

Michael Ussher

List of Publications by Year in descending order

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Version: 2024-02-01

150
papers

5,513
citations

70961

41
h-index

110170

64
g-index

156
all docs

156
docs citations

156
times ranked

6422
citing authors

#	ARTICLE	IF	CITATIONS
1	The acute effects of exercise on cigarette cravings, withdrawal symptoms, affect and smoking behaviour: a systematic review. <i>Addiction</i> , 2007, 102, 534-543.	1.7	252
2	Smoking, cortisol and nicotine. <i>International Journal of Psychophysiology</i> , 2006, 59, 228-235.	0.5	188
3	Physical Activity Preferences and Perceived Barriers to Activity Among Persons With Severe Mental Illness in the United Kingdom. <i>Psychiatric Services</i> , 2007, 58, 405-408.	1.1	182
4	The acute effects of physical activity on cigarette cravings: systematic review and meta-analysis with individual participant data. <i>Addiction</i> , 2013, 108, 26-37.	1.7	158
5	The relationship between physical activity, sedentary behaviour and psychological wellbeing among adolescents. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2007, 42, 851-856.	1.6	139
6	A Primary Care Nurse-Delivered Walking Intervention in Older Adults: PACE (Pedometer Accelerometer) Tj ETQq0 0,0 rgBT /Oyedlock 10 3.98 /125	0.9	125
7	Exercise-based treatments for substance use disorders: evidence, theory, and practicality. <i>American Journal of Drug and Alcohol Abuse</i> , 2015, 41, 7-15.	1.1	120
8	Acute effect of a brief bout of exercise on alcohol urges. <i>Addiction</i> , 2004, 99, 1542-1547.	1.7	119
9	Effect of a short bout of exercise on tobacco withdrawal symptoms and desire to smoke. <i>Psychopharmacology</i> , 2001, 158, 66-72.	1.5	114
10	Lessons learned from recruiting socioeconomically disadvantaged smokers into a pilot randomized controlled trial to explore the role of Exercise Assisted Reduction then Stop (EARS) smoking. <i>Trials</i> , 2015, 16, 1.	0.7	108
11	Predictors of smoking cessation during pregnancy: a systematic review and meta-analysis. <i>Addiction</i> , 2018, 113, 610-622.	1.7	107
12	Effects of Brief Mindfulness-Based Interventions on Health-Related Outcomes: a Systematic Review. <i>Mindfulness</i> , 2019, 10, 1957-1968.	1.6	101
13	Patients'™ perspectives of the doctor-patient relationship and information giving across a range of literacy levels. <i>Patient Education and Counseling</i> , 2009, 75, 114-120.	1.0	96
14	Assessing DSM-IV nicotine withdrawal symptoms: a comparison and evaluation of five different scales. <i>Psychopharmacology</i> , 2006, 184, 619-627.	1.5	94
15	Efficacy of exercise counselling as an aid for smoking cessation: a randomized controlled trial. <i>Addiction</i> , 2003, 98, 523-532.	1.7	93
16	Acute effects of a guided relaxation routine (body scan) on tobacco withdrawal symptoms and cravings in abstinent smokers. <i>Addiction</i> , 2007, 102, 989-993.	1.7	87
17	Effect of isometric exercise and body scanning on cigarette cravings and withdrawal symptoms. <i>Addiction</i> , 2009, 104, 1251-1257.	1.7	86
18	Is the ten-item Questionnaire of Smoking Urges (QSU-brief) more sensitive to abstinence than shorter craving measures?. <i>Psychopharmacology</i> , 2010, 208, 427-432.	1.5	76

