

Gerben J Westerhof

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

124
papers

6,241
citations

38
h-index

77
g-index

140
ext. papers

7,519
ext. citations

3
avg, IF

6.18
L-index

#	Paper	IF	Citations
124	Deconstructing recovery: A prospective study on well-being, symptom severity and acceptance in patients with major depressive disorders. <i>Journal of Affective Disorders</i> , 2022 , 296, 653-659	6.6	0
123	Images of Recovery: A PhotoVoice Study on Visual Narratives of Personal Recovery in Persons with Serious Mental Illness. <i>Community Mental Health Journal</i> , 2021 , 57, 1151-1163	2.1	2
122	The Model for Sustainable Mental Health: Future Directions for Integrating Positive Psychology Into Mental Health Care. <i>Frontiers in Psychology</i> , 2021 , 12, 747999	3.4	3
121	Exploring associations between personality trait facets and emotional, psychological and social well-being in eating disorder patients. <i>Eating and Weight Disorders</i> , 2021 , 1	3.6	1
120	The psychometric network structure of mental health in eating disorder patients. <i>European Eating Disorders Review</i> , 2021 , 29, 559-574	5.3	0
119	Responsible Relations: A Systematic Scoping Review of the Therapeutic Alliance in Text-Based Digital Psychotherapy. <i>Frontiers in Digital Health</i> , 2021 , 3, 689750	2.3	2
118	Evaluating the value of persuasive technology and the role of teachers in a blended learning course for social work students. <i>Social Work Education</i> , 2021 , 40, 333-349	0.9	4
117	The relationship between depressive symptoms, general psychopathology, and well-being in patients with major depressive disorder. <i>Journal of Clinical Psychology</i> , 2021 , 77, 1472-1486	2.8	5
116	The reflection level and the construction of professional identity of university students. <i>Reflective Practice</i> , 2021 , 22, 73-85	0.9	5
115	The Online Life Story Book: A randomized controlled trial on the effects of a digital reminiscence intervention for people with (very) mild dementia and their informal caregivers. <i>PLoS ONE</i> , 2021 , 16, e0256251	3.7	0
114	Analysis of the Emails From the Dutch Web-Based Intervention "Alcohol de Baas": Assessment of Early Indications of Drop-Out in an Online Alcohol Abuse Intervention.. <i>Frontiers in Psychiatry</i> , 2021 , 12, 575931	5	
113	How well do nursing staff assess the wellbeing of nursing home residents? An explorative study of using single-question scales. <i>Ageing and Society</i> , 2020 , 1-17	1.7	2
112	The Emergence of Meaning From Meaningful Moments in Life. <i>Journal of Humanistic Psychology</i> , 2020 , 002216782096777	0.9	0
111	Exploring facilitators and barriers to using a person centered care intervention in a nursing home setting. <i>Geriatric Nursing</i> , 2020 , 41, 730-739	2.1	4
110	The long and winding road to happiness: A randomized controlled trial and cost-effectiveness analysis of a positive psychology intervention for lonely people with health problems and a low socio-economic status. <i>Health and Quality of Life Outcomes</i> , 2020 , 18, 162	3	8
109	The Role of the Spiritual Meaning System in Coping with Cancer. <i>Religions</i> , 2020 , 11, 49	0.6	2
108	Participatory design of persuasive technology in a blended learning course: A qualitative study. <i>Education and Information Technologies</i> , 2020 , 25, 4115-4138	3.6	13

