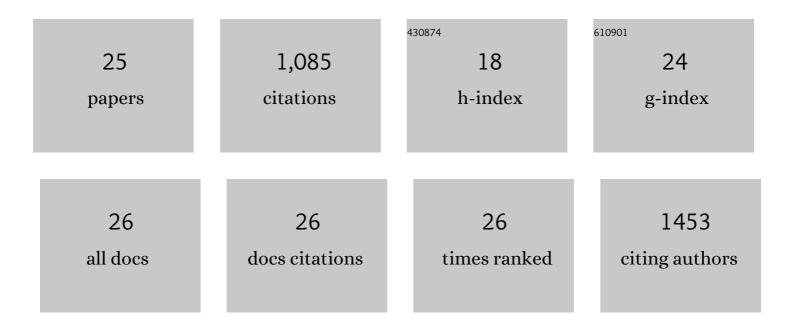
## **Catherine A Elliot**

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/284357/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Physical activity, mental health and well-being of adults during initial COVID-19 containment strategies: A multi-country cross-sectional analysis. Journal of Science and Medicine in Sport, 2021, 24, 320-326.	1.3	169
2	Are Adolescents With High Mental Toughness Levels More Resilient Against Stress?. Stress and Health, 2013, 29, 164-171.	2.6	113
3	Adolescents with high mental toughness adapt better to perceived stress: A longitudinal study with Swiss vocational students. Personality and Individual Differences, 2013, 54, 808-814.	2.9	91
4	Adolescents' exercise and physical activity are associated with mental toughness. Mental Health and Physical Activity, 2012, 5, 35-42.	1.8	87
5	Aerobic exercise training and burnout: a pilot study with male participants suffering from burnout. BMC Research Notes, 2013, 6, 78.	1.4	87
6	Burnout and Mental Health in Swiss Vocational Students: The Moderating Role of Physical Activity. Journal of Research on Adolescence, 2015, 25, 63-74.	3.7	53
7	Hypoxic Repeat Sprint Training Improves Rugby Player's Repeated Sprint but Not Endurance Performance. Frontiers in Physiology, 2017, 8, 24.	2.8	49
8	Both Hair Cortisol Levels and Perceived Stress Predict Increased Symptoms of Depression: An Exploratory Study in Young Adults. Neuropsychobiology, 2013, 68, 100-109.	1.9	48
9	Long-term effectiveness of the New Zealand Green Prescription primary health care exercise initiative. Public Health, 2016, 140, 102-108.	2.9	44
10	The Relationship between Mental Toughness, Stress, and Burnout among Adolescents: A Longitudinal Study with Swiss Vocational Students. Psychological Reports, 2015, 117, 703-723.	1.7	42
11	Psychometric Properties of the Physical Activity Questionnaire for Older Children in Italy: Testing the Validity among a General and Clinical Pediatric Population. PLoS ONE, 2016, 11, e0156354.	2.5	38
12	Undergraduate Physical Activity and Depressive Symptoms: A National Study. American Journal of Health Behavior, 2012, 36, 230-241.	1.4	33
13	Objectively assessed physical activity is associated with increased hair cortisol content in young adults. Stress, 2013, 16, 593-599.	1.8	31
14	Perceived Fitness Protects against Stressâ€based Mental Health Impairments among Police Officers Who Report Good Sleep. Journal of Occupational Health, 2013, 55, 376-384.	2.1	31
15	Combined diet and physical activity is better than diet or physical activity alone at improving health outcomes for patients in New Zealand's primary care intervention. BMC Public Health, 2018, 18, 230.	2.9	30
16	Concerns regarding hair cortisol as a biomarker of chronic stress in exercise and sport science. Journal of Sports Science and Medicine, 2012, 11, 571-81.	1.6	30
17	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. Translational Journal of the American College of Sports Medicine, 2018,	0.6	27
18	3, 72-73. Longitudinal relationships between perceived stress, exercise self-regulation and exercise involvement among physically active adolescents. Journal of Sports Sciences, 2015, 33, 369-380.	2.0	21

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#	Article	IF	CITATIONS
19	Aerobic Exercise, Ball Sports, Dancing, and Weight Lifting as Moderators of the Relationship between Stress and Depressive Symptoms: An Exploratory Cross-Sectional Study with Swiss University Students. Perceptual and Motor Skills, 2014, 119, 679-697.	1.3	19
20	Physical Activity, Mental Health and Wellbeing of Adults within and during the Easing of COVID-19 Restrictions, in the United Kingdom and New Zealand. International Journal of Environmental Research and Public Health, 2022, 19, 1792.	2.6	12
21	The Effect of Sleep Quality and Quantity on Athlete's Health and Perceived Training Quality. Frontiers in Sports and Active Living, 2021, 3, 705650.	1.8	10
22	Physical Activity, Mental Health and Wellbeing during the First COVID-19 Containment in New Zealand: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2021, 18, 12036.	2.6	10
23	Short and long-term differences in anthropometric characteristics and physical performance between male rugby players that became professional or remained amateur. Journal of Exercise Science and Fitness, 2021, 19, 143-149.	2.2	6
24	Perceived treadmill function is correlated with enjoyment of use in trained runners: A user-centred approach. Applied Ergonomics, 2019, 74, 37-40.	3.1	1
25	Effect of High-Intensity Intermittent Hypoxic Training on 3-on-3 Female Basketball Player's Performance. Journal of Science in Sport and Exercise, 0, , 1.	1.0	1