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19	Acute effects of a short bout of moderate versus light intensity exercise versus inactivity on tobacco withdrawal symptoms in sedentary smokers. <i>Psychopharmacology</i> , 2004, 174, 320-6.	1.5	75
20	Effect of a Primary Care Walking Intervention with and without Nurse Support on Physical Activity Levels in 45- to 75-Year-Olds: The Pedometer And Consultation Evaluation (PACE-UP) Cluster Randomised Clinical Trial. <i>PLoS Medicine</i> , 2017, 14, e1002210.	3.9	73
21	Immediate effects of a brief mindfulness-based body scan on patients with chronic pain. <i>Journal of Behavioral Medicine</i> , 2014, 37, 127-134.	1.1	71
22	Large multi-centre pilot randomized controlled trial testing a low-cost, tailored, self-help smoking cessation text message intervention for pregnant smokers (MiQuit). <i>Addiction</i> , 2017, 112, 1238-1249.	1.7	66
23	Acute effects of self-paced walking on urges to smoke during temporary smoking abstinence. <i>Psychopharmacology</i> , 2005, 181, 1-7.	1.5	65
24	The association between smoking prevalence and eating disorders: a systematic review and meta-analysis. <i>Addiction</i> , 2016, 111, 1914-1922.	1.7	65
25	Acute effect of isometric exercise on desire to smoke and tobacco withdrawal symptoms. <i>Human Psychopharmacology</i> , 2006, 21, 39-46.	0.7	63
26	Cannabinoid type 1 receptor antagonists (rimonabant) for smoking cessation. , 2007, , CD005353.		63
27	Dependence and motivation to stop smoking as predictors of success of a quit attempt among smokers seeking help to quit. <i>Addictive Behaviors</i> , 2016, 53, 175-180.	1.7	62
28	Evaluation of reliability and validity of the General Practice Physical Activity Questionnaire (GPPAQ) in 60-74 year old primary care patients. <i>BMC Family Practice</i> , 2015, 16, 113.	2.9	60
29	Physical activity levels in adults and older adults 3-4 years after pedometer-based walking interventions: Long-term follow-up of participants from two randomised controlled trials in UK primary care. <i>PLoS Medicine</i> , 2018, 15, e1002526.	3.9	60
30	Smoking and quit attempts during pregnancy and postpartum: a longitudinal UK cohort. <i>BMJ Open</i> , 2017, 7, e018746.	0.8	58
31	The acute effects of physical activity on cigarette cravings: Exploration of potential moderators, mediators and physical activity attributes using individual participant data (IPD) meta-analyses. <i>Psychopharmacology</i> , 2014, 231, 1267-1275.	1.5	55
32	Exercise, Health and Mental Health. , 0, , .		55
33	Predictors of Postpartum Return to Smoking: A Systematic Review. <i>Nicotine and Tobacco Research</i> , 2018, 20, 665-673.	1.4	53
34	Cannabinoid type 1 receptor antagonists (rimonabant) for smoking cessation. , 2007, , CD005353.		52
35	Views on and experiences of electronic cigarettes: a qualitative study of women who are pregnant or have recently given birth. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 233.	0.9	51
36	A survey of pregnant smokers'™ interest in different types of smoking cessation support. <i>Patient Education and Counseling</i> , 2004, 54, 67-72.	1.0	49