107	Effectiveness of a life story intervention for adults with intellectual disability and depressive and trauma-related complaints. <i>Journal of Applied Research in Intellectual Disabilities</i> , 2020 , 33, 1340-1347	2.2	1
106	The Happiness Route: finding alternatives to the problem-based approach in social work for vulnerable groups. <i>Journal of Positive Psychology</i> , 2020 , 15, 666-669	3.2	0
105	Narrative and Identity 2020 , 383-399		1
104	Wonderful Life: Exploring Wonder in Meaningful Moments. <i>Journal of Humanistic Psychology</i> , 2020 , 60, 147-167	0.9	4
103	Online positive psychology intervention for nursing home staff: A cluster-randomized controlled feasibility trial of effectiveness and acceptability. <i>International Journal of Nursing Studies</i> , 2019 , 98, 48-56	5.8	6
102	Understanding Therapeutic Change Process Research Through Multilevel Modeling and Text Mining. <i>Frontiers in Psychology</i> , 2019 , 10, 1186	3.4	8
101	Development of an Ambulatory Biofeedback App to Enhance Emotional Awareness in Patients with Borderline Personality Disorder: Multicycle Usability Testing Study. <i>JMIR MHealth and UHealth</i> , 2019 , 7, e13479	5.5	14
100	In search of the best evidence for life review therapy to reduce depressive symptoms in older adults: A meta-analysis of randomized controlled trials.. <i>Clinical Psychology: Science and Practice</i> , 2019 , 26, 11-11	3.7	16
99	Beyond Adaptive Mental Functioning With Pain as the Absence of Psychopathology: Prevalence and Correlates of Flourishing in Two Chronic Pain Samples. <i>Frontiers in Psychology</i> , 2019 , 10, 2443	3.4	3
98	Towards text mining therapeutic change: A systematic review of text-based methods for Therapeutic Change Process Research. <i>PLoS ONE</i> , 2019 , 14, e0225703	3.7	4
97	Longitudinal Associations of Autonomy, Relatedness, and Competence With the Well-being of Nursing Home Residents. <i>Gerontologist, The</i> , 2019 , 59, 635-643	5	26
96	Online Therapy for Depressive Symptoms: An Evaluation of Counselor-Led and Peer-Supported Life Review Therapy. <i>Gerontologist, The</i> , 2019 , 59, 135-146	5	8
95	Change and stability in loneliness and friendship after an intervention for older women. <i>Ageing and Society</i> , 2018 , 38, 435-454	1.7	3
94	Precious memories: a randomized controlled trial on the effects of an autobiographical memory intervention delivered by trained volunteers in residential care homes. <i>Ageing and Mental Health</i> , 2018 , 22, 1494-1501	3.5	8
93	Longitudinal Relations Between Self-Defining Memories and Self-Esteem: Mediating Roles of Meaning-Making and Memory Function. <i>Imagination, Cognition and Personality</i> , 2018 , 37, 318-341	0.8	10
92	Life story books for people with dementia: a systematic review. <i>International Psychogeriatrics</i> , 2018 , 30, 1797-1811	3.4	13
91	How is spirituality part of people's meaning system?. <i>Psychology of Religion and Spirituality</i> , 2018 , 10, 157-165	2.5	8
90	Structural Validity of the World Assumption Scale. <i>Journal of Traumatic Stress</i> , 2018 , 31, 816-825	3.8	7

89	Having an Eating Disorder and Still Being Able to Flourish? Examination of Pathological Symptoms and Well-Being as Two Continua of Mental Health in a Clinical Sample. <i>Frontiers in Psychology</i> , 2018 , 9, 2145	3.4	20
88	Validation of the Mental Health Continuum-Short Form and the dual continua model of well-being and psychopathology in an adult mental health setting. <i>Journal of Clinical Psychology</i> , 2018 , 74, 2187-2202	2.8	30
87	Flourishing in the now: Initial validation of a present-eudaimonic time perspective scale. <i>Time and Society</i> , 2017 , 26, 203-226	1.2	22
86	Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy. <i>Behaviour Research and Therapy</i> , 2017 , 91, 58-63	5.2	54
85	The effectiveness of creating an online life story book on persons with early dementia and their informal caregivers: a protocol of a randomized controlled trial. <i>BMC Geriatrics</i> , 2017 , 17, 95	4.1	9
84	The Existential Concerns Questionnaire (ECQ)-Development and Initial Validation of a New Existential Anxiety Scale in a Nonclinical and Clinical Sample. <i>Journal of Clinical Psychology</i> , 2017 , 73, 1692-1703	2.8	29
83	Identifying fundamental criteria for eating disorder recovery: a systematic review and qualitative meta-analysis. <i>Journal of Eating Disorders</i> , 2017 , 5, 34	4.1	71
82	How do views on aging affect health outcomes in adulthood and late life? Explanations for an established connection. <i>Developmental Review</i> , 2017 , 46, 27-43	7.4	112
81	Klinische schematherapie bij volwassenen met persoonlijkheidspathologie die onvoldoende profiteerden van eerdere behandelingen. <i>Tijdschrift Voor Psychotherapie</i> , 2017 , 43, 93-108		
80	A Meta-analysis on the Association Between Emotional Awareness and Borderline Personality Pathology. <i>Journal of Personality Disorders</i> , 2017 , 31, 362-384	2.6	22
79	The Relation of Ego Integrity and Despair to Personality Traits and Mental Health. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2017 , 72, 400-407	4.6	13
78	Who Am I? A Life Story Intervention for Persons With Intellectual Disability and Psychiatric Problems. <i>Intellectual and Developmental Disabilities</i> , 2016 , 54, 173-86	2	8
77	What Factors are Associated with Flourishing? Results from a Large Representative National Sample. <i>Journal of Happiness Studies</i> , 2016 , 17, 1351-1370	3.7	76
76	Can We Increase Psychological Well-Being? The Effects of Interventions on Psychological Well-Being: A Meta-Analysis of Randomized Controlled Trials. <i>PLoS ONE</i> , 2016 , 11, e0158092	3.7	159
75	Inpatient schema therapy for nonresponsive patients with personality pathology: Changes in symptomatic distress, schemas, schema modes, coping styles, experienced parenting styles, and mental well-being. <i>Psychotherapy</i> , 2016 , 53, 402-412	2.5	13
74	Cost-effectiveness of life-review for older adults with moderate depressive symptomatology: A pragmatic randomized controlled trial. <i>Journal of Aging Studies</i> , 2015 , 34, 146-54	2.2	3
73	Mental health among living kidney donors: a prospective comparison with matched controls from the general population. <i>American Journal of Transplantation</i> , 2015 , 15, 508-17	8.7	17
72	Systematic Review of Existential Anxiety Instruments. <i>Journal of Humanistic Psychology</i> , 2015 , 55, 173-2019		20

