

Catherine A Elliot

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/284357/publications.pdf>

Version: 2024-02-01

25
papers

1,085
citations

430874

18
h-index

610901

24
g-index

26
all docs

26
docs citations

26
times ranked

1453
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity, mental health and well-being of adults during initial COVID-19 containment strategies: A multi-country cross-sectional analysis. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 320-326.	1.3	169
2	Are Adolescents With High Mental Toughness Levels More Resilient Against Stress?. <i>Stress and Health</i> , 2013, 29, 164-171.	2.6	113
3	Adolescents with high mental toughness adapt better to perceived stress: A longitudinal study with Swiss vocational students. <i>Personality and Individual Differences</i> , 2013, 54, 808-814.	2.9	91
4	Adolescents' exercise and physical activity are associated with mental toughness. <i>Mental Health and Physical Activity</i> , 2012, 5, 35-42.	1.8	87
5	Aerobic exercise training and burnout: a pilot study with male participants suffering from burnout. <i>BMC Research Notes</i> , 2013, 6, 78.	1.4	87
6	Burnout and Mental Health in Swiss Vocational Students: The Moderating Role of Physical Activity. <i>Journal of Research on Adolescence</i> , 2015, 25, 63-74.	3.7	53
7	Hypoxic Repeat Sprint Training Improves Rugby Player's Repeated Sprint but Not Endurance Performance. <i>Frontiers in Physiology</i> , 2017, 8, 24.	2.8	49
8	Both Hair Cortisol Levels and Perceived Stress Predict Increased Symptoms of Depression: An Exploratory Study in Young Adults. <i>Neuropsychobiology</i> , 2013, 68, 100-109.	1.9	48
9	Long-term effectiveness of the New Zealand Green Prescription primary health care exercise initiative. <i>Public Health</i> , 2016, 140, 102-108.	2.9	44
10	The Relationship between Mental Toughness, Stress, and Burnout among Adolescents: A Longitudinal Study with Swiss Vocational Students. <i>Psychological Reports</i> , 2015, 117, 703-723.	1.7	42
11	Psychometric Properties of the Physical Activity Questionnaire for Older Children in Italy: Testing the Validity among a General and Clinical Pediatric Population. <i>PLoS ONE</i> , 2016, 11, e0156354.	2.5	38
12	Undergraduate Physical Activity and Depressive Symptoms: A National Study. <i>American Journal of Health Behavior</i> , 2012, 36, 230-241.	1.4	33
13	Objectively assessed physical activity is associated with increased hair cortisol content in young adults. <i>Stress</i> , 2013, 16, 593-599.	1.8	31
14	Perceived Fitness Protects against Stress-based Mental Health Impairments among Police Officers Who Report Good Sleep. <i>Journal of Occupational Health</i> , 2013, 55, 376-384.	2.1	31
15	Combined diet and physical activity is better than diet or physical activity alone at improving health outcomes for patients in New Zealand's primary care intervention. <i>BMC Public Health</i> , 2018, 18, 230.	2.9	30
16	Concerns regarding hair cortisol as a biomarker of chronic stress in exercise and sport science. <i>Journal of Sports Science and Medicine</i> , 2012, 11, 571-81.	1.6	30
17	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. <i>Translational Journal of the American College of Sports Medicine</i> , 2018, 3, 72-73.	0.6	27
18	Longitudinal relationships between perceived stress, exercise self-regulation and exercise involvement among physically active adolescents. <i>Journal of Sports Sciences</i> , 2015, 33, 369-380.	2.0	21

#	ARTICLE	IF	CITATIONS
19	Aerobic Exercise, Ball Sports, Dancing, and Weight Lifting as Moderators of the Relationship between Stress and Depressive Symptoms: An Exploratory Cross-Sectional Study with Swiss University Students. <i>Perceptual and Motor Skills</i> , 2014, 119, 679-697.	1.3	19
20	Physical Activity, Mental Health and Wellbeing of Adults within and during the Easing of COVID-19 Restrictions, in the United Kingdom and New Zealand. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1792.	2.6	12
21	The Effect of Sleep Quality and Quantity on Athlete's Health and Perceived Training Quality. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 705650.	1.8	10
22	Physical Activity, Mental Health and Wellbeing during the First COVID-19 Containment in New Zealand: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12036.	2.6	10
23	Short and long-term differences in anthropometric characteristics and physical performance between male rugby players that became professional or remained amateur. <i>Journal of Exercise Science and Fitness</i> , 2021, 19, 143-149.	2.2	6
24	Perceived treadmill function is correlated with enjoyment of use in trained runners: A user-centred approach. <i>Applied Ergonomics</i> , 2019, 74, 37-40.	3.1	1
25	Effect of High-Intensity Intermittent Hypoxic Training on 3-on-3 Female Basketball Player's Performance. <i>Journal of Science in Sport and Exercise</i> , 0, , 1.	1.0	1