

Robin Callister

List of Publications by Year in descending order

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Version: 2024-02-01

190
papers

6,073
citations

76196

40
h-index

102304

66
g-index

193
all docs

193
docs citations

193
times ranked

8022
citing authors

#	ARTICLE	IF	CITATIONS
1	Effectiveness of interventions targeting physical activity, nutrition and healthy weight for university and college students: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 45.	2.0	277
2	Effectiveness of weight loss interventions – is there a difference between men and women: a systematic review. <i>Obesity Reviews</i> , 2015, 16, 171-186.	3.1	158
3	A Systematic Review and Meta-analysis of Measurements of Tongue and Hand Strength and Endurance Using the Iowa Oral Performance Instrument (IOPI). <i>Dysphagia</i> , 2013, 28, 350-369.	1.0	155
4	Efficacy of a workplace-based weight loss program for overweight male shift workers: The Workplace POWER (Preventing Obesity Without Eating like a Rabbit) randomized controlled trial. <i>Preventive Medicine</i> , 2011, 52, 317-325.	1.6	143
5	The SHED-IT Randomized Controlled Trial: Evaluation of an Internet-Based Weight-Loss Program for Men. <i>Obesity</i> , 2009, 17, 2025-2032.	1.5	130
6	A Systematic Review of Exercise Training To Promote Locomotor Recovery in Animal Models of Spinal Cord Injury. <i>Journal of Neurotrauma</i> , 2012, 29, 1600-1613.	1.7	130
7	The –Healthy Dads, Healthy Kids–™ community randomized controlled trial: A community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , 2014, 61, 90-99.	1.6	130
8	12-Month Outcomes and Process Evaluation of the SHED-IT RCT: An Internet-Based Weight Loss Program Targeting Men. <i>Obesity</i> , 2011, 19, 142-151.	1.5	119
9	The SHED-IT Community Trial: A Randomized Controlled Trial of Internet- and Paper-Based Weight Loss Programs Tailored for Overweight and Obese Men. <i>Annals of Behavioral Medicine</i> , 2013, 45, 139-152.	1.7	110
10	Physical Activity and Skills Intervention. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 765-774.	0.2	108
11	Antioxidant Restriction and Oxidative Stress in Short-Duration Exhaustive Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 63-71.	0.2	102
12	Sustained natural apophyseal glides (SNAGs) are an effective treatment for cervicogenic dizziness. <i>Manual Therapy</i> , 2008, 13, 357-366.	1.6	102
13	Resistance training to improve power and sports performance in adolescent athletes: A systematic review and meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 532-540.	0.6	101
14	Clinical and Laboratory Evaluation of Upper Respiratory Symptoms in Elite Athletes. <i>Clinical Journal of Sport Medicine</i> , 2008, 18, 438-445.	0.9	100
15	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 2.	2.0	100
16	Self-Monitoring of Dietary Intake by Young Women: Online Food Records Completed on Computer or Smartphone Are as Accurate as Paper-Based Food Records but More Acceptable. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 87-94.	0.4	91
17	Effects of Integrating Pedometers, Parental Materials, and E-mail Support Within an Extracurricular School Sport Intervention. <i>Journal of Adolescent Health</i> , 2009, 44, 176-183.	1.2	89
18	A 12-Week Commercial Web-Based Weight-Loss Program for Overweight and Obese Adults: Randomized Controlled Trial Comparing Basic Versus Enhanced Features. <i>Journal of Medical Internet Research</i> , 2012, 14, e57.	2.1	88