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37	Feasibility of an exercise counseling intervention for depressed women smokers. <i>Nicotine and Tobacco Research</i> , 2009, 11, 985-995.	1.4	49
38	Validation of a health literacy screening tool (REALM) in a UK Population with coronary heart disease. <i>Journal of Public Health</i> , 2008, 30, 449-455.	1.0	48
39	Moderate intensity exercise as an adjunct to standard smoking cessation treatment for women: A pilot study.. <i>Psychology of Addictive Behaviors</i> , 2010, 24, 349-354.	1.4	48
40	Acute effects of moderate intensity aerobic exercise on affective withdrawal symptoms and cravings among women smokers. <i>Addictive Behaviors</i> , 2011, 36, 894-897.	1.7	47
41	Increase in common cold symptoms and mouth ulcers following smoking cessation. <i>Tobacco Control</i> , 2003, 12, 86-88.	1.8	46
42	The effects of moderate and vigorous exercise on desire to smoke, withdrawal symptoms and mood in abstaining young adult smokers. <i>Mental Health and Physical Activity</i> , 2008, 1, 26-31.	0.9	46
43	Randomized controlled trial of physical activity counseling as an aid to smoking cessation: 12-month follow-up. <i>Addictive Behaviors</i> , 2007, 32, 3060-3064.	1.7	43
44	Physical activity for smoking cessation in pregnancy: randomised controlled trial. <i>BMJ</i> , The, 2015, 350, h2145-h2145.	3.0	43
45	Challenges Establishing the Efficacy of Exercise as an Antidepressant Treatment: A Systematic Review and Meta-Analysis of Control Group Responses in Exercise Randomised Controlled Trials. <i>Sports Medicine</i> , 2016, 46, 699-713.	3.1	43
46	Improving Behavioral Support for Smoking Cessation in Pregnancy: What Are the Barriers to Stopping and Which Behavior Change Techniques Can Influence Them? Application of Theoretical Domains Framework. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 359.	1.2	43
47	The Role of Schema Processes in the Eating Disorders. <i>Cognitive Therapy and Research</i> , 2005, 29, 717-732.	1.2	41
48	Perceived barriers to and benefits of attending a stop smoking course during pregnancy. <i>Patient Education and Counseling</i> , 2006, 61, 467-472.	1.0	40
49	Numbers are not the whole story: a qualitative exploration of barriers and facilitators to increased physical activity in a primary care based walking intervention. <i>BMC Public Health</i> , 2014, 14, 1272.	1.2	40
50	Influence of family and friend smoking on intentions to smoke and smoking-related attitudes and refusal self-efficacy among 9-10 year old children from deprived neighbourhoods: a cross-sectional study. <i>BMC Public Health</i> , 2015, 15, 225.	1.2	39
51	Measuring change in trials of physical activity interventions: a comparison of self-report questionnaire and accelerometry within the PACE-UP trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 10.	2.0	39
52	Exercise interventions for smoking cessation. , 2005, , CD002295.		38
53	Effects of Walking on Cigarette Cravings and Affect in the Context of Nesbitt's Paradox and the Circumplex Model. <i>Journal of Sport and Exercise Psychology</i> , 2006, 28, 18-31.	0.7	37
54	A pilot randomised trial to assess the methods and procedures for evaluating the clinical effectiveness and cost-effectiveness of Exercise Assisted Reduction then Stop (EARS) among disadvantaged smokers. <i>Health Technology Assessment</i> , 2014, 18, 1-324.	1.3	36

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55	Psychosocial Correlates of Health Literacy Among Older Patients With Coronary Heart Disease. <i>Journal of Health Communication</i> , 2010, 15, 788-804.	1.2	35
56	A systematic review of behaviour change techniques within interventions to prevent return to smoking postpartum. <i>Addictive Behaviors</i> , 2019, 92, 236-243.	1.7	35
57	Effect of pedometer-based walking interventions on long-term health outcomes: Prospective 4-year follow-up of two randomised controlled trials using routine primary care data. <i>PLoS Medicine</i> , 2019, 16, e1002836.	3.9	32
58	Does exercise have an acute effect on desire to smoke, mood and withdrawal symptoms in abstaining adolescent smokers?. <i>Addictive Behaviors</i> , 2006, 31, 1547-1558.	1.7	31
59	Which measures of cigarette dependence are predictors of smoking cessation during pregnancy? Analysis of data from a randomized controlled trial. <i>Addiction</i> , 2016, 111, 1656-1665.	1.7	30
60	The London Exercise And Pregnant smokers (LEAP) trial: a randomised controlled trial of physical activity for smoking cessation in pregnancy with an economic evaluation. <i>Health Technology Assessment</i> , 2015, 19, 1-136.	1.3	30
61	Resistance Training as an Aid to Standard Smoking Cessation Treatment: A Pilot Study. <i>Nicotine and Tobacco Research</i> , 2011, 13, 756-760.	1.4	29
62	The effects of acute exercise on tobacco cravings and withdrawal symptoms in temporary abstinent pregnant smokers. <i>Addictive Behaviors</i> , 2014, 39, 703-708.	1.7	29
63	Physical activity as an aid to smoking cessation during pregnancy (LEAP) trial: study protocol for a randomized controlled trial. <i>Trials</i> , 2012, 13, 186.	0.7	28
64	Which older people decline participation in a primary care trial of physical activity and why: insights from a mixed methods approach. <i>BMC Geriatrics</i> , 2014, 14, 46.	1.1	28
65	Reduction in Cortisol After Smoking Cessation Among Users of Nicotine Patches. <i>Psychosomatic Medicine</i> , 2006, 68, 299-306.	1.3	27
66	Physical activity as an aid to smoking cessation during pregnancy: Two feasibility studies. <i>BMC Public Health</i> , 2008, 8, 328.	1.2	27
67	Urge to smoke over 52 weeks of abstinence. <i>Psychopharmacology</i> , 2013, 226, 83-89.	1.5	26
68	What factors support older people to increase their physical activity levels? An exploratory analysis of the experiences of PACE-Lift trial participants. <i>Archives of Gerontology and Geriatrics</i> , 2016, 67, 1-6.	1.4	26
69	Exercise-based Smoking Cessation Interventions among Women. <i>Women's Health</i> , 2013, 9, 69-84.	0.7	25
70	Determinants of physical activity promotion by smoking cessation advisors as an aid for quitting: Support for the Transtheoretical Model. <i>Patient Education and Counseling</i> , 2010, 78, 53-56.	1.0	23
71	A test of proposed new tobacco withdrawal symptoms. <i>Addiction</i> , 2013, 108, 50-59.	1.7	23
72	Longitudinal cohort survey of women's smoking behaviour and attitudes in pregnancy: study methods and baseline data. <i>BMJ Open</i> , 2014, 4, e004915.	0.8	23

