

Gerben J Westerhof

List of Publications by Year in descending order

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Version: 2024-02-01

123
papers

9,002
citations

71061

41
h-index

46771

89
g-index

140
all docs

140
docs citations

140
times ranked

7419
citing authors

#	ARTICLE	IF	CITATIONS
1	Positive psychology interventions: a meta-analysis of randomized controlled studies. BMC Public Health, 2013, 13, 119.	1.2	1,320
2	Evaluating the psychometric properties of the mental health Continuumâ€ŠShort Form (MHCâ€ŠSF). Journal of Clinical Psychology, 2011, 67, 99-110.	1.0	805
3	Mental Illness and Mental Health: The Two Continua Model Across the Lifespan. Journal of Adult Development, 2010, 17, 110-119.	0.8	721
4	The influence of subjective aging on health and longevity: A meta-analysis of longitudinal data.. Psychology and Aging, 2014, 29, 793-802.	1.4	301
5	The Personal Experience of Aging, Individual Resources, and Subjective Well-Being. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2001, 56, P364-P373.	2.4	300
6	Age Identity and Subjective Well-Being: A Comparison of the United States and Germany. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2005, 60, S129-S136.	2.4	278
7	Awareness of aging: Theoretical considerations on an emerging concept. Developmental Review, 2014, 34, 93-113.	2.6	245
8	Reminiscence and mental health: a review of recent progress in theory, research and interventions. Ageing and Society, 2010, 30, 697-721.	1.2	234
9	Can We Increase Psychological Well-Being? The Effects of Interventions on Psychological Well-Being: A Meta-Analysis of Randomized Controlled Trials. PLoS ONE, 2016, 11, e0158092.	1.1	229
10	How do views on aging affect health outcomes in adulthood and late life? Explanations for an established connection. Developmental Review, 2017, 46, 27-43.	2.6	183
11	Mapping the Future of Reminiscence: A Conceptual Guide for Research and Practice. Research on Aging, 2010, 32, 527-564.	0.9	173
12	The impact of emotional well-being on long-term recovery and survival in physical illness: a meta-analysis. Journal of Behavioral Medicine, 2012, 35, 538-547.	1.1	169
13	Chronological and subjective age differences in flourishing mental health and major depressive episode. Aging and Mental Health, 2012, 16, 67-74.	1.5	156
14	Celebrating fifty years of research and applications in reminiscence and life review: State of the art and new directions. Journal of Aging Studies, 2014, 29, 107-114.	0.7	146
15	Mental Health Promotion as a New Goal in Public Mental Health Care: A Randomized Controlled Trial of an Intervention Enhancing Psychological Flexibility. American Journal of Public Health, 2010, 100, 2372-2372.	1.5	139
16	The bidirectional relation between positive mental health and psychopathology in a longitudinal representative panel study. Journal of Positive Psychology, 2015, 10, 553-560.	2.6	130
17	Differential relationships in the association of the Big Five personality traits with positive mental health and psychopathology. Journal of Research in Personality, 2012, 46, 517-524.	0.9	128
18	Measuring values and committed action with the Engaged Living Scale (ELS): Psychometric evaluation in a nonclinical sample and a chronic pain sample.. Psychological Assessment, 2013, 25, 1235-1246.	1.2	127

