

Fuschia M Sirois

List of Publications by Year in descending order

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Version: 2024-02-01

104
papers

4,350
citations

136950

32
h-index

128289

60
g-index

108
all docs

108
docs citations

108
times ranked

3313
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 1 | A meta-analysis of loneliness and use of primary health care. <i>Health Psychology Review</i> , 2023, 17, 193-210. | 8.6 | 14 |
| 2 | Evaluating the psychometric properties of the Mental Health Continuum Short Form (MHC-SF) in Iranian adolescents. <i>Current Psychology</i> , 2023, 42, 17995-18009. | 2.8 | 2 |
| 3 | The role of self-compassion in the mental health of adults with ADHD. <i>Journal of Clinical Psychology</i> , 2022, 78, 2497-2512. | 1.9 | 9 |
| 4 | Using social cognition models to understand why people, such as perfectionists, struggle to respond with self-compassion. <i>British Journal of Social Psychology</i> , 2022, 61, 1160-1182. | 2.8 | 5 |
| 5 | Trait procrastination undermines outcome and efficacy expectancies for achieving health-related possible selves. <i>Current Psychology</i> , 2021, 40, 3840-3847. | 2.8 | 8 |
| 6 | Negative life events and suicide risk in college students: Conditional indirect effects of hopelessness and self-compassion. <i>Journal of American College Health</i> , 2021, 69, 546-553. | 1.5 | 17 |
| 7 | Neuroanatomical substrates accounting for the effect of present hedonistic time perspective on risk preference: the mediating role of right posterior parietal cortex. <i>Brain Imaging and Behavior</i> , 2021, 15, 244-254. | 2.1 | 5 |
| 8 | Development and Assessment of the Personal Emotional Capital Questionnaire for Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1856. | 2.6 | 1 |
| 9 | Understanding the effects of time perspective: A meta-analysis testing a self-regulatory framework.. <i>Psychological Bulletin</i> , 2021, 147, 233-267. | 6.1 | 43 |
| 10 | Pain is not the major determinant of quality of life in fibromyalgia: results from a retrospective real world data analysis of fibromyalgia patients. <i>Rheumatology International</i> , 2021, 41, 1995-2006. | 3.0 | 17 |
| 11 | Neural basis responsible for self-control association with procrastination: Right MFC and bilateral OFC functional connectivity with left dlPFC. <i>Journal of Research in Personality</i> , 2021, 91, 104064. | 1.7 | 13 |
| 12 | Effectiveness of Progressive Muscle Relaxation, Deep Breathing, and Guided Imagery in Promoting Psychological and Physiological States of Relaxation. <i>Evidence-based Complementary and Alternative Medicine</i> , 2021, 2021, 1-8. | 1.2 | 53 |
| 13 | Symptoms of Anxiety and Depression and Suicidal Behavior in College Students: Conditional Indirect Effects of Non-Suicidal Self-Injury and Self-Compassion. <i>Journal of College Student Psychotherapy</i> , 2020, 34, 316-338. | 1.0 | 14 |
| 14 | A Person-Oriented Approach to Multidimensional Perfectionism: Perfectionism Profiles in Health and Well-Being. <i>Journal of Psychoeducational Assessment</i> , 2020, 38, 127-142. | 1.5 | 11 |
| 15 | Fibromyalgia impact and depressive symptoms: Can perceiving a silver lining make a difference?. <i>Scandinavian Journal of Psychology</i> , 2020, 61, 543-548. | 1.5 | 12 |
| 16 | The relationship between individual differences in spontaneous self-affirmation and affect associated with self-weighing. <i>Journal of Research in Personality</i> , 2020, 89, 104020. | 1.7 | 2 |
| 17 | Gratitude and suicide risk among college students: Substantiating the protective benefits of being thankful. <i>Journal of American College Health</i> , 2020, 69, 1-8. | 1.5 | 14 |
| 18 | The association between self-compassion and self-rated health in 26 samples. <i>BMC Public Health</i> , 2020, 20, 74. | 2.9 | 15 |

