## Xiyao Shan

List of Publications by Year in descending order

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XIVAO SHAN

#	Article	IF	CITATIONS
1	Dependence of muscle and deep fascia stiffness on the contraction levels of the quadriceps: An in vivo supersonic shear-imaging study. Journal of Electromyography and Kinesiology, 2019, 45, 33-40.	1.7	34
2	Neuromuscular Adaptations to Work-matched Maximal Eccentric versus Concentric Training. Medicine and Science in Sports and Exercise, 2018, 50, 1629-1640.	0.4	28
3	Morphological and mechanical properties of the human triceps surae aponeuroses taken from elderly cadavers: Implications for muscle-tendon interactions. PLoS ONE, 2019, 14, e0211485.	2.5	17
4	The Effects of Extracorporeal Shock Wave Therapy on Spastic Muscle of the Wrist Joint in Stroke Survivors: Evidence From Neuromechanical Analysis. Frontiers in Neuroscience, 2020, 14, 580762.	2.8	15
5	Hamstrings load bearing in different contraction types and intensities: A shear-wave and B-mode ultrasonographic study. PLoS ONE, 2021, 16, e0251939.	2.5	12
6	Site dependent elastic property of human iliotibial band and the effect of hip and knee joint angle configuration. Journal of Biomechanics, 2020, 109, 109919.	2.1	11
7	Inhomogeneous and anisotropic mechanical properties of the triceps surae muscles and aponeuroses in vivo during submaximal muscle contraction. Journal of Biomechanics, 2021, 121, 110396.	2.1	7
8	Single-joint eccentric knee extension training preferentially trains the rectus femoris within the quadriceps muscles. Translational Sports Medicine, 2018, 1, 212-220.	1.1	4
9	Investigation of the association between human fascia lata thickness and its neighboring tissues' morphology and function using Bâ€mode ultrasonography. Journal of Anatomy, 2021, 239, 1114-1122.	1.5	3
10	Anisotropic elastic properties of the fascia lata during muscle contraction at different intensities - a shear wave elastography study. Journal of Bodywork and Movement Therapies, 2018, 22, 859.	1.2	1
11	Single-joint Eccentric Knee Extension Training Induces Selective Hypertrophy. Medicine and Science in Sports and Exercise, 2018, 50, 783.	0.4	0
12	Effects Of Amino Acid Mixture On Functional And Morphological Properties Of Achilles Tendon. Medicine and Science in Sports and Exercise, 2021, 53, 123-124.	0.4	0
13	Inhomogeneous and Anisotropic Mechanical Properties of the Triceps Surae Aponeuroses in Older Adults: Relationships With Muscle Strength and Walking Performance. Journal of Aging and Physical Activity, 2021, 29, 642-650.	1.0	0