

Narcis Gusi

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

125
papers

2,864
citations

27
h-index

49
g-index

155
ext. papers

3,681
ext. citations

3.2
avg, IF

5.12
L-index

#	Paper	IF	Citations
125	Creative versus repetitive dance therapies to reduce the impact of fibromyalgia and pain: A systematic review and meta-analysis.. <i>Complementary Therapies in Clinical Practice</i> , 2022 , 47, 101577	3.5	0
124	Effect of dance therapies on motor-cognitive dual-task performance in middle-aged and older adults: a systematic review and meta-analysis. <i>Disability and Rehabilitation</i> , 2021 , 43, 3147-3158	2.4	3
123	Relationship between pineal gland, sleep and melatonin in fibromyalgia women: a magnetic resonance imaging study.. <i>Acta Neuropsychiatrica</i> , 2021 , 1-9	3.9	0
122	Effect of hypoxic conditioning on functional fitness, balance and fear of falling in healthy older adults: a randomized controlled trial. <i>European Review of Aging and Physical Activity</i> , 2021 , 18, 25	6.5	1
121	Effects of Ganoderma lucidum and Ceratonia siliqua on blood glucose, lipid profile, and body composition in women with fibromyalgia. <i>Nutricion Hospitalaria</i> , 2021 , 38, 139-145	1	
120	Fat but powerfulParadox: association of muscle power and adiposity markers with all-cause mortality in older adults from the EXERNET multicentre study. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1204-1211	10.3	9
119	How important is current physical fitness for future quality of life? Results from an 8-year longitudinal study on older adults. <i>Experimental Gerontology</i> , 2021 , 149, 111301	4.5	3
118	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	15
117	Mobility Assessment under Dual Task Conditions in Women With Fibromyalgia: A Test-Retest Reliability Study. <i>PM and R</i> , 2021 , 13, 66-72	2.2	1
116	Effects of a home-based exercise program on mental health for caregivers of relatives with dementia: a randomized controlled trial. <i>International Psychogeriatrics</i> , 2021 , 33, 359-372	3.4	4
115	Impact of Fibromyalgia in the Hippocampal Subfields Volumes of Women-An MRI Study. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
114	Screen Time and ParentsSEducation Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	6
113	Cost-Effectiveness of a Whole-Body Vibration Program in Patients with Type 2 Diabetes: A Retrospective Study Protocol. <i>Sustainability</i> , 2021 , 13, 2581	3.6	
112	Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 98	8.4	1
111	Psychophysiological response of military pilots in different combat flight maneuvers in a flight simulator. <i>Physiology and Behavior</i> , 2021 , 238, 113483	3.5	4
110	Comparison of the Psychometric Properties of the EQ-5D-3L-Y and EQ-5D-5L-Y Instruments in Spanish Children and Adolescents. <i>Value in Health</i> , 2021 , 24, 1799-1806	3.3	3
109	Impact of COVID-19 Confinement on Physical Activity and Sedentary Behaviour in Spanish University Students: Role of Gender. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	43

108	Foot Health Status Questionnaire (FHSQ) in Spanish People with Type 2 Diabetes Mellitus: Preliminary Values Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
107	The effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	8
106	Twelve Weeks of Whole Body Vibration Training Improve Regucalcin, Body Composition and Physical Fitness in Postmenopausal Women: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	4
105	Test-Retest Reliability of Vibration Perception Threshold Test in People with Type 2 Diabetes Mellitus. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
104	Association between TUG and Anthropometric Values, Vibration Perception Threshold, FHSQ and 15-D in Type 2 Diabetes Mellitus Patients. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
103	Effects of exergames on heart rate variability of women with fibromyalgia: A randomized controlled trial. <i>Scientific Reports</i> , 2020 , 10, 5168	4.9	9
102	Cost-Effectiveness and Effects of a Home-Based Exercise Intervention for Female Caregivers of Relatives with Dementia: Study Protocol for a Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2020 , 8,	3.4	1
101	Acute Effects of a Whole Body Vibration Session on the Vibration Perception Threshold in Patients with Type 2 Diabetes Mellitus. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
100	Effects of 8-Week Whole-Body Vibration Training on the HbA1c, Quality of Life, Physical Fitness, Body Composition and Foot Health Status in People with T2DM: A Double-Blinded Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
99	Neurophysiological Differences Between Women With Fibromyalgia and Healthy Controls During Dual Task: A Pilot Study. <i>Frontiers in Psychology</i> , 2020 , 11, 558849	3.4	3
98	Psychological Symptomatology in Informal Caregivers of Persons with Dementia: Influences on Health-Related Quality of Life. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
97	Effects of an exercise program linked to primary care on depression in elderly: fitness as mediator of the improvement. <i>Quality of Life Research</i> , 2020 , 29, 1239-1246	3.7	4
96	Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , 2020 , 10, e036210	3	9
95	Impact of cognitive tasks on biomechanical and kinematic parameters of gait in women with fibromyalgia: A cross-sectional study. <i>Physiology and Behavior</i> , 2020 , 227, 113171	3.5	3
94	Health-related quality of life and multidimensional fitness profile in polio survivors. <i>Disability and Rehabilitation</i> , 2020 , 1-6	2.4	
93	Effects of 24-Week Exergame Intervention on the Gray Matter Volume of Different Brain Structures in Women with Fibromyalgia: A Single-Blind, Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	3
92	Effects on Mood and Health-Related Quality of Life in Women with Fibromyalgia. <i>Healthcare (Switzerland)</i> , 2020 , 8,	3.4	2
91	Impact of fibromyalgia on sexual function in women. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , 2020 , 33, 355-361	1.4	3