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|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 19 | A meta-analysis of parental multidimensional perfectionism and child psychological outcomes. <i>Personality and Individual Differences</i> , 2020, 162, 110015. | 2.9 | 3 |
| 20 | Educational needs of patients with rheumatic and musculoskeletal diseases attending a large health facility in Austria. <i>Musculoskeletal Care</i> , 2020, 18, 391-396. | 1.4 | 4 |
| 21 | Emotional adaptation to relationship dissolution in parents and non-parents: A new conceptual model and measure. <i>PLoS ONE</i> , 2020, 15, e0239712. | 2.5 | 5 |
| 22 | Trying to be perfect in an imperfect world: A person-centred test of perfectionism and health in fibromyalgia patients versus healthy controls. <i>Personality and Individual Differences</i> , 2019, 137, 27-32. | 2.9 | 14 |
| 23 | Self-Compassion and Bedtime Procrastination: an Emotion Regulation Perspective. <i>Mindfulness</i> , 2019, 10, 434-445. | 2.8 | 59 |
| 24 | The Relationship Between a Balanced Time Perspective and Self-monitoring of Blood Glucose Among People With Type 1 Diabetes. <i>Annals of Behavioral Medicine</i> , 2019, 53, 196-209. | 2.9 | 9 |
| 25 | Relationship between Future Orientation and Pain Severity in Fibromyalgia Patients: Self-Compassion as a Coping Mechanism. <i>Social Work</i> , 2019, 64, 253-258. | 1.1 | 3 |
| 26 | Self-Compassion and Suicide Risk in Veterans: When the Going Gets Tough, Do the Tough Benefit More from Self-Compassion?. <i>Mindfulness</i> , 2019, 10, 2544-2554. | 2.8 | 21 |
| 27 | Self-compassion and adjustment in epilepsy and psychogenic nonepileptic seizures. <i>Epilepsy and Behavior</i> , 2019, 100, 106490. | 1.7 | 12 |
| 28 | Anger rumination mediates differences between fibromyalgia patients and healthy controls on mental health and quality of life. <i>Personality and Mental Health</i> , 2019, 13, 119-133. | 1.2 | 11 |
| 29 | Development and validation of the General Procrastination Scale (GPS-9): A short and reliable measure of trait procrastination. <i>Personality and Individual Differences</i> , 2019, 146, 26-33. | 2.9 | 28 |
| 30 | Health beliefs, attitudes, and health-related quality of life in persons with fibromyalgia: mediating role of treatment adherence. <i>Psychology, Health and Medicine</i> , 2019, 24, 962-977. | 2.4 | 13 |
| 31 | Self-compassion Improves Parental Well-being in Response to Challenging Parenting Events. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2019, 153, 327-341. | 1.6 | 43 |
| 32 | Improving Health-Related Quality of Life and Reducing Suicide in Primary Care: Can Social Problem-Solving Abilities Help?. <i>International Journal of Mental Health and Addiction</i> , 2019, 17, 295-309. | 7.4 | 4 |
| 33 | Identifying the Underlying Mechanisms of Change During Acceptance and Commitment Therapy (ACT): A Systematic Review of Contemporary Mediation Studies. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 332-362. | 1.2 | 112 |
| 34 | Self-Compassion and Adherence in Five Medical Samples: the Role of Stress. <i>Mindfulness</i> , 2019, 10, 46-54. | 2.8 | 47 |
| 35 | Examining the factor structure of the Self-Compassion Scale in 20 diverse samples: Support for use of a total score and six subscale scores.. <i>Psychological Assessment</i> , 2019, 31, 27-45. | 1.5 | 208 |
| 36 | Influence of Lifestyle Redesign® on Health, Social Participation, Leisure, and Mobility of Older French-Canadians. <i>American Journal of Occupational Therapy</i> , 2019, 73, 7305205030p1-7305205030p18. | 0.3 | 25 |

