

Matthew M Schubert

List of Publications by Year in descending order

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Version: 2024-02-01

34
papers

1,054
citations

516215

16
h-index

525886

27
g-index

34
all docs

34
docs citations

34
times ranked

1725
citing authors

#	ARTICLE	IF	CITATIONS
1	Acute exercise and subsequent energy intake. A meta-analysis. <i>Appetite</i> , 2013, 63, 92-104.	1.8	185
2	Acute Exercise and Hormones Related to Appetite Regulation: A Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 387-403.	3.1	155
3	Acute Exercise and Gastric Emptying: A Meta-Analysis and Implications for Appetite Control. <i>Sports Medicine</i> , 2015, 45, 659-678.	3.1	95
4	A review of the bioactivity of coffee, caffeine and key coffee constituents on inflammatory responses linked to depression. <i>Food Research International</i> , 2015, 76, 626-636.	2.9	82
5	Individual Responses to Completion of Short-Term and Chronic Interval Training: A Retrospective Study. <i>PLoS ONE</i> , 2014, 9, e97638.	1.1	62
6	Changes in fat oxidation in response to various regimes of high intensity interval training (HIIT). <i>European Journal of Applied Physiology</i> , 2018, 118, 51-63.	1.2	49
7	Effect of Two Doses of Interval Training on Maximal Fat Oxidation in Sedentary Women. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 1878-1886.	0.2	47
8	Caffeine, coffee, and appetite control: a review. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 901-912.	1.3	44
9	Reliability and validity of various laboratory methods of body composition assessment in young adults. <i>Clinical Physiology and Functional Imaging</i> , 2019, 39, 150-159.	0.5	44
10	Magnitude and time course of changes in maximal oxygen uptake in response to distinct regimens of chronic interval training in sedentary women. <i>European Journal of Applied Physiology</i> , 2013, 113, 2361-2369.	1.2	42
11	Caffeine consumption around an exercise bout: effects on energy expenditure, energy intake, and exercise enjoyment. <i>Journal of Applied Physiology</i> , 2014, 117, 745-754.	1.2	36
12	The Polar® OH1 Optical Heart Rate Sensor is Valid during Moderate-Vigorous Exercise. <i>Sports Medicine International Open</i> , 2018, 02, E67-E70.	0.3	35
13	Impact of 4 weeks of interval training on resting metabolic rate, fitness, and health-related outcomes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 1073-1081.	0.9	30
14	A Systematic Review of the Efficacy of Ergogenic Aids for Improving Running Performance. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1699-1707.	1.0	29
15	Breakfast Intake and Composition Is Associated with Superior Academic Achievement in Elementary Schoolchildren. <i>Journal of the American College of Nutrition</i> , 2016, 35, 326-333.	1.1	21
16	Coffee for morning hunger pangs. An examination of coffee and caffeine on appetite, gastric emptying, and energy intake. <i>Appetite</i> , 2014, 83, 317-326.	1.8	19
17	The Effects of Caffeinated "Energy Shots" on Time Trial Performance. <i>Nutrients</i> , 2013, 5, 2062-2075.	1.7	18
18	Perceptual Changes in Response to Two Regimens of Interval Training in Sedentary Women. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1067-1076.	1.0	15

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19	Energy compensation after sprint- and high-intensity interval training. PLoS ONE, 2017, 12, e0189590.	1.1	13
20	Energy balance dynamics during short-term high-intensity functional training. Applied Physiology, Nutrition and Metabolism, 2019, 44, 172-178.	0.9	7
21	Heart rate and thermal responses to power yoga. Complementary Therapies in Clinical Practice, 2018, 32, 195-199.	0.7	6
22	Exercise volume and aerobic fitness in young adults: the Midwest Exercise Trial-2. SpringerPlus, 2016, 5, 183.	1.2	5
23	Effect of periodized high intensity interval training (HIIT) on body composition and attitudes towards hunger in active men and women. Journal of Sports Medicine and Physical Fitness, 2018, 58, 1052-1062.	0.4	5
24	Acute Exercise and Hormones Related Appetite Regulation: Comparison of Meta-analytical Methods. Sports Medicine, 2014, 44, 1167-1168.	3.1	3
25	Thermoregulatory sex differences among surfers during a simulated surf session. Sports Engineering, 2021, 24, 1.	0.5	3
26	Exercise Programming for Cardiovascular Disease. Strength and Conditioning Journal, 2012, 34, 60-64.	0.7	2
27	Effect of Fed State on Self-selected Intensity and Affective Responses to Exercise Following Public Health Recommendations. International Journal of Exercise Science, 2019, 12, 602-613.	0.5	2
28	Coffee For Morning Hunger Pangs. Medicine and Science in Sports and Exercise, 2014, 46, 14.	0.2	0
29	Psychological Determinants Of Eating Behavior In A Randomized Controlled Trial Of High-intensity Interval Training. Medicine and Science in Sports and Exercise, 2016, 48, 156.	0.2	0
30	Exercise and Diet. , 2019, , 1-17.		0
31	The Hydration Status of Female Collegiate Soccer Players Over Consecutive Training and Match Days. MHSalud, 2021, 18, 1-11.	0.1	0
32	Exercise and Diet. , 2020, , 787-803.		0
33	Predictors Of Obstacle Course Racing (OCR) Performance. Medicine and Science in Sports and Exercise, 2020, 52, 1031-1031.	0.2	0
34	Fluid Loss in Recreational Surfers. International Journal of Exercise Science, 2021, 14, 423-434.	0.5	0