90	Fitness as a Mediator of the Enhancement of Quality of Life after a 6-Months Exercise Program. <i>Research Quarterly for Exercise and Sport</i> , 2020 , 91, 24-33	1.9	3
89	Duration of the Symptoms and Brain Aging in Women with Fibromyalgia: A Cross-Sectional Study. <i>Applied Sciences (Switzerland)</i> , 2019 , 9, 2106	2.6	4
88	Effects of 24-week exergame intervention on physical function under single- and dual-task conditions in fibromyalgia: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1610-1617	4.6	13
87	Impact of Fibromyalgia on Alpha-2 EEG Power Spectrum in the Resting Condition: A Descriptive Correlational Study. <i>BioMed Research International</i> , 2019 , 2019, 7851047	3	11
86	Is Sitting Time Related with Physical Fitness in Spanishelderly Population? The EXERNET Multicenter Study. <i>Journal of Nutrition, Health and Aging</i> , 2019 , 23, 401-407	5.2	6
85	Dual task performance and history of falls in community-dwelling older adults. <i>Experimental Gerontology</i> , 2019 , 120, 35-39	4.5	18
84	Impact of adding a simultaneous cognitive task in the elbow's range of movement during arm curl test in women with fibromyalgia. <i>Clinical Biomechanics</i> , 2019 , 65, 110-115	2.2	7
83	EQ-5D-Y-5L: developing a revised EQ-5D-Y with increased response categories. <i>Quality of Life Research</i> , 2019 , 28, 1951-1961	3.7	23
82	Does fitness attenuate the relationship between changes in sitting time and health-related quality of life over time in community-dwelling older adults? Evidence from the EXERNET multicenter longitudinal study. <i>Quality of Life Research</i> , 2019 , 28, 3259-3266	3.7	3
81	Influence of depressive feelings in the brain processing of women with fibromyalgia: An EEG study. <i>Medicine (United States)</i> , 2019 , 98, e15564	1.8	7
80	Effects of Exergames on Brain Dynamics in Women with Fibromyalgia: A Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	9
79	Benefits of 24-Week Exergame Intervention on Health-Related Quality of Life and Pain in Women with Fibromyalgia: A Single-Blind, Randomized Controlled Trial. <i>Games for Health Journal</i> , 2019 , 8, 380-386	4.2	13
78	Reliability of the 30 s Chair Stand Test in Women with Fibromyalgia. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	9
77	Chess Players Increase the Theta Power Spectrum When the Difficulty of the Opponent Increases: An EEG Study. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 17,	4.6	6
76	Effect of Exergame Training and Detraining on Lower-Body Strength, Agility, and Cardiorespiratory Fitness in Women with Fibromyalgia: Single-Blinded Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 17,	4.6	11
75	Influence of a Cell-Phone Conversation on Balance Performance in Women with Fibromyalgia: A Cross-Sectional Descriptive Study. <i>BioMed Research International</i> , 2019 , 2019, 5132802	3	3
74	Test-Retest Reliability of Kinematic Parameters of Timed Up and Go in People with Type 2 Diabetes. <i>Applied Sciences (Switzerland)</i> , 2019 , 9, 4709	2.6	5
73	Strength Assessment Under Dual Task Conditions in Women with Fibromyalgia: A Test-Retest Reliability Study. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	2