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19	Psychometric properties of the Dutch Five Facet Mindfulness Questionnaire (FFMQ) in patients with fibromyalgia. <i>Clinical Rheumatology</i> , 2011, 30, 1045-1054.	1.0	125
20	Life review therapy for older adults with moderate depressive symptomatology: a pragmatic randomized controlled trial. <i>Psychological Medicine</i> , 2012, 42, 1163-1173.	2.7	118
21	What Factors are Associated with Flourishing? Results from a Large Representative National Sample. <i>Journal of Happiness Studies</i> , 2016, 17, 1351-1370.	1.9	118
22	Wisdom and Mental Health Across the Lifespan. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014, 69, 209-218.	2.4	110
23	Identifying fundamental criteria for eating disorder recovery: a systematic review and qualitative meta-analysis. <i>Journal of Eating Disorders</i> , 2017, 5, 34.	1.3	107
24	Longitudinal Evaluation of the Mental Health Continuum- Short Form (MHC-SF). <i>European Journal of Psychological Assessment</i> , 2012, 28, 290-296.	1.7	97
25	Improvement in Personal Meaning Mediates the Effects of a Life Review Intervention on Depressive Symptoms in a Randomized Controlled Trial. <i>Gerontologist</i> , The, 2010, 50, 541-549.	2.3	96
26	An Internet-Based Intervention to Promote Mental Fitness for Mildly Depressed Adults: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e200.	2.1	92
27	Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy. <i>Behaviour Research and Therapy</i> , 2017, 91, 58-63.	1.6	85
28	The Aging Self in a Cultural Context: The Relation of Conceptions of Aging to Identity Processes and Self-Esteem in the United States and the Netherlands. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2012, 67B, 52-60.	2.4	82
29	Relatedness, autonomy, and competence in the caring relationship: The perspective of nursing home residents. <i>Journal of Aging Studies</i> , 2012, 26, 319-326.	0.7	76
30	Longitudinal Research on Subjective Aging, Health, and Longevity: Current Evidence and New Directions for Research. <i>Annual Review of Gerontology and Geriatrics</i> , 2015, 35, 145-165.	0.5	73
31	Meeting the Need to Belong: Predicting Effects of a Friendship Enrichment Program for Older Women. <i>Gerontologist</i> , The, 2006, 46, 495-502.	2.3	71
32	The effects of integrative reminiscence on meaning in life: Results of a quasi-experimental study. <i>Aging and Mental Health</i> , 2008, 12, 639-646.	1.5	65
33	Need support and wellbeing during morning care activities: an observational study on resident-staff interaction in nursing homes. <i>Ageing and Society</i> , 2011, 31, 1425-1442.	1.2	61
34	Validation of the Mental Health Continuum-Short Form and the dual continua model of wellbeing and psychopathology in an adult mental health setting. <i>Journal of Clinical Psychology</i> , 2018, 74, 2187-2202.	1.0	61
35	Reminiscence and adaptation to critical life events in older adults with mild to moderate depressive symptoms. <i>Aging and Mental Health</i> , 2011, 15, 638-646.	1.5	58
36	Need fulfillment in caring relationships: Its relation with well-being of residents in somatic nursing homes. <i>Aging and Mental Health</i> , 2010, 14, 731-739.	1.5	54

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37	Time to flourish: the relationship of temporal perspective to well-being and wisdom across adulthood. <i>Aging and Mental Health</i> , 2014, 18, 1046-1056.	1.5	52
38	IN SEARCH OF MEANING: A REMINISCENCE PROGRAM FOR OLDER PERSONS. <i>Educational Gerontology</i> , 2004, 30, 751-766.	0.7	49
39	Marriage, Social Integration, and Loneliness in the Second Half of Life. <i>Research on Aging</i> , 2006, 28, 713-729.	0.9	48
40	The Efficacy of Life-Review as Online-Guided Self-help for Adults: A Randomized Trial. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015, 70, 24-34.	2.4	46
41	Beyond Life Satisfaction: Lay Conceptions of Well-Being among Middle-Aged and Elderly Adults. <i>Social Indicators Research</i> , 2001, 56, 179-203.	1.4	45
42	The Existential Concerns Questionnaire (ECQ) – Development and Initial Validation of a New Existential Anxiety Scale in a Nonclinical and Clinical Sample. <i>Journal of Clinical Psychology</i> , 2017, 73, 1692-1703.	1.0	45
43	Resident-to-resident relational aggression and subjective well-being in assisted living facilities. <i>Aging and Mental Health</i> , 2011, 15, 59-67.	1.5	43
44	A Meta-analysis on the Association Between Emotional Awareness and Borderline Personality Pathology. <i>Journal of Personality Disorders</i> , 2017, 31, 362-384.	0.8	40
45	Having an Eating Disorder and Still Being Able to Flourish? Examination of Pathological Symptoms and Well-Being as Two Continua of Mental Health in a Clinical Sample. <i>Frontiers in Psychology</i> , 2018, 9, 2145.	1.1	40
46	Flourishing in the now: Initial validation of a present-eudaimonic time perspective scale. <i>Time and Society</i> , 2017, 26, 203-226.	0.8	39
47	Longitudinal Associations of Autonomy, Relatedness, and Competence With the Well-being of Nursing Home Residents. <i>Gerontologist</i> , The, 2019, 59, 635-643.	2.3	39
48	Mediating processes in an effective life-review intervention.. <i>Psychology and Aging</i> , 2012, 27, 1172-1181.	1.4	36
49	Meaning in life and mastery mediate the relationship of negative reminiscence with psychological distress among older adults with mild to moderate depressive symptoms. <i>European Journal of Ageing</i> , 2012, 9, 343-351.	1.2	34
50	Cost-effectiveness of online positive psychology: Randomized controlled trial. <i>Journal of Positive Psychology</i> , 2014, 9, 460-471.	2.6	30
51	After the Fall of the Berlin Wall: Perceptions and Consequences of Stability and Change Among Middle-Aged and Older East and West Germans. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2006, 61, S240-S247.	2.4	29
52	Systematic Review of Existential Anxiety Instruments. <i>Journal of Humanistic Psychology</i> , 2015, 55, 173-201.	1.4	29
53	Development of an Ambulatory Biofeedback App to Enhance Emotional Awareness in Patients with Borderline Personality Disorder: Multicycle Usability Testing Study. <i>JMIR MHealth and UHealth</i> , 2019, 7, e13479.	1.8	28
54	Title is missing!. <i>Journal of Adult Development</i> , 2003, 10, 99-112.	0.8	27