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| 37 | Giving in when feeling less good: Procrastination, action control, and social temptations. <i>British Journal of Social Psychology</i> , 2018, 57, 404-427. | 2.8 | 32 |
| 38 | Self-compassion and suicidal behavior in college students: Serial indirect effects via depression and wellness behaviors. <i>Journal of American College Health</i> , 2018, 66, 114-122. | 1.5 | 29 |
| 39 | “At least David Cameron resigned”: The protective effects of just-world beliefs for counterfactual thinking after Brexit. <i>Personality and Individual Differences</i> , 2018, 121, 25-30. | 2.9 | 3 |
| 40 | A dual continuum model of the reasons for use of complementary health approaches among overweight and obese adults: findings from the 2012 NHIS. <i>BMC Complementary and Alternative Medicine</i> , 2018, 18, 339. | 3.7 | 4 |
| 41 | The role of mind-body awareness in the outcomes of complementary and alternative medicine (CAM). <i>European Journal of Integrative Medicine</i> , 2018, 22, 37-43. | 1.7 | 3 |
| 42 | Use and Disclosure of Complementary Health Approaches in US Adults With Cardiovascular Disease. <i>American Journal of Cardiology</i> , 2018, 122, 170-174. | 1.6 | 13 |
| 43 | Perfectionistic strivings and concerns are differentially associated with self-rated health beyond negative affect. <i>Journal of Research in Personality</i> , 2017, 70, 73-83. | 1.7 | 16 |
| 44 | Gratitude mediates quality of life differences between fibromyalgia patients and healthy controls. <i>Quality of Life Research</i> , 2017, 26, 2449-2457. | 3.1 | 16 |
| 45 | Gratitude uniquely predicts lower depression in chronic illness populations: A longitudinal study of inflammatory bowel disease and arthritis. <i>Health Psychology</i> , 2017, 36, 122-132. | 1.6 | 62 |
| 46 | Struggling With Adversities of Life. <i>Clinical Journal of Pain</i> , 2017, 33, 528-534. | 1.9 | 16 |
| 47 | A longitudinal study of the profiles of psychological thriving, resilience, and loss in people with inflammatory bowel disease. <i>British Journal of Health Psychology</i> , 2017, 22, 920-939. | 3.5 | 30 |
| 48 | The relationship between time perspective and self-regulatory processes, abilities and outcomes: a protocol for a meta-analytical review. <i>BMJ Open</i> , 2017, 7, e017000. | 1.9 | 9 |
| 49 | Implicit Reasons for Disclosure of the Use of Complementary Health Approaches (CHA): a Consumer Commitment Perspective. <i>Annals of Behavioral Medicine</i> , 2017, 51, 764-774. | 2.9 | 12 |
| 50 | Prevalence and predictors of complementary and alternative medicine use among people with coronary heart disease or at risk for this in the sixth TromsÅ study: a comparative analysis using protection motivation theory. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 324. | 3.7 | 17 |
| 51 | Self-compassion and physical health: Exploring the roles of perceived stress and health-promoting behaviors. <i>Health Psychology Open</i> , 2017, 4, 205510291772954. | 1.4 | 71 |
| 52 | Delaying Things and Feeling Bad About It? A Norm-Based Approach to Procrastination. , 2016, , 189-212. | | 14 |
| 53 | Future of Research on Procrastination, Health, and Well-Being: Key Themes and Recommendations. , 2016, , 255-271. | | 5 |
| 54 | Introduction: Conceptualizing the Relations of Procrastination to Health and Well-Being. , 2016, , 3-20. | | 11 |