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19	Enhancement of Self-Monitoring in a Web-Based Weight Loss Program by Extra Individualized Feedback and Reminders: Randomized Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e82.	2.1	87
20	Comparison of Mulligan Sustained Natural Apophyseal Glides and Maitland Mobilizations for Treatment of Cervicogenic Dizziness: A Randomized Controlled Trial. <i>Physical Therapy</i> , 2014, 94, 466-476.	1.1	85
21	Engaging men in weight loss: Experiences of men who participated in the male only SHED-IT pilot study. <i>Obesity Research and Clinical Practice</i> , 2011, 5, e239-e248.	0.8	83
22	eHealth technologies to support nutrition and physical activity behaviors in diabetes self-management. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2016, Volume 9, 381-390.	1.1	81
23	Physiological and performance responses to overtraining in elite judo athletes. <i>Medicine and Science in Sports and Exercise</i> , 1990, 22, 816.	0.2	80
24	Test-retest reliability of a battery of field-based health-related fitness measures for adolescents. <i>Journal of Sports Sciences</i> , 2011, 29, 685-693.	1.0	78
25	The Nutrition and Enjoyable Activity for Teen Girls Study. <i>American Journal of Preventive Medicine</i> , 2013, 45, 313-317.	1.6	78
26	Characteristics of Exercise Training Interventions to Improve Cardiorespiratory Fitness After Stroke. <i>Neurorehabilitation and Neural Repair</i> , 2013, 27, 775-788.	1.4	72
27	Children's Intake of Fruit and Selected Energy-Dense Nutrient-Poor Foods Is Associated with Fathers' Intake. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1039-1044.	1.3	71
28	Randomized controlled trial of the Physical Activity Leaders (PALs) program for adolescent boys from disadvantaged secondary schools†. <i>Preventive Medicine</i> , 2011, 52, 239-46.	1.6	70
29	Effects of Cervical Spine Manual Therapy on Range of Motion, Head Repositioning, and Balance in Participants With Cervicogenic Dizziness: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, 1603-1612.	0.5	70
30	Study protocol: a stepped wedge cluster randomised controlled trial of a healthy lifestyle intervention for people attending residential substance abuse treatment. <i>BMC Public Health</i> , 2015, 15, 465.	1.2	67
31	Manual therapy for cervicogenic dizziness: Long-term outcomes of a randomised trial. <i>Manual Therapy</i> , 2015, 20, 148-156.	1.6	63
32	Ice slurry ingestion during cycling improves Olympic distance triathlon performance in the heat. <i>Journal of Sports Sciences</i> , 2013, 31, 1271-1279.	1.0	61
33	The Impact of a Workplace-Based Weight Loss Program on Work-Related Outcomes in Overweight Male Shift Workers. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 122-127.	0.9	60
34	Reliability of Measurements of Tongue and Hand Strength and Endurance Using the Iowa Oral Performance Instrument with Healthy Adults. <i>Dysphagia</i> , 2014, 29, 83-95.	1.0	60
35	Cytokine Responses to Treadmill Running in Healthy and Illness-Prone Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 1918-1926.	0.2	59
36	Randomized Controlled Trial of a Healthy Lifestyle Intervention Among Smokers With Psychotic Disorders. <i>Nicotine and Tobacco Research</i> , 2015, 17, 946-954.	1.4	50

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37	Exercise adherence and intervention effects of two school-based resistance training programs for adolescents. <i>Preventive Medicine</i> , 2010, 50, 56-62.	1.6	48
38	Men participating in a weight-loss intervention are able to implement key dietary messages, but not those relating to vegetables or alcohol: the Self-Help, Exercise and Diet using Internet Technology (SHED-IT) study. <i>Public Health Nutrition</i> , 2011, 14, 168-175.	1.1	45
39	The Energy Content and Composition of Meals Consumed after an Overnight Fast and Their Effects on Diet Induced Thermogenesis: A Systematic Review, Meta-Analyses and Meta-Regressions. <i>Nutrients</i> , 2016, 8, 670.	1.7	45
40	Characteristics and etiology of exercise-related transient abdominal pain. <i>Medicine and Science in Sports and Exercise</i> , 2000, 32, 432.	0.2	41
41	A Comparison of Mixed-Method Cooling Interventions on Preloaded Running Performance in the Heat. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 620-629.	1.0	41
42	Variation of Salivary Immunoglobulins in Exercising and Sedentary Populations. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 571-578.	0.2	40
43	Exploring the Mechanisms of Physical Activity and Dietary Behavior Change in the Program X Intervention for Adolescents. <i>Journal of Adolescent Health</i> , 2010, 47, 83-91.	1.2	40
44	The effects of free weights and elastic tubing resistance training on physical self-perception in adolescents. <i>Psychology of Sport and Exercise</i> , 2010, 11, 497-504.	1.1	38
45	Rationale and study protocol for the supporting children's outcomes using rewards, exercise and skills (SCORES) group randomized controlled trial: A physical activity and fundamental movement skills intervention for primary schools in low-income communities. <i>BMC Public Health</i> , 2012, 12, 427.	1.2	38
46	â€œBetter Health Choicesâ€™ by telephone: A feasibility trial of improving diet and physical activity in people diagnosed with psychotic disorders. <i>Psychiatry Research</i> , 2014, 220, 63-70.	1.7	38
47	Comparison of Energy Intake in Toddlers Assessed by Food Frequency Questionnaire and Total Energy Expenditure Measured by the Doubly Labeled Water Method. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2013, 113, 459-463.	0.4	37
48	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , 2016, 50, 353-364.	1.6	37
49	Frequent, short bouts of light-intensity exercises while standing decreases systolic blood pressure: Breaking Up Sitting Time after Stroke (BUST-Stroke) trial. <i>International Journal of Stroke</i> , 2018, 13, 932-940.	2.9	37
50	Efficacy of manual therapy treatments for people with cervicogenic dizziness and pain: protocol of a randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 201.	0.8	36
51	Reliability of measurements of tongue and hand strength and endurance using the Iowa Oral Performance Instrument with elderly adults. <i>Disability and Rehabilitation</i> , 2015, 37, 389-395.	0.9	36
52	Acute exercise is associated with reduced exhaled nitric oxide in physically inactive adults with asthma. <i>Annals of Allergy, Asthma and Immunology</i> , 2015, 114, 470-479.	0.5	36
53	Running performance in the heat is improved by similar magnitude with pre-exercise cold-water immersion and mid-exercise facial water spray. <i>Journal of Sports Sciences</i> , 2017, 35, 798-805.	1.0	36
54	Efficacy of Standard Versus Enhanced Features in a Web-Based Commercial Weight-Loss Program for Obese Adults, Part 2: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e140.	2.1	36