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55	Life story books for people with dementia: a systematic review. <i>International Psychogeriatrics</i> , 2018, 30, 1797-1811.	0.6	27
56	In search of the best evidence for life review therapy to reduce depressive symptoms in older adults: A meta-analysis of randomized controlled trials.. <i>Clinical Psychology: Science and Practice</i> , 2019, 26, 11-11.	0.6	27
57	Intentions to seek (preventive) psychological help among older adults: An application of the theory of planned behaviour. <i>Aging and Mental Health</i> , 2008, 12, 317-322.	1.5	26
58	Individualism and Collectivism in the Personal Meaning System of Elderly Adults. <i>Journal of Cross-Cultural Psychology</i> , 2000, 31, 649-676.	1.0	25
59	Mental Health Among Living Kidney Donors: A Prospective Comparison With Matched Controls From the General Population. <i>American Journal of Transplantation</i> , 2015, 15, 508-517.	2.6	25
60	The Personal Meaning System in a Life-Span Perspective. , 0, , 107-122.		25
61	The Model for Sustainable Mental Health: Future Directions for Integrating Positive Psychology Into Mental Health Care. <i>Frontiers in Psychology</i> , 2021, 12, 747999.	1.1	25
62	Life contexts and health-related selves in old age. <i>Journal of Aging Studies</i> , 2001, 15, 105-126.	0.7	24
63	The Relation of Ego Integrity and Despair to Personality Traits and Mental Health. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2017, 72, gbv062.	2.4	22
64	Online positive psychology intervention for nursing home staff: A cluster-randomized controlled feasibility trial of effectiveness and acceptability. <i>International Journal of Nursing Studies</i> , 2019, 98, 48-56.	2.5	22
65	Partners and others: Social provisions and loneliness among married Dutch men and women in the second half of life. <i>Journal of Social and Personal Relationships</i> , 2006, 23, 921-941.	1.4	21
66	Inpatient schema therapy for nonresponsive patients with personality pathology: Changes in symptomatic distress, schemas, schema modes, coping styles, experienced parenting styles, and mental well-being.. <i>Psychotherapy</i> , 2016, 53, 402-412.	0.7	21
67	Online Therapy for Depressive Symptoms: An Evaluation of Counselor-Led and Peer-Supported Life Review Therapy. <i>Gerontologist</i> , The, 2019, 59, 135-146.	2.3	19
68	Participatory design of persuasive technology in a blended learning course: A qualitative study. <i>Education and Information Technologies</i> , 2020, 25, 4115-4138.	3.5	19
69	â€œWhen Looking Back on My Past Life I Regretâ€ â€• Retrospective Regret in the Second Half of Life. <i>Death Studies</i> , 2005, 29, 625-644.	1.8	18
70	Filling a missing link: the influence of portrayals of older characters in television commercials on the memory performance of older adults. <i>Ageing and Society</i> , 2010, 30, 897-912.	1.2	18
71	Structural Validity of the World Assumption Scale. <i>Journal of Traumatic Stress</i> , 2018, 31, 816-825.	1.0	17
72	Precious memories: a randomized controlled trial on the effects of an autobiographical memory intervention delivered by trained volunteers in residential care homes. <i>Aging and Mental Health</i> , 2018, 22, 1494-1501.	1.5	16