71	Longitudinal Research on Subjective Aging, Health, and Longevity: Current Evidence and New Directions for Research. <i>Annual Review of Gerontology and Geriatrics</i> , 2015 , 35, 145-165		53
70	The bidirectional relation between positive mental health and psychopathology in a longitudinal representative panel study. <i>Journal of Positive Psychology</i> , 2015 , 10, 553-560	3.2	92
69	Life Review and Life-Story Work 2015 , 1-5		5
68	Acceptance and commitment therapy group-treatment for non-responsive patients with personality disorders: An exploratory study. <i>Personality and Mental Health</i> , 2015 , 9, 345-56	3.1	7
67	The efficacy of life-review as online-guided self-help for adults: a randomized trial. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015 , 70, 24-34	4.6	31
66	Identity as "knowing your place": the narrative construction of space in a healthcare profession. <i>Journal of Health Psychology</i> , 2015 , 20, 326-37	3.1	6
65	Improving the Health Care Sector with a Happiness-Based Approach. <i>Happiness Studies Book Series</i> , 2015 , 59-71		1
64	Celebrating fifty years of research and applications in reminiscence and life review: state of the art and new directions. <i>Journal of Aging Studies</i> , 2014 , 29, 107-14	2.2	105
63	The development and initial validation of the narrative foreclosure scale. <i>Aging and Mental Health</i> , 2014 , 18, 879-88	3.5	8
62	Time to flourish: the relationship of temporal perspective to well-being and wisdom across adulthood. <i>Aging and Mental Health</i> , 2014 , 18, 1046-56	3.5	36
61	A Buberian approach to the co-construction of relationships between professional caregivers and residents in nursing homes. <i>Gerontologist, The</i> , 2014 , 54, 354-62	5	14
60	Wisdom and mental health across the lifespan. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014 , 69, 209-18	4.6	77
59	Towards modeling expressed emotions in oral history interviews: Using verbal and nonverbal signals to track personal narratives. <i>Literary and Linguistic Computing</i> , 2014 , 29, 621-636		1
58	The influence of subjective aging on health and longevity: a meta-analysis of longitudinal data. <i>Psychology and Aging</i> , 2014 , 29, 793-802	3.6	201
57	Cost-effectiveness of online positive psychology: Randomized controlled trial. <i>Journal of Positive Psychology</i> , 2014 , 9, 460-471	3.2	24
56	Life review in groups? An explorative analysis of social processes that facilitate or hinder the effectiveness of life review. <i>Aging and Mental Health</i> , 2014 , 18, 376-84	3.5	10
55	Need fulfillment, need importance, and depressive symptoms of residents over the first eight months of living in a nursing home. <i>International Psychogeriatrics</i> , 2014 , 26, 1161-70	3.4	12
54	Awareness of Aging: Theoretical Considerations on an Emerging Concept. <i>Developmental Review</i> , 2014 , 34, 93-113	7.4	185