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55	The 'Healthy Dads, Healthy Kids' community effectiveness trial: study protocol of a community-based healthy lifestyle program for fathers and their children. <i>BMC Public Health</i> , 2011, 11, 876.	1.2	35
56	A Systematic Review of the Evidence for Central Nervous System Plasticity in Animal Models of Inflammatory-mediated Gastrointestinal Pain. <i>Inflammatory Bowel Diseases</i> , 2014, 20, 176-195.	0.9	35
57	Evaluation of a commercial web-based weight loss and weight loss maintenance program in overweight and obese adults: a randomized controlled trial. <i>BMC Public Health</i> , 2010, 10, 669.	1.2	33
58	A systematic review of strength and conditioning programmes designed to improve fitness characteristics in golfers. <i>Journal of Sports Sciences</i> , 2011, 29, 933-943.	1.0	33
59	Comparison of Australian Recommended Food Score (ARFS) and Plasma Carotenoid Concentrations: A Validation Study in Adults. <i>Nutrients</i> , 2017, 9, 888.	1.7	32
60	Weight expectations, motivations for weight change and perceived factors influencing weight management in young Australian women: a cross-sectional study. <i>Public Health Nutrition</i> , 2016, 19, 275-286.	1.1	31
61	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Health Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 39.	1.0	31
62	Reliable lower limb musculoskeletal profiling using easily operated, portable equipment. <i>Physical Therapy in Sport</i> , 2009, 10, 30-37.	0.8	30
63	Mediators of weight loss in the 'Healthy Dads, Healthy Kids' pilot study for overweight fathers. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 45.	2.0	30
64	Psychological and performance concomitants of increased volume training in elite athletes. <i>Journal of Applied Sport Psychology</i> , 1990, 2, 34-50.	1.4	28
65	Factors influencing exercise-related transient abdominal pain. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 745-749.	0.2	28
66	The SHED-IT community trial study protocol: a randomised controlled trial of weight loss programs for overweight and obese men. <i>BMC Public Health</i> , 2010, 10, 701.	1.2	28
67	Comparison of resistance training progression models on maximal strength in sub-elite adolescent rugby union players. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 163-169.	0.6	28
68	Associations between program outcomes and adherence to Social Cognitive Theory tasks: process evaluation of the SHED-IT community weight loss trial for men. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 89.	2.0	27
69	Exercise-Related Transient Abdominal Pain (ETAP). <i>Sports Medicine</i> , 2015, 45, 23-35.	3.1	27
70	A Home- and Community-Based Physical Activity Program Can Improve the Cardiorespiratory Fitness and Walking Capacity of Stroke Survivors. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2016, 25, 2386-2398.	0.7	27
71	Randomised controlled trial of a healthy lifestyle intervention among smokers with psychotic disorders: Outcomes to 36 months. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 239-252.	1.3	27
72	Effect of Ingested Fluid Composition on Exercise-Related Transient Abdominal Pain. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2004, 14, 197-208.	1.0	26