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73	"You started something" then I continued by myself™: a qualitative study of physical activity maintenance. Primary Health Care Research and Development, 2017, 18, 574-590.	0.5	23
74	PACE-UP (Pedometer and consultation evaluation - UP) – a pedometer-based walking intervention with and without practice nurse support in primary care patients aged 45–75 years: study protocol for a randomised controlled trial. Trials, 2013, 14, 418.	0.7	22
75	A pedometer-based walking intervention in 45- to 75-year-olds, with and without practice nurse support: the PACE-UP three-arm cluster RCT. Health Technology Assessment, 2018, 22, 1-274.	1.3	22
76	Cardiovascular Risk Factors in Patients with Schizophrenia Receiving Continuous Medical Care. Community Mental Health Journal, 2011, 47, 688-693.	1.1	21
77	Randomised controlled trial of a complex intervention by primary care nurses to increase walking in patients aged 60–74 years: protocol of the PACE-Lift (Pedometer Accelerometer Consultation) Tj ETQq1 1 0.7843.24 rgBT / Overlock	1.4	21
78	Exploring non-participation in primary care physical activity interventions: PACE-UP trial interview findings. Trials, 2016, 17, 178.	0.7	21
79	Effect of thought suppression on desire to smoke and tobacco withdrawal symptoms. Psychopharmacology, 2012, 219, 205-211.	1.5	20
80	An Exploratory Analysis of the Smoking and Physical Activity Outcomes From a Pilot Randomized Controlled Trial of an Exercise Assisted Reduction to Stop Smoking Intervention in Disadvantaged Groups. Nicotine and Tobacco Research, 2016, 18, 289-297.	1.4	20
81	Integrating the promotion of physical activity within a smoking cessation programme: Findings from collaborative action research in UK Stop Smoking Services. BMC Health Services Research, 2010, 10, 317.	0.9	19
82	Electronic cigarettes versus nicotine patches for smoking cessation in pregnancy: a randomized controlled trial. Nature Medicine, 2022, 28, 958-964.	15.2	19
83	Readiness to use physical activity as a smoking cessation aid: A multiple behaviour change application of the Transtheoretical Model among quitters attending Stop Smoking Clinics. Patient Education and Counseling, 2010, 79, 156-159.	1.0	18
84	A Qualitative Perspective on Multiple Health Behaviour Change: Views of Smoking Cessation Advisors Who Promote Physical Activity. Journal of Smoking Cessation, 2010, 5, 7-14.	0.3	18
85	Views on a brief mindfulness intervention among patients with long-term illness. BMC Psychology, 2016, 4, 56.	0.9	18
86	Attitudes to E-Cigarettes and Cessation Support for Pregnant Women from English Stop Smoking Services: A Mixed Methods Study. International Journal of Environmental Research and Public Health, 2019, 16, 110.	1.2	18
87	Interest in and Use of Smoking Cessation Support Across Pregnancy and Postpartum. Nicotine and Tobacco Research, 2020, 22, 1178-1186.	1.4	18
88	A pilot randomised controlled trial of the feasibility of using body scan and isometric exercises for reducing urge to smoke in a smoking cessation clinic. BMC Public Health, 2008, 8, 349.	1.2	17
89	Tobacco withdrawal symptoms and urges to smoke in pregnant versus non-pregnant smokers. Addictive Behaviors, 2012, 37, 1353-1357.	1.7	17
90	Pilot study to evaluate a tailored text message intervention for pregnant smokers (MiQuit): study protocol for a randomised controlled trial. Trials, 2015, 16, 29.	0.7	17

