

Jackson J Peos

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2876833/publications.pdf>

Version: 2024-02-01

6
papers

48
citations

1937685

4
h-index

1872680

6
g-index

6
all docs

6
docs citations

6
times ranked

58
citing authors

#	ARTICLE	IF	CITATIONS
1	Intermittent Dieting: Theoretical Considerations for the Athlete. <i>Sports</i> , 2019, 7, 22.	1.7	21
2	Continuous versus Intermittent Dieting for Fat Loss and Fat-Free Mass Retention in Resistance-trained Adults: The ICECAP Trial. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1685-1698.	0.4	11
3	Continuous versus intermittent moderate energy restriction for increased fat mass loss and fat free mass retention in adult athletes: protocol for a randomised controlled trial—the ICECAP trial (Intermittent versus Continuous Energy restriction Compared in an Athlete Population). <i>BMJ Open Sport and Exercise Medicine</i> . 2018, 4, e000423.	2.9	8
4	Contrary to the Conclusions Stated in the Paper, Only Dry Fat-Free Mass Was Different between Groups upon Reanalysis. Comment on: “Intermittent Energy Restriction Attenuates the Loss of Fat-Free Mass in Resistance Trained Individuals. A Randomized Controlled Trial”. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 85.	2.4	4
5	A 1-week diet break improves muscle endurance during an intermittent dieting regime in adult athletes: A pre-specified secondary analysis of the ICECAP trial. <i>PLoS ONE</i> , 2021, 16, e0247292.	2.5	3
6	Effects of repeated use of a commercial topical lotion on subcutaneous fat thickness in resistance-trained male athletes. <i>Journal of Cosmetic Dermatology</i> , 2022, , .	1.6	1