

Amy A Gorin

List of Publications by Year in descending order

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Version: 2024-02-01

92
papers

4,544
citations

136950

32
h-index

106344

65
g-index

94
all docs

94
docs citations

94
times ranked

5082
citing authors

#	ARTICLE	IF	CITATIONS
1	A Self-Regulation Program for Maintenance of Weight Loss. <i>New England Journal of Medicine</i> , 2006, 355, 1563-1571.	27.0	720
2	Weight Loss to Treat Urinary Incontinence in Overweight and Obese Women. <i>New England Journal of Medicine</i> , 2009, 360, 481-490.	27.0	526
3	Individual differences in the diurnal cycle of cortisol. <i>Psychoneuroendocrinology</i> , 1997, 22, 89-105.	2.7	290
4	Self-compassion, body image, and disordered eating: A review of the literature. <i>Body Image</i> , 2016, 17, 117-131.	4.3	224
5	Weight loss treatment influences untreated spouses and the home environment: evidence of a ripple effect. <i>International Journal of Obesity</i> , 2008, 32, 1678-1684.	3.4	168
6	Maintaining large weight losses: The role of behavioral and psychological factors.. <i>Journal of Consulting and Clinical Psychology</i> , 2008, 76, 1015-1021.	2.0	145
7	Racial/ethnic differences in adults in randomized clinical trials of binge eating disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 186-195.	2.0	136
8	Involving Support Partners in Obesity Treatment.. <i>Journal of Consulting and Clinical Psychology</i> , 2005, 73, 341-343.	2.0	98
9	Randomized controlled trial of a comprehensive home environment-focused weight-loss program for adults.. <i>Health Psychology</i> , 2013, 32, 128-137.	1.6	94
10	Autonomy support, self-regulation, and weight loss.. <i>Health Psychology</i> , 2014, 33, 332-339.	1.6	94
11	Behavioral self-regulation for weight loss in young adults: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 10.	4.6	92
12	"STOP regain": Are there negative effects of daily weighing?. <i>Journal of Consulting and Clinical Psychology</i> , 2007, 75, 652-656.	2.0	91
13	Medical triggers are associated with better short- and long-term weight loss outcomes. <i>Preventive Medicine</i> , 2004, 39, 612-616.	3.4	89
14	Innovative Self-Regulation Strategies to Reduce Weight Gain in Young Adults. <i>JAMA Internal Medicine</i> , 2016, 176, 755.	5.1	83
15	Binge Eating and Weight Loss Outcomes in Overweight and Obese Individuals With Type 2 Diabetes. <i>Archives of General Psychiatry</i> , 2008, 65, 1447.	12.3	71
16	What Distinguishes Weight-Loss Maintainers from the Treatment-Seeking Obese? Analysis of Environmental, Behavioral, and Psychosocial Variables in Diverse Populations. <i>Annals of Behavioral Medicine</i> , 2009, 38, 94-104.	2.9	62
17	Prevalence and Risk Factors for Urinary Incontinence in Overweight and Obese Diabetic Women: Action for Health in Diabetes (Look AHEAD) study. <i>Diabetes Care</i> , 2009, 32, 1391-1397.	8.6	59
18	The Effects of Self-Criticism and Self-Oriented Perfectionism on Goal Pursuit. <i>Personality and Social Psychology Bulletin</i> , 2011, 37, 964-975.	3.0	59