53	Zingeving en ouder worden 2014 , 25-31		1
52	Positive psychology interventions: a meta-analysis of randomized controlled studies. <i>BMC Public Health</i> , 2013 , 13, 119	4.1	920
51	Measuring values and committed action with the Engaged Living Scale (ELS): psychometric evaluation in a nonclinical sample and a chronic pain sample. <i>Psychological Assessment</i> , 2013 , 25, 1235-1246	5.3	93
50	Nudging socially isolated people towards well-being with the 'Happiness Route': design of a randomized controlled trial for the evaluation of a happiness-based intervention. <i>Health and Quality of Life Outcomes</i> , 2013 , 11, 159	3	11
49	Need fulfillment in the nursing home: resident and observer perspectives in relation to resident well-being. <i>European Journal of Ageing</i> , 2013 , 10, 201-209	3.6	12
48	Levenskunst in de medische psychologie. <i>Tijdschrift Voor Psychotherapie</i> , 2013 , 39, 343-350		
47	Zingeving en ouder worden. <i>Psychopraktijk</i> , 2013 , 5, 15-18		1
46	The Complete Mental Health Model: The Social Distribution of Mental Health and Mental Illness in the Dutch Population 2013 , 51-70		2
45	An Internet-based intervention to promote mental fitness for mildly depressed adults: randomized controlled trial. <i>Journal of Medical Internet Research</i> , 2013 , 15, e200	7.6	75
44	Mental Health and Illness In Relation to Physical Health Across the Lifespan 2013 , 19-33		4
43	Relatedness, autonomy, and competence in the caring relationship: The perspective of nursing home residents. <i>Journal of Aging Studies</i> , 2012 , 26, 319-326	2.2	67
42	Meaning in life and mastery mediate the relationship of negative reminiscence with psychological distress among older adults with mild to moderate depressive symptoms. <i>European Journal of Ageing</i> , 2012 , 9, 343-351	3.6	25
41	Differential relationships in the association of the Big Five personality traits with positive mental health and psychopathology. <i>Journal of Research in Personality</i> , 2012 , 46, 517-524	2.8	67
40	Chronological and subjective age differences in flourishing mental health and major depressive episode. <i>Aging and Mental Health</i> , 2012 , 16, 67-74	3.5	126
39	Promotion of self-management in friendship. <i>Aging and Mental Health</i> , 2012 , 16, 245-53	3.5	6
38	The impact of emotional well-being on long-term recovery and survival in physical illness: a meta-analysis. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 538-47	3.6	132
37	The aging self in a cultural context: the relation of conceptions of aging to identity processes and self-esteem in the United States and the Netherlands. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2012 , 67, 52-60	4.6	67
36	Mediating processes in an effective life-review intervention. <i>Psychology and Aging</i> , 2012 , 27, 1172-81	3.6	27

35	Life review therapy for older adults with moderate depressive symptomatology: a pragmatic randomized controlled trial. <i>Psychological Medicine</i> , 2012 , 42, 1163-73	6.9	93
34	Longitudinal Evaluation of the Mental Health Continuum- Short Form (MHC-SF). <i>European Journal of Psychological Assessment</i> , 2012 , 28, 290-296	2.2	65
33	Psychometric properties of the Dutch Five Facet Mindfulness Questionnaire (FFMQ) in patients with fibromyalgia. <i>Clinical Rheumatology</i> , 2011 , 30, 1045-54	3.9	95
32	Evaluating the psychometric properties of the Mental Health Continuum-Short Form (MHC-SF). <i>Journal of Clinical Psychology</i> , 2011 , 67, 99-110	2.8	547
31	Reminiscence and adaptation to critical life events in older adults with mild to moderate depressive symptoms. <i>Aging and Mental Health</i> , 2011 , 15, 638-46	3.5	44
30	Need support and wellbeing during morning care activities: an observational study on resident-staff interaction in nursing homes. <i>Ageing and Society</i> , 2011 , 31, 1425-1442	1.7	56
29	Resident-to-resident relational aggression and subjective well-being in assisted living facilities. <i>Aging and Mental Health</i> , 2011 , 15, 59-67	3.5	31
28	Reminiscence and mental health: a review of recent progress in theory, research and interventions. <i>Ageing and Society</i> , 2010 , 30, 697-721	1.7	178
27	Filling a missing link: the influence of portrayals of older characters in television commercials on the memory performance of older adults. <i>Ageing and Society</i> , 2010 , 30, 897-912	1.7	11
26	Mapping the Future of Reminiscence: A Conceptual Guide for Research and Practice. <i>Research on Aging</i> , 2010 , 32, 527-564	3	123
25	Improvement in personal meaning mediates the effects of a life review intervention on depressive symptoms in a randomized controlled trial. <i>Gerontologist</i> , 2010 , 50, 541-9	5	82
24	Need fulfillment in caring relationships: Its relation with well-being of residents in somatic nursing homes. <i>Aging and Mental Health</i> , 2010 , 14, 731-9	3.5	47
23	Mental health promotion as a new goal in public mental health care: a randomized controlled trial of an intervention enhancing psychological flexibility. <i>American Journal of Public Health</i> , 2010 , 100, 2372-5.1	5.1	101
22	Mental Illness and Mental Health: The Two Continua Model Across the Lifespan. <i>Journal of Adult Development</i> , 2010 , 17, 110-119	1.5	453
21	During my life so much has changed that it looks like a new world to me: A narrative perspective on migrating in time. <i>Journal of Aging Studies</i> , 2010 , 24, 12-19	2.2	10
20	The effects of integrative reminiscence on meaning in life: results of a quasi-experimental study. <i>Aging and Mental Health</i> , 2008 , 12, 639-46	3.5	59
19	Intentions to seek (preventive) psychological help among older adults: an application of the theory of planned behaviour. <i>Aging and Mental Health</i> , 2008 , 12, 317-22	3.5	18
18	Handleiding 2008 , 19-26		