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73	Improvement in erectile function following weight loss in obese men: The SHED-IT randomized controlled trial. <i>Obesity Research and Clinical Practice</i> , 2013, 7, e450-e454.	0.8	25
74	Participants in an online weight loss program can improve diet quality during weight loss: a randomized controlled trial. <i>Nutrition Journal</i> , 2014, 13, 82.	1.5	25
75	Be Positive Be Health <i><i>Telemedicine Journal and E-Health</i> , 2016, 22, 519-528.	1.6	25
76	Energy homeostasis and appetite regulating hormones as predictors of weight loss in men and women. <i>Appetite</i> , 2016, 101, 1-7.	1.8	25
77	Muscle sympathetic nerve activity during postural change in healthy young and older adults. <i>Clinical Autonomic Research</i> , 1995, 5, 57-60.	1.4	24
78	Exercise Training after Spinal Cord Injury Selectively Alters Synaptic Properties in Neurons in Adult Mouse Spinal Cord. <i>Journal of Neurotrauma</i> , 2013, 30, 891-896.	1.7	24
79	Effectiveness of Interventions Targeting Health Behaviors in University and College Staff: A Systematic Review. <i>American Journal of Health Promotion</i> , 2015, 29, e169-e187.	0.9	24
80	Interventions including a nutrition component aimed at managing gestational weight gain or postpartum weight retention: a systematic review and meta-analysis. <i>JBIC Database of Systematic Reviews and Implementation Reports</i> , 2019, 17, 297-364.	1.7	24
81	The relationship between heart rate intensity and pedometer step counts in adolescents. <i>Journal of Sports Sciences</i> , 2009, 27, 591-597.	1.0	23
82	Potential moderators and mediators of intervention effects in an obesity prevention program for adolescent boys from disadvantaged schools. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 519-525.	0.6	23
83	The validity of endurance running performance on the Curve 3 TM non-motorised treadmill. <i>Journal of Sports Sciences</i> , 2015, 33, 1141-1148.	1.0	23
84	The SHED-IT Weight Loss Maintenance trial protocol: A randomised controlled trial of a weight loss maintenance program for overweight and obese men. <i>Contemporary Clinical Trials</i> , 2014, 37, 84-97.	0.8	22
85	The Diet Quality of Competitive Adolescent Male Rugby Union Players with Energy Balance Estimated Using Different Physical Activity Coefficients. <i>Nutrients</i> , 2016, 8, 548.	1.7	22
86	Resting plasma and salivary IL-6 concentrations are not correlated in distance runners. <i>European Journal of Applied Physiology</i> , 2008, 103, 477-479.	1.2	21
87	Dietary Outcomes of the Healthy Dads Healthy Kids Randomised Controlled Trial. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2012, 55, 408-411.	0.9	21
88	Efficacy of a gender-tailored intervention to prevent weight regain in men over 3 years: A weight loss maintenance RCT. <i>Obesity</i> , 2017, 25, 56-65.	1.5	21
89	The Feasibility of a Telehealth Exercise Program Aimed at Increasing Cardiorespiratory Fitness for People After Stroke. <i>International Journal of Telerehabilitation</i> , 2019, 11, 9-28.	0.7	21
90	Cardiovascular Training Effects in Fighter Pilots Induced by Occupational High G Exposure. <i>Aviation, Space, and Environmental Medicine</i> , 2008, 79, 774-778.	0.6	20