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73	Understanding Therapeutic Change Process Research Through Multilevel Modeling and Text Mining. <i>Frontiers in Psychology</i> , 2019, 10, 1186.	1.1	16
74	The reflection level and the construction of professional identity of university students. <i>Reflective Practice</i> , 2021, 22, 73-85.	0.7	16
75	A Buberian Approach to the Co-construction of Relationships Between Professional Caregivers and Residents in Nursing Homes. <i>Gerontologist</i> , The, 2014, 54, 354-362.	2.3	15
76	What is the problem? A Taxonomy of Life Problems and their Relation to Subjective Well-Being in Middle and Late Adulthood. <i>Social Indicators Research</i> , 2006, 79, 97-115.	1.4	14
77	Nudging socially isolated people towards well-being with the "Happiness Route"™: design of a randomized controlled trial for the evaluation of a happiness-based intervention. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 159.	1.0	13
78	Need fulfillment in the nursing home: resident and observer perspectives in relation to resident well-being. <i>European Journal of Ageing</i> , 2013, 10, 201-209.	1.2	13
79	Life review in groups? An explorative analysis of social processes that facilitate or hinder the effectiveness of life review. <i>Ageing and Mental Health</i> , 2014, 18, 376-384.	1.5	13
80	Need fulfillment, need importance, and depressive symptoms of residents over the first eight months of living in a nursing home. <i>International Psychogeriatrics</i> , 2014, 26, 1161-1170.	0.6	13
81	Narrative health psychology: Once more unto the breach. <i>Journal of Health Psychology</i> , 2015, 20, 239-245.	1.3	13
82	Who Am I? A Life Story Intervention for Persons With Intellectual Disability and Psychiatric Problems. <i>Intellectual and Developmental Disabilities</i> , 2016, 54, 173-186.	0.6	13
83	Longitudinal Relations Between Self-Defining Memories and Self-Esteem: Mediating Roles of Meaning-Making and Memory Function. <i>Imagination, Cognition and Personality</i> , 2018, 37, 318-341.	0.5	13
84	The long and winding road to happiness: A randomized controlled trial and cost-effectiveness analysis of a positive psychology intervention for lonely people with health problems and a low socio-economic status. <i>Health and Quality of Life Outcomes</i> , 2020, 18, 162.	1.0	13
85	"During my life so much has changed that it looks like a new world to me" A narrative perspective on migrating in time. <i>Journal of Aging Studies</i> , 2010, 24, 12-19.	0.7	12
86	The effectiveness of creating an online life story book on persons with early dementia and their informal caregivers: a protocol of a randomized controlled trial. <i>BMC Geriatrics</i> , 2017, 17, 95.	1.1	11
87	Images of Recovery: A PhotoVoice Study on Visual Narratives of Personal Recovery in Persons with Serious Mental Illness. <i>Community Mental Health Journal</i> , 2021, 57, 1151-1163.	1.1	11
88	Exploring facilitators and barriers to using a person centered care intervention in a nursing home setting. <i>Geriatric Nursing</i> , 2020, 41, 730-739.	0.9	11
89	The psychometric network structure of mental health in eating disorder patients. <i>European Eating Disorders Review</i> , 2021, 29, 559-574.	2.3	11
90	The development and initial validation of the narrative foreclosure scale. <i>Ageing and Mental Health</i> , 2014, 18, 879-888.	1.5	10