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19	Preventing Weight Gain in Young Adults. <i>American Journal of Preventive Medicine</i> , 2010, 39, 63-68.	3.0	58
20	Executive function in weight loss and weight loss maintenance: a conceptual review and novel neuropsychological model of weight control. <i>Journal of Behavioral Medicine</i> , 2017, 40, 687-701.	2.1	57
21	Investigating the Relationship of Body Mass Index, Diet Quality, and Physical Activity Level between Fathers and Their Preschool-Aged Children. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 919-926.	0.8	55
22	Race/ethnicity, education, and treatment parameters as moderators and predictors of outcome in binge eating disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2013, 81, 710-721.	2.0	54
23	Effectiveness of spouse involvement in cognitive behavioral therapy for binge eating disorder. <i>International Journal of Eating Disorders</i> , 2003, 33, 421-433.	4.0	53
24	Weight gain prevention in young adults: design of the study of novel approaches to weight gain prevention (SNAP) randomized controlled trial. <i>BMC Public Health</i> , 2013, 13, 300.	2.9	53
25	Rheumatoid arthritis patients show weather sensitivity in daily life, but the relationship is not clinically significant. <i>Pain</i> , 1999, 81, 173-177.	4.2	52
26	Autonomy support from family and friends and weight loss in college women.. <i>Families, Systems and Health</i> , 2008, 26, 404-416.	0.6	49
27	Efficacy of environmental and acceptance-based enhancements to behavioral weight loss treatment: The ENACT trial. <i>Obesity</i> , 2017, 25, 866-872.	3.0	45
28	Outcomes from a Pediatric Primary Care Weight Management Program: Steps to Growing Up Healthy. <i>Journal of Pediatrics</i> , 2015, 167, 372-377.e1.	1.8	44
29	Home grocery delivery improves the household food environments of behavioral weight loss participants: Results of an 8-week pilot study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2007, 4, 58.	4.6	39
30	Home Food and Exercise Environments of Normal-weight and Overweight Adults. <i>American Journal of Health Behavior</i> , 2011, 35, 618-26.	1.4	37
31	Acculturation Determines BMI Percentile and Noncore Food Intake in Hispanic Children. <i>Journal of Nutrition</i> , 2014, 144, 305-310.	2.9	37
32	Failure to Meet Weight Loss Expectations Does Not Impact Maintenance in Successful Weight Losers**. <i>Obesity</i> , 2007, 15, 3086-3090.	3.0	36
33	Effect of Mood and Eating Disorders on the Short-Term Outcome of Laparoscopic Roux-en-Y Gastric Bypass. <i>Obesity Surgery</i> , 2009, 19, 1685-1690.	2.1	32
34	The Relationship between Dietary Patterns, Body Mass Index Percentile, and Household Food Security in Young Urban Children. <i>Childhood Obesity</i> , 2015, 11, 148-155.	1.5	32
35	Reducing TV Watching During Adult Obesity Treatment: Two Pilot Randomized Controlled Trials. <i>Behavior Therapy</i> , 2013, 44, 674-685.	2.4	31
36	Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Core Measures: Environmental Domain. <i>Obesity</i> , 2018, 26, S35-S44.	3.0	30

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37	Beliefs About Weight Gain Among Young Adults: Potential Challenges to Prevention. <i>Obesity</i> , 2011, 19, 1901-1904.	3.0	29
38	Examining a Ripple Effect: Do Spouses' Behavior Changes Predict Each Other's Weight Loss?. <i>Journal of Obesity</i> , 2013, 2013, 1-8.	2.7	29
39	Partial Meal Replacement Plan and Quality of the Diet at 1 Year: Action for Health in Diabetes (Look) Tj ETQq1 1 0.784314 rgBT /Over 0.8	0.8	29
40	Binge Eating and Weight Loss Outcomes in Individuals with Type 2 Diabetes: 4-Year Results from the Look AHEAD Study. <i>Obesity</i> , 2017, 25, 1830-1837.	3.0	29
41	The Effects of an Energy Density Prescription on Diet Quality and Weight Loss: A Pilot Randomized Controlled Trial. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 1397-1402.	0.8	26
42	Young Adults' Attitudes and Perceptions of Obesity and Weight Management: Implications for Treatment Development. <i>Current Obesity Reports</i> , 2016, 5, 14-22.	8.4	25
43	Randomized Controlled Trial Examining the Ripple Effect of a Nationally Available Weight Management Program on Untreated Spouses. <i>Obesity</i> , 2018, 26, 499-504.	3.0	25
44	Characteristics of binge eating among women in the community seeking treatment for binge eating or weight loss. <i>Eating Behaviors</i> , 2003, 3, 295-305.	2.0	23
45	Steps to Growing Up Healthy: a pediatric primary care based obesity prevention program for young children. <i>BMC Public Health</i> , 2014, 14, 72.	2.9	23
46	Dyadic Dynamics in a Randomized Weight Loss Intervention. <i>Annals of Behavioral Medicine</i> , 2016, 50, 506-515.	2.9	23
47	Frequent self-weighing as part of a constellation of healthy weight control practices in young adults. <i>Obesity</i> , 2015, 23, 943-949.	3.0	22
48	Peer support and mobile health technology targeting obesity-related cardiovascular risk in young adults with serious mental illness: Protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2018, 74, 97-106.	1.8	21
49	A randomized controlled trial of a theory-based weight-loss program for couples.. <i>Health Psychology</i> , 2020, 39, 137-146.	1.6	20
50	Impact of a Short-Term Nutrition Education Child Care Pilot Intervention on Preschool Children's Intention To Choose Healthy Snacks and Actual Snack Choices. <i>Childhood Obesity</i> , 2015, 11, 513-520.	1.5	19
51	The Early Childhood Obesity Prevention Program (ECHO): an ecologically-based intervention delivered by home visitors for newborns and their mothers. <i>BMC Public Health</i> , 2015, 15, 584.	2.9	17
52	Project TEAMS (Talking about Eating, Activity, and Mutual Support): a randomized controlled trial of a theory-based weight loss program for couples. <i>BMC Public Health</i> , 2017, 17, 749.	2.9	15
53	My Weight Ruler: A simple and effective tool to enhance parental understanding of child weight status. <i>Preventive Medicine</i> , 2013, 57, 550-554.	3.4	14
54	Perceived Self-Efficacy and Financial Incentives. <i>Journal of Occupational and Environmental Medicine</i> , 2017, 59, 453-460.	1.7	14