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91	A Physical Activity Intervention in a Community Alcohol Service. <i>British Journal of Occupational Therapy</i> , 2000, 63, 598-604.	0.5	16
92	Impact of Dementia Progression on Food-Related Processes. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2013, 28, 568-574.	0.9	16
93	â€œItâ€™s not just about walking.....itâ€™s the practice nurse that makes it workâ€ a qualitative exploration of the views of practice nurses delivering complex physical activity interventions in primary care. <i>BMC Public Health</i> , 2015, 15, 1236.	1.2	15
94	Pregnant womenâ€™s use of eâ€cigarettes in the UK: a crossâ€sectional survey. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 2021, 128, 984-993.	1.1	15
95	Factors associated with study attrition in a pilot randomised controlled trial to explore the role of exercise-assisted reduction to stop (EARS) smoking in disadvantaged groups. <i>Trials</i> , 2016, 17, 524.	0.7	14
96	Interest in nicotine replacement therapy among pregnant smokers. <i>Tobacco Control</i> , 2003, 12, 108-a-109.	1.8	13
97	Acute reduction in secretory immunoglobulin A following smoking cessation. <i>Psychoneuroendocrinology</i> , 2004, 29, 1335-1340.	1.3	13
98	Brief report: The theory of planned behaviour applied to physical activity in young people who smoke. <i>Journal of Adolescence</i> , 2007, 30, 347-351.	1.2	13
99	Feasibility study to assess the effect of a brief mindfulness intervention for patients with chronic obstructive pulmonary disease: A randomized controlled trial. <i>Chronic Respiratory Disease</i> , 2018, 15, 400-410.	1.0	13
100	Physical activity for antenatal and postnatal depression in women attempting to quit smoking: randomised controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 156.	0.9	13
101	Combined health risks of cigarette smoking and low levels of physical activity: a prospective cohort study in England with 12-year follow-up. <i>BMJ Open</i> , 2019, 9, e032852.	0.8	13
102	Addressing and Overcoming Barriers to E-Cigarette Use for Smoking Cessation in Pregnancy: A Qualitative Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4823.	1.2	12
103	Healthcare Professionalsâ€™ Beliefs, Attitudes, Knowledge, and Behavior Around Vaping in Pregnancy and Postpartum: A Qualitative Study. <i>Nicotine and Tobacco Research</i> , 2021, 23, 471-478.	1.4	12
104	How Do Prompts for Attempts to Quit Smoking Relate to Method of Quitting and Quit Success?. <i>Annals of Behavioral Medicine</i> , 2014, 47, 358-368.	1.7	11
105	Process evaluation of a sport-for-health intervention to prevent smoking amongst primary school children: SmokeFree Sports. <i>BMC Public Health</i> , 2015, 15, 347.	1.2	11
106	Relating process evaluation measures to complex intervention outcomes: findings from the PACE-UP primary care pedometer-based walking trial. <i>Trials</i> , 2018, 19, 58.	0.7	11
107	Pregnant Smokersâ€™ Experiences and Opinions of Techniques Aimed to Address Barriers and Facilitators to Smoking Cessation: A Qualitative Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2772.	1.2	11
108	Should covid vaccination be mandatory for health and care staff?. <i>BMJ, The</i> , 2021, 374, n1903.	3.0	11