72	Análisis de la edad sobre la fiabilidad de pruebas fitness en mayores. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , 2019 , 19, 627	0.5	
71	Electroencephalographic response of chess players in decision-making processes under time pressure. <i>Physiology and Behavior</i> , 2019 , 198, 140-143	3.5	16
70	Use of Biotechnological Devices in the Quantification of Psychophysiological Workload of Professional Chess Players. <i>Journal of Medical Systems</i> , 2018 , 42, 40	5.1	26
69	Reliability of the Timed Up and Go Test in Fibromyalgia. <i>Rehabilitation Nursing</i> , 2018 , 43, 35-39	1.3	9
68	Effect of exergames on musculoskeletal pain: A systematic review and meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 760-771	4.6	19
67	Cost-effectiveness of a follow-up program for older patients with heart failure: a randomized controlled trial. <i>European Geriatric Medicine</i> , 2018 , 9, 523-532	3	3
66	Fitness as mediator between weight status and dimensions of health-related quality of life. <i>Health and Quality of Life Outcomes</i> , 2018 , 16, 155	3	9
65	Does anthropometric and fitness parameters mediate the effect of exercise on the HRQoL of overweight and obese children/adolescents?. <i>Quality of Life Research</i> , 2018 , 27, 2305-2312	3.7	4
64	Impact of adding a cognitive task while performing physical fitness tests in women with fibromyalgia: A cross-sectional descriptive study. <i>Medicine (United States)</i> , 2018 , 97, e13791	1.8	13
63	Effects of Dance on Pain in Patients with Fibromyalgia: A Systematic Review and Meta-Analysis. <i>Evidence-based Complementary and Alternative Medicine</i> , 2018 , 2018, 8709748	2.3	5
62	Impact of Fibromyalgia in the Sit-to-Stand-to-Sit Performance Compared With Healthy Controls. <i>PM and R</i> , 2017 , 9, 588-595	2.2	5
61	Validity of the International Fitness Scale "IFIS" in older adults. <i>Experimental Gerontology</i> , 2017 , 95, 77-81	1.5	13
60	Criterion-Referenced Fitness Standards Associated with Maintaining Functional Capacity in Chilean Older Adults. <i>Rejuvenation Research</i> , 2017 , 20, 484-491	2.6	2
59	"Fibromyalgia and quality of life: mapping the revised fibromyalgia impact questionnaire to the preference-based instruments". <i>Health and Quality of Life Outcomes</i> , 2017 , 15, 114	3	9
58	Effects of Exergames on Quality of Life, Pain, and Disease Effect in Women With Fibromyalgia: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017 , 98, 1725-1731	2.8	32
57	Stair negotiation in women with fibromyalgia: A descriptive correlational study. <i>Medicine (United States)</i> , 2017 , 96, e8364	1.8	4
56	Exergames for women with fibromyalgia: a randomised controlled trial to evaluate the effects on mobility skills, balance and fear of falling. <i>PeerJ</i> , 2017 , 5, e3211	3.1	27
55	Physical Exercise Improves Heart Rate Variability in Patients with Type 2 Diabetes: A Systematic Review. <i>Current Diabetes Reports</i> , 2017 , 17, 110	5.6	39