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55	Shame and Self-compassion as Risk and Protective Mechanisms of the Internalized Weight Bias and Emotional Eating Link in Individuals Seeking Bariatric Surgery. <i>Obesity Surgery</i> , 2021, 31, 3177-3187.	2.1	14
56	Group Lifestyle Intervention With Mobile Health for Young Adults With Serious Mental Illness: A Randomized Controlled Trial. <i>Psychiatric Services</i> , 2022, 73, 141-148.	2.0	14
57	Eating pathology and psychological outcomes in young adults in self-regulation interventions using daily self-weighing.. <i>Health Psychology</i> , 2019, 38, 143-150.	1.6	14
58	Decreasing household television time: a pilot study of a combined behavioral and environmental intervention. <i>Behavioral Interventions</i> , 2006, 21, 273-280.	1.0	13
59	Virtual Look AHEAD Program: Initial Support for a Partly Virtualized Intensive Lifestyle Intervention in Type 2 Diabetes. <i>Diabetes Care</i> , 2014, 37, e169-e170.	8.6	12
60	Behavioral techniques for treating the obese patient. <i>Primary Care - Clinics in Office Practice</i> , 2003, 30, 375-391.	1.6	11
61	Facilitating Partner Support for Lifestyle Change Among Adults with Serious Mental Illness: A Feasibility Pilot Study. <i>Community Mental Health Journal</i> , 2017, 53, 394-404.	2.0	11
62	Feasibility Study of Increasing Social Support to Enhance a Healthy Lifestyle Intervention for Individuals with Serious Mental Illness. <i>Journal of the Society for Social Work and Research</i> , 2016, 7, 289-313.	1.3	10
63	Effects of maternal lifestyle intervention during pregnancy on untreated partner weight: Results from fit for delivery study. <i>Obesity</i> , 2016, 24, 23-25.	3.0	10
64	Weight Gain Over 6 Years in Young Adults: The Study of Novel Approaches to Weight Gain Prevention Randomized Trial. <i>Obesity</i> , 2020, 28, 80-88.	3.0	10
65	Using motivational interviewing to enhance emerging adults' engagement in weight loss: The Live Well RVA pilot randomized clinical trial. <i>Obesity Science and Practice</i> , 2020, 6, 460-472.	1.9	10
66	Episodic future thinking, delay discounting, and exercise during weight loss maintenance: The PACE trial.. <i>Health Psychology</i> , 2020, 39, 796-805.	1.6	10
67	The role of partner autonomy support in motivation, well-being, and weight loss among women with higher baseline BMI.. <i>Families, Systems and Health</i> , 2018, 36, 347-356.	0.6	9
68	Group-Based Yogic Weight Loss with Ayurveda-Inspired Components: A Pilot Investigation of Female Yoga Practitioners and Novices. <i>International Journal of Yoga Therapy</i> , 2016, 26, 55-72.	0.7	9
69	How prescriptive support affects weight loss in weight-loss intervention participants and their untreated spouses.. <i>Health Psychology</i> , 2018, 37, 775-781.	1.6	8
70	The Childcare Center: an Untapped Opportunity to Engage and Educate Families in Healthy Behaviors. <i>Journal of Racial and Ethnic Health Disparities</i> , 2018, 5, 430-438.	3.2	7
71	Rationale, design and study protocol of the "Strong Families Start at Home"™ feasibility trial to improve the diet quality of low-income, ethnically diverse children by helping parents improve their feeding and food preparation practices. <i>Contemporary Clinical Trials Communications</i> , 2020, 19, 100583.	1.1	7
72	Examining Heterogeneity of Outcomes in a Weight Gain Prevention Program for Young Adults. <i>Obesity</i> , 2020, 28, 521-528.	3.0	7