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91	Impact of self-help weight loss resources with or without online support on the dietary intake of overweight and obese men: The SHED-IT randomised controlled trial. <i>Obesity Research and Clinical Practice</i> , 2014, 8, e476-e487.	0.8	20
92	Utility of a brief assessment tool developed from the Dizziness Handicap Inventory to screen for Cervicogenic dizziness: A case control study. <i>Musculoskeletal Science and Practice</i> , 2017, 30, 42-48.	0.6	20
93	Breakfast consumption habits of Australian men participating in the "Typical Aussie Bloke" study. <i>BMC Nutrition</i> , 2020, 6, 1.	0.6	20
94	Determinants of weight loss success utilizing a meal replacement plan and/or exercise, in overweight and obese adults with asthma. <i>Respirology</i> , 2015, 20, 243-250.	1.3	19
95	Independently ambulant, community-dwelling stroke survivors have reduced cardiorespiratory fitness, mobility and knee strength compared to an age- and gender-matched cohort. <i>Topics in Stroke Rehabilitation</i> , 2017, 24, 163-169.	1.0	19
96	Twelve-month outcomes of a father-child lifestyle intervention delivered by trained local facilitators in underserved communities: The Healthy Dads Healthy Kids dissemination trial. <i>Translational Behavioral Medicine</i> , 2019, 9, 560-569.	1.2	19
97	Effects Of treadmill training on hindlimb muscles of spinal cord-injured mice. <i>Muscle and Nerve</i> , 2017, 55, 232-242.	1.0	18
98	Effects of 12-Week Resistance Training on Sprint and Jump Performances in Competitive Adolescent Rugby Union Players. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2762-2769.	1.0	18
99	The Relationship between Dietary Polyphenol Intakes and Urinary Polyphenol Concentrations in Adults Prescribed a High Vegetable and Fruit Diet. <i>Nutrients</i> , 2020, 12, 3431.	1.7	18
100	Impact of a self-guided, eHealth program targeting weight loss and depression in men: A randomized trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 682-694.	1.6	18
101	Risk Factors for Noncontact Ankle Injuries in Amateur Male Soccer Players. <i>Clinical Journal of Sport Medicine</i> , 2016, 26, 251-258.	0.9	17
102	Associations between Unhealthy Diet and Lifestyle Behaviours and Increased Cardiovascular Disease Risk in Young Overweight and Obese Women. <i>Healthcare (Switzerland)</i> , 2016, 4, 57.	1.0	16
103	Breaking up sitting time after stroke (BUST-Stroke). <i>International Journal of Stroke</i> , 2017, 12, 425-429.	2.9	16
104	The Feasibility and Preliminary Efficacy of an eHealth Lifestyle Program in Women with Recent Gestational Diabetes Mellitus: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7115.	1.2	16
105	Breakfast Cereal Consumption and Obesity Risk amongst the Mid-Age Cohort of the Australian Longitudinal Study on Women's Health. <i>Healthcare (Switzerland)</i> , 2017, 5, 49.	1.0	15
106	What Is the Dose-Response Relationship Between Exercise and Cardiorespiratory Fitness After Stroke? A Systematic Review. <i>Physical Therapy</i> , 2019, 99, 821-832.	1.1	15
107	Better Health Choices: Feasibility and preliminary effectiveness of a peer delivered healthy lifestyle intervention in a community mental health setting. <i>Addictive Behaviors</i> , 2020, 103, 106249.	1.7	15
108	Be Healthier for Your Heart: A Pilot Randomized Controlled Trial Evaluating a Web-Based Behavioral Intervention to Improve the Cardiovascular Health of Women with a History of Preeclampsia. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5779.	1.2	15