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91	Acceptance and commitment therapy group-treatment for non-responsive patients with personality disorders: An exploratory study. <i>Personality and Mental Health</i> , 2015, 9, 345-356.	0.6	10
92	The Online Life Story Book: A randomized controlled trial on the effects of a digital reminiscence intervention for people with (very) mild dementia and their informal caregivers. <i>PLoS ONE</i> , 2021, 16, e0256251.	1.1	10
93	How is spirituality part of people's meaning system?. <i>Psychology of Religion and Spirituality</i> , 2018, 10, 157-165.	0.9	10
94	Beyond Adaptive Mental Functioning With Pain as the Absence of Psychopathology: Prevalence and Correlates of Flourishing in Two Chronic Pain Samples. <i>Frontiers in Psychology</i> , 2019, 10, 2443.	1.1	9
95	Promotion of self-management in friendship. <i>Aging and Mental Health</i> , 2012, 16, 245-253.	1.5	8
96	Wonderful Life: Exploring Wonder in Meaningful Moments. <i>Journal of Humanistic Psychology</i> , 2020, 60, 147-167.	1.4	8
97	Responsible Relations: A Systematic Scoping Review of the Therapeutic Alliance in Text-Based Digital Psychotherapy. <i>Frontiers in Digital Health</i> , 2021, 3, 689750.	1.5	8
98	Assessing mental wellbeing using the Mental Health Continuumâ€”Short Form: A systematic review and meta-analytic structural equation modelling.. <i>Clinical Psychology: Science and Practice</i> , 2022, 29, 442-456.	0.6	8
99	Identity as â€œknowing your placeâ€œ: The narrative construction of space in a healthcare profession. <i>Journal of Health Psychology</i> , 2015, 20, 326-337.	1.3	7
100	Change and stability in loneliness and friendship after an intervention for older women. <i>Ageing and Society</i> , 2018, 38, 435-454.	1.2	7
101	The relationship between depressive symptoms, general psychopathology, and wellâ€œbeing in patients with major depressive disorder. <i>Journal of Clinical Psychology</i> , 2021, 77, 1472-1486.	1.0	7
102	Degree and Content of Negative Meaning in Four Different Age Groups in Germany. <i>International Journal of Aging and Human Development</i> , 2005, 61, 85-104.	1.0	6
103	Cost-effectiveness of life-review for older adults with moderate depressive symptomatology: A pragmatic randomized controlled trial. <i>Journal of Aging Studies</i> , 2015, 34, 146-154.	0.7	6
104	Towards text mining therapeutic change: A systematic review of text-based methods for Therapeutic Change Process Research. <i>PLoS ONE</i> , 2019, 14, e0225703.	1.1	6
105	The Emergence of Meaning From Meaningful Moments in Life. <i>Journal of Humanistic Psychology</i> , 0, , 002216782096777.	1.4	6
106	The Role of the Spiritual Meaning System in Coping with Cancer. <i>Religions</i> , 2020, 11, 49.	0.3	6
107	Evaluating the value of persuasive technology and the role of teachers in a blended learning course for social work students. <i>Social Work Education</i> , 2021, 40, 333-349.	0.8	6
108	Mental Health and Illness In Relation to Physical Health Across the Lifespan. , 2013, , 19-33.		5

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109	The Complete Mental Health Model: The Social Distribution of Mental Health and Mental Illness in the Dutch Population. , 2013, , 51-70.		4
110	Towards modeling expressed emotions in oral history interviews: Using verbal and nonverbal signals to track personal narratives. Literary and Linguistic Computing, 2014, 29, 621-636.	0.6	3
111	MEMOA: Introducing the Multi-Modal Emotional Memories of Older Adults Database. , 2019, , .		3
112	Effectiveness of a life story intervention for adults with intellectual disability and depressive and trauma-related complaints. Journal of Applied Research in Intellectual Disabilities, 2020, 33, 1340-1347.	1.3	3
113	Narrative and Identity. , 2020, , 383-399.		3
114	Improving the Health Care Sector with a Happiness-Based Approach. Happiness Studies Book Series, 2015, , 59-71.	0.1	3
115	Applying Intervention Mapping to Improve the Applicability of Precious Memories, an Intervention for Depressive Symptoms in Nursing Home Residents. International Journal of Environmental Research and Public Health, 2019, 16, 5163.	1.2	2
116	The Happiness Route: finding alternatives to the problem-based approach in social work for vulnerable groups. Journal of Positive Psychology, 2020, 15, 666-669.	2.6	2
117	How well do nursing staff assess the wellbeing of nursing home residents? An explorative study of using single-question scales. Ageing and Society, 2020, , 1-17.	1.2	2
118	The added value of autobiographical reflexivity with persuasive technology for professional identities of Social Work students: a randomized controlled trial. Social Work Education, 2022, 41, 767-786.	0.8	2
119	Exploring associations between personality trait facets and emotional, psychological and social well-being in eating disorder patients. Eating and Weight Disorders, 2021, , 1.	1.2	2
120	Analysis of the Emails From the Dutch Web-Based Intervention "Alcohol de Baas" Assessment of Early Indications of Drop-Out in an Online Alcohol Abuse Intervention. Frontiers in Psychiatry, 2021, 12, 575931.	1.3	2
121	Deconstructing recovery: A prospective study on well-being, symptom severity and acceptance in patients with major depressive disorders. Journal of Affective Disorders, 2021, 296, 653-659.	2.0	1
122	The power of sharing meaningful moments: A Buberian analysis of a counseling intervention. Journal of Humanistic Counseling, 2023, 62, 41-56.	0.3	1
123	Handleiding. , 2008, , 19-26.		0