54	Validation of the self-report EXERNET questionnaire for measuring physical activity and sedentary behavior in elderly. <i>Archives of Gerontology and Geriatrics</i> , 2017 , 69, 156-161	4	20
53	Parent-child discrepancy in the assessment of health-related quality of life using the EQ-5D-Y questionnaire. <i>Archivos Argentinos De Pediatría</i> , 2017 , 115, 541-546	0.7	10
52	Portuguese translation, cross-cultural adaptation and reliability of the questionnaire «Start Back Screening Tool» (SBST). <i>Acta Reumatológica Portuguesa</i> , 2017 , 42, 38-46	0.7	5
51	Increased Physical Activity and Fitness above the 50(th) Percentile Avoid the Threat of Older Adults Becoming Institutionalized: A Cross-sectional Pilot Study. <i>Rejuvenation Research</i> , 2016 , 19, 13-20	2.6	12
50	Performance of women with fibromyalgia in walking up stairs while carrying a load. <i>PeerJ</i> , 2016 , 4, e16561	1	6
49	Whole-body vibration therapy for fibromyalgia?. <i>Focus on Alternative and Complementary Therapies</i> , 2016 , 21, 56-57		
48	Changes in HRQoL after 12 months of exercise linked to primary care are associated with fitness effects in older adults. <i>European Journal of Public Health</i> , 2015 , 25, 873-9	2.1	10
47	Higher levels of physical fitness are associated with a reduced risk of suffering sarcopenic obesity and better perceived health among the elderly: the EXERNET multi-center study. <i>Journal of Nutrition, Health and Aging</i> , 2015 , 19, 211-7	5.2	38
46	Using a dry electrode EEG device during balance tasks in healthy young-adult males: Test-retest reliability analysis. <i>Somatosensory & Motor Research</i> , 2015 , 32, 219-26	1.2	14
45	Can adult weights be used to value child health states? Testing the influence of perspective in valuing EQ-5D-Y. <i>Quality of Life Research</i> , 2015 , 24, 2519-39	3.7	37
44	Cost-Utility Analysis of a Six-Weeks Ganoderma Lucidum-Based Treatment for Women with Fibromyalgia: A Randomized Double-Blind, Active Placebo-Controlled Trial. <i>Myopain</i> , 2015 , 23, 188-194		1
43	Effect of A Follow-Up Program in Elderly Adults with Heart Failure with Cognitive Impairment After Hospital Discharge. <i>Journal of the American Geriatrics Society</i> , 2015 , 63, 1950-1	5.6	5
42	Effects of Whole-Body Vibration Therapy in Patients with Fibromyalgia: A Systematic Literature Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015 , 2015, 719082	2.3	20
41	Fear of Falling in Women with Fibromyalgia and Its Relation with Number of Falls and Balance Performance. <i>BioMed Research International</i> , 2015 , 2015, 589014	3	22
40	GANODERMA LUCIDUM IMPROVES PHYSICAL FITNESS IN WOMEN WITH FIBROMYALGIA. <i>Nutricion Hospitalaria</i> , 2015 , 32, 2126-35	1	12
39	Effectiveness of a follow-up program for elderly heart failure patients after hospital discharge. A randomized controlled trial. <i>European Geriatric Medicine</i> , 2014 , 5, 252-257	3	10
38	Supportive environments for physical activity, community action, and policy in 8 European Union Member States: comparative analysis and specificities of context. <i>Journal of Physical Activity and Health</i> , 2014 , 11, 873-83	2.5	5
37	Reliability and validity of lumbar and abdominal trunk muscle endurance tests in office workers with nonspecific subacute low back pain. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , 2014 , 27, 399-408	1.4	18

36	Musculoskeletal fitness and health-related quality of life characteristics among sedentary office workers affected by sub-acute, non-specific low back pain: a cross-sectional study. <i>Physiotherapy</i> , 2013 , 99, 194-200	3	37
35	Applicability and test-retest reliability of isokinetic shoulder abduction and adduction in women fibromyalgia patients. <i>Archives of Physical Medicine and Rehabilitation</i> , 2013 , 94, 444-50	2.8	12
34	Clinical effects of a nine-month web-based intervention in subacute non-specific low back pain patients: a randomized controlled trial. <i>Clinical Rehabilitation</i> , 2013 , 27, 28-39	3.3	20
33	Reanalysis of a tailored web-based exercise programme for office workers with sub-acute low back pain: assessing the stage of change in behaviour. <i>Psychology, Health and Medicine</i> , 2013 , 18, 687-97	2.1	5
32	Normative fitness performance scores of community-dwelling older adults in Spain. <i>Journal of Aging and Physical Activity</i> , 2012 , 20, 106-26	1.6	20
31	Using whole-body vibration training in patients affected with common neurological diseases: a systematic literature review. <i>Journal of Alternative and Complementary Medicine</i> , 2012 , 18, 29-41	2.4	52
30	Physical fitness levels among independent non-institutionalized Spanish elderly: the elderly EXERNET multi-center study. <i>Archives of Gerontology and Geriatrics</i> , 2012 , 55, 406-16	4	46
29	Balance training reduces fear of falling and improves dynamic balance and isometric strength in institutionalised older people: a randomised trial. <i>Journal of Physiotherapy</i> , 2012 , 58, 97-104	2.9	70
28	Effect of increasing difficulty in standing balance tasks with visual feedback on postural sway and EMG: complexity and performance. <i>Human Movement Science</i> , 2012 , 31, 1224-37	2.4	31
27	Sitting time increases the overweight and obesity risk independently of walking time in elderly people from Spain. <i>Maturitas</i> , 2012 , 73, 337-43	5	39
26	Harmonization process and reliability assessment of anthropometric measurements in the elderly EXERNET multi-centre study. <i>PLoS ONE</i> , 2012 , 7, e41752	3.7	10
25	A web-based intervention to improve and prevent low back pain among office workers: a randomized controlled trial. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012 , 42, 831-41	4.2	17
24	An occupational, internet-based intervention to prevent chronicity in subacute lower back pain: a randomised controlled trial. <i>Journal of Rehabilitation Medicine</i> , 2012 , 44, 581-7	3.4	14
23	Test-retest reliability of isometric and isokinetic knee extension and flexion in patients with fibromyalgia: evaluation of the smallest real difference. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011 , 92, 1646-51	2.8	20
22	Effects of whole body vibration therapy on main outcome measures for chronic non-specific low back pain: a single-blind randomized controlled trial. <i>Journal of Rehabilitation Medicine</i> , 2011 , 43, 689-94 ^{3.4}	3.4	70
21	Prevalence of overweight and obesity in non-institutionalized people aged 65 or over from Spain: the elderly EXERNET multi-centre study. <i>Obesity Reviews</i> , 2011 , 12, 583-92	10.6	62
20	Fitness and health-related quality of life dimensions in community-dwelling middle aged and older adults. <i>Health and Quality of Life Outcomes</i> , 2011 , 9, 117	3	43
19	The Spanish version of the "STarT Back Screening Tool" (SBST) in different subgroups. <i>Atencion Primaria</i> , 2011 , 43, 356-61	3.6	34