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109	Evaluation of a nationally disseminated self-help intervention for smoking cessation ('Quit Kit'). <i>Tobacco Control</i> , 2011, 20, 380-382.	1.8	10
110	Effect of a sport-for-health intervention (SmokeFree Sports) on smoking-related intentions and cognitions among 9-10 year old primary school children: a controlled trial. <i>BMC Public Health</i> , 2016, 16, 445.	1.2	10
111	The association between habitual physical activity and cigarette cravings, and influence of smokers' characteristics in disadvantaged smokers not ready to quit. <i>Psychopharmacology</i> , 2016, 233, 2765-2774.	1.5	10
112	Pilot study evaluating a brief mindfulness intervention for those with chronic pain: study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 273.	0.7	10
113	Effectiveness and cost-effectiveness of a tailored text-message programme (MiQuit) for smoking cessation in pregnancy: study protocol for a randomised controlled trial (RCT) and meta-analysis. <i>Trials</i> , 2019, 20, 280.	0.7	10
114	Lifestyle information and commercial weight management groups to support maternal postnatal weight management and positive lifestyle behaviour: the SWAN feasibility randomised controlled trial. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 2020, 127, 636-645.	1.1	10
115	Systematic Review of Behaviour Change Techniques within Interventions to Reduce Environmental Tobacco Smoke Exposure for Children. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7731.	1.2	10
116	Pilot randomised controlled trial of a brief mindfulness-based intervention for those with persistent pain. <i>Journal of Behavioral Medicine</i> , 2019, 42, 999-1014.	1.1	9
117	Factors Associated With Exercise Participation and Attitudes to Exercise Among Pregnant Smokers. <i>Journal of Smoking Cessation</i> , 2007, 2, 12-16.	0.3	8
118	Physical inactivity among a UK Somali population. <i>Journal of Public Health</i> , 2008, 30, 110-110.	1.0	8
119	Lessons learned from the London Exercise and Pregnant (LEAP) Smokers randomised controlled trial process evaluation: implications for the design of physical activity for smoking cessation interventions during pregnancy. <i>BMC Public Health</i> , 2017, 17, 85.	1.2	8
120	A Qualitative Study of Factors Influencing Adherence among Pregnant Women Taking Part in a Trial of E-Cigarettes for Smoking Cessation. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 430.	1.2	8
121	Effectiveness of offering tailored text message, self-help smoking cessation support to pregnant women who want information on stopping smoking: MiQuit3 randomised controlled trial and meta-analysis. <i>Addiction</i> , 2022, 117, 1079-1094.	1.7	8
122	Evaluation of a Refined, Nationally Disseminated Self-Help Intervention for Smoking Cessation ("Quit) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf</i>	1.4	7
123	Overcoming limitations in previous research on exercise as a smoking cessation treatment: Rationale and design of the 'œQuit for Health' trial. <i>Contemporary Clinical Trials</i> , 2014, 37, 33-42.	0.8	7
124	Short-term and long-term cost-effectiveness of a pedometer-based exercise intervention in primary care: a within-trial analysis and beyond-trial modelling. <i>BMJ Open</i> , 2018, 8, e021978.	0.8	7
125	Interpreting population reach of a large, successful physical activity trial delivered through primary care. <i>BMC Public Health</i> , 2018, 18, 170.	1.2	7
126	Stop smoking practitioner consensus on barriers and facilitators to smoking cessation in pregnancy and how to address these: A modified Delphi survey. <i>Addictive Behaviors Reports</i> , 2019, 9, 100164.	1.0	6