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73	Dietary outcomes within the study of novel approaches to weight gain prevention (SNAP) randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 14.	4.6	5
74	Weight and Shape Concern Impacts Weight Gain Prevention in the SNAP Trial: Implications for Tailoring Intervention Delivery. <i>Obesity</i> , 2018, 26, 1270-1276.	3.0	4
75	Impact of income and perceived stress on engagement and weight loss outcomes in an online behavioral weight loss program. <i>Journal of Behavioral Medicine</i> , 2021, 44, 853-859.	2.1	4
76	Patterns of weight change in a weight gain prevention study for young adults. <i>Obesity</i> , 2021, 29, 1848-1856.	3.0	4
77	Environmental data and methods from the Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) core measures environmental working group. <i>Data in Brief</i> , 2022, 41, 108002.	1.0	4
78	Persistent, High Levels of Social Jetlag Predict Poor Weight Outcomes in a Weight Gain Prevention Study for Young adults. <i>Journal of Behavioral Medicine</i> , 2022, 45, 794-803.	2.1	4
79	Demographic, health-related, and work-related factors associated with body mass index and body fat percentage among workers at six Connecticut manufacturing companies across different age groups: a cohort study. <i>BMC Obesity</i> , 2015, 2, 43.	3.1	3
80	Effects of Neuroticism on Goal Support, Goal Progress, and Depressive Symptoms. <i>Journal of Social and Clinical Psychology</i> , 2015, 34, 674-691.	0.5	3
81	Changes in Cardiovascular Risk Factors Over 6 Years in Young Adults in a Randomized Trial of Weight Gain Prevention. <i>Obesity</i> , 2020, 28, 2323-2330.	3.0	3
82	Weight stigma and posttraumatic stress disorder symptoms in individuals seeking bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , 2022, 18, 1066-1073.	1.2	3
83	Ripple Effect of Lifestyle Interventions During Pregnancy on Untreated Partners' Weight. <i>Obesity</i> , 2019, 27, 733-739.	3.0	2
84	Evidence of the Associations between Individual and Partner Autonomy Support and Physiological Stress in the Context of Conversations about Weight among Couples Who are Overweight or Obese during a 6-Month Intervention. <i>Health Communication</i> , 2021, , 1-9.	3.1	2
85	Factors associated with weight gain prevention in young adults with serious mental illness. <i>Microbial Biotechnology</i> , 2022, , .	1.7	2
86	Testing risk and protective pathways between weight bias and mental health symptoms in a bariatric sample: Internalized weight bias, shame, and self-compassion. <i>Surgery for Obesity and Related Diseases</i> , 2018, 14, S142-S143.	1.2	1
87	Effectiveness of "run-ins" at predicting adherence in a behavioral weight loss efficacy trial. <i>Contemporary Clinical Trials</i> , 2022, 114, 106678.	1.8	1
88	Counseling Overweight Adults: The Lifestyle Patterns and Toolkit by Robert F. Kushner, MD, Nancy Kushner, MSN, RN, and Dawn Jackson Blatner, RD, LD © Chicago: American Dietetic Association © 2008 © \$53.00 © ISBN: 0-8809142-2-X. <i>American Journal of Lifestyle Medicine</i> , 2009, 3, 327-327.	1.9	0
89	Who loses weight in a weight gain prevention program? A comparison of weight losers and weight maintainers at 3 years.. <i>Health Psychology</i> , 2021, 40, 523-533.	1.6	0
90	Binge Eating in Overweight and Obese Individuals with Type 2 Diabetes. , 2011, , 2721-2729.		0

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91	Group-Based Yogic Weight Loss with Ayurveda-Inspired Components: A Pilot Investigation of Female Yoga Practitioners and Novices. <i>International Journal of Yoga Therapy</i> , 0, , .	0.7	0
92	Ripple Effect Of Lifestyle Interventions During Pregnancy On Untreated Partnersâ€™ Weight. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 860-860.	0.4	0