. <i>Sports</i> , 2017 , 5,	3	5
51	Psychological Strategies Included by Strength and Conditioning Coaches in Applied Strength and Conditioning. <i>Journal of Strength and Conditioning Research</i> , 2015 , 29, 2641-54	3.2	5
50	Relationships between speed, change of direction and jump performance with cricket specific speed tests in male academy cricketers. <i>Journal of Trainology</i> , 2015 , 4, 37-42	1.2	5
49	Female Soccer. <i>Strength and Conditioning Journal</i> , 2013 , 35, 58-65	2	5
48	The Cutting Movement Assessment Score (CMAS) Qualitative Screening Tool: Application to Mitigate Anterior Cruciate Ligament Injury Risk during Cutting. <i>Biomechanics</i> , 2021 , 1, 83-101		5
47	Biomechanical Effects of a 6-Week Change-of-Direction Technique Modification Intervention on Anterior Cruciate Ligament Injury Risk. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 2133-2144	2.2	5
46	Developing Powerful Athletes Part 2: Practical Applications. <i>Strength and Conditioning Journal</i> , 2021 , 43, 23-31	2	5
45	A Comparison of Kinetic and Kinematic Variables During the Pull From the Knee and Hang Pull, Across Loads. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1819-1829	3.2	4
44	Assessing the frequency and magnitude of match impacts accrued during an elite rugby union playing season. <i>International Journal of Performance Analysis in Sport</i> , 2018 , 18, 507-522	1.8	4
43	Relationships between lower body muscle structure and isometric mid-thigh pull peak force. <i>Journal of Trainology</i> , 2015 , 4, 43-48	1.2	4
42	Relationships between lower body muscle structure and maximal power clean performance. <i>Journal of Trainology</i> , 2015 , 4, 32-36	1.2	4
41	Male and female soccer players exhibit different knee joint mechanics during pre-planned change of direction. <i>Sports Biomechanics</i> , 2020 , 1-14	2.2	4
40	Effects of Spaceflight on Musculoskeletal Health: A Systematic Review and Meta-analysis, Considerations for Interplanetary Travel. <i>Sports Medicine</i> , 2021 , 51, 2097-2114	10.6	4
39	Comparison of peak power output during exercises with similar lower-limb kinematics. <i>Journal of Trainology</i> , 2016 , 5, 1-5	1.2	4
38	Variability of Plyometric and Ballistic Exercise Technique Maintains Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 1571-1582	3.2	3
37	The Reliability of Using a Laser Device to Assess Deceleration Ability. <i>Sports</i> , 2019 , 7,	3	3

36	Applying Complex Training Principles to Boxing: A Practical Approach. <i>Strength and Conditioning Journal</i> , 2008 , 30, 12-15	2	3
35	Change of direction and agility 2018 , 140-165		3
34	Reply to: "Comment on: The Effect of Nordic Hamstring Exercise Intervention Volume on Eccentric Strength and Muscle Architecture Adaptations: A Systematic Review and Meta-analyses". <i>Sports Medicine</i> , 2020 , 50, 223-225	10.6	3
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