17	Meeting the need to belong: predicting effects of a friendship enrichment program for older women. <i>Gerontologist, The</i> , 2006 , 46, 495-502	5	54
16	Partners and others: Social provisions and loneliness among married Dutch men and women in the second half of life. <i>Journal of Social and Personal Relationships</i> , 2006 , 23, 921-941	1.9	15
15	Marriage, Social Integration, and Loneliness in the Second Half of Life: A Comparison of Dutch and German Men and Women. <i>Research on Aging</i> , 2006 , 28, 713-729	3	39
14	After the fall of the Berlin Wall: perceptions and consequences of stability and change among middle-aged and older East and West Germans. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2006 , 61, S240-7	4.6	25
13	What is the problem? A Taxonomy of Life Problems and their Relation to Subjective Well-Being in Middle and Late Adulthood. <i>Social Indicators Research</i> , 2006 , 79, 97-115	2.7	13
12	Age identity and subjective well-being: a comparison of the United States and Germany. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2005 , 60, S129-36	4.6	184
11	"When looking back on my past life I regret...": retrospective regret in the second half of life. <i>Death Studies</i> , 2005 , 29, 625-44	3.9	18
10	Degree and content of negative meaning in four different age groups in Germany. <i>International Journal of Aging and Human Development</i> , 2005 , 61, 85-104	1.8	6
9	IN SEARCH OF MEANING: A REMINISCENCE PROGRAM FOR OLDER PERSONS. <i>Educational Gerontology</i> , 2004 , 30, 751-766	1.2	40
8	Do You Need to Have Them or Should You Believe You Have Them? Resources, Their Appraisal, and Well-Being in Adulthood. <i>Journal of Adult Development</i> , 2003 , 10, 99-112	1.5	20
7	Beyond Life Satisfaction: Lay Conceptions of Well-Being among Middle-Aged and Elderly Adults. <i>Social Indicators Research</i> , 2001 , 56, 179-203	2.7	34
6	Life contexts and health-related selves in old age. <i>Journal of Aging Studies</i> , 2001 , 15, 105-126	2.2	18
5	The personal experience of aging, individual resources, and subjective well-being. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2001 , 56, P364-73	4.6	224
4	Individualism and Collectivism in the Personal Meaning System of Elderly Adults: The United States and Congo/Zaire as an Example. <i>Journal of Cross-Cultural Psychology</i> , 2000 , 31, 649-676	1.9	13
3	Development of an Ambulatory Biofeedback App to Enhance Emotional Awareness in Patients with Borderline Personality Disorder: Multicycle Usability Testing Study (Preprint)		4
2	The Personal Meaning System in a Life-Span Perspective 107-122		17
1	The added value of autobiographical reflexivity with persuasive technology for professional identities of Social Work students: a randomized controlled trial. <i>Social Work Education</i> , 1-22	0.9	