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109	The Relationship between Pedometer Step Counts and Estimated VO2Max as Determined by a Submaximal Fitness Test in Adolescents. <i>Pediatric Exercise Science</i> , 2008, 20, 273-284.	0.5	14
110	Relationship between C-reactive protein concentration and cytokine responses to exercise in healthy and illness-prone runners. <i>European Journal of Applied Physiology</i> , 2009, 107, 611-614.	1.2	14
111	Breaking up sitting time after stroke (BUST-stroke). <i>International Journal of Stroke</i> , 2018, 13, 921-931.	2.9	14
112	Injuries in Netball-A Systematic Review. <i>Sports Medicine - Open</i> , 2021, 7, 3.	1.3	14
113	Developing a multi-component immune model for evaluating the risk of respiratory illness in athletes. <i>Exercise Immunology Review</i> , 2017, 23, 52-64.	0.4	14
114	The PULSE (Prevention Using LifeStyle Education) trial protocol: a randomised controlled trial of a Type 2 Diabetes Prevention programme for men. <i>Contemporary Clinical Trials</i> , 2014, 39, 132-144.	0.8	13
115	The effect of velocity and familiarisation on the reproducibility of isokinetic dynamometry. <i>Isokinetics and Exercise Science</i> , 2015, 23, 205-214.	0.2	13
116	Behavioral Mediators of Weight Loss in the SHED-IT Community Randomized Controlled Trial for Overweight and Obese Men. <i>Annals of Behavioral Medicine</i> , 2015, 49, 286-292.	1.7	13
117	Early Therapeutic Alliance, Treatment Retention, and 12-Month Outcomes in a Healthy Lifestyles Intervention for People with Psychotic Disorders. <i>Journal of Nervous and Mental Disease</i> , 2016, 204, 894-902.	0.5	13
118	Are women with a recent diagnosis of pre-eclampsia aware of their cardiovascular disease risk? A cross-sectional survey. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2018, 58, E27-E28.	0.4	13
119	Postpartum Women's Perspectives of Engaging with a Dietitian and Exercise Physiologist via Video Consultations for Weight Management: A Qualitative Evaluation. <i>Healthcare (Switzerland)</i> , 2018, 6, 8.	1.0	13
120	Differential treatment effects of an integrated motivational interviewing and exercise intervention on depressive symptom profiles and associated factors: A randomised controlled cross-over trial among youth with major depression. <i>Journal of Affective Disorders</i> , 2019, 259, 413-423.	2.0	13
121	Dietary antioxidant restriction affects the inflammatory response in athletes. <i>British Journal of Nutrition</i> , 2010, 103, 1179-1184.	1.2	12
122	A Test of Social Cognitive Theory to Explain Men's Physical Activity During a Gender-Tailored Weight Loss Program. <i>American Journal of Men's Health</i> , 2016, 10, NP176-NP187.	0.7	12
123	Combined somatosensory and motor training to improve upper limb function following stroke: a systematic scoping review. <i>Physical Therapy Reviews</i> , 2018, 23, 355-375.	0.3	12
124	Biomechanical and Musculoskeletal Measurements as Risk Factors for Running-Related Injury in Non-elite Runners: A Systematic Review and Meta-analysis of Prospective Studies. <i>Sports Medicine - Open</i> , 2022, 8, 38.	1.3	12
125	Characteristics of men classified at high-risk for type 2 diabetes mellitus using the AUSDRISK screening tool. <i>Diabetes Research and Clinical Practice</i> , 2015, 108, 45-54.	1.1	11
126	Process Evaluation of the Type 2 Diabetes Mellitus PULSE Program Randomized Controlled Trial: Recruitment, Engagement, and Overall Satisfaction. <i>American Journal of Men's Health</i> , 2017, 11, 1055-1068.	0.7	11

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127	Cardiorespiratory fitness and walking endurance improvements after 12 months of an individualised home and community-based exercise programme for people after stroke. <i>Brain Injury</i> , 2017, 31, 1617-1624.	0.6	11
128	Human torque velocity adaptations to sprint, endurance, or combined modes of training. <i>American Journal of Sports Medicine</i> , 1992, 20, 581-586.	1.9	10
129	Antioxidant-restricted diet reduces plasma nonesterified fatty acids in trained athletes. <i>Lipids</i> , 2005, 40, 433-435.	0.7	10
130	Effectiveness of interventions with a dietary component on weight loss maintenance: a systematic review. <i>JB I Database of Systematic Reviews and Implementation Reports</i> , 2013, 11, 317-414.	1.7	10
131	Impact of a male-only weight loss maintenance programme on social cognitive determinants of physical activity and healthy eating: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2015, 20, 724-744.	1.9	10
132	Gait recovery following spinal cord injury in mice: Limited effect of treadmill training. <i>Journal of Spinal Cord Medicine</i> , 2016, 39, 335-343.	0.7	10
133	Exercise capacity is not decreased in children who have undergone lung resection early in life for congenital thoracic malformations compared to healthy age-matched children. <i>Pediatric Pulmonology</i> , 2017, 52, 1340-1348.	1.0	10
134	Participation, Fear of Falling, and Upper Limb Impairment are Associated with High Sitting Time in People with Stroke. <i>Occupational Therapy in Health Care</i> , 2019, 33, 181-196.	0.2	10
135	The comparative validity of a brief diet screening tool for adults: The Fruit And Vegetable Variety index (FAVVA). <i>Clinical Nutrition ESPEN</i> , 2019, 29, 189-197.	0.5	10
136	Exercise as Treatment for Youth With Major Depression: The Healthy Body Healthy Mind Feasibility Study. <i>Journal of Psychiatric Practice</i> , 2020, 26, 444-460.	0.3	10
137	Voluntary exercise does not affect stress-induced tachycardia, but improves resistance to cardiac arrhythmias in rats. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2011, 38, 19-26.	0.9	9
138	Study protocol for a systematic review of evidence for lifestyle interventions targeting smoking, sleep, alcohol/other drug use, physical activity, and healthy diet in people with bipolar disorder. <i>Systematic Reviews</i> , 2016, 5, 106.	2.5	9
139	Evaluation of three measures of cardiorespiratory fitness in independently ambulant stroke survivors. <i>Physiotherapy Theory and Practice</i> , 2018, 35, 1-11.	0.6	9
140	Diet quality is lower among adults with a BMI ≥ 40 kg m ⁻² or a history of weight loss surgery. <i>Obesity Research and Clinical Practice</i> , 2019, 13, 197-204.	0.8	9
141	Investigating the Efficacy and Cost-Effectiveness of Technology-Delivered Personalized Feedback on Dietary Patterns in Young Australian Adults in the Advice, Ideas, and Motivation for My Eating (Aim4Me) Study: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e15999.	0.5	9
142	Evaluation of an online intervention for improving stroke survivors' health-related quality of life: A randomised controlled trial. <i>PLoS Medicine</i> , 2022, 19, e1003966.	3.9	9
143	EMG activity is not elevated during exercise-related transient abdominal pain. <i>Journal of Science and Medicine in Sport</i> , 2008, 11, 569-574.	0.6	8
144	"Do more, smoke less" Harm reduction in action for smokers with mental health/substance use problems who cannot or will not quit. <i>Drug and Alcohol Review</i> , 2012, 31, 714-717.	1.1	8