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|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 55 | Temporal Views of Procrastination, Health, and Well-Being. , 2016, , 213-232. | | 2 |
| 56 | Procrastination, Stress, and Chronic Health Conditions: A Temporal Perspective. , 2016, , 67-92. | | 9 |
| 57 | Procrastination, Emotion Regulation, and Well-Being. , 2016, , 163-188. | | 56 |
| 58 | Insecure attachment orientation and well-being in emerging adults: The roles of perceived social support and fatigue. <i>Personality and Individual Differences</i> , 2016, 101, 318-321. | 2.9 | 22 |
| 59 | How Should Discrepancy Be Assessed in Perfectionism Research? A Psychometric Analysis and Proposed Refinement of the Almost Perfect Scaleâ€“Revised. <i>Journal of Psychoeducational Assessment</i> , 2016, 34, 718-732. | 1.5 | 16 |
| 60 | Pain and Depressive Symptoms in Primary Care. <i>Clinical Journal of Pain</i> , 2016, 32, 562-567. | 1.9 | 7 |
| 61 | An appraisal-based coping model of attachment and adjustment to arthritis. <i>Journal of Health Psychology</i> , 2016, 21, 821-831. | 2.3 | 10 |
| 62 | Reasons for continuing use of Complementary and Alternative Medicine (CAM) in students: a consumer commitment model. <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 75. | 3.7 | 19 |
| 63 | Perfectionism, Health, and Well-Being. , 2016, , . | | 38 |
| 64 | Hope and fatigue in chronic illness: The role of perceived stress. <i>Journal of Health Psychology</i> , 2016, 21, 451-456. | 2.3 | 38 |
| 65 | Self-compassion, affect, and health-promoting behaviors.. <i>Health Psychology</i> , 2015, 34, 661-669. | 1.6 | 227 |
| 66 | Less Adaptive or More Maladaptive? A Metaâ€“analytic Investigation of Procrastination and Coping. <i>European Journal of Personality</i> , 2015, 29, 433-444. | 3.1 | 80 |
| 67 | Is procrastination related to sleep quality? Testing an application of the procrastinationâ€“health model. <i>Cogent Psychology</i> , 2015, 2, 1074776. | 1.3 | 31 |
| 68 | Future orientation and health quality of life in primary care: vitality as a mediator. <i>Quality of Life Research</i> , 2015, 24, 1653-1659. | 3.1 | 15 |
| 69 | Self-Compassion, Stress, and Coping in the Context of Chronic Illness. <i>Self and Identity</i> , 2015, 14, 334-347. | 1.6 | 208 |
| 70 | Who Looks Forward to Better Health? Personality Factors and Future Self-Rated Health in the Context of Chronic Illness. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 569-579. | 1.7 | 11 |
| 71 | Big Five traits, affect balance and health behaviors: A self-regulation resource perspective. <i>Personality and Individual Differences</i> , 2015, 87, 59-64. | 2.9 | 31 |
| 72 | A self-regulation resource model of self-compassion and health behavior intentions in emerging adults. <i>Preventive Medicine Reports</i> , 2015, 2, 218-222. | 1.8 | 72 |

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|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 73 | Is procrastination a vulnerability factor for hypertension and cardiovascular disease? Testing an extension of the procrastinationâ€œhealth model. <i>Journal of Behavioral Medicine</i> , 2015, 38, 578-589. | 2.1 | 53 |
| 74 | Perfectionism and Maladaptive Coping Styles in Patients with Chronic Fatigue Syndrome, Irritable Bowel Syndrome and Fibromyalgia/Arthritis and in Healthy Controls. <i>Psychotherapy and Psychosomatics</i> , 2014, 83, 384-385. | 8.8 | 31 |
| 75 | Out of Sight, Out of Time? A Metaâ€œAnalytic Investigation of Procrastination and Time Perspective. <i>European Journal of Personality</i> , 2014, 28, 511-520. | 3.1 | 87 |
| 76 | Health-related self-perceptions over time and provider-based Complementary and Alternative Medicine (CAM) use in people with inflammatory bowel disease or arthritis. <i>Complementary Therapies in Medicine</i> , 2014, 22, 701-709. | 2.7 | 25 |
| 77 | Absorbed in the moment? An investigation of procrastination, absorption and cognitive failures. <i>Personality and Individual Differences</i> , 2014, 71, 30-34. | 2.9 | 32 |
| 78 | Looking beyond the barriers: Practical and symbolic factors associated with disclosure of complementary and alternative medicine (CAM) use. <i>European Journal of Integrative Medicine</i> , 2014, 6, 545-551. | 1.7 | 4 |
| 79 | Procrastination and Stress: Exploring the Role of Self-compassion. <i>Self and Identity</i> , 2014, 13, 128-145. | 1.6 | 159 |
| 80 | Associations of psychological thriving with coping efficacy, expectations for future growth, and depressive symptoms over time in people with arthritis. <i>Journal of Psychosomatic Research</i> , 2013, 75, 279-286. | 2.6 | 21 |
| 81 | Procrastination and the Priority of Shortâ€œTerm Mood Regulation: Consequences for Future Self. <i>Social and Personality Psychology Compass</i> , 2013, 7, 115-127. | 3.7 | 310 |
| 82 | Lost in the Moment? An Investigation of Procrastination, Mindfulness, and Well-being. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2012, 30, 237-248. | 1.7 | 101 |
| 83 | Functional impairment and depressive symptoms in older adults: Mitigating effects of hope. <i>British Journal of Health Psychology</i> , 2011, 16, 744-760. | 3.5 | 36 |
| 84 | Insecure attachment moderates women's adjustment to inflammatory bowel disease severity.. <i>Rehabilitation Psychology</i> , 2010, 55, 170-179. | 1.3 | 20 |
| 85 | Birth attendant choice and satisfaction with antenatal care: the role of birth philosophy, relational style, and health selfâ€œefficacy. <i>Journal of Reproductive and Infant Psychology</i> , 2010, 28, 69-83. | 1.8 | 32 |
| 86 | Provider Support in Complementary and Alternative Medicine: Exploring the Role of Patient Empowerment. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 745-752. | 2.1 | 45 |
| 87 | â€œSelf Only I Had Done Betterâ€œ: Perfectionism and the Functionality of Counterfactual Thinking. <i>Personality and Social Psychology Bulletin</i> , 2010, 36, 1675-1692. | 3.0 | 35 |
| 88 | Psychological Adjustment to Inflammatory Bowel Disease. <i>American Journal of Gastroenterology</i> , 2009, 104, 2970-2972. | 0.4 | 6 |
| 89 | Comment on â€œPreventive Screening of Women Who Use Complementary and Alternative Medicine Providersâ€œ. <i>Journal of Women's Health</i> , 2009, 18, 1119-1120. | 3.3 | 0 |
| 90 | The role of self-blame and responsibility in adjustment to inflammatory bowel disease.. <i>Rehabilitation Psychology</i> , 2009, 54, 99-108. | 1.3 | 64 |

