

Noemi Serra-Paya

List of Publications by Year in descending order

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Version: 2024-02-01

25
papers

351
citations

933447
10
h-index

839539
18
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29
all docs

29
docs citations

29
times ranked

586
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Beetroot Juice Supplementation on Cardiorespiratory Endurance in Athletes. A Systematic Review. <i>Nutrients</i> , 2017, 9, 43.	4.1	127
2	Effectiveness of a Multi-Component Intervention for Overweight and Obese Children (Nereu). <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 702</i>	2.5	29
3	Exercise Prescription Using the Borg Rating of Perceived Exertion to Improve Fitness. <i>International Journal of Sports Medicine</i> , 2018, 39, 115-123.	1.7	24
4	Prolonged Sitting Time: Barriers, Facilitators and Views on Change among Primary Healthcare Patients Who Are Overweight or Moderately Obese. <i>PLoS ONE</i> , 2015, 10, e0125739.	2.5	22
5	Lactate Threshold as a Measure of Aerobic Metabolism in Resistance Exercise. <i>International Journal of Sports Medicine</i> , 2018, 39, 163-172.	1.7	19
6	Patterns of sedentary behavior in overweight and moderately obese users of the Catalan primary-health care system. <i>PLoS ONE</i> , 2018, 13, e0190750.	2.5	15
7	Effectiveness of a primary care-based intervention to reduce sitting time in overweight and obese patients (SEDESTACTIV): a randomized controlled trial; rationale and study design. <i>BMC Public Health</i> , 2014, 14, 228.	2.9	13
8	Ventilatory efficiency during constant-load test at lactate threshold intensity: Endurance versus resistance exercises. <i>PLoS ONE</i> , 2019, 14, e0216824.	2.5	13
9	The Slow Component of Oxygen Uptake and Efficiency in Resistance Exercises: A Comparison With Endurance Exercises. <i>Frontiers in Physiology</i> , 2019, 10, 357.	2.8	12
10	Oxygen Uptake Slow Component and the Efficiency of Resistance Exercises. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1014-1022.	2.1	12
11	Understanding the effects of beetroot juice intake on CrossFit performance by assessing hormonal, metabolic and mechanical response: a randomized, double-blind, crossover design. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 56.	3.9	10
12	Evaluation of a family intervention programme for the treatment of overweight and obese children (Nereu Programme): a randomized clinical trial study protocol. <i>BMC Public Health</i> , 2013, 13, 1000.	2.9	9
13	Reliability and Validity of the Polar V800 Sports Watch for Estimating Vertical Jump Height. <i>Journal of Sports Science and Medicine</i> , 2021, 20, 149-157.	1.6	8
14	Circulating nitrate-nitrite reduces oxygen uptake for improving resistance exercise performance after rest time in well-trained CrossFit athletes. <i>Scientific Reports</i> , 2022, 12, .	3.3	8
15	Metabolic risk management, physical exercise and lifestyle counselling in low-active adults: controlled randomized trial (BELLUGAT). <i>BMC Public Health</i> , 2017, 17, 257.	2.9	6
16	How whole-body vibration can help our COPD patients. Physiological changes at different vibration frequencies. <i>International Journal of COPD</i> , 2018, Volume 13, 3373-3380.	2.3	6
17	Objectively measured sedentary behaviour in overweight and obese prepubertal children: challenging the school. <i>International Journal of Environmental Health Research</i> , 2020, 30, 533-544.	2.7	4
18	The Relationship between Resistance Exercise Performance and Ventilatory Efficiency after Beetroot Juice Intake in Well-Trained Athletes. <i>Nutrients</i> , 2021, 13, 1094.	4.1	4

#	ARTICLE	IF	CITATIONS
19	Intervención multidisciplinar y no competitiva en el Ámbito de la salud pública para el tratamiento del sedentarismo, el sobrepeso y la obesidad infantil: Programa NEREU. Apunts: Educació Física I Esports, 2014, , 7-22.	0.2	3
20	Bioelectrical Impedance Vector and Creatine Phosphokinase Changes Induced by a High-Intensity Training Session in Rink Hockey Players. Applied Sciences (Switzerland), 2022, 12, 751.	2.5	2
21	Physical Activity Behavior, Aerobic Fitness and Quality of Life in School-Age Children. Procedia, Social and Behavioral Sciences, 2015, 191, 1758-1762.	0.5	1
22	Valoración objetiva de la actividad física en las sesiones de ejercicio físico de un programa multidisciplinar para el tratamiento de la obesidad infantil. Apunts Educacion Fisica Y Deportes, 2016, , 35-52.	0.2	1
23	Energy Expenditure in Low Active Overweight and Obese Children at Varying Treadmill Grades. Pediatric Exercise Science, 2015, 27, 57-66.	1.0	0
24	How Important is Focalizing on a Healthier Lunch at School?. Procedia, Social and Behavioral Sciences, 2015, 191, 1201-1204.	0.5	0
25	Supervised physical activity in patients with symptomatic peripheral arterial disease: protocol for a randomized clinical trial (ARTPERfit Study). BMJ Open, 2022, 12, e054352.	1.9	0