#	ARTICLE	IF	CITATIONS
145	Feasibility of Recruiting Families into a Heart Disease Prevention Program Based on Dietary Patterns. <i>Nutrients</i> , 2015, 7, 7042-7057.	1.7	8
146	Exploration of Sedentary Behavior in Residential Substance Abuse Populations: Results From an Intervention Study. <i>Substance Use and Misuse</i> , 2016, 51, 1363-1378.	0.7	8
147	Pilot Study of an Exercise Intervention for Depressive Symptoms and Associated Cognitive-Behavioral Factors in Young Adults With Major Depression. <i>Journal of Nervous and Mental Disease</i> , 2017, 205, 647-655.	0.5	8
148	How dietary evidence for the prevention and treatment of CVD is translated into practice in those with or at high risk of CVD: a systematic review. <i>Public Health Nutrition</i> , 2017, 20, 30-45.	1.1	8
149	What do individuals with morbid obesity report as a usual dietary intake? A narrative review of available evidence. <i>Clinical Nutrition ESPEN</i> , 2016, 13, e15-e22.	0.5	7
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151	Interventions combined with task-specific training to improve upper limb motor recovery following stroke: a systematic review with meta-analyses. <i>Physical Therapy Reviews</i> , 2019, 24, 100-117.	0.3	7
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158	Behavioral and Cognitive Outcomes of an Online Weight Loss Program for Men With Low Mood: A Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2022, 56, 1026-1041.	1.7	6
159	Spirometry Measurements During an Episode of Exercise-Related Transient Abdominal Pain. <i>International Journal of Sports Physiology and Performance</i> , 2006, 1, 336-346.	1.1	5
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162	Relationship between Posture and Non-Contact Lower Limb Injury in Young Male Amateur Football Players: A Prospective Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6424.	1.2	5

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164	Outcomes of participation in parkrun, and factors influencing why and how often individuals participate: A systematic review of quantitative studies. <i>Journal of Sports Sciences</i> , 2022, 40, 1486-1499.	1.0	5
165	Dietary patterns of adolescent girls attending schools in low-income communities highlight low consumption of core foods. <i>Nutrition and Dietetics</i> , 2014, 71, 127-134.	0.9	4
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174	The Effects of Resistance Training on Junior Golfers's Strength and On-Course Performance. <i>International Journal of Golf Science</i> , 2014, 3, 128-144.	0.2	3
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182	Engaging youth with major depression in an exercise intervention with motivational interviewing. Mental Health and Physical Activity, 2019, 17, 100295.	0.9	2
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