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|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 91 | Beyond standard quality of life measures: the subjective experiences of living with inflammatory bowel disease. <i>Quality of Life Research</i> , 2008, 17, 877-886. | 3.1 | 55 |
| 92 | Motivations for consulting complementary and alternative medicine practitioners: A comparison of consumers from 1997 and 2005. <i>BMC Complementary and Alternative Medicine</i> , 2008, 8, 16. | 3.7 | 92 |
| 93 | When one door closes, another door opens: Physician availability and motivations to consult complementary and alternative medicine providers. <i>Complementary Therapies in Clinical Practice</i> , 2008, 14, 228-236. | 1.7 | 15 |
| 94 | Provider-based complementary and alternative medicine use among three chronic illness groups: Associations with psychosocial factors and concurrent use of conventional health-care services. <i>Complementary Therapies in Medicine</i> , 2008, 16, 73-80. | 2.7 | 65 |
| 95 | Personality and Consultations with Complementary and Alternative Medicine Practitioners: A Five-Factor Model Investigation of the Degree of Use and Motives. <i>Journal of Alternative and Complementary Medicine</i> , 2008, 14, 1151-1158. | 2.1 | 30 |
| 96 | Consumer Decision Factors for Initial and Long-Term Use of Complementary and Alternative Medicine. <i>Complementary Health Practice Review</i> , 2008, 13, 3-19. | 1.1 | 32 |
| 97 | "I'll look after my health, later": A replication and extension of the procrastination health model with community-dwelling adults. <i>Personality and Individual Differences</i> , 2007, 43, 15-26. | 2.9 | 145 |
| 98 | "Learning to Live With What You Can't Rise Above": Control Beliefs, Symptom Control, and Adjustment to Tinnitus. <i>Health Psychology</i> , 2006, 25, 119-123. | 1.6 | 69 |
| 99 | Procrastination and intentions to perform health behaviors: The role of self-efficacy and the consideration of future consequences. <i>Personality and Individual Differences</i> , 2004, 37, 115-128. | 2.9 | 130 |
| 100 | Procrastination and counterfactual thinking: Avoiding what might have been. <i>British Journal of Social Psychology</i> , 2004, 43, 269-286. | 2.8 | 44 |
| 101 | "I'll look after my health, later": an investigation of procrastination and health. <i>Personality and Individual Differences</i> , 2003, 35, 1167-1184. | 2.9 | 177 |
| 102 | Treatment Seeking and Experience with Complementary/Alternative Medicine: A Continuum of Choice. <i>Journal of Alternative and Complementary Medicine</i> , 2002, 8, 127-134. | 2.1 | 17 |
| 103 | An investigation of the health beliefs and motivations of complementary medicine clients. <i>Social Science and Medicine</i> , 2002, 55, 1025-1037. | 3.8 | 228 |
| 104 | Self-compassion and suicidal behavior: Indirect effects of depression, anxiety, and hopelessness across increasingly vulnerable samples. <i>Self and Identity</i> , 0, , 1-21. | 1.6 | 4 |