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127	Randomised controlled trial of tailored support to increase physical activity and reduce smoking in smokers not immediately ready to quit: protocol for the Trial of physical Activity-assisted Reduction of Smoking (TARS) Study. <i>BMJ Open</i> , 2020, 10, e043331.	0.8	6
128	Exercise for smoking cessation. <i>Mental Health and Physical Activity</i> , 2012, 5, 99-100.	0.9	5
129	Understanding word preference for description of exercise interventions as a means for enhancing recruitment and acceptability of exercise treatment among adults treated for depression. <i>Mental Health and Physical Activity</i> , 2014, 7, 73-77.	0.9	5
130	Exercise as a smoking cessation treatment for women: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2021, 44, 794-802.	1.1	5
131	Cardiac rehabilitation versus standard care after aortic aneurysm repair (Aneurysm CaRe): study protocol for a randomised controlled trial. <i>Trials</i> , 2015, 16, 162.	0.7	4
132	Exercise to Support Indigenous Pregnant Women to Stop Smoking: Acceptability to Māori. <i>Maternal and Child Health Journal</i> , 2017, 21, 2040-2051.	0.7	4
133	Development of a Complex Intervention for the Maintenance of Postpartum Smoking Abstinence: Process for Defining Evidence-Based Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1968.	1.2	4
134	Re-Configuring Identity Postpartum and Sustained Abstinence or Relapse to Tobacco Smoking. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3139.	1.2	4
135	Financial Incentives for Preventing Postpartum return to Smoking (FIPPS): study protocol for a three-arm randomised controlled trial. <i>Trials</i> , 2021, 22, 512.	0.7	4
136	Diurnal variations in first lapses to smoking for nicotine patch users. <i>Human Psychopharmacology</i> , 2003, 18, 345-349.	0.7	3
137	Does exercise in adolescence prevent smoking uptake?. <i>Addiction</i> , 2007, 102, 1025-1026.	1.7	3
138	Smoking and vaping patterns during pregnancy and the postpartum: A longitudinal UK cohort survey. <i>Addictive Behaviors</i> , 2021, 123, 107050.	1.7	3
139	OP23â€¦Exploring the reasons for non-participation in physical activity interventions: PACE-UP trial qualitative findings. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, A14.2-A14.	2.0	2
140	A primary care pedometer-based walking intervention with and without practice nurse support: PACE-UP cluster-randomised controlled trial. <i>Lancet, The</i> , 2015, 386, S13.	6.3	2
141	Effect of Suppressing Thoughts of Desire to Smoke on Ratings of Desire to Smoke and Tobacco Withdrawal Symptoms. <i>SAGE Open</i> , 2015, 5, 215824401557248.	0.8	2
142	Protocol for a two-arm feasibility RCT to support postnatal maternal weight management and positive lifestyle behaviour in women from an ethnically diverse inner city population: the SWAN feasibility trial. <i>Pilot and Feasibility Studies</i> , 2019, 5, 117.	0.5	2
143	Barriers and Facilitators to Staying Smoke-Free after Having a Baby, a Qualitative Study: Womenâ€™s Views on Support Needed to Prevent Returning to Smoking Postpartum. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11358.	1.2	2
144	A randomised placebo-controlled trial of oral hydrocortisone for treating tobacco withdrawal symptoms. <i>Psychopharmacology</i> , 2011, 216, 43-51.	1.5	1

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145	Authors' reply to Brailon and Bewley. <i>BMJ, The</i> , 2015, 350, h3555-h3555.	3.0	1
146	Exercise interventions for smoking cessation. <i>Journal of Evidence-Based Medicine</i> , 2012, 5, 42-42.	0.7	0
147	Comparing treatment programmes for anorexia. <i>British Journal of Health Care Management</i> , 2016, 22, 34-39.	0.1	0
148	Re: Reconsidering postpartum weight loss counselling interventions. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 2020, 127, 1035-1036.	1.1	0
149	Lifestyle information and access to a commercial weight management group to promote maternal postnatal weight management and positive lifestyle behaviour: the SWAN feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-176.	0.5	0
150	Are E-cigarettes associated with postpartum return to smoking? Secondary analyses of a UK pregnancy longitudinal cohort. <i>BMJ Open</i> , 2022, 12, e061028.	0.8	0