18	Tilting Whole Body Vibration improves quality of life in women with fibromyalgia: a randomized controlled trial. <i>Journal of Alternative and Complementary Medicine</i> , 2011 , 17, 723-8	2.4	25
17	Test-Retest reliability of Biodex Balance SD on physically active old people. <i>Journal of Human Sport and Exercise</i> , 2011 , 6, 444-451	1.5	45
16	Development of the EQ-5D-Y: a child-friendly version of the EQ-5D. <i>Quality of Life Research</i> , 2010 , 19, 875-86	3.7	381
15	Feasibility, reliability, and validity of the EQ-5D-Y: results from a multinational study. <i>Quality of Life Research</i> , 2010 , 19, 887-97	3.7	232
14	Tilt vibratory exercise and the dynamic balance in fibromyalgia: A randomized controlled trial. <i>Arthritis Care and Research</i> , 2010 , 62, 1072-8	4.7	30
13	Improvements of muscle strength predicted benefits in HRQOL and postural balance in women with fibromyalgia: an 8-month randomized controlled trial. <i>Rheumatology</i> , 2009 , 48, 1147-51	3.9	55
12	Fitness efficacy of vibratory exercise compared to walking in postmenopausal women. <i>European Journal of Applied Physiology</i> , 2009 , 106, 741-8	3.4	36
11	Health-related quality of life and fitness of the caregiver of patient with dementia. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 1182-7	1.2	27
10	Cost-utility of a walking programme for moderately depressed, obese, or overweight elderly women in primary care: a randomised controlled trial. <i>BMC Public Health</i> , 2008 , 8, 231	4.1	77
9	Cost-utility of an 8-month aquatic training for women with fibromyalgia: a randomized controlled trial. <i>Arthritis Research and Therapy</i> , 2008 , 10, R24	5.7	45
8	Needs, Interests, and Limitations for the Promotion of Health and Exercise by a Web Site for Sighted and Blind Elderly People: A Qualitative Exploratory Study. <i>Educational Gerontology</i> , 2008 , 34, 449-461	1.2	4
7	Eight months of physical training in warm water improves physical and mental health in women with fibromyalgia: a randomized controlled trial. <i>Journal of Rehabilitation Medicine</i> , 2008 , 40, 248-52	3.4	66
6	Efectos del entrenamiento acuático y posterior desentrenamiento sobre la percepción e intensidad del dolor y el número de puntos sensibles de mujeres con fibromialgia. <i>Apunts Medicina De LjEsport</i> , 2007 , 42, 76-81	0.6	5
5	The Fibromyalgia Treatment With Physical Exercise in Warm Water Reduces the Impact of the Disease on Female Patients Physical and Mental Health. <i>Reumatología Clínica (English Edition)</i> , 2007 , 3, 33-37	0.1	
4	Aquatic training and detraining on fitness and quality of life in fibromyalgia. <i>Medicine and Science in Sports and Exercise</i> , 2007 , 39, 1044-50	1.2	68
3	Low-frequency vibratory exercise reduces the risk of bone fracture more than walking: a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2006 , 7, 92	2.8	185
2	Exercise in waist-high warm water decreases pain and improves health-related quality of life and strength in the lower extremities in women with fibromyalgia. <i>Arthritis and Rheumatism</i> , 2006 , 55, 66-73		102
1	Changes in health behaviors, mental and physical health among older adults under severe lockdown restrictions during the COVID-19 pandemic in Spain		5

